Section 3 Enteric Illness



Introduction and General Considerations

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This section provides a general overview of the communicable diseases that are primarily transmitted through food and water and affect the gastrointestinal system. The information in this introduction provides both general considerations and key concepts. Specific procedures and information are included within each disease chapter.

Objectives

- 1. Individuals with communicable enteric infections will be identified, investigated and managed in a timely manner.
- 2. Complications will be reduced or prevented through timely identification and implementation of control measures.
- 3. To offer information to the public as needed, related to safe food handling, food-borne and waterborne illness.
- 4. Isolated cases and outbreaks of enteric diseases will be prevented through public health measures such as water sampling and the provision of safe food handling courses.
- 5. Outbreaks will be contained through timely identification of the source and contacts and through the implementation of control measures. This may include making recommendations related to the closure of public facilities, withdrawing products from shelves, implementing boil water orders or precautionary drinking water advisories, exclusion of cases and/or contacts from settings where there is a high risk of transmission, etc.
- 6. Information will be managed in a confidential manner and will be shared in accordance with Appendix B Interjurisdictional Communication, *The Public Health Act*, 1994 and *The Health Information Protection Act* and their respective regulations.
- 7. Information that is required for notification purposes will be entered in the electronic case management system to be used for surveillance purposes.



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Background

In Saskatchewan, enteric diseases comprise approximately one quarter of all reportable communicable diseases. This is only a small percentage of the infectious agents that cause enteric illnesses. Gastrointestinal tract infections caused by bacteria, viruses and parasites account for a greatly under-appreciated burden of illness and death both overseas and domestically. Symptoms that arise from enteric diseases range from mild gastroenteritis to severe dehydrating diarrhea and life-threatening systemic infections. A safe, healthy, sustainable environment is important to the health status of a population. A safe food and water supply contribute to a population's health. Management of water supplies and safe food handing are vital to ensure safe drinking water and food security for the population.

Reporting Requirements

See Reporting Requirements in the <u>General Information Introduction - Section 1</u> of the manual for guidelines. Refer to <u>Appendix A – Reporting and Follow-up Timelines</u>.

Methods of Control

Primary Prevention

Many of the organisms that cause enteric illnesses are spread via food, water or other common vehicles. Transmission to others is also facilitated through poor personal hygiene practices of individuals. In general, the following measures are the best way to prevent contact with organisms that cause gastrointestinal illness.

Drinking Water Safety

Drinking water supplies should be sampled and tested on a regular basis. Samples are tested for a number of characteristics, however in the interest of communicable disease control, we are concerned about micro-organisms (bacteria and protozoa) such as *Giardia*, *Cryptosporidium*, *E. coli*, etc. found in drinking and recreational water, that pose risks to individuals' health.



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Public drinking water supplies are tested and sampled on a regular basis. Public water systems undergo regular, often daily, chlorine testing coupled with periodic (weekly or monthly) bacteriological monitoring. Public water supplies will typically be tested for coliform bacteria which are a useful indicator of contamination with soil and/or fecal material. Most routine coliform bacteriological samples will also test for *E. coli*. Sampling for viruses and protozoa is not typical however this sampling may be performed in the event of a treatment failure or during a suspected waterborne illness outbreak.

Legislation/Regulations for Public Water Systems

- Through *The Environmental Management and Protection Act*, 2002 and the Water Regulations, 2002, Saskatchewan Ministry of Environment is responsible for ensuring sampling and testing of all municipal water supplies connected to a water distribution system (villages, towns, cities, etc.).
- Through *The Public Health Act, 1994* and the Health Hazards Regulations, Regional Health Authorities are responsible for sampling and testing all small public systems that are not regulated by the Saskatchewan Ministry of Environment. This would include rural municipality (RM) wells that are used for hauling water for private or public use.

<u>Private</u> water systems are not regulated. However, it is recommended that private water supplies be sampled and tested for bacteriological analysis at least annually unless there is reason to believe that the source has been contaminated through flooding or other means.

Bacteriological water sample containers and requisition forms are available through RM offices, public health offices and Saskatchewan Disease Control Laboratory for private water supplies. Health Regions can provide advice on water test results and treatment. Saskatchewan Watershed Authority operates various services to the public such as the Rural Water Quality Program.

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Protocols for First Nations Communities

• While existing regulations governing public water systems do not apply on reserves, when Chiefs and Councils sign their funding arrangements with Aboriginal Affairs and Northern Development Canada (AANDC) they agree to design, construct and operate these systems in accordance with AANDC's "Protocol for Centralised Drinking Water Systems in First Nations". Health Canada funds monitoring services for the water distribution systems in First Nations and uses its "Procedure Manual for Safe Drinking Water in First Nations Communities South of 60°" as a guide. The intent of AANDC's Protocol and Health Canada's Procedure Manual is to ensure that community drinking water supplies are safe.

Food Safety

Safe food is the responsibility of individuals, industry, local Public Health Authorities, the Government of Saskatchewan, federal agencies (Public health Agency of Canada and Canadian Food Inspection Agency) and Health Canada. Some of the roles in food safety include ensuring proper handling and preparation, ensuring safe production and distribution, inspecting food establishments, providing public education on food safety, and setting food safety standards and policies.

The Food Safety programs in health jurisdictions work to reduce the risk of the public contracting a food-borne illness. Through public health officers, the health jurisdictions monitor food establishments and conduct safe food handling courses. Public health officers investigate reports of food-borne illness and food-related complaints (Government of Saskatchewan, 2007).

One aspect of the Canadian Food Inspection Agency's (CFIA) mandate is to safeguard food. The CFIA is involved from the producer level through to the consumable product in order to protect public health. Products that may be subject to inspection certification by the CFIA range from agricultural inputs, such as seeds, feeds and fertilizers, to fresh, prepared and packaged foods.



¹ For the purpose of this document, this term is inclusive of Public Health Inspectors and Environmental Health Officers that provide similar functions in Saskatchewan.

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In carrying out its mandate in relation to food safety, the CFIA strives to:

- protect Canadians from preventable health risks;
- protect consumers through a fair and effective food, animal and plant regulatory regime;
- sustain the plant and animal resource base;
- contribute to the security of Canada's food supply and agricultural resource base;
- provide sound agency management.

Food safety in the home environment is the responsibility of private individuals. See Attachment – Safe Food Handling Tips for client education.

Hand Washing

Proper handwashing with soap and water is one of the most practical and effective ways of preventing the spread of disease (World Health Organization). See <u>Attachment – Hand Washing</u> for client education tips.

Recreational Water Safety

Recreational water can be divided into artificial bodies of waters such as swimming pools, which are governed by the Swimming Pool Regulations, and natural bodies such as lakes, rivers, and streams.

Public swimming pools in Saskatchewan are regulated under *The Swimming Pool Regulations*, 1999 and are required to submit monthly bacteriological samples. In addition, swimming pools are required to maintain minimum disinfectant residuals and test for these and other chemical parameters on a daily basis. These values must be recorded in daily log books held at the facilities and must be made available to public health inspectors at the time of inspection. These records are a valuable reference in the event of suspected water-borne illnesses. Swimming Pool Operators courses are provided annually in most health regions across Saskatchewan. Swimming pool facilities are encouraged to certify as many employees as possible to promote knowledge of safe pool management.



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Whirlpools or hot tubs, both public and private, create unique challenges for maintaining bacteriological safety. The high temperatures combined with heavy bather loads, smaller volumes of water, and increased aeration lead to high disinfectant demands. If disinfectant levels are able to drop below the required minimum, bacteria can survive and multiply. Organisms such as *Pseudomonas aeruginosa* are especially adept to surviving in this type of environment due to the formation of a relatively chlorine resistant biofilm. Routine maintenance of this type of pool should involve complete draining, physical scrubbing of all surfaces, and focused disinfection of the recirculation system using strong chlorine or accelerated hydrogen peroxide solution.

A popular summertime activity, particularly for kids, is "fill and drain" paddling pools found in many communities across Saskatchewan. These pools lack recirculation systems and as such are filled with water in the morning, chlorinated, then drained at the end of the day. Fill and drain pools do require licenses to operate as public swimming pools and therefore are required to maintain a minimum disinfectant residual. Therefore, they are subject to the same disinfectant testing requirements. However, since operators are not typically present during the full day of operation and because bather loads are variable and unmonitored it is easy for the disinfectant residual to drop below the minimum. For these facilities it is especially important for the bathers to shower off after swimming and to avoid consuming any of the water.

Health regions may perform periodic sampling of bathing beaches. Testing is most often used to detect types of bacteria that indicate fecal contamination. More information on recreational water safety can be found in Health Canada's *Guidelines for Canadian Recreational Water Quality*. The guidelines deal with health hazards associated with recreational water use, as well as aesthetic and nuisance conditions. Health hazards associated with direct contact with water include infections transmitted by pathogenic microorganisms, as well as injuries and illness due to physical and chemical properties of the water. The guidelines discuss the indicator organisms – enterococci, *Escherichia coli*, other fecal coliforms, and coliphages – as well as health risks related to exposure to waterborne pathogenic bacteria, viruses, protozoa, and toxic blue-green algae. Sampling of recreational waters is also addressed.



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Secondary Prevention

A team of public health members handles the follow-up of individuals with enteric diseases and enteric disease outbreaks. Information is collected from the infected individuals to determine exposures that may be related to common vehicle of transmission and for information regarding occupational/other settings where increased transmission could occur and is examined to identify trends in disease patterns and pockets of diseases. This is useful in determining additional measures that may be required and should be implemented to control the disease.

The specific level of intervention and contact tracing varies according to the disease and should be individualized based on the guidelines for the specific agent.

General Guidelines for Investigating Enteric Illnesses

These guidelines aim to assist in the collection of information and define control measures for enteric organisms. Refer to General Information – Roles of Stakeholders in Section 1 of the manual and Appendix C – Major Legislation for additional information that is applicable to Communicable Disease Control in Saskatchewan.

The following points and questions² can assist in determining the approach for follow up and help to prevent and control the disease.

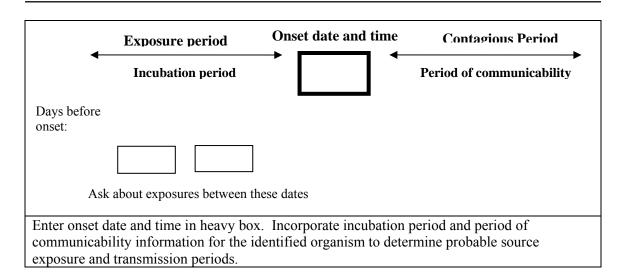
- 1. What is the potential impact of the disease for the individual? Their household/family? Their community? Is this an outbreak?
- 2. What is the source of the disease? Can it be identified? Communication with the case is important to determine the **risk factors**, **exposures** and **potential exposures of others** to the disease.
- 3. Who else may have been exposed to the disease? When determining the possible source and possible contacts exposed, the **incubation period, mode of transmission** and **period of communicability** are important considerations.



² These questions were adapted from http://www.health.gov.nl.ca/health/publications/diseasecontrol/dcenterics.pdf.

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Key considerations include:

- Recent exposure to someone else who is ill with similar symptoms.
- Travel history (local, interprovincial and/or international) standards of hygiene vary with location and levels of economic development.
- Attendance in childcare, school, daycare, healthcare settings.
- Animals, especially pets such as dogs, cats, aquarium fish, reptiles, and farm animals. Pet treats may also serve as a source of infection or contamination.
- Occupation, involvement in community service.
- All food consumed, regardless of setting, within the incubation period for the organism (typically this is a 3-day food history):
 - obtain the name and location of all restaurants and other public eating establishments visited. Group meals attended (conferences, community meals/potlucks, family gatherings etc.) should also be inquired about.
- Water or ice consumed within the incubation period for the organism.
 Water sources could include public water sources, private water sources,
 beverages that are mixed with water, bottled water (brand name), natural
 water sources (e.g., river, stream, lake, pond), and recreational water
 sources (swimming pools, spas, lakes, etc.).



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- 4. Is there a high risk for transmission to others (e.g., highly communicable agent, etc.)? Determine if this individual is in a situation where there is a high risk of transmitting the organism (refer to Special Considerations below). Is exclusion of the case and contacts advisable (refer to Exclusion of Infected Individuals below)?
- 5. Is there a population who is more likely to be susceptible to the infection? Are there people who are more likely to develop symptoms or serious manifestations of the infection (refer to Special Considerations below)?
- 6. What interventions are available to prevent the transmission of the infection? Refer to disease specific measures and implement necessary activities.
- 7. Who else may have been exposed to the disease? Conduct contact tracing to:
 - Determine if the contact is in a high-risk group.
 - Inform contacts of any prophylaxis and/or exclusion measures:
 - information that should be gathered from the contacts relates to their level of risk, the need for testing, the potential benefit of prophylaxis (as detailed in the disease sections specifically) and immunization history;
 - interventions such as exclusion/isolation/quarantine may be appropriate depending on the nature of the disease and the contacts that have been identified. See Exclusion of Infected Individuals.
- 8. Educate case and contacts regarding:
 - The nature of the disease including such aspects as the incubation period, period of communicability, mode of transmission, etc.
 - Self-care measures.
 - Personal protective measures should always include hand washing, not sharing personal items (e.g., dishware and drinking containers, towels, lip balms).
 - Disease control measures they must follow:
 - hand washing see Attachment Hand Washing;
 - cleaning (kitchen and bathrooms);
 - safe sources of drinking water or appropriate measures to make drinking water safe;
 - avoiding consumption of hazardous foods;



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- food handling and storage see <u>Attachment Safe Food Handling Tips</u>;
- non-recommended sharing of toys, towels, eating utensils and food items;
- publicly funded immunoprophylaxis or treatment may be indicated for certain diseases such as hepatitis A.
- 9. Obtain an immunization history from case and all appropriate contacts:
 - Immunizations should be offered to cases and contacts that are not up-todate or who are eligible for vaccines as per the Saskatchewan Immunization Manual,³ Chapter 5: Immunization Schedules and Chapter 7: Immunization of Special Populations.
 - Depending on the organism and other circumstances, it may be prudent to offer immunization for the disease for both the case and the contact(s).
 Refer to disease section for details.
- 10. Document case management and follow-up information on the electronic case management and surveillance system.
- 11. Communication with other stakeholders (physicians, acute and long term care, schools, daycares, etc.) is vital for a coordinated and efficient response to a single communicable disease case or an outbreak. Of special note is the importance to maintain confidentiality according to the corresponding legislation.

