Section 6 Blood and Body Fluid Pathogens



Date Reviewed: June, 2014 Section: 6-20 Page 1 of 16

Notification Timeline:

From Lab/Practitioner to Public Health: Within 72 hours. From Public Health to Saskatchewan Health: Within 2 weeks. Public Health Follow-up Timeline: Within 24-48 hours.

Information

Table 1 Case Definition (Public Health Agency of Canada 2009)

Acute Hepatitis B	Hepatitis B surface antigen (HBsAg) and immunoglobulin M antibody to					
Confirmed Case:	hepatitis B core antigen (anti-HBcIgM) positive in the context of a					
	compatible clinical history or probable exposure					
	OR					
	clearance of HBsAg in a person who was documented to be HBsAg					
	positive within the last six months in the context of a compatible clinical					
	history or probable exposure.					
Acute Hepatitis B	Acute clinical illness in a person who is epidemiologically linked to a					
Probable case:	confirmed case.					
Chronic Hepatitis B	HbsAg positive for more than 6 months					
Confirmed Case:	OR					
	detection of HBsAg in the documented absence of anti-HBc-IgM					
	OR					
	detection of Hepatitis B virus (HBV) DNA for more than 6 months.					
Unspecified	Does not fit the criteria for either of the above					
Hepatitis B	AND					
Confirmed Case:	HBsAg positive					
	OR					
	detection of HBV DNA.					
Laboratory Motor Oo	oult LIDV infection is showesterized by a mositive LIDV DNA and					

Laboratory Note: Occult HBV infection is characterized by a positive HBV DNA and presence of anti-HBc alone, or anti-HBc and anti-HBs in the absence of HBsAg. Further isolate characterization is indicated.

Causative Agent

Hepatitis B virus (HBV), a DNA containing hepadnavirus.

Symptoms (American Academy of Pediatrics, 2012)

Symptoms can include: malaise, anorexia, vague abdominal discomfort, nausea, vomiting, dark urine, and stool light in color. Myalgia, rash, and arthralgias can occur early in the course of illness and may precede jaundice. Fever may be absent or mild. Most will have elevated ALT/AST; a small proportion will develop acute icteric viral hepatitis (Public Health Agency of Canada, 2013).



Date Reviewed: June, 2014 Section: 6-20 Page 2 of 16

The range of symptoms varies and includes sub-acute illness with non-specific symptoms, clinical hepatitis with jaundice and fulminant hepatitis.

- Acute clinical illness can be characterized by discrete symptom onset and jaundice, or elevated aminotransferase levels.
- Chronic infections may present with flares of similar symptoms and signs.
- Many cases are asymptomatic; likelihood of showing symptoms is age dependent:
 - Infants and children rarely have symptoms.
 - 30-50% of adults will be symptomatic.
- Chronic hepatitis B infection varies with age of becoming infected. It occurs in 90-95% of infants, 25-50% of children infected at age 1-5 years, and only 3-10% of adults. Persons who are immunocompormised are also at more risk for becoming a chronic carrier. (Canadian Immunization Guide [CIG], 2012).

Complications

Fulminant case fatality due to hepatic necrosis is about 1% and is higher in those over 40. Fulminant infection also occurs in pregnancy and among newborns of infected women. HBV is the cause of up to 80% of all hepatocellular carcinoma worldwide. An estimated 15% - 25% of persons with chronic infection will die prematurely of liver cirrhosis or hepatocellular carcinoma (Heymann, 2008).

Incubation Period

45-180 days, with an average of 60-90 days (PHAC, 2013).

Reservoir/Source

Humans: infected blood and body fluids as outlined in <u>Table 2</u>.



Date Reviewed: June, 2014 Section: 6-20 Page 3 of 16

Table 2 Fluids and tissues capable of transmitting hepatitis B

FLUID	HBV
Lab specimens containing concentrated HIV, HBV or HCV	Yes
Blood, serum, plasma or other biological fluids visibly contaminated with blood	Yes
Pleural, amniotic, pericardial, peritoneal, synovial and cerebrospinal fluids	Yes
Semen, vaginal secretions	Yes
Saliva	Yes
Breast milk	Biologically plausible, particularly if nipples are cracked or bleeding or if mother is hepatitis Be antigen (HBeAg) positive
Organ and tissue transplants	Yes
Screened donated blood & manufactured blood products	Minimal risk in Canada

Source: U.S. Centers for Disease Control and Prevention, 2001; Canadian Blood Services.

Mode of Transmission

- Routes of transmission through percutaneous and mucosal exposure to infected blood, body fluids and blood products. Includes sexual contact, percutaneous exposure (e.g. needle stick, intravenous injection or glucose monitoring using non sterile or shared equipment or devices), permucosal exposure and perinatal transmission, unfixed tissues and organs.
- Perinatal transmission is highly efficient and usually occurs from blood exposures during labor and delivery.
- Interpersonal contact with chronically infected persons within households over extended periods of time. Can include: sharing of razors/tooth brushes, contact with non-intact skin, open skin lesions and mucous membranes with bloody secretions.
- HBV is stable on environmental surfaces in blood for at least 7 days making indirect transmission from objects contaminated with infected blood possible.



Date Reviewed: June, 2014 Section: 6-20 Page 4 of 16

Risk Groups/Risk Factors (PHAC, 2013)

- birth in a region with intermediate or high endemicity (See map in Yellow Book¹);
- infant of HBsAg-positive mother;²
- exposure before 7 years of age (e.g., child's immediate and/or extended family immigrated from a region of intermediate/high endemicity and/or child visited such a region);²
- people on hemodialysis (CIG Evergreen);
- family history of hepatitis B or hepatoma; ²
- exposure to HBsAg-positive person (e.g., percutaneous, sexual/household contact);³
- high-risk sexual activities (e.g., unprotected sex, multiple sexual partners);³
- substance use with sharing of equipment (e.g., injection/inhalation drug use);³
- exposure to blood/blood products in endemic regions without routine precautions/screening; ²
- transfusion recipient/medical procedure in Canada before 1970; ²
- use of shared/contaminated materials or equipment (e.g., instruments/tools used for personal services procedures such as tattooing/ piercing/body modifications, or any alternative health care that has the potential to break the skin); ³
- use of shared/contaminated medical devices (e.g., glucometers); ³
- occupational exposure to blood/body fluids; ³
- travel to/residence in a region of intermediate/high endemicity; ³
- incarceration;³
- institutionalization (particularly in institutions for the developmentally challenged). ³

Period of Communicability

All persons who are HBsAg positive are potentially infectious (Heymann, 2008)

• From several weeks before first onset of symptoms until infection is resolved (HBsAg negative) (**Heymann, 2008**);

³ Most commonly identified risk factors for acute HBV infection in susceptible individuals; consider screening for HIV and Sexual Transmitted Infections (STIs) in select cases.



¹ http://wwwnc.cdc.gov/travel/yellowbook/2012/chapter-3-infectious-diseases-related-to-travel/hepatitis-b.htm

² Most commonly identified risk factors for chronic HBV infection.

Date Reviewed: June, 2014 Section: 6-20 Page 5 of 16

- Chronic hepatitis B carriers remain infectious, their degree of infectivity varies:
 - a hepatitis B carrier who is HBeAg positive will be more highly infectious compared to a person who is hepatitis Be antibody (anti-HBe) positive who will be moderately infectious. (Heymann, 2008);
 - HBV viral load and the presence or absence of anti-HbeAg (indicates lower infectivity).

Specimen Collection and Transport

Specimen: Serum

Request testing for hepatitis B surface antigen (HBsAg).

HBsAg positive samples will also be tested for HBeAg, anti-HBe, hepatitis B core total antibodies (anti-HBc) IgG & IgM, hepatitis B core IgM antibody and hepatitis B surface antibody (anti-HBsAg).

- Anti-HBc IgM positive indicates acute infection, usually disappears within 6 months but can persist in some HBV carriers (Heymann, 2008).
- Anti-HBc IgG positive indicates past infection.
- Consider the client's history and consult with the MHO as necessary.



Date Reviewed: June, 2014 Section: 6-20 Page 6 of 16

Table 3. Interpretation of Hepatitis B Laboratory Testing Panel

Tests	Results	Interpretations
HBsAg	negative	Susceptible
Anti-HBc	negative	
Anti-HBs	negative	
HBsAg	negative	Immune due to natural infection ⁴
Anti-HBc	positive	
Anti-HBs	positive	
HBsAg	negative	Immunity due to hepatitis B vaccine
Anti-HBc	negative	
Anti-HBs	positive	
HBsAg	positive	Typical acute infection.
Anti-HBc	positive	It is recommended to repeat the tests in 6 months to
IgM anti-HBc	positive	rule out a carrier (a chronically infected patient ⁴).
Anti-HBs	negative	
HBsAg	negative	An atypical acute case, the antigen had disappeared
Anti-HBc	negative	before the surface antibody appears and there is a
IgM anti-HBc	positive	short window where only IgM anti-core is present
Anti-HBs	negative	(this is the intended use of IgM anti-HBc test). ⁵
HBsAg	positive	Chronically infected
Anti-HBc	positive	
IgM anti-HBc	negative	
Anti-HBs	negative	

(Dr. Greg Horsman, Saskatchewan Disease Control Laboratory, 2013)

Methods of Control/Role of Investigator

Refer to the Blood and Body Fluid Pathogens Introduction and General Considerations section of the manual that highlights topics for client education that should be considered.

Health education efforts should include both broad-based campaigns to raise awareness of risk, modes of transmission, and prevention measures, and reduce stigma as well as targeted programs to educate and reduce risk in at-risk populations.

⁴ Positive IgM anti-HBc results may be related to the degree of inflammatory activity in patients with chronic liver disease (it can be seen when chronic infections flare or when a person is on antiviral therapy). ⁵ A few will be unresolved infections.



Date Reviewed: June, 2014 Section: 6-20 Page 7 of 16

Immunization

- Immunize infants, children, and adults according to the recommended schedule in the Saskatchewan Immunization Manual Chapters 5 and 7^{6,7}.
- In Sept 1995 (birth year 1984) Saskatchewan started the hepatitis B immunization program for all grade 6 students. (SIM)

Education

Refer to the Blood and Body Fluid Pathogens Introduction and General Considerations section of the manual that highlights topics for client education that should be considered. Personal service providers should be referred to Saskatchewan Personal Service Facility Best Management Practices (under development) for infection prevention and control measures.

Education should include:

- Safer sex practices and other healthy lifestyle choices (piercings, tattooing, drug use).
- Standard precautions and routine precautions for handling blood and body fluids and biomedical waste management. Refer to the Saskatchewan Biomedical Waste Management Guidelines, 2008⁸.

Management

I. Case

History

Obtain as detailed a history as possible using the Attachment – Hepatitis B Investigation Form.

- Consider past blood work for hepatitis B and identify any <u>signs and symptoms</u> of hepatitis B and dates of onset and duration to identify exposure period and period of communicability.
- Determine hepatitis B vaccination history.
- Discuss all potential risks that the case has been exposed to:
 - from or ever lived in an endemic region;
 - household contact with a hepatitis B case or carrier;

http://www.environment.gov.sk.ca/adx/aspx/adxGetMedia.aspx?DocID=217,216,104,81,1, Documents&MediaID=1099&Filename=Biomedical+Waste+Management.pdf



⁶ http://www.ehealthsask.ca/services/manuals/Documents/sim-chapter5.pdf

⁷ http://www.ehealthsask.ca/services/manuals/Documents/sim-chapter7.pdf

Date Reviewed: June, 2014 Section: 6-20 Page 8 of 16

- close contact with a hepatitis B case or carrier;
- sexual contact with a hepatitis B case or carrier;
- sexual contact with a person at high risk (i.e. IDU, sex trade worker, sex with person from HBV endemic country);
- needle-sharing contact with a hepatitis B case or carrier;
- injection drug use or sharing of any drug use equipment;
- tattooing/piercing;⁹
- dental/medical procedures (endoscope, acupuncture, etc);
- transfusions of blood/blood products in Canada (prior to 1970);
- transfusions of blood/blood products outside of Canada.

Inquire about other factors that are associated with HBV:

- co-infection with other blood borne pathogens or STIs;
- history of multiple sexual partners;
- history of incarceration.

Obtain names and phone numbers of contacts as per Contact Investigation.

Inquire about all of the following risks. Identify likely cause of exposure and potential transmission risk to others. Collect dates, identify locations/events:

- perinatal transmission;
- immunosuppresion due to medications or disease;
- any other blood borne diseases;
- occupational exposure (i.e. bloodborne exposure as a healthcare worker);
- non-occupational exposure (i.e. stabbing, electolysis, bloodborne exposure in community);
- donated blood or any other body tissue/organ;
 - Note: Case needs to be reported to Canadian Blood Services if they have a
 history of donating or receiving blood (<u>See Appendix K Notification to
 Canadian Blood Services</u>).
- healthcare worker determine if involved in invasive procedures; educate about potential exclusion/notification requirements.

⁹ It is important to obtain details regarding dates of exposures and names/locations of the facilities in which exposures may have occurred. Consideration of the need to further investigate these facilities is warranted. When personal service or medical/dental facilities are identified as a potential source for exposure, further investigation of other clientele may be warranted.



Date Reviewed: June, 2014 Section: 6-20 Page 9 of 16

• healthcare worker – determine if involved in invasive procedures; educate about potential exclusion/notification requirements.

Education

Cases should be educated on hepatitis B disease and its signs and symptoms. They should be informed of the complications of hepatitis B and be advised of how to reduce the risk of liver damage:

- limit alcohol intake;
- promote smoking cessation;
- maintain a healthy weight;
- avoid/limit medication use (including over-the-counter medications) that may be hepatotoxic without consulting with a physician or pharmacist.

Cases should be informed of how hepatitis B is spread and to use precautions with their own blood and body fluids to prevent spread and infection to others:

- never donate blood, organs, semen, or tissue;
- never share material used to prepare, inject, or inhale drugs;
- never share sharp instruments/personal hygiene materials with others (e.g., razors, scissors, nail clippers, toothbrush);
- consider the potential health risks of tattooing and body piercing;
- discuss HBV status with sexual and drug sharing partners;
- practice safer sex with new partners;
- dispose of items with blood on them properly (i.e. tampons, band-aids, dental floss);
- properly managing open wounds;
- planning or managing a pregnancy and reducing the risk to the infant;
- breastfeeding by a HBV positive mother is not a risk unless nipples are cracked or bleeding. Breastfeeding should be discontinued until nipples are healed;
- informing health care providers.

Cases should be informed of the importance of identifying, notifying and immunizing contacts that may have been exposed; any future contacts will be eligible for immunization.



Date Reviewed: June, 2014 Section: 6-20 Page 10 of 16

Immunization

• Chronic carriers of hepatitis B are eligible for additional vaccinations as outlined in Chapter 7 of the Saskatchewan Immunization Manual¹⁰.

• Infants born to women who are hepatitis B positive should be initiated on hepatitis B immunoprophylaxis at birth.

Treatment/Supportive Therapy

- There is no treatment for acute hepatitis B.
- Antiviral treatment is indicated for some chronic hepatitis B carriers but this would be determined in consultation with an Infectious Disease Specialist.

