

注册 MySaskHealthRecord 帐户时,建议最好使用台式或笔记本电脑。注册成功后,计算机和移动设备(如智能手机及平板电脑)皆可用于登录。

- 1. 进入 MySaskHealthRecord, 点击 "Create Account" 创建 Saskatchewan.ca 帐户。
 - 注意:如果您已经建立 Saskatchewan.ca 帐户,请直接跳转至步骤 8。



2. 填写下列信息: 名字, 姓氏, 电子邮箱, 用户名, 密码。

L F	Ise a unique username and your email first Name	address to i	dentify your Saskatchewa
,	Middle Name Optional		
ı	ast Name		
E	mail Address		
1	Isername		
F	assword		
		Show	
0	Choose a password at least 8 characters long.		
1	t must contain at least three of the follo • Uppercase (A-Z)	owing:	
	Lowercase (a-z)		

3. 选择一个四位数的"Saskatchewan Support Code"(萨省服务支持码)。此码在您向萨省政府的客服电话寻求帮助时, 有助于确认您的 Saskatchewan.ca 帐户。

Saskatchewan Support Code				
Choose a 4 digit code. Saskatchewan support codes are a helpful way for customer service to locate and verify your account when you contact us				
Show				



Saskatchewan 💋

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Nov. 16, 2021

4. 点击"我接受并确认"方框,接受萨省政府的"使用条款",之后勾选"I'm not a robot"通过验证,

点击 "Continue" 按钮。



5. 当您看到屏幕上显示"Check Your Email"时,请登录您创建 Saskatchewan.ca 帐户时使用的电子邮箱。

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<u>注意</u>:激活您帐户的邮件或许需要长达 10 分钟才能送至您的电子邮箱。若您的收件箱中未收到激活邮件,请检查您的垃圾 文件夹。若未收到该邮件,请尝试重新注册,并确保您的电子邮箱地址正确无误。您也可以通过 <u>Saskatchewan.ca/contact-us</u>网页请求再次发送激活邮件。在在线表格中(举例如下),主题栏中请填写 "Missing Activation Link" (未收到激活链接),请求再次发送激活邮件至您注册时所使用的电子邮箱。

Email Us	Phone Us		
Use the form I	below to ask a question, rep pond to inquiries within 5 b	oort a problem or suggest an improvement for our we usiness days. Our business hours are Monday to Frida	bsite. 19, 8 a.m. to 5
p.m. cS1.			
Full Name		Email	
Topic Select a t	opic		~
This helps us	direct your message to the r	most appropriate person.	
Subject of yo	ur message		
Briefly descri	be the reason for your mes	sage	





6. 打开来自 <u>no-reply@saskatchewan.ca</u>、主题为 "Activate Your Saskatchewan Account" (激活您的萨斯喀彻温帐户) 的电子邮件,点击 "Click this link to sign in and activate your Saskatchewan Account"。



7. 在点击链接激活您的帐户之后,您将看到信息"Your account has been successfully activated" (您的帐户已成功激活)。



- 注意: 收到此信息后,请关闭 Saskatchewan.ca 网页 (此时<u>请勿</u>登录您的 Saskatchewan.ca 帐户)。
- 8. 访问 <u>eHealthSask.ca</u>,选择 MySaskHealthRecord 主菜单 (<u>eHealthSask.ca/MySaskHealthRecord</u>)。点击步骤 2 中的 "Validate Identity" 按钮,继续 MySaskHealthRecord 的注册。





9. 使用您的 Saskatchewan.ca 用户名及密码,登录您的帐户。



10. 在 "My Services" 页面上,选择 MySaskHealthRecord 框中的 "Use Service"。

My Services	
Access a range of health online services by linking them to your account.	~
	Edit
MySaskHealthRecord	
Access to your personal health information	
Use Service	

11. 将页面下拉至 MySaskHealthRecord 条款和条件内容的底部,选择"I consent"(我同意)。





12. 检查 MySaskHealthRecord 的 "Prerequisites (必备条件) "清单, 之后点击 "Next"。

Accept Terms and Conditions	
2 Prerequisites	
To use this service we need to know a little more about you, pleas	se click "Next" to answer a few questions.
Has verified identity using SGI details	On-boarding required
Has verified identity using SK health card details	On-boarding required
Has created MySaskHealthRecord account	On-boarding required
Back Next	
3 Notification Settings	
Unlink Service "Unlink Service" removes the service from your account. This will	ll not delete your MySaskHealthRecord data.