Exclusion of Infected Individuals

If the individual case is in one of the high-risk groups (e.g., increased risk of transmission or an occupational setting with high-risk contacts), exclusion from work/child care or some other intervention may be warranted. It is the responsibility of the designated public health officer (medical health officer) to recommend the exclusion. Advise the medical health officer (MHO) and obtain the order in writing if voluntary compliance does not occur.

- 1. Exclusion criteria are listed for each disease under the specific disease section of the manual.
- 2. **Inform the cases/contacts of the need to comply with exclusion criteria.** The investigator will inform parent of children under the age of consent of the need for exclusion.



³ http://www.ehealthsask.ca/services/manuals/Pages/SIM.aspx.

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- 3. Work with case to inform place of employment/child-care center of the name of the disease and the exclusion criteria. A balance must be maintained in protecting the health of the public and protecting the privacy of affected individuals. *The Public Health Act*, 1994 and *The Health Information Protection Act* should be referred to guide disclosure of information.
- 4. If voluntary compliance with exclusion is not obtained, the MHO may issue a written order for exclusion under *The Public Health Act*, 1994.
- 5. Terms for return to work/child care are listed under the specific diseases.

Communication with Primary Care Provider (physician)

Ongoing communication is not always necessary; however certain aspects may need to be discussed such as:

- 1. Case history and management details.
- 2. Client follow-up.
- 3. Specimen collection of cases or contacts. If a special-risk index case is excluded from work/child care, the physician may work with the investigator and health region to facilitate the collection of stool specimens. See specific disease for details.
- 4. Role of Public Health.

Special Considerations

Certain individuals and certain environments may be considered higher-risk for transmission. The following sections outline some circumstances that may need to be considered when doing your investigation.

Food Industry Workers

Those involved in processing, preparing, handling, cooking, or serving food products. The investigator should specifically ensure Public Health Officers are involved if a food handler/food processor is diagnosed with an enteric disease.



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Health Care and Child Care Workers

Those who have direct contact, or contact through food preparation or food service, with susceptible vulnerable patients or persons in whom an intestinal infection would have serious consequences (e.g., immunocompromised persons, surgical and medical patients, the elderly, and infants).

Children below the Age of Five Years

Particularly those attending day care, play groups, schools, or other similar groups.

Individuals with Suboptimal Personal Hygiene Practices

Individuals with poor practices of personal hygiene (i.e., mentally or physically handicapped) may serve as a vehicle of transmission due to the lack of self-care measures that are useful in interrupting the chain of infection.

Public Eating Establishments

This includes the spectrum from restaurants, cafeterias, to temporary functions where food is served. This may be implicated as a common source.

Community Gatherings Where Food is Served

This may include such events as potlucks or catered meals.

Other Settings That May Not Have Adequate Water and Plumbing Facilities

Some examples of this may include work camps (temporary or permanent), summer camps, fishing camps or other events relying on temporary bathroom facilities (i.e., temporary mass gatherings).

Child Care Centres

Young children have limited ability to implement the individual measures to reduce the risk of spread of diseases. This provides an increased opportunity for transmission. This also necessitates early identification and diligent infection control practices. Refer to Saskatchewan Ministry of Health Infection Control Manual for Child Care Facilities. This serves as an excellent resource for daycare settings to assist in minimizing the risk and spread of communicable diseases.



⁴ http://www.saskatchewan.ca/live/births-deaths-marriages-and-divorces/starting-a-family/early-learning-and-child-care/child-care.

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Health Care Facilities and Institutional Settings

Health care facilities present as a high-risk environment for 2 reasons:

- 1. Typically the clients/patients within the facility are there because they either have a medical condition that puts them at greater risk for contracting an infection or they are already infected and experiencing complications of a communicable disease.
- 2. Health Care Workers serve as a vehicle for transmission of a communicable disease to a high-risk individual.

To avoid this, familiarity with and adherence to Infection Control Guidelines and Practices is of paramount importance.

If any of these facility settings are believed to be the initial source of the case, inform Public Health, if they are not already involved, so follow-up investigation of the facility can be done.

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Notification Timeline:

From Lab/Practitioner to Public Health: Within 48 hours. From Public Health to Ministry of Health: Within 2 weeks. Public Health Follow-up Timeline: Initiate within 72 hours.

Information

Case Definition (Alberta Communicable Disease Management Guidelines, 2011)

Confirmed Case	Laboratory confirmation of infection with or without clinical illness: ^[1]
	 microscopic demonstration of trophozoites or cysts in fecal specimens, smears of aspirates or scrapings obtained by proctoscopy, or aspirates of abscess or sections of tissue^[2] OR
	 positive stool antigen detection test OR positive serology.^[3]

^[1] Clinical illness varies from mild abdominal discomfort with diarrhea (+/- blood, mucus) alternating with periods of constipation and/or remission to amoebic dysentery (fever, chills, bloody/mucoid diarrhea). Rarely, disseminated disease may occur causing liver (most common), lung or brain abscess.

Note: Morphological (microscopical) diagnosis alone is unable to differentiate between pathogenic *E. histolytica* and non-pathogenic *E. dispar*.

[3] Antibody response in amoebiasis is only seen when tissue invasion has occurred and may represent past or present disease. Serology is almost always negative in asymptomatic shedders.

Causative Agent (Heymann, 2008)

- Entamoeba histolytica, a protozoan parasite.
- E. dispar, which is non-pathogenic, is morphologically identical to E. histolytica.

^[2] The organism must be differentiated from non-pathogenic amoebae and macrophages.

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Symptoms (Heymann, 2008)

- Most infections are asymptomatic.
- Symptoms vary from mild abdominal discomfort with diarrhea containing blood or mucus, alternating with periods of constipation or remission to acute dysentery with bloody mucoid stools and amebic dysentery.
- Other symptoms include chronic abdominal pain and irregular bowel pattern, amebic granulomata (ameboma) in the wall of the large intestine, and ulceration of the skin (usually in the perianal region).
- In a small proportion of patients, extraintestinal disease may occur and produce abscesses of the liver, less commonly of the lung or brain.
- Penile lesions may occur in men after insertive anal intercourse.

Incubation Period (American Academy of Pediatrics, 2009)

Variable from a few days to several months or years, but commonly 2-4 weeks.

Reservoir/Source (Heymann, 2008)

Humans, usually a chronically ill or asymptomatic cyst passer.

Mode of Transmission (Heymann, 2008)

Transmission occurs by:

- the fecal-oral route, through fecal contamination of food or drink;
- unwashed hands of a food handler;
- fresh vegetables contaminated by human excrement (e.g., washed with sewage-polluted water). Cysts are relatively chlorine resistant and may survive in moist environmental conditions for weeks to months.

Transmission may also occur through:

- sexual contact (oral-anal contact) with a chronically ill or asymptomatic cyst passer;
- flies may also act as vectors of cyst-laden feces;
- unwashed hands in institutions where hygiene is poor.

Individuals with acute amoebic dysentery are less communicable because dysenteric stools do not contain cysts and the trophozoites are fragile.



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Period of Communicability (Heymann, 2008)

During the period of passing cysts, which may continue for years.

Specimen Collection and Transport

- Submit stool specimens in SAF container. Fill specimen container to the line on the container, do not over or under fill. Mix stool well with preservative using spoon provided, before submitting.
- Specimens are referred to Saskatchewan Disease Control Laboratory (SDCL) for microscopic examination. *E. histolytica* and *E. dispar* cannot be differentiated by microscopy. Report will indicate presence and quantity of trophozoites.

Refer to the Saskatchewan Disease Control Laboratory Compendium of Tests for details at http://sdcl-testviewer.ehealthsask.ca.

Methods of Control/Role of Investigator

Prevention and Education

Refer to the <u>Enteric Illness Introduction and General Considerations</u> section of the manual that highlights topics for client education that should be considered as well as provides information on high-risk groups and activities.

- Provide prevention and education to case or caregiver, daycare or institution about personal hygiene.
- Educate about the sanitary disposal of feces and careful hand washing after defecation.
- Advise case to avoid food preparation.
- Advise case to avoid using public swimming pools until diarrhea has resolved.
- Include standard letters to schools, daycares, sports teams, etc.
- Educate food handlers about proper food and equipment handling and hygiene, especially in avoiding cross-contamination from raw meat products, and thorough hand washing.
- Educate about the risk of sexual practices that permit fecal-oral contact.



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Management

I. Case

History

Obtain history of:

- international travel (especially to areas with inadequate water/sewage) or to recreational/rural areas within Saskatchewan/Canada;
- institutionalization.

Determine water source and sewage disposal if not on a municipal system.

Immunization

Not applicable.

Treatment/Supportive Therapy

Treatment involves the elimination of the tissue-invading trophozoites as well as the cysts in the intestinal lumen. There are several regimens to choose from. Refer to the Medical Health Officer (MHO) or infectious disease specialist for specific treatment regimes. Refer to Appendix H - Sources for Clinical Treatment Guidelines.

Exclusion

The following individuals should be excluded:

- Food handler, health care/childcare or other staff involved with personal care, child below the age of 5 years in childcare.
- Individuals who are unable to maintain standards of personal hygiene (i.e., mentally or physically handicapped) from activities or programs they may be enrolled or participating in.
 - For individuals living in an institution, follow contact precautions until diarrhea has resolved.

When exclusion is recommended, it should continue until one of the following criteria is met:

- treatment with an appropriate antibiotic has been completed OR
- diarrhea is resolved (when stools have been normal for that individual for 48 hours).



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Referrals

None

II. Contacts/Contact Investigation

Contact Definition

Contacts include:

- persons living in the same household;
- children and childcare workers in a daycare/dayhome;
- individuals exposed to the same source (if it is identified).

Testing

All household members should submit stool samples. Symptomatic childcare workers and attendees and contacts should be tested and treated.

Prophylaxis/Immunization

None.

Exclusion

Symptomatic contacts in special-risk groups should be excluded until diarrhea has resolved.

III. Environment

Child Care Centre Control Measures/Institutional Control Measures

- For hospitalized patients, use contact precautions in the handling of feces, contaminated clothing and bed linen.
- Contact precautions should be used while case is symptomatic. In the event of a cluster of cases in the institution, food handlers, water source, other attendees and staff may need to be examined.
- Investigate/assess for and ensure the provision of safe water supplies.
- Boil untreated water since chlorination is ineffective against cysts.
- Ensure adequate disposal of sewage.



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Epidemic Measures

Any group of possible cases requires prompt laboratory confirmation to exclude false-positive identification of *E. histolytica* or other causal agents and epidemiological investigation to determine source of infection and mode of transmission. If a common vehicle is indicated, such as water or food, appropriate measures should be taken to correct the situation.



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PANORA

Panorama QA complete:	⊔ Yes	-
Initials:		

□No

 \square Acute

Staging:

Please complete all sections. Panorama Client ID: Panorama Investigation ID:

A) CLIENT INFORMATION			LHN -> SUBJ	ECT -> CLIENT	DETAILS -> PE	RSONAL INFORMATION
Last Name:		First Name: and Middle Name:		Alternate Na	ame (Goes by):	
DOB: YYYY / MM / DD Phone #: Primary Home: Mobile contact: Workplace:	Age:	Health Card Province: Health Card Number (PHN): 	-	home phone		Method: (specify - i.e.
Place of Employment/School:		Gender: □ Male	□ Female	□Ot	her	□ Unknown
Alternate Contact: Relationship: Alt. Contact phone:		Address Type: ☐ No fixed ☐ Postal Address Mailing (Postal address): Street Address or FN Communit Address at time of infection if n	ty (Primary Hon		rary □LegalL	and Description
B) INVESTIGATION INFORMATION		LHN-> SUBJECT SUI	VIMARY-> ENTE	ERIC ENCOUN	TER GROUP ->0	CREATE INVESTIGATION
Disease Summary Classification:	Date	Classification: CONTACT	Date		AB TEST INFOR	-
□ Confirmed	YYYY / MM / DD	□ Contact	YYYY / MM	/ DD Y	YYY / MM / I	DD
☐ Does Not Meet Case Definition	YYYY / MM / DD	□ Not a Contact	YYYY / MM	/ DD S	Specimen type:	
☐ Person Under Investigation	YYYY / MM / DD	☐ Person Under Investigation	YYYY / MM	/ DD	□ Stool	i Fiuiu
Disposition: FOLLOW UP: ☐ In progress ☐ Incomplete - Declined ☐ Incomplete — Lost contact ☐ Incomplete — Unable to locate REPORTING NOTIFICATION Name of Attending Physician or No.		☐ Complete ☐ Not required ☐ Referred – Ou (specify where) Location:	ut of province	YYYY / MIN YYYY / MIN YYYY / MIN	/ / DD	
Physician/Nurse Phone number:		Date Received	d (Public Health	n): YYYY / M	MM / DD	
Type of Reporting Source: ☐ Hea	alth Care Facility	ab Report	oner □Phy	rsician 🗆	Other	
C) DISEASE EVENT HISTORY		INVESTIGAT	ΓΙΟΝ->DISEASE	SUMMARY (U	PDATE)->DISEA	SE EVENT HISTORY
	☐ Anogenital ☐ Ex	traintestinal	□Other		,	

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☐ Carrier

Please complete **all** sections

 Panorama Client ID:
Panorama Investigation ID:

וח	SIGNS	& SYMI	2MOTO
וט	SIGNS	& SYIVII	SINIOL

LHN-> INVESTIGATION->SIGNS & SYMPTON	Лς

Description	Yes Date of onset	Date of recovery	Description	Yes Date of onset	Date of recovery
Asymptomatic		YYYY / MMM / DD	Abdominal - discomfort		YYYY / MMM / DD
Chills		YYYY / MMM / DD	Fever		YYYY / MMM / DD
Constipation		YYYY / MMM / DD	Lesion - genital		YYYY / MMM / DD
Dehydration		YYYY / MMM / DD	Lesion - perianal - ulcer		YYYY / MMM / DD
Diarrhea		YYYY / MMM / DD	Pain - abdominal		YYYY / MMM / DD
Diarrhea - bloody		YYYY / MMM / DD	Weight loss		YYYY / MMM / DD
Diarrhea - mucousy		YYYY / MMM / DD			YYYY / MMM / DD