Exclusion

- Not applicable. Standard precautions/routine practices measures apply.
- Physicians are required to report infection to College of Physicians and Surgeons.
- There is a general consensus that HBeAg positive carriers and/or those with high viremia should not perform exposure prone surgery or similar treatments unless they have been reviewed by an expert panel and advised. (Heymann, 2008). These professionals should speak with their governing body for advice.

Referrals

Cases should be referred to:

- infectious diseases (ID) specialist or treating practitioner.
- other social programs as agreed to by client (e.g., community agencies that provide support to HBV positive people) or harm reduction programs for needle exchange services and related health services.
- Canadian Blood Services (CBS) should be notified of cases that have a history of donation or receipt of blood or blood products. See <u>Appendix K – Notification to</u> <u>Canadian Blood Services</u>.
- Saskatchewan Transplant Program should be notified of cases that have a history
 of donation or receipt of tissues. See <u>Appendix M Notification to the</u>
 <u>Saskatchewan Transplant Program.</u>

¹⁰ http://www.ehealthsask.ca/services/manuals/Documents/sim-chapter7.pdf



Date Reviewed: June, 2014 Section: 6-20 Page 11 of 16

II. Contacts/Contact Investigation

Contacts should be traced back to 6 months prior to onset of acute symptoms or time of diagnosis (Australasian Society for HIV Medicine, 2010).

Contact Definition

Contacts are defined as:

- Household individuals living in the same household or share living quarters;
- Sexual contacts;
- Close contacts:
 - Individuals who share personal items (e.g, razors, toothbrushes, etc);
 - Individuals who share drug equipment (injection or non-injection);
 - Children <12 months of age who have close contact with primary caregivers with acute or chronic HBV (Red Book p 389).
- Other individuals who may have had a permucosal or percutaneous exposure to the case's blood or body fluids (See Guidelines for the Management of Exposures to Blood or Body Fluids Appendix 1 definition of Exposure ¹¹);
- Infants born to women infected with HBV;
- Exposures to blood and body fluids should be managed as per Saskatchewan Guidelines for the Management of Exposures to Blood and Body Fluids¹².

Testing

- All contacts of hepatitis B disease should be tested for hepatitis B as per Table 4. Monitoring for Infection. Refer to Table 2 for interpreting laboratory results.
- Any contacts who are HBV-positive should be followed as a case.
- Contacts who are anti-HBs negative should undergo repeat testing at 3 months following their latest exposure. They should be sure to follow precautions to reduce the risk of spreading the virus to others until infection can be ruled out. See Saskatchewan Guidelines for the Management of Exposures to Blood and Body Fluids.¹³



¹¹ http://www.ehealthsask.ca/services/manuals/Documents/hiv-guidelines-appendix1.pdf

¹² http://www.ehealthsask.ca/services/manuals/Pages/hiv-guidelines.aspx

http://www.ehealthsask.ca/services/manuals/Pages/hiv-guidelines.aspx

Date Reviewed: June, 2014 Section: 6-20 Page 12 of 16

Table 4. Monitoring for Infection

	Baseline Testing (at time of identification)	Month 3 Testing (following last exposure)
Hep B Surface Antigen (HBsAg)	V	\checkmark
Hep B Antibody ¹⁴ (anti-HBs)	$\sqrt{}$	
Hep B Core Antibody (anti-HBc)	V	

Immunoprophylaxis

Immunoprophylxis is recommended based on results of serology and previous immunization history as outlined in the <u>Guidelines for the Management of Exposures to Blood and Body Fluids (Appendix 8)</u>¹⁵. Table 5 outlines the agents that contacts are eligible for based on the results of their serology and their immunization history.

Table 5. Immunoprophylaxis Agents for Susceptible Contacts

Type of Contact	HBIg ¹⁶	Provide Vaccine
Household	No	Yes
Sexual	Yes - (0.06ml/kg IM) should be provided ideally within 48 hours but can be provided up to 14 days following last sexual contact	Yes
Close Contacts	Yes – ideally given within 48 hours but can be given up to 7 days after last exposure	Yes
Other individuals who may have had a permucosal or percutaneous exposure to the case's blood or body fluids	Yes – as per the Guidelines for the Management of Exposures to Blood and Body Fluids ¹⁷	Yes



¹⁴ Antibody testing is recommended at 1-5 months after completion of a vaccine series.

http://www.ehealthsask.ca/services/manuals/Documents/hiv-guidelines-appendix8.pdf

¹⁶ Refer to Appendix D for how to access HBIg.

¹⁷ http://www.ehealthsask.ca/services/manuals/Pages/hiv-guidelines.aspx

Date Reviewed: June, 2014 Section: 6-20 Page 13 of 16

Children <12 months of age who have close contact with primary caregivers with acute or chronic HBV (American Academy of Pediatrics, 2012, p 389)						
Number of doses of Vaccine	Number of doses of Vaccine HBIg Vaccine					
received to date						
At least 2 doses	HBIg is not required	Not required				
One dose previously provided	HBIg should be administered	The second dose				
	if immunization is not yet due.	should be				
		administered if the				
		interval is				
		appropriate				
Not previously vaccinated	HBIg (0.5 mL)	Hepatitis B vaccine 3				
		dose schedule.				

Postnatal Management of Infants Born to Women with HBV

• Refer to the Saskatchewan Immunization Manual, Chapter 7 for recommendations for infants at high-risk for hepatitis B¹⁸.

Education

- Signs and symptoms of hepatitis B;
- To seek medical evaluation if they develop signs and symptoms during the follow-up period.

The following precautions should be taken to prevent potential transmission of HBV to others until infection with hepatitis B can be ruled out:

- Routine precautions and safe sex;
- Do not share personal items including razors, toothbrushes, needles or other implements which may be contaminated with blood or body fluids;
- Refrain from donating blood, plasma, organs, tissue or semen until they are certain they have not been infected (negative test at 12 weeks following exposure).

The precautions indicated below should be followed on a regular basis as safe handling and disposal of sharps and items soiled with blood:

- dispose of articles with blood (e.g., tampons, pads, Kleenex) appropriately;
- dispose of sharp items (e.g., razors) in hard-sided containers, taped shut. Refer to Saskatchewan Biomedical Waste Management Guidelines (2008)¹⁹.

http://www.environment.gov.sk.ca/adx/aspx/adxGetMedia.aspx?DocID=217,216,104,81,1, Documents&MediaID=1099&Filename=Biomedical+Waste+Management.pdf



¹⁸ http://www.ehealthsask.ca/services/manuals/Documents/sim-chapter7.pdf

Date Reviewed: June, 2014 Section: 6-20 Page 14 of 16

Immunization

The recommendations set out in the Saskatchewan Immunization Manual Chapters 7^{20} and 10^{21} , should be followed for dosages and schedules.

- In addition to the individuals outlined in Chapter 10 of the Saskatchewan Immunization Manual the following individuals should have post-immunization serology completed within 1 to 5 months of completing the vaccine series (no later than 6 months):
 - Sexual partners and household contacts of acute cases and chronic carriers of hepatitis B.
 - Infants born to infected mothers (should be tested for HBsAg and anti-HBs one month after completion of the vaccine series).
 - Persons who have had a blood borne exposure.

Exclusion

Not applicable

III.Environment

Child Care Centre Control Measures

All childcare centre staff should use Standard/Routine Precautions when handling all blood and body fluids. Refer to Infection Control Manual for Childcare Facilities. ²² Children known to have hepatitis B do not need to be excluded from childcare. If the child is known to bite, this should be discussed with the medical health officer (MHO).

Institutional Control Measures

Standard precautions/routine practices to prevent exposures to blood and body fluids. Refer to the Saskatchewan Immunization Manual²¹ for types of facilities for which residents are eligible for hepatitis B vaccine. Susceptible people in juvenile and adult correctional facilities should be immunized.

http://www.saskatchewan.ca/live/births-deaths-marriages-and-divorces/starting-a-family/early-learning-and-child-care/child-care



²⁰ http://www.ehealthsask.ca/services/manuals/Documents/sim-chapter7.pdf

http://www.ehealthsask.ca/services/manuals/Documents/sim-chapter10.pdf

Date Reviewed: June, 2014 Section: 6-20 Page 15 of 16

Other Facilities with Alternate Caregivers and Other Residents (eg. group homes, foster homes, etc)

Residents of certain facilities may be eligible for additional immunizations. Refer to the Saskatchewan Immunization Manual²³ for eligibility criteria. Standard precautions should be followed by all individuals working in these settings. All settings should have policies and procedures in place for managing employees with occupational risk due to exposure to blood or body fluids. As well, there should be policies and procedures in place to manage occupational exposures to blood and body fluids.

For more information on occupational exposure see the Saskatchewan Guidelines for the Management of Exposures to Blood and Body Fluids.²⁴

Epidemic Measures

- When two or more cases occur in association with a common exposure, additional cases should be sought.
- Outbreaks of hepatitis B should be reported to the Ministry using the <u>Outbreak</u> Notification Report and Summary Form.

http://www.ehealthsask.ca/services/manuals/Documents/sim-chapter7.pdf http://www.ehealthsask.ca/services/manuals/Pages/hiv-guidelines.aspx



Date Reviewed: June, 2014 Section: 6-20 Page 16 of 16

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Saskatchewan Disease Control Newsletters. February 2012 Volume 1, Number1. Accessible at: http://www.health.gov.sk.ca/sdcl-newsletters





Fever

Jaundice

Malaise

Lethargy (fatigue, drowsiness, weakness, etc)

Loss of appetite (anorexia)

Myalgia (muscle pain)

Hepatitis B Notification Form



Saskatchewan					L	PAN	UKA	V IVI A
A) PERSON REPORTING – HEALTH CARE PROVIDER	INFOR	MATION			Panorama QA Initials:	complete:	∶□Yes	□Ne
Clinic Name:				FOR PUBLIC HEA	LTH OFFICE USE ONLY:			
Location:				Service Area:				
Attending Physician or Nurse:				Date Received:				
Address:				Panorama Client	ID:			
Phone number:				Panorama Invest				
B) CLIENT INFORMATION								
Last Name:	Fir	st Name: and Mid	dle Name	:	Alternate Name:			
DOB: YYYY / MM / DD Age:		Gender: ☐ Male ☐ Female		Phone : Primary Home: Mobile contact:				
Health Card Province:		Unknown	Othe	•	☐ Workplace:			
Health Card Number (PHN):	Gender Identity:		L	☐ Alt Contact: Name:				
		☐ Transgender Male-to-female ☐ Transgender Female-to-male ☐ Undifferentiated ☐ Other (specify)			Relationship:			
Place of Employment/School:	Em	nail Address:			Preferred Communication Method:			
					☐ Home ☐ Work ☐ E-ma	₃il □ Text	·	
Address Type: ☐ No fixed ☐ Postal Address	5	☐ Primary Hom	ne	□Temporary	☐ Legal Land Descriptio	'n		
Mailing (Postal address):								
Street Address or FN Community (Primary Home):								
C) IMMIGRATION INFORMATION								
Country Born In:								
Country Emigrated from:		Arrival [Date: YYY	Y / MM / DD	OR Arrival Year YYYY			
D) DISEASE EVENT HISTORY								
Staging: □ Acute	□ CI	hronic		□ Unknown				
E) SIGNS & SYMPTOMS								
Description	No	Yes Date of onset	Descrip	tion			Yes Date of or	nset
Arthralgia			Nausea					•
Asymptomatic			Pain - A	bdominal				

Rash

Stool – light

Urine – dark

Vomiting

Weight loss

Other - specify

October 18, 2018 Page 1 of 3

Hepatitis B Notification Form

RISK FACTORS (Please complete <u>all Risk Factors</u> –specify dates as needed) – Legend: N – No, NA – Not asked, U – Unknown

Panorama Client ID:	
Panorama Investigation ID:	

DESCRIPTION	Yes Start Date	N, NA, U	Add'l Info
Contact – Hepatitis B	YYYY / MM/DD		
Exposure – Blood and body fluids (not otherwise listed) (Add'l Info)	YYYY / MM/DD		
Exposure - Invasive body art (e.g. tattoo, body piercing, scarification)	YYYY / MM/DD		
Occupation – Health Care Worker – IOM Risk Factor			
Risk Behavior – Sharing injection drug equipment	TE		
Risk Behavior – Sharing non-injection drug equipment	TE		
Sexual Behaviour – More than 2 sexual partners in past 3 months	TE		
Sexual Behaviour – MSM	TE		
Sexual Behaviour – Sex with a known case (Add'l Info)	YYYY / MM/DD		
Sexual Behavior – Sex with person from endemic country (Add'l Info)			
Sexual Behavior – Sex with person who injects drugs	TE		
Special Populations – Correctional Facility resident			
Special Population – From or residence in an endemic country			
Special Population – Infant born to infected mom			
Special Population – Pregnancy			
Special Population – Self-reported indigenous			
Substance Use – Alcohol			
Substance Use – Injection Drug Use (including Steroids)			
Substance Use – Illicit non-injection drug use			
Travel – Outside of Canada (Add'l Info)	YYYY / MM/DD		
Other risk factor (Add'l Info)			
Medical Treatment - Blood, blood product or tissue recipient (Add'l Info)	YYYY / MM/DD INTERVENTION		
Medical Treatment Other (transplant, surgery, dental, oscopy, artificial insemination etc.) (Add'l Info)	YYYY / MM/DD INTERVENTION		
Blood, blood product, tissue or transplant donor	Document referral in I	nterventions	and complete Appendix K – Referral to CBS, and upload into Document Management
G) UNKNOWN/ANONYMOUS CONTACTS			
Anonymous contacts: (number of cor	tacts that the individ	ual cannot i	name)

Include known contacts on the following pages

October 18, 2018 Page 2 of 3

Page _____ of ____

Hepatitis B – Contacts

Please complete ${\bf all}$ sections.