13. 完成下列信息:姓氏、名字、客户号码及验证码,以验证您附照片的 SGI 证件 (即驾照)的详细信息。

Validate Your Account				
Use your Saskatchewan Government Insurance (SGI) issued identification to validate your eHealth Account. Your personal information is strictly used for validation of this service.				
SGI Validation Details	Finding your Customer Number			
Enter your Name, Customer Number and Validation Number as it appears on your SGI Driver's Licence or SGI Non-driver Photo ID.	You can find the Customer Number on the front of your SGI- issued Driver's Licence or Identity Card (see 1 below).			
Last Name	Saskatchêŵîân 🌺 driver's licence			
Given Names	Anyone Bit Skip Barry Transforme Bit Skip Barry The Skip Bar			
Customer Number	CONSTRUCT OF AUG 31 NONE TO ON AUG ALL ALL ALL ALL ALL ALL ALL ALL ALL AL			
	Finding your Validation Number			
Validation Number	For cards issued before April 2016			
	You can find the Validation Number on the front of SGI-issued			
	Driver's Licence or Identity Card (see 2 above).			
Consent to Disclose:	For cards issued after April 2016			
	You can find the Validation Number on the back of SGI-issued			
I consent to the disclosure of my SGI issued driver's license or photo ID information to enable eHealth	Driver's Licence or Identity Card (see below).			
Saskatchewan to validate eHealth Account. eHealth does not receive any specific information about you or where you live. We only receive general confirmation that you meet the				
minimum age requirements and are a resident of Saskatchewan. I certify that the driver's license or photo ID information provided is my personal information.	CANE Construction of the second seco			
	THE ADD IN THE ADD INTO ADD IN THE ADD INTO			

勾选"Consent to Disclose"框,点击"Next"。您填写的姓 氏必须与您附照片的 SGI 证件以及萨省健康卡上的一致;填写 的全名必须与您 SGI 证件上的全名一致,全名中可能包括中间 名首字母或中间名。

<u>注意</u>:请确保您附照片的 SGI 证件为最新签发,并确保输入的名字及验证码与卡上的完全一致。

验证码必须是十位数字;若您的验证码只有九位,请在前面 加上一个 0。



14. 检查 MySaskHealthRecord 的 "Prerequisites (必备条件) "清单, 之后点击 "Next"。

2 Prerequisites		
Thank you, we have all the details we need. Please click "Ne	ext" to continue.	
Has verified identity using SGI details	Saskatchewan Government Insurance	
Has verified identity using SK health card details		
Has created MySaskHealthRecord account		
Back Next		
3 Notification Settings		

15. 确认您的健康卡信息之后,点击"Next"。确保输入的是您的全名,请勿用名字首字母或缩写,请勿在健康卡号或邮政编码中添加空格。

<u>注意</u>:您的信息将与您的萨省健康卡的详细信息进行比对验证。若您健康卡的信息被要求修改,请访问 <u>eHealthSask.ca/residents/health-cards</u>,您健康卡信息的任何更新都需要 24 小时方能生效,

所以在继续您的注册之前,请等待至少24小时。

2 Prerequisites		
The following information must mat	ch the information associated with your Sa	askatchewan health card.
Please note that longer names may be display on the health card as "MaryAn	shortened to fit on Saskatchewan health car Poppin", but "MaryAnne Poppins" should be	ds. For example, the name MaryAnne Poppins may used to complete the fields below.
If you need to update your Saskatchew cards/Pages/Update-or-Replace-a-Hea	ran health card information, you can visit <u>http: ith-Card.aspx</u> Please allow at least 24 hours	ps://www.ehealthsask.ca/residents/health- for any updates or changes to take effect.
First Name		
Middle Name		
Optional		
Last Name		
Date of Birth (yyyy-mm-dd)	Health Card Number	Phone Number
yyyy-mm-dd		Optional
Mailing Address		
City / Town / RM	Postal Code / ZIP Code	Province
		~
Back Next		





16. 检查 MySaskHealthRecord 的 "Prerequisites (必备条件) "清单, 之后点击 "Next"。

2 Prerequisites	
Thank you, we have all the details we need. Please click "N	lext" to continue.
Has verified identity using SGI details	Saskatchewan Government Insurance
Has verified identity using SK health card details	Completed
Has created MySaskHealthRecord account	
Back Next	
3 Notification Settings	

17. 您的健康卡详细信息被确认后,"帐户活动"信息将会显示。阅读后请点击"Next"。

2 Prerequisites
Account Activity eHealth Saskatchewan will send a reminder to your primary email address on file upon any changes to your MySaskHealthRecord access.
If you do not login to your MySaskHealthRecord account for a thirteen month period, your account will be suspended. You will be required to phone the Help Desk at 1-844-767-8259 to reactivate your account.
If you do not login to your MySaskHealthRecord account for a further six months following account suspension, your account will be terminated and any data associated with your MySaskHealthRecord will be removed.
All questions associated with MySaskHealthRecord account suspensions and terminations should be directed to the Help Desk at 1-844-767- 8259.
Back Next

18. 当所有的必备条件完成后,您将收到确认信息。点击"Next"。

2 Prerequisites	
Thank you, we have all the details we need. Please click "Next" to co	ntinue.
Has verified identity using SGI details	Saskatchewan Government Insurance
Has verified identity using SK health card details	0
Has created MySaskHealthRecord account	0
Back Next	



19. 在"Notification Settings" (通知设定) 页面上点击"Next"。

3 Noti	fication Settings
Please let us kn sent in these m	ow how you would like to be alerted to any notifications regarding your account. No private or sensitive information will be essages.
By Email	
By SMS	\bigcirc
Back	Next