F) INC	IIRΔTIC	חואם ואנ	COMMI	JNICABIL	IΤV

E) INCOBATION AND COMMONICABILITY	LHN-> INVESTIGATION->INCOBATION & CONTINUINCABILITY
Incubation for Case(period for acquisition): Earliest Possible Exposure Date: YYYY / MM / DD	Latest Possible Exposure Date: YYYY / MM / DD
Exposure Calculation details:	
Communicability for Case (period for transmission):	
Earliest Possible Communicability Date: YYYY / MM / DD	Latest Possible Communicability Date: YYYY / MM / DD
Communicability Calculation Details:	

F) RISK FACTORS N-No, NA-Not asked, U-Unknown

LHN-> SUBJECT->RISK FACTORS

r) RISK FACTORS N—No, NA-Not asked, U-Unknow	<u> </u>		LHN-> SUBJECT->RISK FACTORS
DESCRIPTION	Yes Start date	N, NA, U	Add'l Info
Contact - At risk population (international travellers or immigrants)	YYYY / MM/DD		
Contact - Daycare			
Contact - Persons with diarrhea/vomiting	YYYY / MM/DD		
Occupation - Child Care Worker			
Occupation – Food Handler	YYYY / MM/DD		
Sexual Behaviour - Oral-anal			
Special Population - From or residence in an endemic country (add'l info)			
Travel - Outside of within Canada (Add'l Info)	YYYY / MM/DD AE		
Travel - Outside of Saskatchewan, but within Canada (add'l info)	YYYY / MM/DD AE		
Water – Bottled water (specify)			
Water - Private well or system (Add'l Info)			
Water - Public water system (Add'l Info)			
Water - Untreated water (Add'l Info)			
Water (Recreational) - Pond, stream, lake, river, ocean (Add'l Info)	YYYY / MM/DD		
Water (Recreational) - Private (swimming pool/whirl pool) (Add'l Info)	YYYY / MM/DD		
Water (Recreational) - Public (swimming pool/paddling pool/whirl pool) (Add'l Info)	YYYY / MM/DD		

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Please complete **all** sections

Panorama Client ID:	
Panorama Investigation ID:	

MPLICATIONS				INVESTIGATION->COM	PLICATIONS
ption		Yes Date of onset	Description	Yes Date of onset	
s - brain		YYYY / MMM / DD	Disseminated infection	YYYY / N	MMM / DD
s - liver			Hemorrhage - Intestinal		
s - lung			Intussusception		
oma (amebic granu	ulomata)	YYYY / MMM / DD			
complications		·		'	
ATMENT			LHN-> INVESTIGATION-> !	VIEDICATIONS->MEDICA	TIONS SUMMA
ation (Panoram	na = Other Meds) :				
ibed by:			Started on: YYYY / MMM / DD		
ERVENTION		LHN	> INVESTIGATION->TREATMENT & INTE	DVENITIONS VINTEDVENI	TION SUMMAN
ention Type and	d Sub Type:	LIIV-	> INVESTIGATION-> TREATIVIENT & INTE	AVENTIONS-ZINTERVEN	TION SOMMAN
ment:	Investigator name		Immunization: Investigator nam	e e	
essed for contac	cts	YYYY / MM / DD	☐ Eligible immunizations recommende	ed YYYY /	MM / DD
	tion (See Investigator N	lotes) YYYY / MM / DD	Public Health Order: ☐ Order (specify)	YYYY /	MM / DD
gator name ter (See Docume gator name	ent Management)	YYYY / MM / DD	Investigator name		
al: Investigator			Referral:	V000/ /	MM / DD
ease-Info/Prev-(Control Cont/Assess'd for Cont	YYYY/ MM / DD cacts YYYY/ MM / DD	☐ Canadian food inspection agency Investigator name	YYYY /	MM / DD
cuse imoji rev c	conty Assess a for cont	accs Tilly Willing DD	☐ Primary care provider	YYYY/ N	MM / DD
			Investigator name ☐ Consultation with MHO	YYYY /	MM / DD
tion/counselling	g:		Investigator name Testing: Investigator nam	ie	
vention/Control ease information gator name	l measures	YYYY / MM / DD YYYY / MM / DD	☐ Stool testing recommended (e.g. coi☐ Laboratory testing recommended (c	ntacts) YYYY /	MM / DD MM / DD
ion: Investigato	or name		Other Investigation Findings:		
	MM / DD Pre	eschool YYYY / MM / DD ork YYYY / MM / DD	☐ Investigator Notes ☐ Document Management Notes		
	Intervention subtype	Comments	L	Next follow-up Date	Initials
/ MM / DD				YYYY / MM / DD	
/ MM / DD				YYYY / MM / DD	
/ MM / DD				YYYY / MM / DD	
/ MM / DD				YYYY / MM / DD	<u> </u>
/ MM / DD				YYYY / MM / DD	
/ MM / DD				YYYY / MM / DD	
/ MM / DD				YYYY / MM / DD	+

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Please complete **all** sections

Panorama Client ID:	
Panorama Investigation ID:	

J) OUTCOMES					LHN-> INVEST	IGATION-> OUTCOMES
☐ Not yet recover☐ Recovered☐ Fatal	ed/recovering YYYY / MM , YYYY / MM , YYYY / MM ,	/ DD	ensive medical care YYYY / It on /ventilation YYYY / It n	MM / DD □ Other	talization YYYY YYYY	
Cause of Death: (if	Fatal was selected)		<u>—</u>			
K) EXPOSURES Acquisition Event Acquisition Event ID	: <u> </u>		LHN-> INVESTIGA	ATION-> EXPOSURE SU	MMARY-> ACQ	UISITION QUICK ENTRY
Exposure Name:						
-	YYY / MM / DD to Acqu					
□ Travel	☐ Exposure or consumption	on of potentially conta	minated food or water	☐ Most like	ly source	
Transmission Eve	1	i e	STIGATION-> EXPOSURE SUIV	1		MARY -> QUICK ENTRY
Transmission Event ID	Exposure Name	Setting type		Date/Tim	е	# of contacts
		☐ Household	☐ Public Facility			
		☐ Household	☐ Public Facility			
		☐ Household	☐ Public Facility			
		☐ Household	☐ Public Facility			
	Amoebiasis Contacts – Inv	☐ Multiple Settings		YYYY / M to YYYY / M		
L) TOTAL NUMBER	R OF CONTACTS	SURE SUMMARY -> TR	ANSMISSION EVENT SUMMA	ARY -> TE HYPERLINK ->	UNKNOWN/AI	NONYMOUS CONTACTS
Anonymous contac		f individuals exposed)			-	
Initial Report completed by:		Date initial report completed: YYYY / MMM / DD			•	

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Botulism

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Notification Timeline:

From Lab/Practitioner to Public Health: Immediate.
From Public Health to Ministry of Health: Immediate.

Public Health Follow-up Timeline: Immediate.

Information

Case Definition (Public Health Agency of Canada, 2008)

A confirmed case requires laboratory definitive evidence with clinical evidence **or**, **in the case of foodborne botulism**, clinical evidence and consumption of the same suspect food as an individual who has laboratory-confirmed botulism.

Foodborne Botulism ¹ (Either 1 or 2)	 1. Laboratory confirmation of intoxication with clinical evidence: detection of botulinum toxin in serum, stool, gastric aspirate or food OR isolation of <i>Clostridium botulinum</i> from stool or gastric 		
	aspirate. 2. Clinical evidence ¹ and indication that the client ate the same suspect food as an individual with laboratory-confirmed botulism.		
Wound Botulism ²	Laboratory confirmation of infection: • laboratory detection of botulinum toxin in serum OR		
	• isolation of <i>C. botulinum</i> from a wound AND		
	• presence of a freshly infected wound in the 2 weeks before symptoms and no evidence of consumption of food contaminated with <i>C. botulinum</i> .		
Infant Botulism ³	Laboratory confirmation with symptoms ³ compatible with botulism in a person less than one year of age:		
	 detection of botulinum toxin in stool or serum OR 		
	• isolation of <i>C. botulinum</i> from the patient's stool or at autopsy.		

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Colonization	Laboratory confirmation with symptoms compatible with botulism		
Botulism	in a patient aged 1 year or older with severely compromised		
	gastrointestinal tract functioning (i.e., abnormal bowel) due to		
	various diseases, such as colitis, or intestinal bypass procedures, or		
	in association with other conditions that may create local or		
	widespread disruption in the normal intestinal flora:		
	• detection of botulinum toxin in stool or serum		
	OR		
	• isolation of <i>C. botulinum</i> from the patient's stool or at autopsy.		
Probable Case	A probable case requires clinical evidence and consumption of a		
Foodborne	suspect food item in the incubation period (12-48 hours).		

Clinical Evidence

¹Foodborne: Clinical illness is characterized by blurred vision, dry mouth and difficulty swallowing and speaking. Descending and symmetric paralysis may progress rapidly, often requiring respiratory support.

²Wound: Clinical illness is characterized by diplopia, blurred vision and bulbar weakness. Symmetric paralysis may progress rapidly.

³Infant: Clinical illness in infants is characterized by constipation, loss of appetite, weakness, altered cry and loss of head control.

Causative Agent

The causative agent is *Clostridium botulinum* which is a spore-forming bacterium. It is a Gram-positive anaerobic bacillus. There are several strains of *C. botulinum* classified into types A-G based on the properties of the toxin formed. Most human cases of botulism are caused by types A, B, E and rarely F (Heymann, 2008).

Symptoms

Botulism is a neuroparalytic progressive disorder caused by the toxins produced by *Clostridium botulinum* (Heymann, 2008).

- The characteristic early symptoms and signs are marked fatigue, weakness and vertigo, usually followed by blurred vision, dry mouth, and difficulty in swallowing and speaking.
- Neurological symptoms always descend through the body: shoulders are first affected, then upper arms, lower arms, thighs, calves, etc. Paralysis is symmetric and may progress rapidly, often requiring respiratory support.



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• Nausea, vomiting, constipation and abdominal swelling, and less commonly diarrhea, may occur.

 Symptoms of classic infant botulism (predominates in infants less than 6 months but can occur up to 12 months or age) include decreased movement, loss of facial movements and head control, poor feeding, weak cry, diminished gag reflex, ocular palsies, and progressive descending generalized weakness and decreased muscle tone (American Academy of Pediatrics, 2009).

Incubation Period

- Neurological symptoms usually appear within 12 to 36 hours, but sometimes occur several days after eating contaminated food.
- The shorter the incubation period, the more severe the disease and the higher the case-fatality rate.

Reservoir/Source

- *C. botulinum* spores are ubiquitous in soil including sediments in streams, lakes and coastal waters throughout the world and in the intestinal tract of animals, including fish (Heymann, 2008). Outbreaks of avian botulism have also occurred in wild fowl (Lindstrom, 2006).
- Spores are often found in agricultural products and honey (Heymann, 2008).
- The *C. botulinum* toxin is produced in anaerobic, low-acid environments like in improperly canned or processed foods held without refrigeration.
- Recently identified sources include: homemade salsa, uneviscerated fish, baked
 potatoes wrapped in aluminum foil, cheese sauce, improperly handled commercial
 potpies, sautéed onions, minced garlic in oil, home-prepared pickled eggs and
 home-prepared fermented tofu (Heymann, 2008).

Mode of Transmission (Heymann, 2008)

- Ingestion of foods in which the toxin is present.
- Wound botulism is acquired through the contamination of wound, most commonly associated with severe trauma or injection drug use.
- Intestinal botulism is through the ingestion of spores which germinate then release toxin.



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Risk Groups/Risk Factors (Heymann, 2008)

- Individuals > 1 of age with severely compromised gastrointestinal function.
- Injection drug users are at increased risk for wound botulism.

Period of Communicability

There have been no reported cases of person-to-person transmission.

Specimen Collection and Transport

- Sera, gastric aspirate and/or stool samples should be collected from patients and if necessary, from others who were exposed but are not ill.
- Food samples should be packaged in a sterile, wide mouth, screw-capped container and forwarded immediately to the Saskatchewan Disease Control Laboratory (SDCL) under refrigerated or cooled conditions. Samples should arrive at the lab within 24 hours of collection and should not be frozen. Food samples should be collected but will not be tested by the lab until there is a positive result from a stool sample.
- Stool samples should be collected by holding a clean disposable plastic bag or container underneath or by covering the toilet bowl loosely with plastic wrap so that it sags in the middle or by filling the bottom of the bowl with plenty of clean toilet paper. A portion of the fecal matter about the size of a cherry should be transferred to a sterile specimen container without transport medium or preservative and the lid should be screwed on tightly. Hands should be washed after this procedure. The container should be labelled with name and health services number or birth date plus the date and time that the sample was collected. Sample should be kept cool and delivered to the lab as soon as possible.

Refer to the Saskatchewan Disease Control Laboratory Compendium of Tests for details available at http://sdcl-testviewer.ehealthsask.ca.

Methods of Control/Role of Investigator

Prevention and Education

Refer to the <u>Enteric Illness Introduction and General Considerations</u> section of the manual that highlights topics for client education that should be considered as well as provides information on high-risk groups and activities.



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Education

- Honey should not be given to children under one year of age.
- Education of the public in safe handling of food. For example:
 - Do not use food from damaged or bulging containers.
 - Foods with unusual odours and tastes should not be eaten or "taste-tested."
 - Proper storage is one of the keys to food safety. Refrigeration slows down most bacterial growth. Set the refrigerator temperature at or below 4°C/40°F. (Type E toxin can be produced slowly at temperatures as low as 3°C/374°F.)
 - Storing food in non-airtight containers and at 4°C or lower will prevent or slow the growth of the bacterium.
- Educate those concerned with home canning regarding the proper time, pressure and temperature required to destroy spores.
- Take precautions with home-prepared foods stored in oil (e.g., vegetables, herbs and spices). If these products are prepared using fresh ingredients, they must be kept refrigerated (<4°C) and for no more than 10 days.
 - If the above products are purchased from fairs, farmers' markets, roadside stands or have been received as a gift and prepared more than a week ago, discard them.