Please include information on additional contacts on a separate sheet

A) CONTACTS					
Last Name:	First Name: and Middle Name	e:	Alternate Nan	ne:	
DOB: YYYY / MMM / DD Age: HSN:	Gender: ☐ Male ☐ Female	e 🗆 Unknown	□ Other		
Phone #:		e-mail Address	:		
Place of Employment/School:		Is contact preg		☐ Yes ☐ No☐ Yes ☐ No☐	
Address Type: □ No fixed □ Postal Address □ Primary Ho Mailing (Postal address): Street Address or FN Community (Primary Home):	me □Temporary □Legal La	nd Description			
Exposure Dates: 1st YYYY / MM / DD to YYYY / MEXPOSURE Type:	/IM / DD Sharing Injection/ Non-injection	n Drug Equipmen	t		
Will the testing Physician/Nurse follow-up this contact? If yes, date contact notified: YYYY / MMM / D Has the contact been vaccinated for Hep B in the past?	□Yes □No Commo	ents:			
B) CONTACTS					
Last Name:	First Name: and Middle Name	e:	Alternate Nan	ne:	
DOB: YYYY / MMM / DD Age: HSN:	Gender: ☐ Male ☐ Female	e 🗆 Unknown	□ Other		
Phone #:		e-mail Address	:		
Place of Employment/School:	nant? B positive?	□ Yes □ No □ Yes □ No	□ Unknown □ Unknown		
Address Type: ☐ No fixed ☐ Postal Address ☐ Primary Ho Mailing (Postal address):	me □Temporary □Legal La	nd Description			
Street Address or FN Community (Primary Home):					
Exposure Dates: 1st YYYY / MM / DD to YYYY / MEXPOSURE Type: Sexual Household	//M / DD Sharing Injection/ Non-injection	n Drug Equipmen	t		
Will the testing Physician/Nurse follow-up this contact? If yes, date contact notified: YYYY / MMM / D Has the contact been vaccinated for Hep B in the past?	□Yes □No Commo	ents:			

October 18, 2018 Page 3 of 3



<u>Hepatitis B – Public Health Follow-Up</u>



Panorama QA complete: ☐ Yes Initials:	□No			F	Panorama Client Panorama Investigation	: ID: : ID:
- •						
A) CLIENT INFORMATION				SUBJECT -> CLIEN	T DETAILS -> PERSONA	L INFORMATION
Last Name:		First Name	e: and Middle Name:	Alternate	Name:	
DOB: YYYY / MM / DD	Age:	Gender:	□Female □ Unknown □ Oth	PHN:		
B) INVESTIGATION INFORMATI	ION		LHN -> SUBJECT SUMMARY	/-> STBBI ENCOUN	NTER GROUP-> CREATE	INVESTIGATION
Disease Summary Classification: CASE:	Date		Classification: CONTACT:	Date	LAB TEST IN	FORMATION:
☐ Lab Confirmed	YYYY / MM / DD		□ Contact	YYYY / MM / D	Date specim	en collected:
□ Suspect	YYYY / MM / DD		□ Not a Contact	YYYY / MM / D	DD YYYY / MN	1 / DD
☐ Person Under Investigation	YYYY / MM / DD		☐ Person Under Investigation	YYYY / MM / D	DD.	
☐ In progress ☐ Incomplete - Declined ☐ Incomplete - Lost contact ☐ Incomplete - Unable to locate C) IMMUNIZATION HISTORY IN Interpretation Date:	YYYYY YYYYY e YYYYY	/ MM / DD / MM / DD / MM / DD / MM / DD	□ Not required □ Referred – Out of		YYYY / MM / D	D D
Interpretation of Disease Immu IOM – Unimmunized Reason: IOM - Interpretation	nity: ☐ IOM - Fully i	nization histor	• ,		ed:	□ Date Of Birth
D) INTERVENTION			LHN-> INVESTIGATION->TR	EATMENT & INTE	RVENTIONS->INTERVE	NTION SUMMARY
_	nvestigator name Y	YYY/ MM /DD YYY/ MM /DD	Immunization: Investiga ☐ Eligible Immunization ☐ Disease-specific immu ☐ Disease-specific immu ☐ Immunization nurse n	recommended unization recomm unization given	ended	1/DD 1/DD
Communication: ☐ Phone call (morning) ☐ Phone call (afternoon)	Investigator name Y	/YY/ MM /DD /YY/ MM /DD	Environmental health: ☐ Personal Service Facil Investigator name		YYYY/ MIV	
☐ Phone call (evening) ☐ Text Message sent ☐ E-mail ☐ Home visit ☐ Letter Sent ☐ Ordering practitioner contact ☐ Letter (See Document Manag ☐ Other communication (See In	Investigator name Investigator	YYY/ MM /DD	☐ Canadian Blood Service ☐ Child Protective Service ☐ Harm Reduction Service ☐ Infectious Disease Spote ☐ Primary Care Provider ☐ Saskatchewan Transp	ces ces ecialist · lant Program	YYYY/ MIV YYYY/ MIV YYYY/ MIV YYYY/ MIV YYYY/ MIV YYYY/ MIV	1/DD 1/DD 1/DD 1/DD 1/DD
General: Investigator name □ Disease-Info/Prev-Control □ Disease-Info/Prev-Cont/Assess		YYY/ MM / DE YYY/ MM / DE	Testing: Investigator n □ Post-immunization test □ Pre-immunization test □ Laboratory testing recomm	iting recommende ing recommended ommended ended (specify)		1/DD 1/DD
Education/counselling: ☐ Prevention/Control measures ☐ Disease information provided		/YY/ MM /DD	☐ See Document Manag		YYYY/ MN YYYY/ MN	
☐ Other (See Investigator Notes		/YY/ MM /DD 'YY/ MM / DD				
Date Interventi	on subtype Comment	s			Next follow-up Date	Initials
YYYY / MM / DD					YYYY / MM / DD	
YYYY / MM / DD					YYYY / MM / DD	

October 18, 2018 Page 1 of 2

<u>Hepatitis B – Public Health Follow-Up</u>

Panorama Client ID:	
Panorama Investigation ID:	

YYYY / MM / DD				,	YYYY / MM / I	DD
YYYY / MM / DD				,	YYYY / MM /	DD
YYYY / MM / DD				,	YYYY / MM /	DD
YYYY / MM / DD				,	YYYY / MM /	DD
YYYY / MM / DD				,	YYYY / MM / I	DD
YYYY / MM / DD					YYYY / MM / I	
YYYY / MM / DD					YYYY / MM / I	
,, 55					/ /	
	l, except for severe influenza)					TIGATION-> OUTCOMES
•	covering YYYY / MM / DD	•	al care YYYY / MM / DI	•	talization	YYYY / MM / DD
☐ Recovered	YYYY / MM / DD	☐ Intubation /ventilat			own YYYY	/ MM / DD
□ Fatal	YYYY / MM / DD	Other	YYYY / MM / DI			
Cause of Death: (if Fatal	was selected)					
F) Transmission Event		LHN -> INVESTIGATION	-> EXPOSURE SUMMARY -	> TRANSMISS	ION EVENT SUN	/IMARY -> OUICK ENTRY
Transmission Event	Exposure Name	Setting type			T ime (include	# of contacts
ID	Exposure Hume	Important:		the earl		Or contucts
(system-generated can		(Select the most appropri	ate setting for the TE; if >1		ssion date to	
be documented below)		select multiple settings)		the late	st date)	
	Hep B Contacts-Inv ID #	Sexual Exposure	☐ Public facilities			
		☐ Multiple settings	□ Household			
		☐ Type of community cor	itact (includes IDU)			
G) Total number of cont	acts			II.		
•	NVESTIGATION-> EXPOSURE S	JMMARY -> TRANSMISSIO	N EVENT SUMMARY -> TE	HYPERLINK ->	UNKNOWN/A	NONYMOUS CONTACTS
(total number	of <i>unknown</i> and <i>known</i> contact	cs)				
Initial Report completed by:						port completed:
completed by:					YYYY / MMM	/ DD
H) CONTACTS						
Last Name:		First Name: and Mid	dle Name:	Alternate Na	ıme:	
		se riame, and who		,cimate Na		
200 1000 1 1 2 2 2 2	/ 55			<u> </u>		
DOB: YYYY / MMM	/ DD Age:	Gender: □ Mala □	☐ Female ☐ Unknown	□ Other		
HSN:		Genuer. — Ividie	- i eiliale 🗀 UlikilUWN	- Julei		
Phone #: Primary Ho	mo:		e-mail Address			
Phone #: ☐ Primary Hoi	ilic.		e-man Address	•		
☐ Mobile conf	tact:					
□ alternate ph	one: Relationship	:				
Place of Employment/School:		Is contact preg	Is contact pregnant? ☐ Yes ☐ No ☐ Unknown			
			Is contact Hep	Is contact Hep B positive? ☐ Yes ☐ No ☐ Unknown		
	d □Postal Address □ Primar	y Home □Temporary □				
Mailing (Postal address):						
Street Address or FN Com	munity (Primary Hama):					
Juleet Address of FN COM	minumity (Filmary nome):					
Exposure Dates: 1st YY	YY / MM / DD to YYYY	/ MM / DD				
-	_	☐ Sharing Injection/ Nor	injection Drug Facility	+		
Exposure Type:	Sexual Household	— Snaring injection/ Nor	-injection brug Equipmen	ι		
Will the testing Physician/	Nurse follow-up this contact?	□Yes □No	Comments:			
If yes, date contact r	notified: YYYY / MMM	/ DD				
Has the contact bee	n vaccinated for Hep B in the pa	ast? □Yes □No				

Complete more contact sheets if needed

October 18, 2018 Page 2 of 2

Date Reviewed: June, 2014 Section: 6-30 Page 1 of 12

Notification Timeline:

From Lab/Practitioner to Public Health: Within 72 hours. From Public Health to Saskatchewan Health: Within 2 weeks.

Public Health Follow-up Timeline: Within 72 hours.

Information

Table 1: Case Definition (Public Health Agency of Canada, 2011)

	(, , , ,
Confirmed Case:	Detection of hepatitis C virus antibodies (anti-HCV) or hepatitis C virus
Acute or Recent	RNA (HCV RNA) in a person with discrete onset of any symptom or sign
Infection	of acute viral hepatitis (see Section 5) within 6 months preceding the first positive HCV test AND
	negative anti-HAV IgM, and negative anti-HBc IgM or HBsAg tests AND
	• serum alanine aminotransferase (ALT) greater than 2.5 times the upper normal limit
	OR
	detection of hepatitis C virus antibodies (anti-HCV) in a person with a documented anti-HCV negative test within the preceding 12 months
	OR
	detection of hepatitis C virus RNA (HCV RNA) in a person with a
	documented HCV RNA negative test within the preceding 12 months.
Confirmed Case:	Detection of hepatitis C virus antibodies (anti-HCV)
Unspecified	OR
(including chronic	detection of hepatitis C virus RNA (HCV RNA).
and resolved	
infections)	
Confirmed Case:	PCR positive for HCV-RNA.^
Infants < 18	
months**	

HCV PCR is important as individuals who are viremic will be considered for antiviral treatment and is a useful diagnostic tool in immuno-compromised individuals who might not mount an antibody response.



^{**} In infants < 18 months of age, anti-HCV testing should not be performed as the presence of anti-HCV may represent passive maternal antibody. Cord blood should not be used because of potential cross-contamination with maternal antibody.

[^] If testing for HCV-RNA is done, it should be delayed beyond 4-12 weeks in order to avoid false negative HCV-RNA test results (Public Health Agency of Canada, 2009).

Date Reviewed: June, 2014 Section: 6-30 Page 2 of 12

Causative Agent

The hepatitis C virus (HCV) is a small, single stranded, enveloped RNA virus that is classified as a separate genus (*Hepacivirus*) in the Flaviviridae family. Six major genotypes of hepatitis C virus have been identified which are further differentiated into approximately 100 subtypes (Heymann, 2008). HCV is able to evade the body's immune system because it is constantly mutating.

Symptoms

- Onset is insidious. Majority of cases are asymptomatic (more than 90%) or only having mild symptoms which may include anorexia, vague abdominal discomfort, nausea and vomiting (Heymann, 2008).
- Initial signs and symptoms of HCV infection are indistinguishable from signs and symptoms of hepatitis A or hepatitis B virus infections.
- Jaundice occurs in fewer than 20% of patients; progression to jaundice occurs less frequently than with hepatitis B.
- Abnormalities in liver transaminase concentration. Generally these are less pronounced than in those in patients with hepatitis B virus infection.
- Most definable symptoms may begin to appear 20-30 years after the initial infection and can lead to severe complications like liver cirrhosis or cancer.
- The course of chronic hepatitis C is slow and insidious with most patients showing few physical signs of the disease during the first 20 years of infection; people may experience a progression from mild to moderate to severe hepatitis (U.S. Centers for Disease Control and Prevention, 2008).

Complications

- A high percentage of cases (50-80%) develop chronic infection; of chronically infected persons about half will eventually develop cirrhosis or hepatocellular cancer (HCC) (Heymann, 2008).
- Approximately 25% (range 15-25%) of HCV infections will resolve spontaneously; these individuals will typically demonstrate anti-HCV without detectable HCV-RNA (U.S. Centers for Disease Control and Prevention, 2008).
- HCV is the leading cause of liver transplantation in adults in the United States (American Academy of Pediatrics, 2012).



Date Reviewed: June, 2014 Section: 6-30 Page 3 of 12

Incubation Period

Ranges from 2 weeks to 6 months with an average 6 to 9 weeks (Heymann, 2008). The time of exposure to the development of viremia is generally 1-2 weeks (American Academy of Pediatrics, 2012).

Reservoir/Source

Humans. Blood, blood products and any body fluid containing blood can be a source of infection. See <u>Table 2</u>.

Table 2: Fluids and tissues capable of transmitting hepatitis C

Tuble 2. Trutus und distues cupulite of trutismitting neputitis C				
FLUID	HCV			
Lab specimens containing concentrated HBV, HCV or HIV	Yes			
Blood, serum, plasma or other biological fluids visibly contaminated with blood	Yes			
Pleural, amniotic, pericardial, peritoneal, synovial and cerebrospinal fluids	Yes			
Semen, vaginal secretions	Yes			
Saliva	No, unless contaminated with blood			
Breastfeeding	Biologically plausible, particularly if nipples are cracked or bleeding			
Organ and tissue transplants	Yes			
Screened donated blood & manufactured blood products	Minimal risk in Canada			

(U.S. Centers for Disease Control and Prevention, 2001)

Mode of Transmission

- HCV is primarily transmitted through parenteral exposure to HCV infected blood (Heymann, 2008; American Academy of Pediatrics, 2012).
- Transmission is most efficient through large or repeated percutaneous exposures to blood such as transfusion of blood from unscreened donors or through injection drug use.
- The risk of vertical transmission has been estimated to be between 1 to 6% and only from women who are HCV RNA positive at the time of delivery.
- Although less efficient, occupational and sexual exposures can also result in transmission of HCV.



Date Reviewed: June, 2014 Section: 6-30 Page 4 of 12

Risk Groups/Risk Factors

The most common risk factors for acquiring HCV are (American Academy of Pediatrics, 2012):

- injection drug use;
- having multiple sexual partners;
- having received blood products before 1992 (prior to screening and processing of blood products was implemented).

The risk factors for transmission of HCV include:

- sharing of drug use equipment;
- co-infection with HIV increases the risk of sexual transmission of HCV;
- maternal risk factors that increase the risk of transmission include HIV coinfection, history of IDU and high maternal viremia.

Period of Communicability

From one or more weeks before onset of the first symptoms; may persist in most persons indefinitely (Heymann, 2008).

Specimen Collection and Transport

Specimen: serum 2 ml.

Anti-HCV

- Initial test to determine whether a person has ever been exposed to HCV.
- Tested for antibodies to hepatitis C virus.
- May take up to 3 months before these antibodies appear.
- Negative antibody test with no history of exposure in the last 3-4 months means that the person has never been exposed to the hepatitis C virus; no further testing is required for this person unless risk factors change or an exposure occurs.
- Positive antibody screening tests are confirmed using immunoblot tests; positive reports go to the clinician and a copy goes to the Medical Health Officer (MHO).

HCV PCR

• HCV RNA testing should be performed using a sensitive quantitative assay with a low limit of detection (10-15 IU/ml or less) and a broad dynamic range.