20. 至此您的 MySaskHealthRecord 申请完成。点击"Apply"。

Accept Terms and Conditions			
Prerequisites			
Notification Settings			
Your application has been completed			
Back Apply			



21. 选择"Tasks"下面的"View MySaskHealthRecord"。

注意: 省级数据需要最多 24 小时才能获得。

eHealth Account / Service Tasks					
MySaskHealthRec	MySaskHealthRecord				
Access to your personal health information <u>View Service Overview</u>					
Linked on: September 5, 2019					
Tasks	Tasks				
Notifications	MySaskHealthRecord				
Terms and Conditions	View MySaskHealthRecord				
Contact Us	Unlink Service "Unlink Service" removes the service from your account. This will not delete your MySaskHealthRecord data.				
MySaskHealthRecord Support					

22. 现在您可以进入 MySaskHealthRecord 来浏览您的个人健康信息。

	MySaskHealthRecord	Home		? Need Help?	Welcome, Name	
ń	Home	Access and Print your COVID 18 Vaccination	Warning To halo protect your information	Stay up to dat	an the latest COVID 10	
==	Personal Dashboard	Certificate. Support/Tips for COVID-19 vaccination	please be sure to press the "Sign Out" button at the end of EVERY session and	information.	on the latest COVID-15	
	Medical Record	information.	CLOSE your provider. If you receive an error message upon logout, please ensure all browser sessions are closed.			
9	Personal Health Summary					
۵	Measurements	Welcome Please Note - Upon completing the MySaskHealthRecord registration, provincial health data may take up to 24 hours to load to your account.				
ini	Scheduling					
B	Advance Care Directive			1 Alexandre		
2	COVID-19 Vaccination Certificate			, OF		
		COVID-19 Vaccination Clinical Visit History Lab Certificate	Test Results Medical Imaging Reports	Immunization History	Prescription History	
	Recently Updated Data			Warning	Warning	
Recently Updated Data displays the date new or updated information was uploaded to your MySaskHealthRecord.				t your information please be		
Ī _		Entered On Item		sure to press t	he "Sign Out" button at the end	
		Nov 4, 2021 3:23 PM	Lab Test Result	of EVERY sess	on.	





登录 MySaskHealthRecord

1. 访问 <u>eHealthSask.ca</u>,点击 MySaskHealthRecord 选项(<u>eHealthSask.ca/MySaskHealthRecord</u>)。



2. 点击 "Log In" 按钮, 登录您的 MySaskHealthRecord 帐户。



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Take Your Health in Your Hands

Saskatchewan 焰

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3. 用您的 Saskatchewan.ca 用户名和密码登录。

Saskatchewan Account Logir)
Email or Username	A Saskatchewan Account provides simple and secure access to government online services.
Password	About Saskatchewan.ca Account
Forgot Password?	
Sign In	
Or	
Create Account	• • • • • • • • • • • • • • • • • • •

4. 在 "My Services" 页面上,选择 MySaskHealthRecord 框中的 "Use Service"。



5. 选择"Tasks"下面的"View MySaskHealthRecord"。

eHealth Account / Service Tasks				
MySaskHealthRecord				
Access to your personal health Information View Service Overview				
Linked on: September 5, 2019				
Tasks	Tasks			
Notifications	MySaskHealthRecord			
Terms and Conditions	View MySaskHealthRecord			
Contact Us	Unlink Service "Unlink Service" removes the service from your account. This will not delete your MySaskHealthRecord data.			
MySaskHealthRecord Support				





6. 现在您可以进入 MySaskHealthRecord 浏览您的个人健康信息。

	MySaukHealthRecord Saskatchewan	Home					• Need Help? Welcome,	
	Home Fersonal Dashboard Medical Record Personal Health Summary Naturement	Access and Prot uput COVID-19 Vaccination Certificate. Explanation Associations for COVID-19 Vaccination Restrict. Winning To Held protein the three of 0 feltificate in the rest of 0 feltification and COVID statements. Welcome MySasHealthRecord gives you instant access to your medical information and personal health records. To help you get started, thy selecting some of the icons displayed below to view or enter you data.				Stay up to date on the <u>latest COVIC</u>	Say up to date on the <u>latest COVID-19 information</u>	
in E	A Scheduling Advance Care Directive COVID-19 Vaccination Certificate	COVID-19 Vaccination Certificate	Clinical Visit History	Lab Test Results	Medical Imaging Reports	immunization History	Prescription History	
		Recently Updated Data				Warning		
		Recently Updated Data displays the date new or updated information was uploaded to your MySasHealthRecord. Entered On Rem			To help protect your informati end of EVERY session.	To help protect your information, please be sure to press the "Sign Out" button at the end of EVERY session.		
				-		The health information on the and should not be interpreted information you enter in the h healthcare professional. In cas professional or dial 9-1-1.	MySaskHealthRecord site is for your information only, as a medical advice or used for self-diagnosis. The hySaskHealthRecord will not be viewed by your e of emergency, please contact your healthcare	