Management

I. Case

History

- Suspect foodborne exposure for adult and intestinal botulism. Food histories should include:
 - consumption of home canned or preserved items;
 - consumption of processed foods in which containers may have been bulging or had strange odours or tastes;
 - consumption of smoked wild meat (e.g., bear, moose); smoked fish, whale and seal meat;
 - homemade salsa, uneviscerated fish, baked potatoes wrapped in aluminum foil, cheese sauce, improperly handled commercial potpies, sautéed onions, minced garlic in oil, home-prepared pickled eggs and home-prepared fermented tofu.
- Collect all suspected foods for appropriate testing and disposal.
- Inquire about recent trauma/wounds (within 2 weeks) or history of injection drug use.



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- For infant botulism, inquire specifically about history of ingestion of honey.
- Medical history related to gastrointestinal system function.
- All probable cases should be investigated to determine the source.

Immunization

• Vaccination against botulism is not routinely recommended or provided in Canada at this time.

Treatment/Supportive Therapy

- Persons with botulism require immediate treatment. Treatment must not await laboratory confirmation.
- Antitoxin for foodborne and wound botulism treatment with equine-derived botulism antitoxin heptavalent (BAT) is recommended as soon as possible as it blocks the action of the toxin circulating in the blood and arrests the progression of paralysis. Refer to <u>Attachment Botulism Case Management and Reporting and Appendix D Publicly Funded Medications for Chemoprophylaxis/ Treatment</u> on how to access botulism antitoxin. Access to antitoxin should be initiated as soon as botulism is suspected.
- Antitoxin for infant botulism BabyBIG[®] is a human-derived botulism immune globulin indicated in the treatment of infant botulism for babies up to one year of age. It is deemed to be safer than equine-derived antitoxin because there are lower rates of hypersensitivity reactions and serum sickness associated with its administration. Refer to Attachment Botulism Case Management and Reporting which outlines the process that must be followed for timely acquisition of the BabyBIG[®] product.
- Removal of contaminated food which may still be in the patient's system (e.g., induced vomiting or use of enemas can be considered).
- Supportive therapy including the use of ventilators may be necessary if the paralysis associated with the disease causes respiratory failure. Paralysis will slowly improve over several weeks.

Exclusion

Because there is no person-to-person transmission exclusion is not necessary.



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Referrals

Not applicable.

II. Contacts/Contact Investigation

Contact Definition

- Botulism contacts only include persons with the same food history.
- All symptomatic contacts should be investigated to determine the source.

Testing

No specific tests for contacts.

Prophylaxis/Immunization

- Those people known to have eaten the suspected food should be referred to a
 physician for assessment, observation and consideration of gastric lavage if
 indicated.
- Preventative antitoxin given within one to two days of ingestion may prevent development of symptoms but there may be a larger risk of associated hypersensitivity to horse serum.

Exclusion

As with cases, contacts do not have to be excluded.

III. Environment

Child Care Centre Control Measures/Institutional Control Measures

- Care should be taken to reduce the possibility of ingesting improperly canned or preserved food.
- Proper refrigeration techniques should be followed. Set refrigerator at or below 4°C/40°F. Don't overload the fridge. After grocery shopping, immediately refrigerate or freeze foods as indicated on the label.
- Once a potential botulism case is identified all remaining food from the same source should be immediately collected, stored in sealed containers and submitted for testing.
 - the implicated food(s) should be detoxified by boiling before discarding or the containers broken and buried deeply in soil to prevent ingestion by animals.



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• Contaminated utensils should be sterilized by boiling or by chlorine disinfection to inactivate any remaining toxin.

Epidemic Measures

- In the case of a botulism outbreak there should be an immediate recall of implicated food and an immediate search for people who shared the suspected food (Government of Manitoba, 2001). If it is a commercially produced food, the Canadian Food Inspection Agency (CFIA) should be informed and possibly the Ministry of Agriculture, depending on the implicated food.
- Stool and food samples should be collected according to the procedure outlined in the <u>specimen collection</u> section and send to SDCL for testing. All other suspected food should be disposed of immediately.

Bioterrorism Considerations

Bioterrorism might be considered in any outbreak of botulism. The following features would be particularly suggestive:

- outbreak of a large number of cases of acute flaccid paralysis with prominent bulbar palsies;
- outbreak with an unusual botulinum toxin type (i.e., type C, D, F, or G, or type E toxin not acquired from an aquatic food);
- outbreak with a common geographic factor among cases (e.g., airport, work location) but without a common dietary exposure (i.e., features suggestive of an aerosol attack);
- multiple simultaneous outbreaks with no common source.

Note: A careful travel and activity history, as well as dietary history, should be taken in any suspected botulism outbreak. Patients should also be asked if they know of other persons with similar symptoms. Where no common dietary exposure can be identified in cases that are temporally clustered, the possibility of inhalational botulism may be considered.



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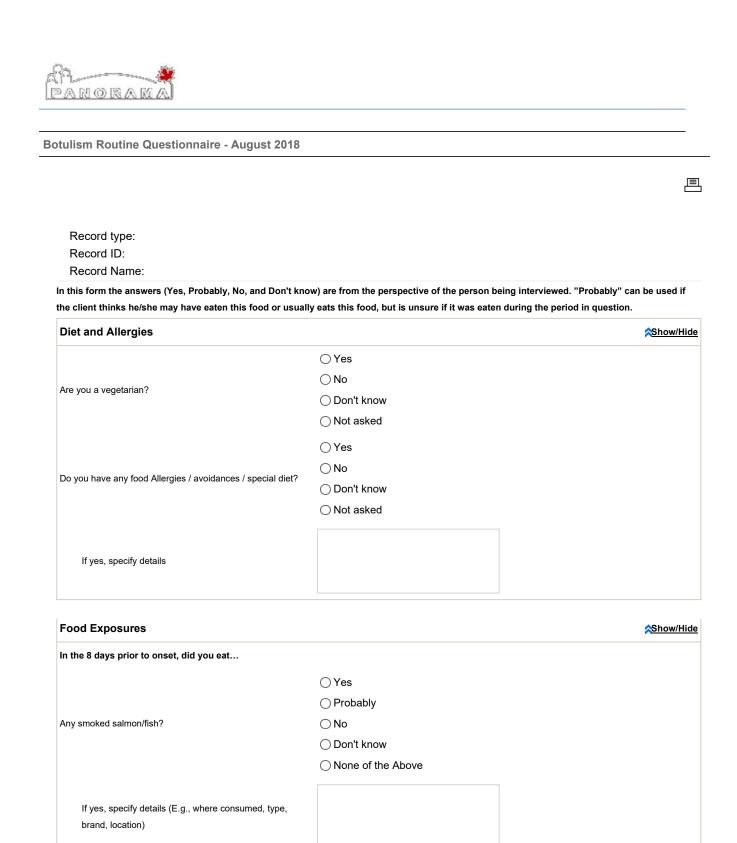
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YesProbablyNo

O Don't know

Any fermented fish eggs?



	O None of the Above
If yes, specify details (E.g., where consumed, type, brand, location)	
	○Yes
	○ Probably
Any seafood (e.g. fish in oil, fermented fish)?	○ No
	ODon't know
	None of the Above
If yes, specify details (E.g., where consumed, type, brand, location)	
	○Yes
	○ Probably
Any smoked meat?	○ No
	O Don't know
	None of the Above
If yes, specify details (E.g., where consumed, type, brand, location)	
	○Yes
	○ Probably
Any fermented meat?	○ No
	O Don't know
	○ None of the Above
If yes, specify details (E.g., where consumed, type, brand, location)	
	○Yes
	○ Probably
Any salted fish/meat?	○No
	O Don't know
	O None of the Above
If yes, specify details (E.g., where consumed, type, brand, location)	



	OVec	
	○Yes	
	○ Probably	
Any home canned products?	○No	
	○ Don't know	
	O None of the Above	
If yes, specify details (E.g., where consumed, type,		
brand, location)		
	○Yes	
	○ Probably	
Any flavoured oils (e.g. garlic oil)?	○No	
	O Don't know	
	○ None of the Above	
If you are altitude to the control of the control o		
If yes, specify details (E.g., where consumed, type, brand, location)		
	○Yes	
	○ Probably	
Any honey?	○ No	
	O Don't know	
	○ None of the Above	
If yes engoity details (F.a. where consumed time		
If yes, specify details (E.g., where consumed, type, brand, location)		
	○Yes	
	○ Probably	
Any other weaning foods?	○No	
	ODon't know	
	O None of the Above	
If yes, specify details (E.g., where consumed, type,		
brand, location)		
•		



Add		
Click the Add button to add grocery store details		
G	○ Not asked	
In the past 8 days prior to onset, did you visit grocery stores for foods consumed during the incubation period?	O Don't know	
In the past 9 days prior to appet did was wish was as a trans	○ Yes ○ No	
Grocery Stores	OV	☆Show/Hid
Add		
Click the Add button to add restaurant details		
	○ Not asked	
(including take-out, cafeteria, bakery, deli, kiosk)?	ODon't know	
In the 8 days prior to onset, did you attend any restaurants	○No	
	○Yes	
Restaurants		<u> </u>
Add		
Click the Add button to add social event/function details		
	O NUL ASKEU	
community events)?	○ Don't know○ Not asked	
functions (e.g. parties, weddings, showers, potlucks,	○ No	
In the 8 days prior to onset, did you attend any social	○Yes	
Social Functions		☆Show/Hid
brand, location)		
If yes, specify details (E.g., where consumed, type,		
	None of the Above	
	O Don't know	
Any bottled vegetable/fruit juice?	○ No	
	○ Probably	
	○ Yes	



Loyalty card/store issued card (for outbreak investigation only)	k	<u> </u>
This section is only for use in some specific outbrea situations, with client consent. It is not a routine que		
for sporadic cases.		
	○Yes	
Has the client given consent (written or verbal)?	○ No	
	○ Not applicable	
Loyalty card details (names and numbers)		
Interviewer Details and Notes		≿ Show/Hide
Interviewer Name		
Interview date	9/26/2018	
Any special notes regarding this interview		

Orbeon Forms Orbeon Forms 4.9.0.201505052329 CE

Section 1 - Initial Notification:

Attending Physician Immediately notifies the Local Medical Health Officer (MHO)

- Botulism is a Reportable Disease in Saskatchewan under the Disease Control Regulations of *The Public Health Act, 1994*
- Botulism (suspected and confirmed cases) must be reported immediately to the local MHO. See <u>Appendix E - Contact Information for Regional Health Authorities</u> and <u>First Nations Inuit Health and Northern Inter-Tribal Health Authority</u>.
- The MHO must be also advised if a food item is the suspected source of the illness.

Local MHO must notify the Saskatchewan Ministry of Health within 24 hours

Botulism (suspected and confirmed cases) must be reported within 24 hours.

During Work Hours (Mon-Fri 8:00 - 5:00): 306-787-4722
After-Hours, Weekends and Holidays: 1-306-337-1676
Follow-up e-mail to: cdc@health.gov.sk.ca

The following information must be reported immediately to the Ministry of Health:

- a. name of the patient
- b. date of birth (or age if DOB is not known),
- c. onset date
- d. address and current location of the case
- e. current health status of the case

Additional information is to be shared with the Ministry as details become available.

Attending Physician notifies Botulism Reference Service (BRS) for Canada to:

- discuss the clinical presentation of the suspect case in order to support the diagnosis;
- obtain advice on the appropriate submission of laboratory specimens (see <u>Section 2 - Specimen Collection</u>) prior to administering treatment.

During Work Hours: 613-957-0902 **After-Hours, Weekends and Holidays**: 613-296-1139

The local MHO should follow-up with the BRS and the physician to facilitate coordinated communication and follow-up.



Section 2 – Specimen Collection:

The BRS will provide recommendations of specimen collection (clinical and food).

Obtain the Appropriate Laboratory Specimens and Forward the Specimens to the BRS for Canada in Ottawa (refer to address below).

- A good case history should be obtained to support the diagnosis.
- Public Health coordinates:
 - Food specimens- may include leftovers or unopened containers of food. When commercial foods are involved, it is important to retrieve the label, the manufacturer's lot number, and codes embossed on the can or package.
- Attending physician coordinates:
 - Clinical specimens Suitable clinical specimens for analyses include fecal samples (approximately 10 g) or enema fluid, gastric contents (adjusted to approximately a pH of 6.0 with 1N NaOH, if possible) and serum (from 20 ml of blood collected before administration of antitoxin).
 - When infant botulism is suspected, the essential material for analysis is the infant's feces. If necessary, soiled parts of diapers may be submitted.

Prior to sending clinical specimens, the attending physician must call the BRS to make arrangements for transporting clinical specimens for laboratory analysis.

During Work Hours: 613-957-0902 **After-Hours, Weekends and Holidays**: 613-296-1139

Samples must be sent by courier (not Canada Post) to:

Dr. John W. Austin or Mr. Greg Sanders Botulism Reference Service Health Canada Room D457, Sir Frederick G. Banting Building Building 22, Tunney's Pasture, PL2204E 251 Sir Frederick Banting Driveway Ottawa ON K1A 0K9

Telephone: 613-957-0902

Fax: 613-941-0280



Specimens should be handled according to routine practices and additional precautions, and packaged for transport to the BRS. For safe shipment, the specimens must be in a watertight primary receptacle, in a watertight secondary container, with sufficient absorbent material between the two containers to absorb the entire contents of the primary receptacle. The preferred method of preserving the material during shipment is by cooling rather than freezing (i.e., by including commercial cooling packs in the parcel). In urgent cases, the parcels are picked up immediately upon arrival.

Samples need to be sent following the Transportation on Dangerous Goods instruction TC-125-1B¹ packing instruction.

NOTE – Specimens should be forwarded to the Saskatchewan Disease Control Laboratory (SDCL) who will forward the specimens to the BRS and will ensure specimens meet transporting standards prior to shipment. Please contact SDCL for additional information on shipping of specimens.



¹ http://www.tc.gc.ca/eng/tdg/moc-infectious-type1b-471.html

Section 3 – Accessing Botulism Antitoxin (BAT)

For <u>Botulism cases IN THOSE 1 YEAR OF AGE AND OLDER</u>, obtain botulism antitoxin (BAT) from the Ministry of Health as outlined in <u>Appendix D – Publicly Funded</u>

<u>Medications for Chemoprophylaxis/Treatment</u>. Consultation must occur with the local MHO who will require authorization by the provincial Chief Medical Health Officer. This is accommodated via completion and submission of <u>Special Access Request Form A</u> to the Ministry of Health prior to the release of BAT.