Date Reviewed: June, 2014 Section: 6-30 Page 5 of 12

- It is recommended that all ELISA hepatitis C positive tests have a second blood sample (plasma) sent to be tested for HCV by PCR to rule out active disease (College of Family Physicians of Canada, Public Health Agency of Canada, 2009):
 - Negative PCR: it is recommended that the test be repeated in 2-4 weeks. If positive, repeat again in 12 weeks.
 - Repeat negative PCR: is consistent with a patient with inactive disease.
 - Positive PCR: means the patient has active HCV disease and should be evaluated further by an individual experienced in hepatitis C management (e.g., infectious diseases specialist).
- Immunocompromised individuals may not develop anti-HCV; therefore these individuals may need to undergo HCV-RNA testing.

Post-natal

- After birth, babies born to mothers positive for hepatitis C antibodies will have passive antibodies; therefore anti-HCV testing should not be performed in infants < 18 months of age, as the presence of anti-HCV may represent passive maternal antibody.
- Cord blood should not be used because of potential cross-contamination with maternal antibody.
- Uninfected infants should usually have cleared these antibodies by 12 to 15 months of age. The higher the level in the mother, the longer they will take to clear (Boucher, 2000).
- Test newborns of HCV-RNA positive mothers at 1 year using HCV-RNA test (College of Family Physicians of Canada, Public Health Agency of Canada, 2009).

Methods of Control/Role of Investigator

Prevention and Education

Refer to the Blood and Body Fluid Pathogens Introduction and General Considerations section of the manual that highlights topics for client education that should be considered.

Health education efforts should include both broad-based campaigns to raise awareness of risk, modes of transmission, and prevention measures, and reduce stigma as well as targeted programs to educate and reduce risk in at-risk populations.



Date Reviewed: June, 2014 Section: 6-30 Page 6 of 12

Immunization

There is no vaccine available for the prevention of hepatitis C.

Education

Refer to the Blood and Body Fluid Pathogens Introduction and General Considerations section of the manual that highlights topics for client education that should be considered. Personal service providers should be referred to Saskatchewan Personal Service Facility Best Management Practices (under development) for infection prevention and control measures.

Management

I. Case

History

Obtain as detailed a history as possible using the Attachment – Hepatitis C Investigation Form. Inquire about history of sexual or needle-sharing contact with someone who has or had HCV. Discuss all potential risks that the case has been exposed to with particular focus on parenteral exposures such as:

- injection drug use;
- tattooing/piercing;*
- medical/dental procedures;*
- transfusions of blood/blood products in Canada (prior to 1992);
- transfusions of blood/blood products outside of Canada.

*It is important to obtain details regarding dates of exposures and names/locations of the facilities in which exposures may have occurred. Consideration of the need to further investigate these facilities is warranted.

Inquire about other factors that are associated with HCV:

- co-infection with other blood borne pathogens or STIs;
- history of multiple sexual partners;
- history of incarceration.

Obtain names and phone numbers of contacts as per Contact Investigation.



Date Reviewed: June, 2014 Section: 6-30 Page 7 of 12

Education (College of Family Physicians of Canada, Public Health Agency of Canada, 2009)

Cases should be educated on hepatitis C disease and its signs and symptoms. They should be informed of the complications of hepatitis C and be advised of how to reduce the risk of liver damage:

- limit alcohol intake;
- promote smoking cessation;
- maintain a healthy weight;
- avoid/limit medication use (including over-the-counter medications) that may be hepatotoxic without consulting with a physician or pharmacist;
- ensure immunity to hepatitis A and B.

Cases should be informed of how hepatitis C is spread and to use precautions with their own blood and body fluids to prevent spread and infection to others:

- never donate blood, organs, semen, or tissue;
- never share material used to prepare, inject, or inhale drugs;
- never share sharp instruments/personal hygiene materials with others (e.g., razors, scissors, nail clippers, toothbrush);
- consider the potential health risks of tattooing and body piercing;
- discuss HCV status with drug sharing partners;
- sexual activity is safe unless it involves trauma or higher risk sexual behaviours;
- practice safer sex with new partners;
- breastfeeding by a HCV positive mother is not a risk unless nipples are cracked or bleeding. Breastfeeding should be discontinued until nipples are healed.

Cases should be advised that they should also be tested for HIV and hepatitis B.

Treatment/Supportive Therapy

The treatment of hepatitis C infections is to be prescribed by or in consultation with a specialist with expertise in HCV treatment.

Immunization

Offer immunizations as per Saskatchewan Immunization Manual, Chapter 7.1

¹ http://www.ehealthsask.ca/services/manuals/Documents/sim-chapter7.pdf



Date Reviewed: June, 2014 Section: 6-30 Page 8 of 12

Exclusion

Not applicable. Standard/Routine Infection Prevention and Control measures apply.

Referrals

Cases should be referred to:

- infectious diseases (ID) specialist or treating practitioner.
- other social programs as agreed to by client (e.g., community agencies that provide support to HCV positive people) or harm reduction programs for needle exchange services and related health services;
- Canadian Blood Services (CBS) should be notified of cases that have a history of donation or receipt of blood or blood products. See <u>Appendix K – Notification to</u> <u>Canadian Blood Services</u>.
- Saskatchewan Transplant Program should be notified of cases that have a history
 of donation or receipt of tissues. See <u>Appendix M Notification to the</u>
 <u>Saskatchewan Transplant Program.</u>

II. Contacts/Contact Investigation

Contact Definition

- High risk contacts are defined as:
 - those who have shared injection drug use and non injection drug use equipment with the case;
 - children born to an infected mother;
 - individuals who have been exposed to blood or body fluids contaminated with blood (sharing razors, toothbrushes, or via bites or needlestick injuries).
- Lower risk contacts are defined as:
 - household contacts;
 - sexual contacts.
- Contacts should be traced back to 6 months prior to onset of symptoms or to onset of risk behaviour for cases who are asymptomatic.
- Children born to women previously identified to be HCV infected should be tested for HCV infection; the duration of presence of passive maternal antibody in infants can be as long as 18 months.
- Exposures to blood and body fluids should be managed as per Saskatchewan Guidelines for the Management of Exposures to Blood and Body Fluids.²



² http://www.ehealthsask.ca/services/manuals/Pages/hiv-guidelines.aspx

Date Reviewed: June, 2014 Section: 6-30 Page 9 of 12

• When personal service or medical/dental facilities are identified as a potential source for exposure, further investigation of other clientele may be warranted.

Education

Contacts should be educated on hepatitis C disease and its signs and symptoms. They should be informed of how hepatitis C is spread and to use precautions with their own blood and body fluids until testing is complete and shows they have not been infected. This may be as long as 6 months due to the long incubation of hepatitis C.

Contacts should also be educated on how to protect themselves from further exposure to hepatitis C by following certain preventive measures. Refer to the Blood and Body Fluid Pathogens Introduction and General Considerations section of the manual that highlights topics for client education that should be considered.

Testing/Prophylaxis

- All contacts of hepatitis C disease should be tested for hepatitis B and C and HIV.
- Any contacts who are HCV-positive should be followed as a case.
- Contacts who are anti-HCV negative should undergo repeat testing at 4 weeks, 3 months and 6 months following their latest exposure. They should be sure to follow precautions to reduce the risk of spreading the virus to others until infection can be ruled out. See Saskatchewan Guidelines for the Management of Exposures to Blood and Body Fluids.³

Infants born to HCV positive mothers:

• Refer to Specimen Collection and Transport – Postnatal.

Prophylaxis

None available.

Immunization

There is no vaccine for hepatitis C. Contacts should be provided immunizations as per the Saskatchewan Immunization Manual, Chapter 5⁴ and 7.⁵

⁵ http://www.ehealthsask.ca/services/manuals/Documents/sim-chapter7.pdf



³ http://www.ehealthsask.ca/services/manuals/Pages/hiv-guidelines.aspx

⁴ http://www.ehealthsask.ca/services/manuals/Documents/sim-chapter5.pdf

Date Reviewed: June, 2014 Section: 6-30 Page 10 of 12

Exclusion

Exclusion is not indicated.

III. Environment

Removal of visible blood/body fluid followed by application of a solution of 1 part bleach and 9 parts water which is then allowed to sit for 10 minutes should be sufficient to deactivate the virus.

Child Care Centre Control Measures

All childcare centre staff should use Standard/Routine Precautions when handling all blood and body fluids. Refer to Infection Control Manual for Childcare Facilities. ⁶ Children known to have hepatitis C do not need to be excluded from childcare. If the child is known to bite, this should be discussed with the medical health officer (MHO).

<u>Institutional Control Measures</u>

Standard/Routine Precautions should be the standard for all staff working in health care settings. Refer to Regional Infection Control Manual.

Personal Service Facilities

Refer to Saskatchewan Personal Service Facility Best Management Practices (under development).

Epidemic Measures

When two or more cases occur in association with some common exposure, search for additional cases. Screen susceptible contacts and implement measures to interrupt further transmission as appropriate to the situation.

⁶ http://www.saskatchewan.ca/live/births-deaths-marriages-and-divorces/starting-a-family/early-learning-and-child-care/child-care.



Date Reviewed: June, 2014 Section: 6-30 Page 11 of 12

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Date Reviewed: June, 2014 Section: 6-30 Page 12 of 12

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Hepatitis C Notification Form



Panorama QA complete: \square Yes \square No Initials:

A) PERSON REPORTING – HEALTH CARE PROVIDER IN	IFORMATION				
Clinic Name:		FOR PUBLIC HEALTH OFFICE USE ONLY:			
Location:		Service Area:			
Attending Physician or Nurse:		Date Received:			
Address:		Panorama Client ID:			
Phone number:		Panorama Investigation ID:			
B) CLIENT INFORMATION					
Last Name:	First Name: and Middle Name:		Alternate Name:		
DOB: YYYY / MM / DD Age:	Gender: ☐ Male ☐ Unknown ☐ Other		Phone : Primary Home: Mobile contact: Workplace:		
Health Card Province:					
Health Card Number (PHN):	Gender Identity:		☐ Alt Contact:		
	☐ Transgender Male-to-female ☐ Transgender Female-to-male ☐ Undifferentiated ☐ Other (specify)		Name:		
			Relationship:		
Place of Employment/School:	Email Address:		Preferred Communication Method:		
, , , , , , , , , , , , , , , , , , , ,			☐ Home ☐ Work ☐ E-mail ☐ Text		
Mailing (Postal address): Street Address or FN Community (Primary Home):					
C) IMMIGRATION INFORMATION					
Country Born In:					
Country Emigrated from:	Arrival Date:	YYYY / MM / D	OD OR Arrival Year YYYY		
D) DISEASE EVENT HISTORY					
Staging: ☐ Acute (19 months of age and older)	☐ Chronic (19 n	nonths of age and o	lder) Unstaged (less than 19 months of age)		
☐ Resolved (19 months of age and older)	☐ Unstaged (19	months of age and	older)		
E) SIGNS & SYMPTOMS (NOTE: For Public Health - Do	not select "ONSET" symptom)			
		Add'l Info			
Asymptomatic					
Jaundice					
Lab – aminotransferase levels - elevated					
Lethargy (fatigue, drowsiness, weakness, etc.)					
Loss of appetite (anorexia)					
Nausea					
Pain - Abdominal					
Urine – dark					
Vomiting					
Weight loss					
Other – specify					

October 18, 2018 Page 1 of 3

Hepatitis C Notification Form

Panorama QA complete:	□Yes	□No
Initials:		

DESCRIPTION	Yes Start date	N, NA, U	Add'l Info
Contact – Hepatitis C	YYYY / MM/DD		
Exposure – Invasive body art (e.g. tattoo, body piercing, scarification)	YYYY / MM/DD		
exposure – Blood and body fluids (not otherwise isted) (Add'l Info)	YYYY / MM/DD		
Occupation – Health Care Worker – IOM Risk Factor			
Risk Behavior – Sharing injection drug equipment	TE		
Risk Behavior – Sharing non-injection drug equipment	TE		
Sexual Behaviour – More than 2 sexual partners in past 3 months	TE		
Sexual Behaviour – MSM	TE		
Sexual Behaviour – Sex with a known case (Add'l Info)	YYYY / MM/DD		
Sexual Behavior – Sex with person from endemic country (Add'l Info)	YYYY / MM/DD		
Sexual Behavior – Sex with person who injects drugs	TE		
Special Populations – Correctional Facility resident			
Special Population – From or residence in an endemic country			
Special Population – Infant born to infected mom	TE		
Special Population – Pregnancy			
Special Population – Self-reported indigenous			
Substance Use – Alcohol			
Substance Use – Injection Drug Use (including steroids)			
Substance Use – Illicit non-injection drug use	AE		
Fravel – Outside of Canada (Add'l Info)	YYYY / MM/DD		
Other risk factor (Add'l Info)	TE		
Medical Treatment – Blood, blood product or tissue ecipient (Add'l Info)	YYYY / MM/DD INTERVENTION		
Medical Treatment – Other (transplant, surgery, dental, oscopy, artificial insemination etc.) (Add'l Info)	YYYY / MM/DD INTERVENTION		
Blood, blood product, tissue or transplant donor	Document referra	l in Intervent	tions and complete Appendix K — Referral to CBS, and upload into Document Manageme
UNKNOWN/ANONYMOUS CONTACTS			

Include known contacts on the following pages

October 18, 2018 Page 2 of 3

Hepatitis C - Contacts

Please complete ${\bf all}$ sections.

