Take Your Health in Your Hands



Saskatchewan

March 31, 2021

- More Saskatchewan residents than ever before will now have secure access to health records online by signing up for MySaskHealthRecord.
- The registration age for MySaskHealthRecord has been lowered to 14 years of age, from 18. In addition, parents and legal guardians can now request permanent access to the health information of their children under the age of 14.
- MySaskHealthRecord gives Saskatchewan people quicker access to their COVID-19 test results, as well as instant, online access to other lab test results, medical imaging reports, records of clinical visits, and immunization and prescription histories.
- As Saskatchewan rolls-out COVID-19 vaccinations, MySaskHealthRecord also gives people quick and easy access to proof they have been immunized.
- Every person in Saskatchewan should have convenient access to their own health information and these latest changes bring our province closer to achieving that goal.
- More than 600,000 Saskatchewan people have signed up for MySaskHealthRecord since it
 was launched in October of 2019 and many have reported feeling more empowered, more
 informed and more involved in their own health and care.
- Take your health in your hands—sign up for MySaskHealthRecord today at eHealthSask.ca. All you need is a valid Saskatchewan Health Card and SGI Driver's Licence or Photo ID Card (currently, your first Photo ID card is free of charge).
- All health information in MySaskHealthRecord is stored safely and securely. You can only access your account through a highly secure, personalized login.