The Ministry of Health requires the following information immediately:

- a. the name of the physician to which the antitoxin should be sent
- b. the address to which the antitoxin should be sent
- c. the physician's contact telephone number
- d. the name of the Health Unit in which the hospital is located

The Ministry must submit Form A to Special Access Programme (SAP).

NOTE: A blood sample (as suggested by the BRS) should be collected to identify the *C. botulinum* type before antitoxin is administered; **antitoxin should not be withheld pending test results however.**

- One vial of BAT should be administered as soon as possible.
- Ministry of Health staff will arrange for the shipment of the product.
- A product monograph and directions for administration will be included with the product.

After treatment with BAT, the attending physician must complete <u>Special Access</u> Request Form C – Patient Follow-up Form² and fax or e-mail to 306-787-9576 or <u>cdc@health.gov.sk.ca</u>.

The Ministry of Health must forward the information provided on Form C to the Health Canada Special Access Programme for the purpose of notifying Health Canada of the product administration.

² http://www.hc-sc.gc.ca/dhp-mps/acces/drugs-drogues/sapf3_pasf3-eng.php



Section 4 - Accesssing BabyBIG®

For <u>Botulism cases IN INFANTS LESS THAN 1 YEAR OF AGE</u>, obtain infant botulism immune globulin (BabyBIG®).

BabyBIG® is a human-derived botulism immune globulin indicated in the treatment of infant botulism for infants less than one year of age. It is deemed to be safer than equine-derived BAT because there are lower rates of hypersensitivity reactions and serum sickness associated with its administration.

The Ministry of Health will reimburse the Regional Health Authority (RHA) for the USA fees for the product, as well as the transportation cost from California.

- Access to BabyBIG® is authorized only by one of the Infant Botulism Treatment and Prevention Program (IBTPP) on-call physicians, who must be contacted by the patient's attending physician to discuss the clinical situation before BabyBIG® can be shipped. An IBTPP on-call physician can be reached 24 hours a day, 7 days a week at 510-231-7600.
- The producers of BabyBIG® do not permit pre-orders of their product; therefore, the attending physician must place a request with Health Canada for the SAP to gain access.
- The attending physician must complete the <u>Special Access Request Form A</u> and fax it to the SAP immediately at: 613-941-3194. To avoid delays, all sections of the form must be completed accurately and it is recommended to follow-up with a phone call to the SAP office at 613-941-2108.
- If the case presents on a weeknight, weekend or holiday, the SAP on-call officer
 can be reached by telephone at 613-941-2108 (press 0). The attending physician
 should be prepared to provide the information required on the Special Access
 Request Form A to the on-call officer and then follow-up on the next business
 day with a copy of the completed form.

The SAP will then authorize the California Department of Health Services, IBTPP to ship the BabyBIG® to the hospital. For further information on the SAP, please consult their website at http://www.hc-sc.gc.ca/dhp-mps/acces/drugs-drogues/sapf1 pasf1-eng.php.

For additional information on BabyBIG® and the requirements prior to shipment of BabyBIG®, contact the IBTPP at 510-231-7600. Additional information can be obtained at <u>Infant Botulism Treatment and Prevention Program</u>³. The International Inquiries portion of the website outlines further details.



³ http://infantbotulism.org/

After treatment with BabyBIG®, the attending physician must complete <u>Special Access</u> <u>Request Form C – Patient Follow-up Form</u>⁴ and fax or e-mail to 306-787-9576 or cdc@health.gov.sk.ca.

For reimbursement for the payment of BabyBIG®, the RHA shall submit and invoice with the following attached to the address noted below:

- <u>Invoice and Purchase Agreement for BabyBIG</u>® State of California Health and Human Services Agency
- Completed SAP Form C

Director of Surveillance and Central Support Population Health Branch 3475 Albert Street Regina SK S4S 6X6 306-787-9576 cdc@health.gov.sk.ca

⁴ http://www.hc-sc.gc.ca/dhp-mps/acces/drugs-drogues/sapf3_pasf3-eng.php



References

Please note that this information is subject to change. The following sources contain additional information:

Heymann, D. L. (Ed.). (2008). *Control of communicable diseases manual* (19th ed.). Washington, DC: American Public Health Association.

Public Health Agency of Canada. (2004) *Botulism*. Retrieved May, 2014 from http://www.phac-aspc.gc.ca/ep-mu/botulism-eng.php

Centers for Disease Control and Prevention. (n.d.) *Emergency Preparedness and Response: Botulism*. Retrieved May, 2014 from http://emergency.cdc.gov/agent/botulism/



Notification Timeline:

From Lab/Practitioner to Public Health: Within 48 hours.
From Public Health to Ministry of Health: Within 2 weeks.
Public Health Follow-up Timeline: Initiate within 24-48 hours.

Public Health Purpose for Notification of Campylobacteriosis (adapted from Massachusetts Department of Public Health, 2016)

- To identify whether the case may be a source of infection for other persons (e.g., a diapered child, daycare attendee, or food handler), and if so, to prevent further transmission.
- To identify transmission sources of public health concern (e.g., a restaurant or a commercially distributed food product), and to stop transmission from such sources;
- To monitor the effectiveness of prevention and control measures;
- To make timely and evidence informed actions on outbreaks;
- To track trends of the epidemiology of campylobacteriosis in Saskatchewan including risk factors and
- To inform the public and medical community about campylobacteriosis.

Surveillance Case Definition¹ (Saskatchewan-specific case definition, adapted from Public Health Agency of Canada, 2008)

Table Health Agency of Ballada, 2000)				
Confirmed Case	Laboratory confirmation of infection with or without symptoms:			
	• isolation of <i>Campylobacter sp.</i> from an appropriate clinical specimen ^a			
	OR			
	• Detection of <i>Campylobacter spp</i> . by nucleic acid amplification testing			
	(NAAT) from an appropriate clinical specimen			
Probable Case	Clinical illness ^b in a person who is epidemiologically linked to a confirmed			
	case.			

^a See Specimen Collection and Transport

¹ Surveillance case definitions ensure uniform reporting to allow comparability of surveillance data. The definition is not intended to be used for clinical or laboratory diagnosis or management of cases.



^b Clinical illness is characterized by diarrhea, abdominal pain, malaise, fever, nausea and/or vomiting.

Epidemiology and Occurrence

Under Development

Additional Background Information

Causative Agent

- Campylobacter jejuni and C. coli are the most common. Other Campylobacter species include C. fetus, C. lari, C. upsaliensis and C. hyointesinalis. Subtyping can be useful in epidemiological investigations.
- *Campylobacter* species are motile, comma-shaped, gram-negative bacilli (American Academy of Pediatrics, 2015).
- Infection with *Campylobacter* confers lasting immunity to that strain (Heymann, 2015).

Symptoms

- Many infections are asymptomatic and most are self-limited.
- Severity of symptoms vary.
- Symptoms include diarrhea, abdominal pain, fever, nausea, vomiting, malaise, and frequently, bloody stool.
- Mild infections may last 1-2 days, resembling viral gastroenteritis.
- May mimic acute appendicitis or inflammatory bowel disease (Heymann, 2015).
- Bacteremia, although uncommon, may occur in children and neonates. Less common is typhoid-like syndrome, febrile convulsions or a meningitis (American Academy of Pediatrics, 2015).
- Prolonged illness and/or relapses may occur in adults.
- Post-infectious complications, though rare, include reactive arthritis (approximately 1% of cases), urticaria, erythema nodosum, febrile convulsions or Guillain-Barré syndrome (approximately 0.1% of cases) (Heymann, 2015).

Reservoir/Source (American Academy of Pediatrics, 2015)

- Feces of an infected animal or human. The gastrointestinal tract of animals and birds (especially cattle, chickens, turkey, and water fowl) can be a reservoir.
 Puppies, kittens, rodents and other domestic animals can also be a reservoir.
- Raw poultry or meat, often contaminated through the slaughter process, and unpasteurized milk are frequently identified as sources of infection.
- Optimal growth temperature is at 42°C.



• Campylobacter is susceptible to many disinfectants and heat. The bacteria survive in moist environments (including droplets) especially at lower temperatures, but do not tolerate drying or freezing. These characteristics limit transmission. Campylobacter may survive in water for 2 to 5 days, in milk for 3 days, and in feces for up to 9 days.

Incubation Period

Usually 2-5 days, ranges from 1-10 days, depending on dose ingested (Heymann, 2015). A standardized case investigation including timeline of inquiry is outlined in the User Defined Form.

Period of Communicability

Usually ends 2-3 days after administration of antibiotics (American Academy of Pediatrics, 2015). Individuals not treated with antibiotics may excrete organisms for 2-7 weeks, however person to person transmission is uncommon (Heymann, 2015). A long-term carrier state of more than 7 weeks is not known to occur.

Mode of Transmission (Heymann, 2015)

- Ingestion of organisms in improperly cooked food, unpasteurized milk, or other contaminated food or drinking water.
- Direct contact with fecal material from infected animals or persons, especially young children, and young pets (puppies and kittens).
- Most raw chicken is contaminated with *C. jejuni*. Cross-contamination may occur from improperly cleaned counters or equipment (for example, knives and cutting boards) that have been exposed to contaminated meat or poultry products.
- Person-to-person transmission with *C. jejuni* appears uncommon.
- The infective dose is often low, typically fewer than 500 organisms.

Specimen Collection and Transport

Stool specimens should be taken early in the course of the illness, when the causative agent is likely to be found in largest numbers. Freshly passed stool is better than rectal swabs, since there is less chance for improper collection, and mucus and blood stained portions can be selected for culture. Use the Cary-Blair transport media. Submit three or four spoonfuls (using the built-in spoon) of liquid stool and mix thoroughly with the semi-solid Cary-Blair transport media. The final mixture should not fill the Cary-Blair container to more than three-quarters full.



Refer to the Roy Romanow Provincial Laboratory Compendium of Tests for details at https://rrpl-testviewer.ehealthsask.ca/.

Public Health Investigation

I. Case

Refer to Attachment – Campylobacteriosis Data Collection Worksheet to assist.

History

- Onset of illness to determine incubation period and period of communicability, which helps to identify the possible source and contacts to be followed.
- In the ten days prior to onset of illness inquire about:
 - Exposure to animals including pets with recent illness, farm animals, young animals or recently acquired puppies or kittens (refer to reservoir);
 - Ingestion of potentially contaminated foods such as undercooked poultry, ground beef products or water, or unpasteurized milk. (complete the <u>User Defined Form</u>);
 - contact with individuals with similar symptoms or confirmed cases;
 - history of travel outside of Saskatchewan, especially to areas with inadequate sanitation, water and sewage treatment;
 - assess for safe food handling procedures (e.g. possible cross-contamination such as shared food surfaces and equipment);
 - assess for history of similar symptoms in visitors or other members of the household.
 - determine history of daycare or hospital exposure;
 - identify potentially contaminated drinking and recreational water sources;
 - occupational exposure (e.g., animal or meat handling).
- Assess for health conditions that may render the individual more susceptible to invasive disease (e.g. immunocompromising conditions).
- Identify others who may have been exposed to the same source.
- Occupational considerations exist for food handlers, health care and child care workers.
- Assess for transmission risk through oral-anal sex.

Public Health Interventions

Assessment

 Assess for <u>contacts</u> paying particular attention individuals that have had exposure to the same source or are a risk for further transmission. This is of importance in detecting outbreaks.



Communication

- Letters can be used to inform contacts of the exposure, symptom monitoring and when to seek medical attention (see Sample letter).
- Letters can also be used when exclusion from school or work settings are required as a public health intervention.

Education

 All cases should be provided information on prevention and control measures including safe food handling and handwashing (refer to Education)

Environmental Health

• In the case of an ill food handler, a restaurant inspection may be warranted to review safe food handling requirements.

Exclusion

Exclusion is warranted for cases as follows:

- Food handler, health care worker, childcare, or other staff involved with personal care and children below the age of five years in childcare: exclude until diarrhea has resolved (American Academy of Pediatrics, 2015).
- Individuals unable to maintain adequate standards of personal hygiene (i.e., mentally or physically handicapped): exclude until diarrhea has resolved. If the individual is living in an institution, follow contact precautions for same time period.
- Diarrhea is considered resolved when stools have been normal for that individual for 48 hours.
- Exclusion of asymptomatic infected persons is indicated for those with questionable handwashing habits (Heymann, 2015).

Public Health Order

 If a food handler, the case should be excluded from work and order used if necessary.

Referral

- To primary care provider for treatment recommendations if experiencing more than 6 diarrheal episodes per day; bloody diarrhea; persistent diarrhea with or without fever (Blondel-Hill and Fryters, 2006).
- When a food that is commercially available is implicated, a referral to Canadian Food Inspection Agency may be warranted. Likewise, when a public water source is implicated, a referral to the Saskatchewan Water Security Agency may be warranted.



Treatment/Supportive Therapy

Treatment for clinical management is at the discretion of the primary care provider. The following serves as a reference for the public health investigator:

- Supportive therapy includes oral rehydration solution to replace fluids and electrolytes.
- In most cases, infection is self-limited and treatment with antibiotics is not indicated (Heymann, 2015).
- Antibiotic resistance is increasing. Antibiotic treatment, if indicated (e.g., those with severe or prolonged illness), should be based on antimicrobial susceptibility testing. The public health practitioner should direct any questions regarding the current treatment protocols to the primary care provider.
- C. jejuni or C. coli are susceptible to many antimicrobial agents. Taking antibiotics will shorten the period of excretion and communicabiliy.
- Antibiotics shorten the duration of illness and prevent relapse when given early during gastrointestinal tract infection.

II. Contacts/Contact Investigation

Contact Definition

Contacts include:

- persons living in the household;
- children and childcare workers in a day care/day home;
- individuals exposed to the same source (if it is identified).

Public Health Interventions

Assessment

Assess for symptoms.

Communication

 Individual follow-up of contacts in in larger daycares, classrooms, schools, teams, workplaces, etc., is generally <u>not recommended</u>. These individuals should be informed by letter from public health, advising them to see their physician if they develop symptoms.

Education

 All contacts should be provided information on prevention and control measures including safe food handling and handwashing.



Environmental Health

• If a common exposure is identified through the case and contact investigations, environmental health assessments may be required.

Exclusion

- Symptomatic contacts should follow the same exclusion criteria as cases.
- Asymptomatic contacts are not excluded from work or day care.

Referral

 Symptomatic contacts should be referred to their primary care provider for assessment.