Case Na	me:		
	Page	of	

Please include information on additional contacts on a separate sheet

A) CONTACTS					
Last Name:	First Name: and M	Лiddle Name	:	Alternate Nam	ne:
DOB: YYYY / MMM / DD Age:	Gender: □ Male	□ Female	□ Unknown	□ Other	
Phone #: ☐ Primary Home: ☐ Workplace: ☐ Mobile contact: ☐ alternate phone: Relationship:			e-mail Address		
Online Names: Site/Service:	User Name:				
Place of Employment/School:			Is contact pregi		☐ Yes ☐ No ☐ Unknown ☐ Yes ☐ No ☐ Unknown ☐ Yes ☐ No ☐ Unknown
Address Type: ☐ No fixed ☐ Postal Address	☐ Primary Home	□Temp	orary Legal I		
Mailing (Postal address): Street Address or FN Community (Primary Home):					
Exposure Dates: 1st YYYY / MMM / DD to Exposure Type: Sexual Sharing Injection/Non-in		ent 🗆 Ho			
Comments:		INTERVENTI Testing	_	Received 🗆 I	Referral (Specify)
B) CONTACTS					
B) CONTACTS Last Name:	First Name: and N	⁄liddle Name	:	Alternate Nam	ne:
•	First Name: and N Gender: □ Male			Alternate Nam	ne:
Last Name: DOB: YYYY / MMM / DD Age:				□ Other	ne:
DOB: YYYY / MMM / DD Age: HSN: Phone #:			□ Unknown	□ Other	ne:
Last Name: DOB: YYYY / MMM / DD Age: HSN: Phone #:	Gender: □ Male		Unknown e-mail Address Is contact preguls contact HIV p	Other:	Pes No Unknown Yes No Unknown Unknown Unknown
Last Name: DOB: YYYY / MMM / DD Age: HSN: Phone #:	Gender: □ Male	□ Female	Unknown e-mail Address Is contact preguls contact HIV p	Other : nant? positive Hep C positive?	☐ Yes ☐ No ☐ Unknown ☐ Yes ☐ No ☐ Unknown ☐ Yes ☐ No ☐ Unknown
Last Name: DOB: YYYY / MMM / DD Age: HSN: Phone #:	Gender: □ Male User Name:	□ Female	Unknown e-mail Address Is contact preguls contact HIV purchased in the c	Other : nant? positive Hep C positive?	☐ Yes ☐ No ☐ Unknown ☐ Yes ☐ No ☐ Unknown ☐ Yes ☐ No ☐ Unknown
Last Name: DOB: YYYY / MMM / DD Age: HSN: Phone #:	Gender: □ Male User Name:	□ Female	Unknown e-mail Address Is contact preguls contact HIV purchased in the c	Other : nant? positive Hep C positive?	☐ Yes ☐ No ☐ Unknown ☐ Yes ☐ No ☐ Unknown ☐ Yes ☐ No ☐ Unknown
DOB: YYYY / MMM / DD Age: HSN: Phone #:	Gender: ☐ Male User Name: ☐ Primary Home YYYY / MMM / ection Drug Equipme	□ Female	Unknown e-mail Address Is contact pregress contact HIV programs Legal in the program Legal in the program and the programs are programs.	Other : nant? positive Hep C positive?	☐ Yes ☐ No ☐ Unknown ☐ Yes ☐ No ☐ Unknown ☐ Yes ☐ No ☐ Unknown

October 18, 2018 Page 3 of 3



<u>Hepatitis C – Public Health Follow-Up</u>

dh	4
PANORAN	1 A]

Panorama QA comple Initials:	ete: □Yes	□No							Panorama Clien na Investigation	nt ID: n ID:
A) CLIENT INFORMA	TION					LHN ->	SUBJECT -> C	LIENT DETAI	LS -> PERSON/	AL INFORMATION
Last Name:				First Name	e: and N	۸iddle Name:	Alter	nate Name:		
DOB: YYYY / N	MM / DD	Age: _		Gender:	□Fem	nale 🗆 Unknown 🗖 Oth	er PHN:	:		
B) INVESTIGATION	INFORMATI	ON			L	HN -> SUBJECT SUMMARY	/-> STBBI ENC	COUNTER GR	ROUP-> CREAT	E INVESTIGATION
Disease Summary Cla CASE:	ssification:		Date			ification: TACT:	Do	ate	LAB TEST IN	NFORMATION:
☐ Lab Confirmed		YYYY / M	M / DD		□ Co.	ntact	YYYY / MM	1 / DD	Date specin	nen collected:
□ Suspect		YYYY / M	M / DD		□ №	t a Contact	YYYY / MM	1 / DD	YYYY / MI	M / DD
☐ Person Under Inve	stigation	YYYY / M	M / DD		□ Pei	son Under Investigation	YYYY / MM	1 / DD		
Disposition: FOLLOW	V UP:				<u> </u>					
☐ In progress ☐ Incomplete - Decl ☐ Incomplete - Lost ☐ Incomplete — Una	ined contact	<u>.</u>	YY'	YY / MM / DC YY / MM / DC YY / MM / DC YY / MM / DC)	☐ Complete ☐ Not required ☐ Referred – Out of (Specify where)	f province	Y	YYY / MM / I YYY / MM / I YYY / MM / I	DD DD
C) INTERVENTION						.HN-> INVESTIGATION->TR	EATMENT 9			
Intervention Type a	nd Sub Type):				.mn-> investigation-> ik	EATIVIENT &	INTERVENTI	ONS->INTERVE	ENTION SUMMARY
Assessment: ☐ Assessed for cont ☐ Client aware of di		Investigat Investigat		YYYY/ MM /DD YYYY/ MM /DD		Immunization: Eligible Immunization Immunization nurse nursesigator name		ed	YYYY/ MI YYYY/ MI	
Communication: ☐ Phone call (morni ☐ Phone call (afterr		Investigate Investigate		YYYY/ MM/ DE		Environmental health: ☐ Personal Service Facili Investigator name		l	YYYY/ MN	M /DD
☐ Phone call (evening ☐ Text Message ser	ng)	Investigate Investigate	or name or name	YYYY/ MM/ DE YYYY/ MM/ DE YYYY/ MM/ DE)	Referral: Investigator na Canadian Blood Servic Child Protective Servic Harm Reduction Servi	ces ces		YYYY/ MN YYYY/ MN YYYY/ MN	M /DD
☐ Home visit ☐ Letter Sent ☐ Letter (See Docur	mont Manage	Investigate	or name	YYYY/ MM/ DE YYYY/ MM/ DE YYYY/ MM/ DE)	☐ Infectious Disease Spe ☐ Primary Care Provider ☐ Saskatchewan Transp	r lant Program		YYYY/ MN YYYY/ MN YYYY/ MN	M /DD M /DD
Investigat Ordering practition	tor name oner contact	,		YYYY/ MM/ DD		☐ Consultation with MH0 Other: ☐ Other (specify) Investigator name	0		YYYY/ MI YYYY/ MI	,
☐ Other communication Investigate General: Investigate	ation (See In tor name	vestigator I	Notes)YYYY	/ MM/ DD		Other Investigation Find Investigator Notes See Document Manag	_		YYYY/ M YYYY/ M	
☐ Disease-Info/Prev	/-Control -Cont/Assess	s'd for Cont	acts	YYYY/ MM / DI YYYY/ MM / DI						
Education/counselli ☐ Prevention/Contr ☐ Disease informati ☐ Other (specify)	ol measures	0		YYYY/ MM /DD YYYY/ MM /DD YYYY/ MM /DD		Testing: □ Laboratory testing recomm □ STBBI Testing recomm Investigator name		fy)	YYYY/ MN YYYY/ MN	
Date	Interventi subtype	on	Commen	ts				Next f Date	ollow-up	Initials
YYYY / MM / DD	Jubtype								/ MM / DD	
YYYY / MM / DD								YYYY /	/ MM / DD	
YYYY / MM / DD								YYYY /	/ MM / DD	
YYYY / MM / DD								YYYY /	/ MM / DD	
YYYY / MM / DD								YYYY /	/ MM / DD	

<u>Hepatitis C – Public Health Follow-Up</u>

Panorama Client ID: _____

					Pa	inorama Investi	gation ID:
O) OUTCOMES (option	al , except for severe influenza)					LHN-> INVES	TIGATION-> OUTCOMES
☐ Not yet recovered/re	ecovering YYYY / MM / DD	☐ ICU/intensive medi	ical care YY	YY / MM / DD	☐ Hospi	talization	YYYY / MM / DD
☐ Recovered	YYYY / MM / DD	☐ Intubation /ventilat	tion YY	YY / MM / DE	□ Unkno	own YYYY	/ MM / DD
☐ Fatal	YYYY / MM / DD	Other	YY	YY / MM / DD)		
Cause of Death: (if Fata	l was selected)						
E) Transmission Even	t	LHN -> INVESTIGATION	N-> EXPOSU	RE SUMMARY -:	> TRANSMISS	ION EVENT SUN	/IMARY -> QUICK ENTRY
Transmission Event	Exposure Name	Setting type			Date/	Γ ime (include	# of contacts
ID		Important:		5 .I TE :5 4	the earl		
(system-generated can		(Select the most appropr select multiple settings)	riate setting	for the TE; if >1	transmi the late	ssion date to	
be documented below)	Hep C Contacts-Inv ID #	Sexual Exposure		Public facilities	tric late	st date)	
	Ticp c contacts-life ib #	☐ Multiple settings		Household			
		☐ Type of community co					
Total number of cor	ntacts						
•	INVESTIGATION-> EXPOSURE S	JMMARY -> TRANSMISSIC	ON EVENT SI	UMMARY -> TE	HYPERLINK ->	UNKNOWN/A	NONYMOUS CONTACTS
(total number	r of <i>unknown</i> and <i>known</i> contact	·s)					
(total namber	of anknown and known contact						
T							
Initial Report						Date initial re	port completed:
completed by:						YYYY / MMM	/ DD
CONTACTS							
		First Names and Min	alalla Niasasas		Altamata N		
Last Name:		First Name: and Mic	adie Name:		Alternate N	ame:	
DOB: YYYY / MMN	И / DD Age:	Gender: □ Male	□ Female	□ Unknown	□ Other		
Phone #: Primary Ho	ome:			e-mail Address:	:		
□Workplace							
☐ Mobile co							
☐ alternate p Online Names:	hone: Relationship	:					
		Hana Nama					
Site/Service:		User Name:					
Place of Employment/Sc	hool:			ls contact pregi	nant?	□ Yes □	No □ Unknown
				Is contact HIV p	ositive	□ Yes □	No 🗆 Unknown
				Is this contact H	lep C positive	? □ Yes □	No □ Unknown
Address Type: □N	lo fixed Postal Address	☐ Primary Home	□Tempo	orary 🗆 Legal I	and Descripti	on	
Mailing (Postal address):							
Street Address or FN Co	mmunity (Primary Home):						
Exposure Dates: 1st Y	YYY / MMM / DD to	YYYY / MMM / E	DD				
Exposure Type: Sexu		n-injection Drug Equipmen		sehold			
•	— Sharing injection/Nor		NTERVENTIC				
Comments:		Te	esting \Box	Advised \Box	Received [Referral (Spec	cify)

Complete more contact sheets if needed

Section: 6-40 – Human Immunodeficiency Virus (HIV) Infections

Page 1 of 20

2018 10 01

Notification Timeline:

From Lab/Practitioner to Public Health: Within 48 hours.
From Public Health to Saskatchewan Health: Within 2 weeks.

Public Health Follow-up Timeline: Within 72 hours.

Public Health Purpose for Notification of HIV

- To support positive outcomes for individuals and the community through:
 - Engagement in care, education about prevention and control measures, referrals to harm reduction services, and other communicable disease services including TB screening and immunizations;
- To identify cases of HIV through contact tracing in order to prevent further transmission;
- To offer testing and referral to supportive services to at risk individuals through contact tracing;
- To track epidemiology trends of HIV in Saskatchewan including risk factors and distribution;
- To identify locations where increased transmission of HIV may be occurring in order to inform other interventions;
- To monitor the effectiveness of prevention and control measures;
- To make timely and evidence informed actions on outbreaks; and
- To inform the public and medical community about HIV.

Surveillance Case Definition¹ (Adapted from Public Health Agency of Canada, May 2008)

Confirmed Case:	Detection of HIV antibody with confirmation (e.g., EIA screening with
Adults, Adolescents	confirmation by Western blot or other confirmatory test)
and Children ≥ 18	OR
months	detection of HIV nucleic acid (e.g., DNA PCR or plasma RNA)
	OR
	HIV p24 antigen with confirmation by neutralization assay
	OR

¹ Surveillance case definitions ensure uniform reporting to allow comparability of surveillance data. The definition is not intended to be used for clinical or laboratory diagnosis or management of cases.



Section: 6-40 – Human Immunodeficiency Virus (HIV) Infections
Page 2 of 20
2018 10 01

	isolation of HIV in culture.
Confirmed Case:	Detection of HIV nucleic acid (e.g., DNA PCR or plasma RNA)
Children < 18	OR
months (on two	HIV p24 antigen with confirmation by neutralization assay
separate samples	OR
collected at different	isolation of HIV in culture.
times)	
Probable Case:	Positive screening test that cannot be confirmed
Adults	OR
	indeterminate confirmatory test (HIV 1/2 Confirmatory assay or
	Western blot)*
	OR
	reactive point of care test.
Probable Case:	One positive confirmatory test without a second confirmatory test
< 18 months	result available for the individual.

In children < 18 months of age born to HIV-positive women, nucleic acid testing should be done within two weeks after birth and, if negative, repeated at 1 to 2 months and at 3 to 4 months of age. Any positive results should be repeated with a second specimen for confirmation.

For children who are born to HIV-positive women and who have negative nucleic acid results, antibody testing should be done at 12 and 18 months of age to ensure that they have lost maternally derived antibodies. (This is not used to determine uninfected status but rather to eliminate the possibility of a positive antibody result being misinterpreted.) These children should continue to be monitored until they have a negative HIV antibody test.

Table 1: Stage of HIV Infection at Diagnosis for individuals > 5 years of age (adapted from BC Center of Excellence in HIV [2018] and Vaipavee [2005])

			,				
Stage	Criteria	CD4 at Diagnosis	AIDS-defining Illness				
0	Laboratory criteria met for acute HIV infection, or previous negative or						
	indeterminate HIV test w	indeterminate HIV test within 180 days of first confirmed positive					
1		CD4≥500	AND No AIDS case report				
2	Stage 0 not met	CD4 200-499	AND No AIDS case report				
3	AND	CD4 <200	OR AIDS case report				
Unknown		No CD4 available	AND No AIDS case report				

One of the objectives is to identify individuals early in the course of infection to reduce further transmission to others. The CD4 count can be a marker to reflect stage of HIV infection at diagnosis.



^{*}Indeterminate Western blot tests results on a repeat basis (3) are considered to be negative (U.S. Centers for Disease Control and Prevention, 1989).

Section: 6-40 – Human Immunodeficiency Virus (HIV) Infections

Page 3 of 20

2018 10 01

Epidemiology and Occurrence

Under development

Additional Background Information

Causative Agent

Human immunodeficiency virus. A retrovirus. Type 1 predominant in Canada, but Type 2 is present.

Reservoir/Source

Table 2: Fluids and tissues capable of transmitting blood borne pathogens (U.S. Centers for Disease Control, 2001)

Fluid	HIV
Blood and fluids visibly contaminated with blood	Yes
Semen	Yes
Vaginal secretions	Yes
Pleural, amniotic, pericardial, peritoneal, synovial and cerebrospinal fluids and inflammatory exudates	Yes
Saliva, faeces, nasal secretions, sputum, sweat, tears, urine, vomitus	No, unless contaminated with blood
Transplanted tissue or organs	Yes
Breast milk	Yes

Symptoms

Individuals infected with HIV may experience several stages (Public Health Agency of Canada, 2013). The stage based on CD4 count (**Table 1**) is considered a more objective way to document stage. Below is a description of clinical presentation HIV based on stage of infection:

HIV Primary/Acute infection

Up to 90% of individuals experience symptoms within 2-4 weeks after infection (acute retroviral syndrome). Symptoms typically last 1-2 weeks but may last up to several months. These signs and symptoms include:

- fever (mean temperature 39.4°C [102.9°F] > 80%);
- arthralgia or myalgia, rash, lymphadenopathy, sore throat, fatigue, headache (40-80%);
- oral ulcers and/or genital ulcers, > 5 kg weight loss, nausea, vomiting, or diarrhea (10-40%).



Section: 6-40 – Human Immunodeficiency Virus (HIV) Infections

Page 4 of 20

2018 10 01

• Chronic Asymptomatic HIV infection

Many persons with HIV fall into this stage. It is the stage where the immune response is able to control viral replication and plasma viremia. In this stage of infection, people can experience the following signs and symptoms:

- generalized lymphadenopathy;
- thrombocytopenia.

• Chronic Symptomatic HIV infection

This is the stage of profound immunosuppression. Signs and symptoms include:

- oral hairy leukoplakia;
- unexplained fever (> 2 weeks);
- fatigue or lethargy;
- unexplained weight loss (> 10% body weight);
- chronic diarrhea (> 3 weeks);
- unexplained lymphadenopathy (usually generalized);
- cervical dysplasia;
- dyspnea and dry cough;
- loss of vision;
- recurrent or chronic mucocutaneous candidiasis (oral, esophageal, vaginal);
- dysphagia (esophageal candidiasis);
- red/purple nodular skin or mucosal lesions (Kaposi sarcoma);
- encephalopathy;
- herpes zoster, especially if severe, multidermatomal or disseminated;
- increased frequency or severity of mucocutaneous herpes simplex virus infection;
- unexplained "anemia of chronic disease."