III. Environment

Child Care Centre Control Measures

- Refer to the Saskatchewan Ministry of Health Infection Control Manual for Child Care Facilities. ² A Public Health Inspector should inspect the facility to ensure adequate infection control measures are implemented.
- For one case:
 - no action is recommended for other children or employees in a day care setting.
- For two cases or more:
 - if there are epidemiologically linked cases in attendees or employees, diapered attendees and food handlers should be screened for *Campylobacter*.
- Educate parents and staff about campylobacteriosis and proper handwashing.
- Instruct parents and staff to watch for symptoms of diarrhea.

Institutional Control Measures

For infection control measures refer to your Health Authority Infection Control Manual.

- Contact precautions for hospitalized patients and residents of an institution.
 - For residents of an institution with a case of campylobacteriosis, institute contact precautions for that case. No action is recommended for other residents.
 - If there are epidemiologically linked cases of campylobacteriosis in the institution's residents or employees, employees and food handlers should be screened for *Campylobacter*. Investigate as an outbreak.

² http://publications.gov.sk.ca/documents/11/96181-infection-control-manual-child-care-centres.pdf



IV. Epidemic Measures

Investigate outbreaks to identify implicated food, water or raw milk to which others may have been exposed. Groups of cases should be investigated for vehicle and mode of transmission.

Prevention Measures

Refer to the <u>Enteric Introduction and General Considerations</u> section of the manual that highlights topics for client education that should be considered as well as provides information on high-risk groups and activities.

Education

- Provide prevention and education to case or caregiver, day care or institution about personal hygiene.
- Highlight the importance of avoiding cross-contamination of cooked food with uncooked food, especially poultry. Emphasize that poultry carcasses are often contaminated with *Campylobacter*.
- Thoroughly cook all food derived from animal sources, particularly poultry and eggs.
- Avoid using common cutting boards for raw and cooked products unless sanitizing between uses.
- Educate food handlers about proper food and equipment handling and hygiene.
- Pasteurize or boil milk.
- Ensure water supplies are potable.
- Wash hands thoroughly after touching feces or animals, especially chickens.
- Consider pets with diarrhea as a possible source of *Campylobacter*.
- Educate about the risk of sexual practices that permit fecal-oral contact.

Immunization

Not applicable.



Revisions

Date	Change
September 2018	Clarified the purpose for notification of cases to public health
	Updated case definition to include PCR and NAAT tests.
	Incorporated standardized Campylobacteriosis Data Collection
	Worksheet and User Defined Form.
	Clarified the exlusion and removed reference to completion of
	antibiotics.
	Rearranged and updated the style into the new format of the
	Manual to align with Panorama.
	References reaffirmed or updated as necessary.



References

- American Academy of Pediatrics. (2015). *Red book: 2015 report of the Committee on Infectious Diseases* (29th ed.). Elk Grove Village, IL: Author.
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- Public Health Agency of Canada. (2008). Case definitions for communicable diseases under national surveillance. *Canada Communicable Disease Report (CCDR), 35S2,* November 2009. Retrieved June, 2018 from http://www.phac-aspc.gc.ca/publicat/ccdr-rmtc/09vol35/35s2/Campylo-eng.php.
- United States Food and Drug Administration, Center for Food Safety and Applied Nutrition. (2004). *Bad bug book: Foodborne pathogenic microorganisms and natural toxins handbook.* McLean, VA: International Medical Publishing, Inc.







Panorama QA complete: ☐ Yes □No Panorama Client ID: Please complete all sections Panorama Investigation ID: _ Initials: A) CLIENT INFORMATION LHN -> SUBJECT -> CLIENT DETAILS -> PERSONAL INFORMATION Last Name: First Name: and Middle Name: Alternate Name (Goes by): DOB: YYYY / MM / DD Health Card Province: _____ Preferred Communication Method: (specify - i.e. Age: _____ home phone, text): Health Card Number (PHN): Phone #: Primary Home: Email Address: □ Work □ Personal ☐ Mobile contact: ☐ Workplace: □ Other ☐ Female □ Unknown Place of Employment/School: Address Type: Alternate Contact: _____ □ No fixed □ Postal Address □ Primary Home □ Temporary □ Legal Land Description Mailing (Postal address): Relationship: Alt. Contact phone: ___ Street Address or FN Community (Primary Home): Address at time of infection if not same: B) INVESTIGATION INFORMATION LHN-> SUBJECT SUMMARY-> ENTERIC ENCOUNTER GROUP->CREATE INVESTIGATION Disease Summary Classification: Classification: LAB TEST INFORMATION: Date **CONTACT** Date CASE Date specimen collected: ☐ Confirmed YYYY / MM / DD □ Contact YYYY / MM / DD YYYY / MM / DD YYYY / MM / DD ☐ Does Not Meet Case YYYY / MM / DD □ Not a Contact Specimen type: □ Blood ☐ Person Under Investigation YYYY / MM / DD ☐ Person Under Investigation YYYY / MM / DD □ Urine ☐ Probable YYYY / MM / DD □ Stool Disposition: FOLLOW UP: ☐ In progress YYYY / MM / DD ☐ Complete YYYY / MM / DD \square Incomplete – Declined YYYY / MM / DD ☐ Not required YYYY / MM / DD YYYY / MM / DD \square Referred – Out of province YYYY / MM / DD ☐ Incomplete – Lost contact ☐ Incomplete – Unable to locate YYYY / MM / DD (specify where) REPORTING NOTIFICATION Location: Name of Attending Physician or Nurse: Physician/Nurse Phone number: Date Received (Public Health): YYYY / MM / DD Type of Reporting Source: Health Care Facility □ Lab Report ☐ Nurse Practitioner ☐ Physician Other

November 22, 2019 Page 1 of 4

Please complete **all** sections

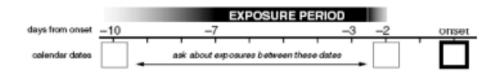
Panorama Client ID:	
Panorama Investigation ID:	

C) SIGNS & SYMPTOMS

INIV/FSTI	GATIO	NL>SIGNS	& SYMPTOM	C

Description	Yes Date of onset	Date of recovery	Description	Yes Date of onset	Date of recovery
Asymptomatic	YYYY / MM / DD	YYYY / MM / DD	Nausea	YYYY / MM / DD	YYYY / MM / DD
Diarrhea - bloody	YYYY / MM / DD	YYYY / MM / DD	Pain – abdominal	YYYY / MM / DD	YYYY / MM / DD
Diarrhea - mucousy	YYYY / MM / DD	YYYY / MM / DD	Sepsis (e.g. bactremia, septicemia, etc.)	YYYY / MM / DD	YYYY / MM / DD
Diarrhea - watery	YYYY / MM / DD	YYYY / MM / DD	Stool - bloody	YYYY / MM / DD	YYYY / MM / DD
Headache	YYYY / MM / DD	YYYY / MM / DD	Vomiting	YYYY / MM / DD	YYYY / MM / DD
Malaise	YYYY / MM / DD	YYYY / MM / DD		YYYY / MM / DD	YYYY / MM / DD

Enter onset date in heavy box. Count back to figure the probable exposure period.



D) INCUBATION AND COMMUNICABILITY

LHN-> INVESTIGATION->INCUBATION & COMMUNICABILITY

T INCODATIONALE COMMISSION CONTRACTOR	
Incubation for Case (period for acquisition): Earliest Possible Exposure Date: YYYY / MM / DD	Latest Possible Exposure Date: YYYY / MM / DD
Exposure Calculation details:	
Communicability for Case (period for transmission):	
Earliest Possible Communicability Date: YYYY / MM / DD	Latest Possible Communicability Date: YYYY / MM / DD
Communicability Calculation Details:	

E)	RISK FACTORS	N – NO, NA – Not Asked, U – Unknown
----	--------------	-------------------------------------

LHN-> SUBJECT->RISK FACTORS

L) KISK FACTORS IN NO. NA NOCASKEU, O OTKITOWIT				
DESCRIPTION	Yes	N, NA, U	Add'I Info	
Animal Exposure – Farms (Add'l Info)				
Animal Exposure – Other (Add'l Info)				
Animal Exposure – Pet treats and raw food (Add'l Info)				
Animal Exposure – Pets (including reptiles) (Add'l Info)				
Animal Exposure – Rodents/rodent excreta				
Animal Exposure – Wild animals (other than rodents) (Add'l Info)				
Behaviour – Camping/hiking	YYYY / MM/DD			
Contact – Persons with diarrhea/vomiting	YYYY / MM/DD			
Contact to a known case (Add'l Info)	YYYY / MM/DD			
Immunocompromised – Related to underlying disease or treatment				
Occupation – Child Care Worker	TE			
Occupation – Farmer				
Occupation – Food Handler	TE			
Occupation – Health Care Worker – IOM Risk Factor	TE			

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Please complete **all** sections

Panorama Client ID:	
Panorama Investigation ID:	

DESCRIPTION		Yes	N, NA, U	Add'l Info		
Occupation – Veteri	narian or related work	er				
Travel – Outside of (Canada (Add'l Info)	YYYY / MM/DD AE				
Travel – Outside of Canada (Add'l Info)	Saskatchewan, but with	nin YYYY / MM/DD AE				
Water – Bottled wat	ter (Add'l Info)					
Water – Private wel	l or system (Add'l Info)					
Water – Public water	er system (Add'l Info)					
Water – Untreated	water (Add'l Info)	AE				
Water (Recreational river, ocean (Add'l In	l) – Pond, stream, lake, nfo)	AE				
pool/whirl pool)	l) – Private (swimming	TE				
Water (Recreational	·					
(swimming/paddling Other risk factor (A				+		
Other risk ractor (7)						
F) USER DEFINED FO				STIGATION DETAILS -> LINKS AND ATTA(CHMENTS -> CAMPYLOBAGE MEDICATIONS->MEDICAT	
·		orama = Other Meds) : _		Started on: YYYY / MM / DD		
H) INTERVENTIONS			LHI	N-> INVESTIGATION->TREATMENT & IN	TERVENTIONS->INTERVEN	TION SUMMARY
Intervention Type a	nd Sub Type:					
Assessment:					gator name	
☐ Assessed for cont	tacts	YYYY/ MM /	DD	Daycare YYYY/ MM / DD	□ Preschool YYYY/ I	
Investigator name				□ School YYYY/ MM / DD	□ Work YYYY/ N	MM / DD
General: Investigate				Public Health Order:		
☐ Disease-Info/Prev		YYYY/ MM /		Other (specify) Nyyy/ MM / DD		
□ Disease-Info/Prev	-Cont/Assess'd for Con	tacts YYYY/ MM /	DD	Investigator name		
Communication:				Referral: Investigator name		
	ation (See Investigator	Notes) YYYY/ MM /	DD	☐ Canadian Food Inspection Agency	YYYY/ MM / DD	
Investigator name		\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	DD	☐ Primary Care Provider	YYYY/ MM / DD	
☐ Letter See Docum Investigator name	ient ivianagement	YYYY/ MM /	טט	☐ Saskatchewan Water Security Agence	Y YYYY/ MM / DD	
Education/counselli	ng: Investigat	or name		Other Investigation Findings:		
☐ Prevention/Contr	-	YYYY/ MM /	DD	□ Investigator Notes		
☐ Disease informat	ion provided	YYYY/ MM /	DD	☐ Document Management		
Environmental heal	th: YYYY/ MM / DD					
☐ Restaurant Inspe	ction	☐ Facility Inspection				
Investigator name						
Date	Intervention	Comments			Next follow-up Date	Initials
YYYY / MM / DD	subtype				YYYY / MM / DD	
YYYY / MM / DD					YYYY / MM / DD	
YYYY / MM / DD					YYYY / MM / DD	
YYYY / MM / DD					YYYY / MM / DD	
YYYY / MM / DD					YYYY / MM / DD	
YYYY / MM / DD					YYYY / MM / DD	
YYYY / MM / DD					YYYY / MM / DD	

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Please complete **all** sections

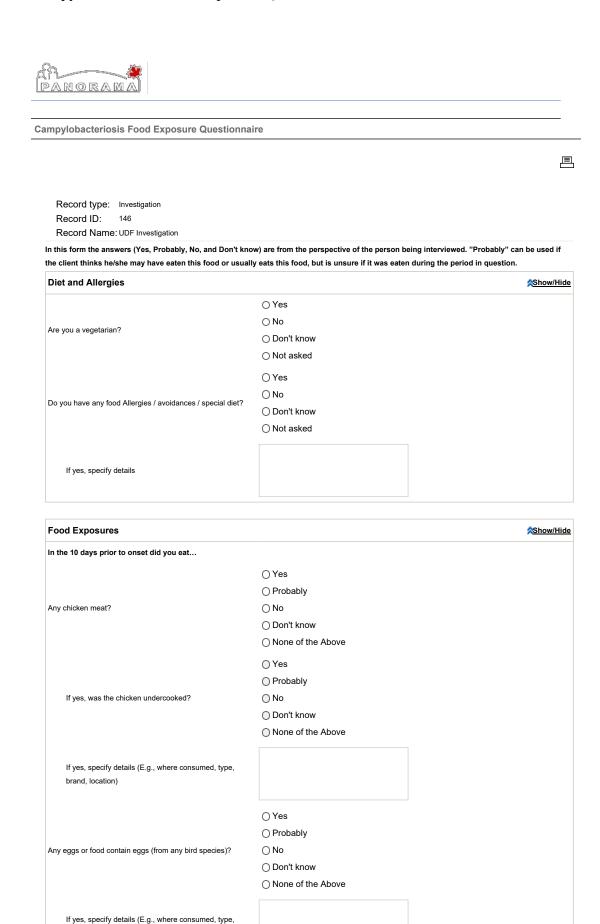
Panorama Client ID:	
Panorama Investigation ID:	

				r anorama r	Tivestigation ib.
OUTCOMES				LHN-> II	NVESTIGATION-> OUTCOME
☐ Recovered ☐ Fatal	red/recovering YYYY / MM YYYY / MM YYYY / MM YYYY / MM	/ DD		□ Unknown	n YYYY / MM / DD YYYY / MM / DD
EXPOSURES cquisition Event			LHN-> INVESTIGATION->	EXPOSURE SUMMARY-	> ACQUISITION QUICK ENTR
cquisition Event ID:	<u> </u>				
Acquisition Start	YYYY / MM / DD to Acq	uisition End: YYYY / MM / [DD		
□ Travel	☐ Exposure or consumpt	tion of potentially contaminated f	ood or water	□ Most lil	kely source
ransmission Eve	nts	LHN -> INVESTIGATION	-> EXPOSURE SUMMARY ->	TRANSMISSION EVEN	T SUMMARY -> QUICK ENTR
Transmission Event ID	Exposure Name	Setting type		Date/Time	# of contacts
		☐ Food service establishment	☐ Health Care setting		
		☐ Public facilities	☐ Household Exposure		
		☐ Food service establishment	☐ Health Care setting		
		☐ Public facilities	☐ Household Exposure		
		☐ Food service establishment	☐ Health Care setting		
		☐ Public facilities	☐ Household Exposure		
		☐ Food service establishment	☐ Health Care setting		
		☐ Public facilities	☐ Household Exposure		
	Campy Contacts – Inv ID#	☐ Multiple Settings		YYYY / MM / DD to YYYY / MM / DD	
TOTAL NUMBER		SURE SUMMARY -> TRANSMISSIC	ON EVENT SUMMARY -> TE	HYPERLINK -> UNKNOV	VN/ANONYMOUS CONTAC
Anonymous conta	cts: (total number o	f individuals exposed)			
Initial Report completed by:					itial report completed:

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brand, location)

Loading...