Complications

Acquired immunodeficiency syndrome (AIDS). See Section 6-15.

Incubation Period

The incubation period varies on each individual's ability to develop antibodies to HIV. Up to 90% of individuals experience symptoms within 2-4 weeks after infection. See Symptoms.

In HIV/AIDS research, the seroconversion period refers to the period of time it usually takes to develop detectable antibodies to HIV following infection with HIV. In 75% of persons, antibodies are produced in 4 to 8 weeks; in almost all persons, antibodies are produced within 14 weeks.



Section: 6-40 – Human Immunodeficiency Virus (HIV) Infections Page 5 of 20

2018 10 01

The seroconversion period is frequently described as the "window period." It is very significant in relation to the timing of HIV tests. In HIV testing, the window period refers to the time between a person becoming infected and when laboratory tests can detect HIV infection. The window period varies based on the test that is completed; progress in HIV testing technologies continues to result in tests with shorter window periods (British Columbia Centre for Disease Control, October, 2016).

Persons who are tested during the window period may receive a negative HIV test result although they may be infected with HIV. Persons disclosing HIV-related risk factors in the 14 weeks before testing negative for HIV are encouraged to be retested at the end of the window period.

In addition to test results, the risks that the individual has engaged in during the window period should be considered. Statistically it is very unlikely that a person with HIV would be tested during the 3 month window period (and test negative) however that possibility should be considered in persons with ongoing risk factors.

A summary of window periods based on the test used provides context to the reliability of the test results:

- antibody/antigen (4th generation test) has window period of approximately 2-3weeks;
- antibody test (3rd generation) has a window period of approximately 3-4 weeks;
- POCT has a window period of approximately 3-4 weeks;
- the Western blot or other confirmatory tests have a window period of approximately 4-6 weeks though it may take up to 8 weeks for a positive result.

Because window periods vary with the test, a negative test result at 3 months in an individual with no ongoing risk factors is deemed to be negative and no further testing is required.

Period of Communicability

Communicability begins early after infection and extends throughout the individuals lifespan. Infectiousness is related to an individuals HIV viral load (i.e., high viral load increases potential for transmission). Generally, people are most infectious early and late in the course of infection. If the viral load is suppressed (<200 copies/mL), the risk of transmission is decreased. The presence if an STI does not increase the possibility of transmission if the HIV positive person is on effective ARVs (Barré-Sinoussi, 2018).



Section: 6-40 – Human Immunodeficiency Virus (HIV) Infections Page 6 of 20

2018 10 01

Mode of Transmission (Public Health Agency of Canada, 2010)

Transmission of HIV infection occurs essentially through specific exposure to blood or body fluids from an HIV-infected person. The risk of transmission decreases when the infected person is effectively responding to treatment.

In order to be infected, the virus must have an entry point, most directly through a person's bloodstream or mucous membranes (HIV cannot survive outside the body). HIV is transmitted from one person to another through:

- unprotected sexual intercourse (vaginal, anal or oral);
- shared needles, syringes or other equipment used for injecting drugs;
- unsterilized needles or equipment for tattooing, skin piercing or acupuncture;
- pregnancy, delivery and breast feeding (i.e., from an HIV-infected mother to her infant);
- occupational exposures in health care or other high risk settings.

Table 4 Estimated Per-Act Probability of Acquiring HIV from a Known HIV-Infected Source by Exposure Act

Type of Exposure	Estimated Risk	Reference			
Parenteral					
Blood Transfusion	90% (9 in 10)				
Needle-sharing during injection drug use	0.63% (63 in 10000)	Patel, et al (2014)			
Percutaneous (needlestick)	0.23% (23 in 10 000)				
	Sexual				
Receptive anal intercourse	1.4% (7 in 5000)	Patel, et al (2014)			
Receptive penile-vaginal intercourse	0.08% (8 in 10000)	Patel, et al (2014)			
Insertive anal intercourse	0.11% (11 in 10000)	Patel, et al (2014)			
Insertive penile-vaginal intercourse	0.04% (4 in 10000)	Patel, et al (2014)			
Receptive oral intercourse	Low ^a	Varghese, et al. (2002); Page-Shafer, et al. (2002)			
Insertive oral intercourse	Low ^a	Varghese, et al. (2002)			
	Other ^b				
Biting	Negligible	Dratti, et al. (1000)			
Spitting	Negligible	Pretty, et al. (1999)			



Section: 6-40 – Human Immunodeficiency Virus (HIV) Infections
Page 7 of 20

2018 10 01

Throwing body fluids (including semen or saliva)	Negligible
Sharing sex toys	Negligible

Source: New York State Department of Health AIDS Institute, 2013. AIDS (2014)

Risks for HIV Transmission

- Multiple sexual partners (> 1 in 3 months).
- Unprotected sexual activity (i.e., no barrier protection).
- Sex with a person infected with HIV.
- Receptive anal/vaginal intercourse.
- Sharing of needles or other drug-using equipment.

Specimen Collection and Transport

HIV infection is diagnosed by detection of antibodies, or of HIV antigens or nucleic acids in blood. For serological testing, collect blood in serum separator vacutainer (SST). Refer to Roy Romanow Provincial Laboratory (RRPL) Compendium of Tests at https://rrpl-testviewer.ehealthsask.ca/. The serological test used at RRPL is the HIV combo assay, which detects the presence of both antibodies and the p24 antigen in serum. Reactive results in this assay are confirmed. See Saskatchewan HIV Testing Policy, Lab Testing Flowchart³.

HIV viral load

Patients with confirmed HIV infection should have at least one HIV viral load assay performed. Refer to Roy Romanow Provincial Laboratory (RRPL) Compendium of Tests at https://rrpl-testviewer.ehealthsask.ca/.



^a HIV transmission through oral sex has been documented, but rare. Accurate estimates of risk are not available. It is prudent to recommend HIV post-exposure prophylaxis (PEP) for receptive oral sex with ejaculation, although discussion about the low risk should occur. Refer to Saskatchewan Guidelines for the Management of Blood and Body Fluids² for further consideration

^b HIV transmission through these exposure routes is technically possible but extremely unlikely and cases are not well documented. Increased risk occurs when the activity involved exposure to blood

² http://www.ehealthsask.ca/services/manuals/Pages/hiv-guidelines.aspx

³ http://www.skhiv.ca/#!routine-testing/ciha

Section: 6-40 – Human Immunodeficiency Virus (HIV) Infections
Page 8 of 20
2018 10 01

HIV resistance genotyping

Patients who are receiving anti-retroviral therapy, and whose viral load increases should have a sample submitted for HIV resistance genotyping. Submit frozen specimens to RRPL with completed requisition for British Columbia Center of Excellence.

Newborns: sample referred to Reference laboratory for HIV detection by molecular methods.

Public Health Investigation

I. Case

History

Obtain as detailed a history as possible using the Attachment – HIV Data Collection Worksheet. This should be done in consultation and partnership with the ordering practitioner who initially diagnosed HIV in the individually. In order to monitor trends in epidemiology in Saskatchewan, it is important that all risk factors are asked and responses are documented. When a transmission risk is identified, timely follow-up must be completed.

- Inquire about factors that are associated with HIV <u>acquisition</u> or <u>transmission</u>:
 - Men who have sex with men (MSM);
 - multiple sexual partners;
 - injection drug use;
 - sharing injection or non-injection drug equipment; .
- history of sexual or needle-sharing contact with someone infected with HIV.
 Discuss all potential risks that the case has been exposed to with particular focus on parenteral exposures such as:
 - heterosexual sex with at risk individuals (person who injects drugs, men who have sex with men, persons from endemic country, injection drug use;
 - invasive body art (tattooing/piercing)⁴;
 - medical/dental procedures in sub-standard settings;
 - transfusions of blood/blood products in Canada;
 - transfusions of blood/blood products outside of Canada.

⁴ It is important to obtain details regarding dates of exposures and names/locations of the facilities in which exposures may have occurred. Consider whether investigation of any facility may be indicated. Consult with MHO. When personal service or medical/dental facilities are identified as a potential source for exposure, further investigation of other clientele may be warranted.



Section: 6-40 – Human Immunodeficiency Virus (HIV) Infections
Page 9 of 20
2018 10 01

Public Health Interventions

Assessment

- It is important to know if the client is aware of their diagnosis or if the testing provider has not yet been able to notify the case. Prior to communicating with the client, discuss with health care provider who diagnosed the individual. Know whether the health care provider has informed their patient of the diagnosis and if they have collected information on contacts.
- Assess for contacts and obtain names and phone numbers of contacts as per <u>Contact Investigation.</u>

Communication

- Individuals may be difficult to reach. Make several attempts to contact
 individuals using various methods (phone, text, home visit) at different times of
 the day. Some individuals' mobile service contracts only allow for text
 messaging. It is important to have policies and procedures that support the use
 of alternate modes of communication to assist in case follow-up.
- The primary care provider is an important partner in the public health follow-up of HIV. It is important to provide updates to care providers when referrals have been made to public health to assist in follow-up.

Education

Providers are expected to be proficient in providing education in the topics below:

- Description of HIV infection progression, chronicity, treatment, management.
- Blood borne transmission/prevention, including risk reduction.
- The Public Health Act, 1994/Transmission/Prevention/Partner Notification of current and future partners:
 - the legal necessity to disclose HIV status with current and new sexual and needle-sharing partners.
- HIV post-exposure prophylaxis (PEP) use/availability in Saskatchewan.
- Contact notification responsibilities under The Public Health Act, 1994:
 Sexual/IDU/Other Blood Body Fluid Exposure.
- Infectious Diseases (ID) Specialist referral.

Education must be tailored to the individual and often requires repetition and reinforcement of learning. Information may need to be reinforced using written materials and repeated conversations.



Section: 6-40 – Human Immunodeficiency Virus (HIV) Infections
Page 10 of 20
2018 10 01

Environmental Assessment

 If personal service facilities are identified in the investigation, it may be prudent for a public health inspection to be made to ensure adequate infection prevention and control measures are in place.

Exclusion

 Not applicable. Standard/Routine Infection Prevention and Control measures apply.

Immunization

• See Saskatchewan Immunization Manual – Chapter 7⁵ for vaccines that HIV positive individuals are eligible for. Discuss with the regional medical health officer (MHO) and/or primary care practitioner/ID Specialist as required.

Referrals

Cases should be referred to clinical and social services:

- Infectious Diseases (ID) specialist or other treating practitioner.
- Social programs as agreed to by client (e.g., community agencies that provide support to HCV positive people) or harm reduction programs for needle exchange services and related health services;
- Employee Health Department if case is a health care worker with a high risk of exposure to clients.
- Canadian Blood Services (CBS) if the case has a history of donation or receipt of blood or blood products. See <u>Appendix K – Notification to Canadian Blood</u> Services.
- Saskatchewan Transplant Program if the cases has a history of donation or receipt of tissues. See <u>Appendix M – Notification to the Saskatchewan</u> Transplant Program.
- In addition, a referral to an HIV Case Manager may be beneficial for clients that require additional supports.

Testing

Cases should be advised that they should also be tested for other sexually transmitted and blood borne pathogens including chlamydia, gonococcal infections, syphilis, hepatitis B and hepatitis C.



⁵ http://www.ehealthsask.ca/services/manuals/Documents/sim-chapter7.pdf

Section: 6-40 – Human Immunodeficiency Virus (HIV) Infections
Page 11 of 20
2018 10 01

Treatment

The treatment of HIV infections is to be prescribed by an ID Specialist or General Practitioner mentored by an ID Specialist.

Clinical management of cases involves follow-up testing which is not described in this document.

II. Contacts/Contact Investigation

Contact Definition

Contacts are defined as all sexual and needle/equipment-sharing partners of the case as well as others who may have been exposed to the case's blood or body fluids (e.g., trauma – see <u>Mode of Transmission</u> above) since:

- a. three months prior to the case's last negative HIV test
- b. onset of risk behaviour (for cases that have not been previously tested). In the case of "b", priority should be given to the most recent contacts.

All children born to mothers who are or may be HIV-infected need to be evaluated. Refer to Perinatal HIV Prevention Protocols⁶. This includes:

- a. children born within the window periods of the mother's positive test
 AND
- b. any children born since the last negative HIV test of the mother.

Public Health Interventions

Education

- Contacts should be identified and notified of their exposure to the disease.
- Contacts should be informed of their duties as outlined in the Disease Control Regulations:
 - to protect themselves by going to a physician or clinic nurse for testing and care;
 - to take all reasonable measures to reduce significantly the risk of infecting others.



⁶ https://skhiv.ca/pregnancy-and-newborn-care/

Section: 6-40 – Human Immunodeficiency Virus (HIV) Infections
Page 12 of 20
2018 10 01

- Contacts should be assessed for risk behaviours and counselling should be provided to reduce risk exposures including the use of pre-exposure prophylaxis (PrEP).
- Referrals to harm reduction and supportive services should be provided as applicable.
- Contacts must be advised about blood and body fluid precautions while undergoing testing in the window period for HIV.

Testing

- In addition to the education provided, pre-test counselling should be provided.
 Canadian Guidelines on Sexually Transmitted Infections⁷ as well as the British
 Columbia Centre for Disease Control Communicable Disease Control Manual,
 Chapter 5: HIV Pre and Post Test Guidelines.
- The frequency and timing of testing should be based on the time since the most recent exposure/risk behaviour. Baseline testing is recommended at the time of contact notification. Follow-up tests should be conducted at 4 weeks and 3 months.
- If the exposure was 12 months ago, the baseline test would be all that is required unless the contact is engaging in other risk behaviours in which, case regular sexually transmitted and blood borne infection testing should be suggested.

Prophylaxis

The Guidelines for Exposures to Blood and Body Fluids⁸ outline the recommendations for the use of HIV post-exposure prophylaxis and the Saskatchewan Pre-Exposure Prophylaxis (PrEP) Guidelines⁹ outline recommendations for PrEP. This may provide an opportune time to discuss PrEP for contacts that are engaged in ongoing exposures.

Immunization

There is no vaccine to prevent HIV infections. Contacts should be provided immunizations as per the Saskatchewan Immunization Manual, Chapter 5^{10} and Chapter $7.^{11}$



⁷ http://www.phac-aspc.gc.ca/std-mts/sti-its/cgsti-ldcits/section-5-8-eng.php.

⁸ http://www.ehealthsask.ca/services/manuals/Pages/hiv-guidelines.aspx

 $^{^9}$ https://skhiv.ca/wp-content/uploads/2018/03/Pre-Exposure-Prophylaxis_Guideline-Review-for-Primary-Care-Practitioners-in-Saskatchewan.pdf

¹⁰ http://www.ehealthsask.ca/services/manuals/Documents/sim-chapter5.pdf

¹¹ http://www.ehealthsask.ca/services/manuals/Documents/sim-chapter7.pdf

Section: 6-40 – Human Immunodeficiency Virus (HIV) Infections
Page 13 of 20
2018 10 01

Exclusion

Not applicable. Standard blood and body fluid precautions apply until assured negative through testing as recommended above.