	○ Yes
	O Probably
Any pork?	○ No
	O Don't know
	O None of the Above
If yes, specify details (E.g., where consumed, type,	
brand, location)	
	0.11
	O Yes
	O Probably
Any beef?	○ No
	O Don't know
	O None of the Above
If yes, specify details (E.g., where consumed, type,	
brand, location)	
	OVer
	O Yes
	O Probably
Any fish?	○ No
	O Don't know
	○ None of the Above
If yes, specify details (E.g., where consumed, type, brand, location)	
brand, location)	
	○Yes
	_
Any raw vegetables?	○ Probably ○ No
rily law vegetables!	
	○ Don't know ○ None of the Above
	O None of the Above
If yes, specify details (E.g., where consumed, type, brand, location)	
braild, location)	
	○ Yes
	○ Probably
Any raw fruits?	○ No
rang raw mano:	○ Don't know
	○ None of the Above
	O Horiz of the Above
If you appoint details (F. g. where consumed the	
If yes, specify details (E.g., where consumed, type, brand, location)	
. ,	
	○ Yes
	○ Probably
Any Unpasteurized dairy (e.g. milk, cheese)?	○ No
way onpusiounzed daily (e.g. IIIIK, Olicese):	
	○ Don't know



	O None of the Above	
If yes, specify details (E.g., where consumed, type, brand, location)		
Social Functions		<u> </u>
	○Yes	
n the 10 days prior to onset did you attend any social	○ No	
functions (e.g. parties, weddings, showers, potlucks, community events)?	O Don't know	
Sommunity events):	○ Not asked	
Click the Add button to add social event/function details		
Add		
Postovento		*0:- #
Restaurants	O.V.	<u> </u>
	○ Yes	
In the 10 days prior to onset did you attend any restaurants (including take-out, cafeteria, bakery, deli, kiosk)?	○ No	
inicidality take-out, careteria, bakery, dell, klosky:	O Don't know	
	○ Not asked	
Click the Add button to add restaurant details		
Add		
Grocery Stores		<u> </u>
	○Yes	
In the 10 days prior to onset did you attend any grocery	○ No	
stores for food consumed during the incubation period?	O Don't know	
	O Not asked	
Click the Add button to add grocery store details		
Add		
Add		
Loyalty card/store issued card (for outbreak investigation only)		<u> </u>
This section is only for use in some specific outbreak		
situations, with client consent. It is not a routine question		
for sporadic cases.		
	○Yes	
Has the client given consent (written or verbal)?	○ No	
	○ Not applicable	
Loyalty card details (names and numbers)		



Interviewer Details and Notes				<u> Show/Hide</u>
Interviewer Name				
Interview date	8/22/2018			
Any special notes regarding this interview				
		Save as Draft	Submit	Clear

Orbeon Forms Orbeon Forms 4.9.0.201505052329 CE



Cholera Routine Questionnaire - August 2018 Record type: Record ID: Record Name: In this form the answers (Yes, Probably, No, and Don't know) are from the perspective of the person being interviewed. "Probably" can be used if the client thinks he/she may have eaten this food or usually eats this food, but is unsure if it was eaten during the period in question. **Diet and Allergies** Show/Hide Yes \bigcirc No Are you a vegetarian? O Don't know O Not asked Yes ○ No Do you have any food Allergies / avoidances / special diet? ODon't know O Not asked If yes, specify details **Food Exposures** Show/Hide In the 5 days prior to onset, did you eat... ○ Yes OProbably Any local shellfish? ○ No O Don't know O None of the Above ○ Yes Was it self harvested? \bigcirc No Self harvested location 9/26/2018 Self harvested date?

Yes



	○ Probably
Any mussels?	○ No
	○ Don't know
	○ None of the Above
If yes, specify details (E.g., where consumed, type,	
brand, location)	
	○ Yes
	○ Probably
Any clams?	○No
	○ Don't know
	○ None of the Above
If yes, specify details (E.g., where consumed, type,	
brand, location)	
	○Yes
	○ Probably
Any crabs?	○No
	○ Don't know
	○ None of the Above
If yes, specify details (E.g., where consumed, type,	
brand, location)	
	○Yes
	○ Probably
Any lobster?	○No
	O Don't know
	None of the Above
If yes, specify details (E.g., where consumed, type,	
brand, location)	
	○Yes
	○ Probably
Any shrimp?	○ No
	O Don't know
	<u> </u>



	○ None of the Above	
If yes, specify details (E.g., where consumed, type,		
brand, location)		
	○Yes	
	○ Probably	
Any oysters?	○ No	
	ODon't know	
	○ None of the Above	
]
If yes, specify details (E.g., where consumed, type,		
brand, location)		
Social Functions		<u> </u>
	○Yes	
In the 5 days prior to onset, did you attend any social	○ No	
functions (e.g. parties, weddings, showers, potlucks,	O Don't know	
community events)?	○ Not asked	
	O Not doked	
Click the Add button to add social event/function details		
Add		
Restaurants		<u> </u>
	○Yes	
In the 5 days prior to onset, did you attend any restaurants	○ No	
(including take-out, cafeteria, bakery, deli, kiosk)?	ODon't know	
	○ Not asked	
Click the Add button to add restaurant details		
Add		
Grocery Stores		≈ Show/Hide
	○Yes	
In the part 5 days prior to enset did you wish areas and the	○ No	
In the past 5 days prior to onset, did you visit grocery stores for foods consumed during the incubation period?	O Don't know	
and the second s	O DOIT KNOW	



	○ Not asked	
Click the Add button to add grocery store details		
Add		
Loyalty card/store issued card (for outbreak investigation only)		≈ Show/Hide
This section is only for use in some specific outbreak situations, with client consent. It is not a routine question for sporadic cases.	1	
	○Yes	
Has the client given consent (written or verbal)?	○ No	
	○ Not applicable	_
Loyalty card details (names and numbers)		
Interviewer Details and Notes		≿ Show/Hide
Interviewer Name		
Interview date	9/26/2018	
Any special notes regarding this interview		

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Cryptosporidiosis

Date Reviewed: March, 2012 Section: 3-80 Page 1 of 8

Notification Timeline:

From Lab/Practitioner to Public Health: Within 48 hours. From Public Health to Saskatchewan Health: Within 2 weeks. Public Health Follow-up Timeline: Initiate within 24-48 hours.

Information

Case Definition (Public Health Agency of Canada, 2008)

Confirmed Case	Laboratory confirmation of infection with or without symptoms from an appropriate clinical specimen (e.g., stool, intestinal fluid or small bowel biopsy): • demonstration of <i>Cryptosporidium</i> oocysts • detection of <i>Cryptosporidium</i> DNA • demonstration of <i>Cryptosporidium</i> antigen by an approved method (e.g., EIA, immunochromatographic – ICT).				
Probable Case	Clinical illness ¹ in a person who is epidemiologically linked to a confirmed case.				
¹ Clinical illness is character	¹ Clinical illness is characterized by diarrhea (often profuse and watery), abdominal cramps,				

¹Clinical illness is characterized by diarrhea (often profuse and watery), abdominal cramps, anorexia, fever, nausea, general malaise and vomiting.

Causative Agent

Cryptosporidium species are oocyst-forming coccidian protozoa. *Cryptosporidium* parvum is the most common species that causes clinical disease in humans. The other species that may cause disease in humans is *Cryptosporidium hominis* (American Academy of Pediatrics, 2009).

Symptoms (Heymann, 2008)

- The major symptom is diarrhea, which may be profuse and watery, preceded by anorexia and vomiting in children. The diarrhea is associated with cramping abdominal pain.
- General malaise, fever, anorexia, nausea and vomiting occur less often.
- Symptoms often wax and wane but remit in less than 30 days in most immunologically healthy people.



Cryptosporidiosis

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 Asymptomatic infections are common and represent a source of infection for others.

• In immunodeficient persons, especially those infected with HIV, who may be unable to clear the parasite, the disease has a prolonged and fulminant clinical course contributing to death.

Incubation Period (American Academy of Pediatrics, 2009)

1-12 days is the likely range, with an average of about 7 days.

Reservoir/Source

Humans, cattle and other domestic animals, including birds and reptiles and occasionally wild animals (American Academy of Pediatrics, 2009).

Mode of Transmission (Heymann, 2008)

- Fecal-oral, including person-to-person, animal-to-person, waterborne and foodborne.
- Oocysts are highly resistant to chemical disinfectants (e.g., chlorine). The parasite infects the intestinal epithelial cells, resulting in oocysts in feces that can survive under adverse environmental conditions for long periods of time.
- Outbreaks in North America and Europe have been associated with contaminated drinking water, bathing in contaminated swimming pools, water parks and lakes, and drinking unpasteurized apple cider that has been contaminated with cow manure.

Risk Groups

Heymann (2008) identifies the following as being prone to infection:

- children under 2 years of age;
- animal handlers;
- travellers:
- men who have sex with men;
- close personal contacts of infected individuals (families, health care workers and day care workers).



Cryptosporidiosis

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Period of Communicability (Heymann, 2008)

- Oocysts appear in the stool at the onset of symptoms and are immediately infectious upon excretion and continue to be excreted in the stool for several weeks after symptoms subside. Oocysts can remain infective outside the body in a moist environment for 2-6 months.
- In most people, shedding of *C. parvum* stops within 2 weeks, but in immunocompromised individuals, shedding can continue for up to 2 months.

Specimen Collection and Transport

Submit stool in container with SAF preservative. Fill specimen to the line of the container, do not over or under fill. Mix stool well with preservative using spoon provided before sending.

Refer to the Saskatchewan Disease Control Laboratory Compendium of Tests for details at http://sdcl-testviewer.ehealthsask.ca.

Methods of Control/Role of Investigator

Prevention and Education

Refer to the <u>Enteric Introduction and General Considerations</u> section of the manual that highlights topics for client education that should be considered as well as provides information on high-risk groups and activities.

- Educate the public about personal hygiene.
- Ensure adequate sanitation facilities.
- Educate food handlers about proper food and equipment handling and hygiene, especially in avoiding cross-contamination of food products, and emphasize thorough hand washing.
- Ensure drinking water supplies are safe. Avoid drinking untreated and inadequately filtered surface water when camping or traveling in developing countries. Chemical disinfectants are not effective; therefore drinking water supplies should be boiled for one minute.
- Educate about the risk of sexual practices that permit fecal-oral contact.
- Contact precautions are recommended for diapered or incontinent children.
- Because cattle are a common source, wash hands thoroughly after contact with cattle or other farm or domestic animals.



Cryptosporidiosis

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• Do not eat or drink unpasteurized milk products.

• Avoid swallowing water when swimming (Heymann, 2008).

Management

I. Case

History

Obtain:

- history of contact with pets, cattle, sheep or domestic animals (including visits to farms or petting zoos);
- history of recent travel and travel to areas with inadequate water or sewage systems;
- history of recent exposure to recreational water (treated or untreated);
- food history including consumption of contaminated food or water, or unpasteurized milk.

Determine:

- water source and sewage disposal if not on a municipal system;
- history of high-risk sexual practices, especially contact with feces;
- history of exposure to day care or institutions.

Immunization

None.

Education

- Provide prevention information and education to case or caregiver, day care or institution workers about personal hygiene.
- Educate about disinfecting diaper changing areas after use by child with diarrhea.
- Advise case to avoid food preparation.
- Advise case to avoid using public swimming pools and other recreational waters for 2 weeks after symptoms resolve (American Academy of Pediatrics, 2009).
- Long-term asymptomatic carriers should be educated as to proper prevention activities (handwashing techniques, proper fecal disposal), but do not need to be excluded from risk activities.



Cryptosporidiosis

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Treatment/Supportive Therapy

Treatment choices are governed by the most recent guidelines. The public health practitioner should direct any questions regarding the current treatment protocols to the physician or Medical Health Officer (MHO). See Appendix H - Sources for Clinical Treatment Guidelines.

- Supportive measures include management of fluid and electrolyte balance and rest.
- If the individual is taking immunosuppressive drugs, these should be stopped or reduced wherever possible. The patient is advised to consult with their physician to determine if any change in immunosuppressive drug regime is indicated.

Exclusion

- Food handler, health care, childcare or other staff involved with personal care: exclude until diarrhea is considered to resolved (when stools have been normal for that individual for 48 hours).
- Children below the age of five years in childcare and individuals unable to maintain adequate standards of personal hygiene (i.e., mentally or physically handicapped): exclude until diarrhea has resolved.
- Use of recreational water (e.g., swimming pools, paddling pools, hot tubs): exclude until 2 weeks after symptoms resolve.
- Asymptomatic persons: exclusion is not warranted.

Referrals

- None for healthy individuals.
- Immunocompromised people, especially HIV patients, should be followed by their infectious disease specialist.

II. Contacts/Contact Investigation

Contact Definition

Contacts include:

- persons living in the household;
- children and childcare workers in a day care/day home;
- individuals exposed to the same source (if it has been identified).



Cryptosporidiosis

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Testing

Symptomatic household members, children and childcare workers in a day care/day home may be required to submit stool samples as part of an outbreak investigation (Heymann, 2008).