III. Environment

Child Care Centre Control Measures

Refer to the Saskatchewan Ministry of Health Infection Control Manual for Child Care Facilities. 12 All childcare centre staff should use standard precautions when handling all blood and body fluids. Children known to have HIV do not need to be excluded from childcare. If the child is known to bite, this should be discussed with the Medical Health Officer.

Institutional Control Measures

Refer to Saskatchewan Health Authority or former Regional Health Authority Infection Control Policies. Standard precautions should be followed by all staff working in health care settings. All health care settings should have policies and procedures in place for managing staff with occupational risk due to exposure to blood or body fluids. As well, there should be policies and procedures in place to manage occupational exposures to blood and body fluids.

For more information on occupational exposure see the Saskatchewan Guidelines for the Management of Exposures to Blood and Body Fluids. 13

Personal Service Facilities

Refer to Saskatchewan Personal Service Facility Best Management Practices 14.

 If personal service facilities are identified in the investigation, it may be prudent for a public health inspection to be made to ensure adequate infection prevention and control measures are in place. Consultation with the MHO is suggested.

 $^{^{14}}$ http://www.saskatchewan.ca/residents/environment-public-health-and-safety/environmental-health/personal-service-facilities



¹² http://www.saskatchewan.ca/live/births-deaths-marriages-and-divorces/starting-a-family/early-learning-and-child-care/child-care

¹³ http://www.ehealthsask.ca/services/manuals/Pages/hiv-guidelines.aspx

Section: 6-40 – Human Immunodeficiency Virus (HIV) Infections
Page 14 of 20
2018 10 01

Other Facilities with Alternate Caregivers and Other Residents (eg. group homes, foster homes, etc)

Standard precautions should be followed by all staff working in these settings. All settings should have policies and procedures in place for mitigating occupational risk of exposure to blood or body fluids. As well, there should be policies and procedures in place to manage occupational exposures to blood and body fluids should these occur.

For more information on occupational exposure see the Saskatchewan Guidelines for the Management of Exposures to Blood and Body Fluids. 15

IV. Epidemic Measures

When two or more cases occur in association with a common exposure, search for additional cases. Screen contacts and implement measures to interrupt further transmission as appropriate to the situation

Medical Health Officers may declare and outbreaks of HIV that has been identified through contact tracing efforts. Responding to an HIV or HCV outbreak may require augmenting and redirecting resources, engaging a large and diverse group of partners and stakeholders, building upon collaborations and developing targeted communication messages for specific groups. Increased resources are usually needed to respond to the increased number of new diagnoses and to identify the root causes of the outbreak. Refer to the US CDC publication, *Managing HIV and Hepatitis C Outbreaks Among People Who Inject Drugs* ¹⁶ for reference.

Prevention and Education

Refer to the Blood and Body Fluid Pathogens Introduction and General Considerations section of the manual that highlights topics for client education that should be considered.

 $^{^{16}\,}https://www.cdc.gov/hiv/pdf/program resources/guidance/cluster-outbreak/cdc-hiv-hcv-pwid-guide.pdf$



¹⁵ http://www.ehealthsask.ca/services/manuals/Pages/hiv-guidelines.aspx

Section: 6-40 – Human Immunodeficiency Virus (HIV) Infections
Page 15 of 20
2018 10 01

Health education efforts should include both broad-based campaigns to raise awareness of risk, modes of transmission, and prevention measures, and reduce stigma as well as targeted programs to educate and reduce risk in target populations.

Routine testing should be promoted by health care providers. Refer to the Public Health Agency of Canada HIV Screening and Testing Guide¹⁷ and the SK HIV Testing Policy¹⁸ for additional information on routine testing.

Immunization

There is no immunization available for the prevention of HIV infection.

Pre-Exposure Prophylaxis

PrEP is an important prevention intervention that should be offered as part of an overall risk reduction strategy. PrEP involves the use of antiretroviral medications by confirmed HIV negative individuals with ongoing risk of HIV acquisition. It is initiated before HIV exposures. It should be used in conjunction with behavioural risk counselling and other harm reduction interventions. Refer to the Saskatchewan Pre-Exposure Prophylaxis Guidelines.¹⁹

Education

- Health education efforts should include both broad-based campaigns to raise awareness of risk, modes of transmission, and prevention measures, and reduce stigma as well as targeted programs to educate and reduce risk in at-risk populations.
- Personal service providers should be referred to Saskatchewan Personal Service Facility Best Management Practices⁸ for infection prevention and control measures.

¹⁹ https://skhiv.ca/wp-content/uploads/2018/03/Pre-Exposure-Prophylaxis_Guideline-Review-for-Primary-Care-Practitioners-in-Saskatchewan.pdf



¹⁷ http://www.phac-aspc.gc.ca/aids-sida/guide/hivstg-vihgdd-eng.php

¹⁸ http://www.skhiv.ca/#!routine-testing/ciha

Section: 6-40 – Human Immunodeficiency Virus (HIV) Infections
Page 16 of 20
2018 10 01

Revisions

Date	Change
September 2018	Clarified the purpose for notification of cases to public health
	Incorporated Stages of HIV based on CD4 counts
	Incorporated a placeholder for an Epidemiology and Occurrence
	section to the chapter.
	Removed case definition for AIDS as it is included in its own
	chapter.
	Incorporated standardized HIV Data Collection Worksheet.
	Rearranged and updated the style into the new format of the
	Manual.
	Added information on U=U and PrEP.
	References reviewed and updated as applicable.



Section: 6-40 – Human Immunodeficiency Virus (HIV) Infections
Page 17 of 20
2018 10 01

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Section: 6-40 – Human Immunodeficiency Virus (HIV) Infections
Page 18 of 20
2018 10 01

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Section: 6-40 – Human Immunodeficiency Virus (HIV) Infections
Page 19 of 20
2018 10 01

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Section: 6-40 – Human Immunodeficiency Virus (HIV) Infections
Page 20 of 20
2018 10 01

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HIV Notification Form

Please complete **all** sections



Panorama QA complete: ☐ Yes Initials:

A) PERSON REPORTING – HEALTH CARE PROVIDER IN	IFURIVIATION					
Clinic Name:		FOR PUBLIC HEALTH OFFICE USE ONLY:				
Location:		Service Area:				
Attending Physician or Nurse:		Date Received:				
Address:	ress: Panorama Clier					
Phone number:						
Thone number.		rano	i aiii a iii vesti	gation ib.		
B) CLIENT INFORMATION						
Last Name:	First Name: and Middle Nan	ne:		Alternate Name:		
DOB: YYYY / MM / DD Age:	Gender: ☐ Male ☐ Fel	male		Phone : ☐ Primary Home: ☐ Mobile contact:		
Health Card Province:	☐ Unknown ☐ Oth			□ Workplace:		
Health Card Number (PHN):	Gender Identity:			☐ Alt Contact:		
Treater Cara Warnber (17114).	☐ Transgender Male-to-fen			Name:		
	☐ Transgender Female-to-r☐ Undifferentiated ☐ Otl		ecify)	Relationship:		
Place of Employment/School:	Email Address:			Preferred Communication Method:		
				☐ Home ☐ Work ☐ E-mail ☐ Text		
Address Type: □No fixed □Postal Address □ Primary Home □Temporary □Legal Land Description						
Mailing (Postal address):						
ivialing (Fostal address).						
Street Address or FN Community (Primary Home):						
C) IMMIGRATION INFORMATION						
Country Born In:						
Country Emigrated from:	Arrival Date:	YYYY	/ MM / D	OD OR Arrival Year YYYY		
D) DISEASE EVENT HISTORY						
Site / Presentation: Adults, adolescents, and chil	dren <u>></u> 18 months			Children <18 months		
Charles (see CDC Marriell)	□ Stand (CD4>500)		Cl 2 /CD	4.300.400)		
Staging (see CDC Manual): ☐ Stage 0	☐ Stage 1 (CD4 ≥500)		Stage 2 (CD4	4 200-499) ☐ Stage 3 (CD4 <200) ☐ Unknown		
E) SIGNS & SYMPTOMS						
YES NO	YES	NO	SPECIFY	1		
Asymptomatic Symptoms prior to a	or at time of testing?					
Symptomatic Symptoms prior to t	or at time or testing:					
Initial CD4 result		+				

October 18, 2018 Page 1 of 2

Panorama QA complete: ☐ Yes Initials:

 \square No

F) RISK FACTORS (Please complete <u>all</u> Risk Factors from 3 months prior to last known negative result –specify dates as needed) Legend: N-No, NA-Not Asked, U-Unknown

DESCRIPTION	Yes Start date	N, NA, U	Add'l Info
Sexual Behaviour – MSM +	TE		
Sexual Behaviour - Heterosexual Sex	TE		
Sexual Behaviour - Heterosexual sex with person who injects drugs	TE		
Sexual Behaviour - Heterosexual sex with MSM	TE		
Sexual Behaviour - Heterosexual sex with person with hemophilia/coagulation disorder	TE		
Sexual Behaviour - Heterosexual sex with person from endemic country (Add'l Info)			
Sexual Behaviour – Heterosexual sex with person with confirmed/suspected HIV/AIDS (Add'I Info)	YYYY / MM/DD		
Sexual Behaviour – Sex with a known case	YYYY / MM/DD		
Sexual Behaviour - Unknown/Anonymous Partner (Add'l Info)	TE		
Sexual Behaviour - E-partnering internet/apps (Add'l Info.)	TE		
Sexual Behaviour - Goods provided (food, shelter, money or drugs) in exchange for sex	TE		
Sexual Behaviour - Goods received (food, shelter, money or drugs) in exchange for sex	TE		
Sexual Behaviour - Events with multiple sexual partners (Add'l Info)	TE		
Exposure - Blood and body fluids (not otherwise listed) (Add'l Info.)	YYYY / MM/DD		
Exposure - Invasive body art (e.g. tattoo, body piercing, scarification)	YYYY / MM/DD		
Exposure - Non medical, non-occupational source (acupuncture, breastmilk) (Add'l Info)	YYYY / MM/DD		
Exposure - Occupational - HIV contaminated blood, body fluid	YYYY / MM/DD		
Special Population - Infant born to an infected mother	YYYY / MM/DD		
Special Population - From or residence in an endemic country (Add'l Info)			
Special Population – Pregnancy			
Special Population - Self-reported Indigenous			
Substance Use - Injection drug use (including steroids)	YYYY / MM/DD		
Risk Behavior - Sharing injection drug equipment	YYYY / MM/DD TE		
Medical Treatment - Blood, blood product or tissue recipient (Add'l Info.)	YYYY / MM/DD INTERVENTION		
Medical Treatment - Other (transplant, surgery, dental, oscopy, etc.) (Add'l Info)	YYYY / MM/DD INTERVENTION		
Blood, blood product, tissue or transplant donor	Document referr Management	al in Interv	entions and complete Appendix K – Referral to CBS, and upload into Document
Unable to obtain Risk Factors □ yes (not entered in Panorama – update in disposition)			

G١	UNKNOWN/ANONYMOUS CONTA	۸٬۳۲
G,	UNKNOWN/ANONYMOUS CONTA	ALIS

Anonymous contacts:	(number of contacts that the individual cannot name)	

October 18, 2018 Page 2 of 2





HIV Notification Form - Contacts

Please complete all sections.

Case Name:

Page of Please include information on additional contacts on a separate sheet CONTACTS First Name: and Middle Name: Last Name: Alternate Name: DOB: Gender: ☐ Male ☐ Female ☐ Unknown □ Other Age: e-mail Address: ☐ Primary Home: Phone #: ☐ Workplace: ☐ Mobile contact: □ alternate phone: Relationship: **Online Names:** Site/Service: User Name: Place of Employment/School: Is contact pregnant? ☐ Yes ☐ No ☐ Unknown ☐ Yes ☐ No ☐ Unknown Is contact HIV positive ☐ Yes ☐ No ☐ Unknown If yes, did they inform case? ☐ Temporary ☐ Legal Land Description Address Type: ☐ No fixed ☐ Postal Address ☐ Primary Home Mailing (Postal address): Street Address or FN Community (Primary Home): Exposure Dates: 1st YYYY / MMM / DD to **Exposure Type**: □ Heterosexual ☐ Sharing Injection Drug Equipment INTERVENTION Comments: \square Advised ☐ **Referral** (Specify) Testing ☐ Received CONTACTS Last Name: First Name: and Middle Name: Alternate Name: DOB: Age: Gender: ☐ Male ☐ Female ☐ Unknown □ Other Phone #: ☐ Primary Home: e-mail Address: ☐ Workplace: ☐ Mobile contact: \square alternate phone: Relationship: Online Names: Site/Service: User Name: Place of Employment/School: Is contact pregnant? ☐ Yes ☐ No ☐ Unknown ☐ Yes ☐ No ☐ Unknown Is contact HIV positive If yes, did they inform case? ☐ Yes ☐ No ☐ Unknown ☐ Primary Home ☐ Temporary ☐ Legal Land Description Address Type: ☐ No fixed ☐ Postal Address Mailing (Postal address): Street Address or FN Community (Primary Home):

□ MSM

Testing

INTERVENTION

☐ Advised

☐ Received

☐ **Referral** (Specify)

Comments:

Exposure Dates: 1st YYYY / MMM / DD

Exposure Type: Heterosexual

to

☐ Sharing Injection Drug Equipment



HIV - Public Health Follow-Up

25		
PANO	RA	MA

Panorama QA complete: ☐ Yes ☐ No Panorama Client ID: Initials: Panorama Investigation ID:										
A) CLIENT INFORM	ATION					LHN -	>SUBJE	CT -> CLIENT DE	TAILS -> PERSONAL	INFORMATION
Last Name:				First Name	Name: and Middle Name:			Alternate Nar	me:	
DOB: YYYY / N	MM / DD	Age:		Gender:	□Fen	nale □ Unknown □ Oth	ner	PHN:		
B) INVESTIGATION	INFORMATION	ı		ı	ı	.HN -> SUBJECT SUMMAR	Y-> STE	BBI ENCOUNTER	R GROUP-> CREATE II	NVESTIGATION
Disease Summary Classification: CASE:			Date			ification: TACT:		Date	LAB TEST INFO	DRMATION:
☐ Lab Confirmed	Y	YYY / MM /	DD		□ со	ntact	YYYY	/ MM / DD	Date specimer	
□ Suspect	Y	YYY / MM /	DD		□No	t a Contact	YYYY	/ MM / DD	YYYY / MM ,	/ DD
☐ Person Under Inve	estigation Y	YYY / MM /	DD		□ Pe	rson Under Investigation	YYYY	/ MM / DD		
Disposition: FOLLOW ☐ In progress ☐ Incomplete - Deci ☐ Incomplete - Loss ☐ Incomplete - Una	lined t contact		YYYY YYYY	/ MM / DD / MM / DD / MM / DD / MM / DD)	☐ Complete ☐ Not required ☐ Referred – Out o	of provi	nce	YYYY / MM / DD YYYY / MM / DD YYYY / MM / DD YYYY / MM / DD	
C) INTERVENTIONS	5					LHN-> INVESTIGATION-:	>TREAT	MENT & INTER	VENTIONS->INTERVE	ntion summaf
Intervention Type a Assessment: Assessed for cont Client aware of di Communication: Phone call (morni Phone call (afterr Phone call (eveni Text Message ser E-mail Home visit	iagnosis Investing) Investing) Investing) Investing) Investing) Investing In	vestigator nam vestigator na vestigator na vestigator na vestigator na vestigator na vestigator na	ame YYYame YYYame YYYame YYYame YYYame YYYame YYYame YYY	YY / MM / YY / MM / YY/ MM/ DD	DD	Immunization: Investig	n recom notified lity insp name ices ices	nmended I	YYYY / MN YYYY / MN YYYY / MN YYYY / MN YYYY / MN YYYY / MN YYYY / MN YYYY / MN YYYY / MN	1 / DD
☐ Letter Sent ☐ Letter (See Docur Investigator name ☐ Ordering practitic Investigator name ☐ Other communication	ment Managem	·	YY	YY/ MM/ DD YY/ MM/ DD YY/ MM/ DD YY/ MM/ DD		☐ Infectious Disease Sp☐ Primary Care Provide☐ Saskatchewan Transp☐ Consultation with MH	er olant Pr		YYYY / MIV YYYY / MIV YYYY / MIV YYYY / MIV	1 / DD 1 / DD
Investigator name General: Investigato □ Disease-Info/Prev □ Disease-Info/Prev	v-Control	for Contacts		YY/ MM / DE YY/ MM / DE		☐ Other (specify) Other Investigation Fine ☐ Investigator Notes ☐ See Document Mana	ŭ	t	YYYY / MM YYYY/ MM YYYY/ MM	/DD
Education/counselli Prevention/Contr Disease informati Other (See Invest	rol measures ion provided tigator Notes)	Investigator	name YY YY	YY / MM / YY / MM / YY / MM /	DD	Testing: ☐ Laboratory testing recomn		-See Investigat	,	1 / DD
Date VANA / DD	Intervention	subtype (Comments	İ					xt follow-up Date	Initials
YYYY / MM / DD YYYY / MM / DD YYYY / MM / DD								YY	YY / MM / DD YY / MM / DD YY / MM / DD	
YYYY / MM / DD								YY	YY / MM / DD	
YYYY / MM / DD								YY	YY / MM / DD	

HIV Public Health Follow-up

Please complete all sections.

Panorama QA complete:	□ Yes	□No
nitials:		

D) OUTCOMES (Options	al except for severe influenze	a)			LHN-> INVESTIGA	ATION-> OUTCOMI
☐ Hospitalization YYYY/ ☐ Other ☐ Fatal YYYY/I		ive medical care: YYYY/MM/DD C	·	on YYYY/MI	M/DD □ Unknown	1 YYYY/MM/DD
E) Transmission Even		LHN -> INVESTIGATION-> E)	· ·	-> TRANSMI	SSION EVENT SLIMMA	ARV -> OLUCK ENTE
Transmission Event ID (system-generated can be documented below)	Exposure Name	Setting type Important: (Select the most appropriate sett multiple settings)		lect D	rate/Time Included the earliest Included the	# of contacts
	HIV Contact – Inv ID #	☐ Sexual Exposure ☐ Type of community contact (ID☐ Public facilities	U) □ Multiple Settings			
		SURE SUMMARY -> TRANSMISSION tacts)	EVENT SUMMARY ->	TE HYPERLIN	IK -UNKNOWN/ANON	NYMOUS CONTACT
Initial Report completed by:					Date initial report o	-
CONTACTS						
Last Name:		First Name: and Middle Na	ame:	Alternate N	lame:	
DOB: YYYY / MMM	1 / DD Age:	Gender: □ Male □ Fen	nale 🗆 Unknown	□ Other		
Phone #: Primary Ho Workplace: Mobile con alternate ph	tact:	ship:	e-mail Address:			
Online Names: Site/Service:		User Name:				
Place of Employment/Sch	nool:		Is contact pregn Is contact HIV po	ositive	☐ Yes ☐ No ☐ Yes ☐ No ☐ Yes ☐ No	□ Unknown
Mailing (Postal address):	o fixed Postal Addres	s □ Primary Home □T	emporary Legal L			— OTINIOWII
Exposure Dates: 1st \(\) Exposure Type: \(\Boxed{D} \) Hete		to YYYY / MMM / DD ection Drug Equipment				
Comments:		INTERVI Testing		Received	□ Referral (Specify)	

Complete more contact sheets if needed

Blood and Body Fluid Pathogens Attachment – AIDS Case Report Form Page **1** of **3** 2016 03 17

Please see the following pages for the AIDS Case Report Form.



Agence de sante publique du Canada HIV/AIDS Case Report Adult, Adolescent and Pediatric (non maternal-fetal) Cases HIV AIDS New case report Update SECTION I – PATIENT INFORMATION Reporting physician's name Hospital or clinic Is another physician providing ongoing care to this patient? Name	Provi	provincial/territorial use incial/territorial ID Number ince/Territory to which case is attributed City City If so, please provide name, city and telephone City	Telephone (Province/ number. Telephone) Ferritory			
Patient's initials First Middle Last M F	Vital Statu		YY	MM DD unknown			
• Is the patient: (please ask patient to assist you in answering this question) White South Asian (e.g. East Indian, Pakistani, Sri Lankan, Punjabi, Bangladeshi, etc.) Black (e.g. African, Haitian, Jamaican, Somali, etc.) North American Indian Métis Inuit Latin-American (e.g. Mexican, Central/South American, etc.) Asian (e.g. Chinese, Japanese, Vietnamese, Cambodian, Indonesian, Laotian, Korean, Filipino, etc.)							
What language does this person speak most often at home?	_	y of birth ada ○ Other (specify) →		Year of arrival in Canada			
City and province/territory of residence at diagnosis City Province/Territory First 3 digits of Postal Code City Province/Territory First 3 digits of Postal Code							
SECTION II – RISK(S) ASSOCIATED WITH THE TRANSMISSION OF HIV IN THIS PATIENT Since January 1978 and preceding the diagnosis of HIV/AIDS, this patient had: (check ALL that apply) Sex with a male. Sex with a male. Heterosexual sex with: (check ALL that apply) an injection drug user; a bisexual male; a transfusion recipient with documented HIV infection; a person with hemophilia/coagulation disorder; a person with hemophilia/coagulation disorder; a person with confirmed or suspected HIV infection or AIDS (whether or not risk factor is known). Injected non-prescription drugs (including steroids). Received pooled concentrates of factor VIII or IX for treatment of hemophilia/coagulation disorder. If yes, please complete Section 1 of the Supplement to HIV/AIDS Case Report. Exposure to HIV-contaminated blood or bodo components such as packed red cells, plasma, platelets or cryoprecipitate. Exposure to HIV-contaminated blood or body fluids or concentrated virus in an occupational setting. If yes, specify occupation — When medical exposure (e.g., organ or tissue transplant, artificial insemination). If yes, please give details in Section VII "Additional Information or Comments".							
Since January 1978, has this patient donated blood, plasma, platelets, organs, tissues, semen or breast milk? If yes, please give details of type of donation, date and location in Section VI "Additional Information or Comments". Has the Red Cross or other appropriate donor program been notified? Yes No Unknown Do you want a public health official to ensure this notification? Yes No Unknown							

SECTION III – LABORATORY DATA							
Does this case have evidence, as common that the second seco	lefined in the above instructions, of	Date of first positive HIV test (if known)	Current CD4 count (if known)				
HIV infection? Yes No Unknow	vn	Year Month	cells/µ I				
SECTION IV – DISEASES INDICA	ATIVE OF AIDS						
OLOTION IV - DIOLAGEO INDIO	ATTVE OF AIDO						
DISEASES	Date of Diagnosis Diagnostic method	DISEASES	Date of Diagnosis Diagnostic method				
	Year Month Definitive Presumptive		Year Month Definitive Presumptive				
Bacterial pneumonia, recurrent Candidiasis (bronchi, trachea or		Mycobacterium avium complex or M. kansasii (disseminated or extrapulmonary)					
lungs)		Mycobacterium of other species or					
Candidiasis (esophageal) Cervical cancer, invasive		unidentified species M. tuberculosis					
Coccidioidomycosis		(disseminated or extrapulmonary) (Please complete SECTION V)					
(disseminated or extrapulmonary) Cryptococcosis (extrapulmonary)		Specify Site:	_				
Cryptosporidiosis		☐ Miliary ☐ Pleurisy ☐ C.N.S. ☐ Bone at					
(chronic intestinal, >1 mo. duration) Cytomegalovirus disease		Other (specify) →	· _ ,				
(other than in liver, spleen or nodes) Cytomegalovirus retinitis		M. tuberculosis (pulmonary)					
(with loss of vision) Encephalopathy, HIV-related		(Please complete SECTIÓN V) Pneumocystis carinii pneumonia					
(dementia)		Progressive multifocal					
Herpes simplex: chronic ulcer(s) (>1 mo. duration) or bronchitis,		leukoencephalopathy					
pneumonitis or esophagitis Histoplasmosis		Salmonella septicemia, recurrent Toxoplasmosis of brain					
(disseminated or extrapulmonary)		Wasting syndrome due to HIV					
Isosporiasis, chronic intestinal (>1 mo. duration)							
Kaposi's sarcoma		Diseases affecting pediatric case	es only (<15 years old)				
Lymphoma, Burkitt's (or equivalent term)		Bacterial infections, multiple or recurrent (excluding recurrent bacterial					
Lymphoma, immunoblastic (or equivalent term)		pneumonia) Lymphoid interstitial pneumonia and/or					
Lymphoma, primary in brain		Pulmonary lymphoid hyperplasia					
SECTION V - TUBERCULOSIS							
Before the diagnosis of AIDS, was	s this patient ever treated for	Yes − when? → Year Mont	h No Unknown				
tuberculosis? 2. Has this patient ever had a PPD s	kin tost?	- What was the size in mm? →	mm No Unknown				
3. If the PPD test was negative, was		No Unknown If yes, were any sites pos					
SECTION VI - ADDITIONAL INFO	rmation of interest about the acqu	usition of the virus, etc.)					
(Flease use this section for info	illiation of interest about the acqu	distribution the virus, etc.,					
Person completing this form		Telephone number	Date report completed				
		()	YY MM DD				
FOR PROVINCIAL/TERRITORIAL US	E: To which exposure category has th	is patient been assigned?					
Men who have sex with men (MSM)		SM and IDU Heterosexual – Endemic					
Blood transfusion recipient	Clotting factor recipient Oc	cupational exposure Heterosexual – Partner a	at risk NIR – Other				





□N-	AIDS Data	Collection	Worksheet

Panorama QA complete: Yes No AIDS Data Collection World Data Collection World Please complete all sections.

Panorama Client ID:	
Panorama Investigation ID:	

		LITI	1 /JODJECI /	CLIENT DETAILS -> PERSONAL INFORMATION	
Last Name:	First Name: and N	Vliddle Name:	Alternate Name:		
DOB: YYYY / MM / DD Age	Age: Gender: Female		Phone : ☐ Primary Home: ☐ Mobile contact:		
Health Card Province:	□ Unknown	Other	□ Workplac		
Health Card Number (PHN):	☐ Transgender F	Gender Identity: ☐ Transgender Male-to-female ☐ Transgender Female-to-male ☐ Undifferentiated ☐ Other (specify)		□ Alt Contact: Name: Relationship:	
Place of Employment/School:	Email Address:			Preferred Communication Method: ☐ Home ☐ Work ☐ E-mail ☐ Text	
Address Type: ☐ No fixed ☐ Postal Address	☐ Primary Home ☐	Temporary \qquad Leg	gal Land Descrip	ption	
Mailing (Postal address):					
Street Address or FN Community (Prima	ary Home):				
Address at time of investigation if not the	he same:				
B) INVESTIGATION INFORMATION		SUBJECT SUMN	/IARY->STBBI E	NCOUNTER GROUP->CREATE INVESTIGATION	
Disease Summary Classification: CASE:	Date	Investigation Informati Disposition:	on	Date	
□ Confirmed	YYYY / MMM / DD	☐ Complete ☐ Referred – Out of pro		YYYY / MMM / DD	
FOLLOW UP:		□ Keterreu – Out or pr	OVInce		
☐ In progress ☐ Incomplete - Declined ☐ Incomplete – Lost contact	YYYY / MM / DD YYYY / MM / DD YYYY / MM / DD	☐ Complete ☐ Not required ☐ Referred – Out of pro	ovince	YYYY / MM / DD YYYY / MM / DD YYYY / MM / DD	
☐ Incomplete – Unable to locate	YYYY / MM / DD	(Specify where)	J	YYYY / MM / DD	
REPORTING NOTIFICATION: Name of Attending Physician or Nurse:		Location:			
Provider's Phone number:		Date Received (Public Health): YYYY / MMM / DD			
Type of Reporting Source:	Care Facility Nurse Practition		□Oth	her	
C) OUTCOMES (optional except for sev	vere influenza,			LHN-> INVESTIGATION-> OUTCOM	
□ Not yet recovered/recovering YYY		e medical care YYYY / MI		Hospitalization YYYY / MM / DD Unknown YYYY / MM / DD	

March 1, 2019 Page 1 of 2

AIDS Data Collection Worksheet

Please complete **all** sections

Panorama Client ID:	
Panorama Investigation ID:	

DESCRIPTION	Date of Diagnosis	Definitive	Presumptive
Bacterial pneumonia, recurrent	YYYY / MM / DD		
Candidiasis (bronchi, trachea or lungs)			
Candidiasis (esophageal)			
Cervical cancer, invasive			
Coccidiodomycosis (disseminated or extrapulmonary)			
Cryptococcosis (extrapulmonary)			
Cryptococcosis (chronic intestinal, >1mo. Duration)			
Cytomegalovirus disease (other than in liver, spleen or nodes)			
Cytomegalovirus retinitis (with loss of vision)			
Encephalopathy, HIV-related (dementia)			
Herpes simplex: chronic ulcer(s) (>1 mo. Duration)or bronchitis, pneumonitis or esophagitis			
Histoplasmosis (disseminated or extrapulmonary)			
Isoporiasis, chronic intestinal (>1mo. Duration)			
Kaposis's sarcoma			
Lymphoma, Burkitt's (or equivalent term)			
Lymphoma, immunoblastic (or equivalent term)			
Lymphoma, primary in brain			
Mycobacterium avium complex or M. kansasii (disseminated or extrapulmonary)			
Mycobacterium of other species or unidentified species			
M. tuberculosis (disseminated or extrapulmonary) Specify in comments: Millary, Pleurisy, Other respiratory, CNS, Bone and Joint, Genitourinary)			
M. tuberculosis (pulmonary)			
Pneumocystis carinii pneumonia			
Progressive multifocal leukoencephalopathy			
Salmonella septicemia, recurrent			
Toxoplasmosis of brain			
Wasting syndrome due to HIV			
<15 years of age – Bacterial infections, multiple or recurrent (excluding recurrent bacterial pneumonia)			
<15 years of age – Lymphoid interstitial pneumonia and/or Pulmonary lymphoid hyperplasia			
	1		
dditional Information or Comments:			

March 1, 2019 Page 2 of 2