Prophylaxis/Immunization

None.

Exclusion

Symptomatic contacts working in high risk occupations should be excluded until diarrhea has resolved. Children and childcare workers in a daycare/dayhome should be excluded from these settings until diarrhea has resolved. Individuals with diarrhea should not use public recreational waters (e.g., swimming pools, lakes, etc.) (American Academy of Pediatrics, 2009). Exclusion is not warranted for asymptomatic persons.

III. Environment

Child Care Centre Control Measures

Strict enforcement of infection control measures. Refer to Saskatchewan Ministry of Health Infection Control Manual for Child Care Facilities.¹

Institutional Control Measures

- Strict enforcement of infection control measures. Refer to your Health Authority Infection Control Manual.
- If the patient is in an institution, hospital or day care/day home, contact precautions in the handling of feces, contaminated clothing and bed linen are to be followed until diarrhea has resolved.
- Contact precautions should be used while case is symptomatic. In the event of a cluster of cases in the institution, food handlers, water source and staff and other attendees may need to be examined (Heymann, 2008).



¹ http://www.saskatchewan.ca/live/births-deaths-marriages-and-divorces/starting-a-family/early-learning-and-child-care/child-care

Cryptosporidiosis

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Epidemic Measures

Epidemiological investigation of clustered cases in an area or institution to:

- determine source of infection and mode of transmission;
- search for common vehicle, such as recreational water, drinking water, raw milk or other potentially contaminated food or drink;
- institute applicable prevention or control measures. Control of person-to-person or animal-to-person transmission requires emphasis on personal cleanliness and safe disposal of feces (Heymann, 2008).

Cryptosporidiosis

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References

Alberta Health and Wellness. (2011). *Alberta public health notifiable disease management guidelines: Cryptosporidiosis*. Retrieved March, 2012 from http://www.health.alberta.ca/professionals/notifiable-diseases-guide.html.

American Academy of Pediatrics. (2009). *Red book: 2009 Report of the Committee on Infectious Diseases* (28th ed.). Elk Grove Village, IL: Author.

Heymann, D. L. (Ed.). (2008). *Control of communicable diseases manual* (19th ed.). Washington, DC: American Public Health Association.

Manitoba Health. (2001). *Manitoba communicable disease management protocol: Cryptosporidiosis*. Retrieved March, 2012 from http://www.gov.mb.ca/health/publichealth/cdc/protocol/index.html.

Public Health Agency of Canada. (2008). Case definitions for communicable diseases under national surveillance. *Canada Communicable Disease Report (CCDR)*, *35S2*, November 2009. Retrieved March, 2012 from http://www.phac-aspc.gc.ca/publicat/ccdr-rmtc/09vol35/35s2/Cryptospor-eng.php.







Panorama QA complete:	□Yes	□No
-----------------------	------	-----

Initials:

Please complete all sections. Panorama Client ID: Panorama Investigation ID:

A) CLIENT INFORMATION			LHN -> SUBJ	JECT -> CLIE	NT DETAILS ->	PERSONAL INFORMATION
Last Name:		First Name: and Middle Nam	ne:	Alternate	Name (Goes b	y):
DOB: YYYY / MM / DD Phone #: Primary Home:	Age:	Health Card Province: Health Card Number (PHN):		Preferred Communication Method: (specify - i.e. home phone, text): Email Address: □Work □Personal		
Place of Employment/School:		Gender: □ Male	□ Unknown			
Alternate Contact: Relationship: Alt. Contact phone:		Address Type: No fixed Postal Address Mailing (Postal address): Street Address or FN Common	unity (Primary Hor		porary □Lega	al Land Description
B) INVESTIGATION INFORMATION	1	LHN-> SUBJECT	SUMMARY-> ENT	ERIC ENCOL	JNTER GROUP	->CREATE INVESTIGATION
Disease Summary Classification: CASE	Date	Classification: CONTACT	Date	e	LAB TEST INF	
□ Confirmed	YYYY / MM / DD	□ Contact	YYYY / MM	/ DD	YYYY / MM / DD	
□ Does Not Meet Case Definition	YYYY / MM / DD	□ Not a Contact	YYYY / MM	/ DD	Specimen typ	
☐ Person Under Investigation	YYYY / MM / DD	☐ Person Under Investigation	on YYYY / MM	/ DD	□ Stool	iiai Fiuiu
□ Probable	YYYY / MM / DD					
Disposition: FOLLOW UP: ☐ In progress ☐ Incomplete - Declined ☐ Incomplete — Lost contact ☐ Incomplete — Unable to locate	YYYY / MM / DD YYYY / MM / DD YYYY / MM / DD YYYY / MM / DD	☐ Complete ☐ Not requir ☐ Referred – (specify wher	ed - Out of province	YYYY / I	MM / DD MM / DD MM / DD	
REPORTING NOTIFICATION		Location:				
Name of Attending Physician or Nu Physician/Nurse Phone number:	ırse:	Date Rece	ived (Public Health	h): YYYY	/ MM / DD	
Type of Reporting Source: ☐ Hea	alth Care Facility □ L	Lab Report □ Nurse Prac			□ Other	
	•		•			

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Please complete **all** sections

Panorama Client ID:	
Panorama Investigation ID:	

C) SIGNS & SYMPTOMS

LHN-> INVESTIGATION->SIGNS & SYMPTOMS

Description	Yes Date of onset	Date of recovery	Description	Yes Date of onset	Date of recovery
Abdominal - cramping	YYYY / MM / DD	YYYY / MM / DD	Loss of appetite (anorexia)	YYYY / MM / DD	YYYY / MM / DD
Asymptomatic	YYYY / MM / DD	YYYY / MM / DD	Malaise	YYYY / MM / DD	YYYY / MM / DD
Diarrhea	YYYY / MM / DD	YYYY / MM / DD	Nausea	YYYY / MM / DD	YYYY / MM / DD
Diarrhea - profuse	YYYY / MM / DD	YYYY / MM / DD	Pain - abdominal	YYYY / MM / DD	YYYY / MM / DD
Diarrhea - watery	YYYY / MM / DD	YYYY / MM / DD	Vomiting	YYYY / MM / DD	YYYY / MM / DD
Fever	YYYY / MM / DD	YYYY / MM / DD		YYYY / MM / DD	YYYY / MM / DD

Exposure Period

Enter onset date in heavy box. Count backwards to figure probable exposure period.

		Ett oootte i Ettiol		
				Most persons shed infectious oocysts in
days from onset:	-12	-7		stool during the period of diarrhea. Shed-
calendar dates:		1	 \Box	ding may continue in some patients for several days—possibly longer.

D) INCUBATION AND COMMUNICABILITY

LHN-> INVESTIGATION->INCUBATION & COMMUNICABILITY

Incubation for Case(period for acquisition): Earliest Possible Exposure Date: YYYY / MM / DD Latest Possible Exposure Date: YYYY / MM / DD Exposure Calculation details: Communicability for Case (period for transmission):

Earliest Possible Communicability Date: YYYY / MM / DD Latest Possible Communicability Date: YYYY / MM / DD

Communicability Calculation Details:

E) RISK FACTORS N—No, NA–Not asked, U–Unknov	LHN-> SUBJECT->RISK FACTORS			
DESCRIPTION	Yes	N, NA, U	Start date	Add'l Info
Animal Exposure - Farms (Add'l Info)			YYYY / MM/DD	
Animal Exposure - Other (Add'l Info)			YYYY / MM/DD	
Animal Exposure - Pet treats and raw food (Add'l Info)			YYYY / MM/DD	
Animal Exposure - Pets (including reptiles) (Add'l Info)			YYYY / MM/DD	
Animal Exposure - Petting zoos/zoos/ special events/ other (Add'l Info)			YYYY / MM/DD	
Animal Exposure - Rodents/rodent excreta			YYYY / MM/DD	
Animal Exposure - Wild animals (other than rodents) (Add'l Info)			YYYY / MM/DD	
Behaviour - Camping/hiking			YYYY / MM/DD	
Contact - Daycare			YYYY / MM/DD	
Contact - Persons with diarrhea/vomiting			YYYY / MM/DD	
Exposure – Diaper changing			YYYY / MM/DD	
Occupation - Child Care Worker			YYYY / MM/DD	
Occupation - Health Care Worker - IOM Risk Factor			YYYY / MM/DD	
Occupation - Personal Care Worker			YYYY / MM/DD	
Sexual Behaviour – MSM +			YYYY / MM/DD	
Sexual Behaviour - Oral-anal			YYYY / MM/DD	
Travel - Outside of within Canada (Add'l Info)			YYYY / MM/DD	
Travel - Outside of Saskatchewan, but within Canada (add'l info)				
Water – Bottled water (specify)			YYYY / MM/DD	

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Please complete **all** sections

Panorama Client ID:	
Panorama Investigation ID:	

DESCRIPTION			Yes	N, NA, U	Start o	date	Add'l Info			
Water - Private well	or system (Add'l Info)				YYYY / M	M/DD				
Water - Public water	system (Add'l Info)				YYYY / M	M/DD				
Water - Untreated w	ater (Add'l Info)				YYYY / M	M/DD				
Water (Recreational (Add'l Info)) - Pond, stream, lake, riv	er, ocean			YYYY / M	M/DD				
pool) (Add'l Info)) - Private (swimming po				YYYY / M					
Water (Recreational pool/whirl pool) (Add) - Public (swimming poo	l/paddling			YYYY / M	M/DD				
F) USER DEFINED FO		LHN-> II	NVEST	IGATIO	N-> INVES	STIGAT	ON DETAILS -> LINKS AND A			
	ma = Other Meds) :						d on: YYYY / MMM / E	ND		
Prescribed by						Starte	u on. ++++ / IVIIVIIVI / L			
H) INTERVENTION					LHN-> I	NVEST	GATION->TREATMENT & IN	TERVENTIONS->	NTERVENT	ION SUMMARY
Intervention Type a	nd Sub Type:									
Assessment:	Investigator name				E	exclusio	n: Investigator name			
☐ Assessed for cont	acts	YYY	Y / N	ЛМ / D		□ Dayc □ Scho	are YYYY / MM / DD ol YYYY / MM / DD	□ Preschool □ Work		MM / DD MM / DD
	ation (See Investigator No	otes) YYY	Y / N	лм / D	_	_	ealth Order: (specify)		YYYY / N	MM / DD
Investigator name Letter (See Document Investigator name)	nent Management)	YYY	Y / N	ИМ / D	DD I	nvestig	ator name			
General: Investigato						Referra				
☐ Disease-Info/Prev				M / DD			dian food inspection agency ator name		YYYY / N	MM / DD
□ Disease-Info/Prev	r-Cont/Assess'd for Conta	cts YYY	Y/ IVII	M / DD		□ Prim	ary care provider ator name		YYYY/ MI	M / DD
Education/counselli					1	Testing:	Investigator na			
☐ Prevention/Contr☐ Disease informati Investigator name				ИМ / D ИМ / D	_	_	testing recommended (e.g. ratory testing recommended			MM / DD MM / DD
Environmental healt	th: YYYY/ MM / DD				(Other Ir	vestigation Findings:			
☐ Restaurant Inspec	ction [☐ Water syste	em ins	pection		□Inves	igator Notes			
☐ Food/Water samp	oling [☐ Environme	ntal sa	mpling		□Docu	ment Management Notes			
Investigator name										
Immunization:	Investigator name									
☐ Eligible immuniza	tions recommended	YYY	/Y / N	ЛМ / D	D					
Date	Intervention subtype	Comments						Next follo	w-up	Initials
YYYY / MM / DD								YYYY / M	M / DD	
YYYY / MM / DD								YYYY / M	M / DD	
YYYY / MM / DD								YYYY / M	M / DD	
YYYY / MM / DD								YYYY / M	M / DD	
YYYY / MM / DD								YYYY / M	M / DD	

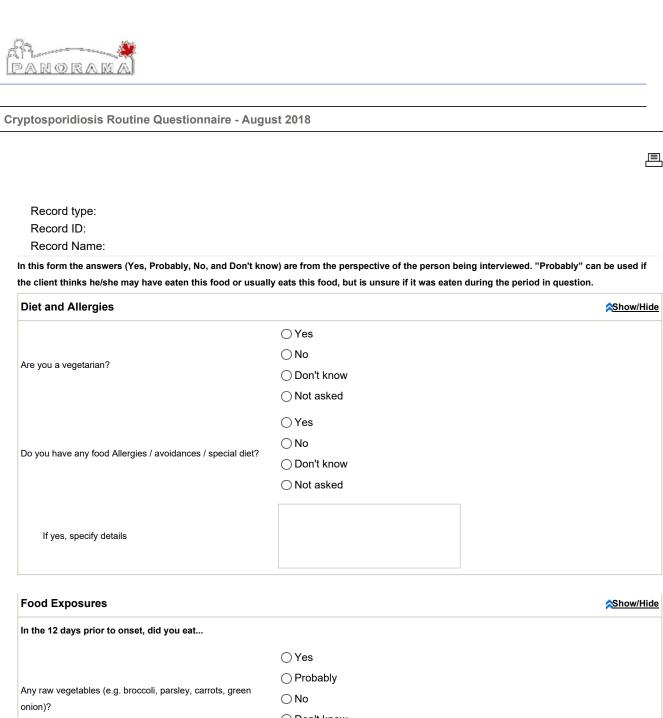
November 22, 2019 Page 3 of 4

Please complete **all** sections

Panorama Client ID:	
Panorama Investigation ID:	

) OUTCOMES					LHN-> INVES	TIGATION-> OUTCOMES
☐ Not yet recoverd☐ Recovered☐ Fatal	ed/recovering YYYY / MM , YYYY / MM , YYYY / MM ,	/ DD	ive medical care YYYY / MM / DE /ventilation YYYY / MM / DE			Y / MM / DD Y / MM / DD
Cause of Death: (if	Fatal was selected)					
EXPOSURES Acquisition Event Acquisition Event ID	: <u></u>		LHN-> INVESTIGATION->	EXPOSURE SUI	VIMARY-> ACC	QUISITION QUICK ENTR
Acquisition Start Y	YYY / MM / DD to Acq	uisition End: YYYY /	MM / DD			
Setting Type Travel	☐ Exposure or consumpti	on of notentially contami	inated food or water	☐ Most likel	v source	
— Traver	- Exposure or consumpti	on or potentially contains	mated 100d of water	□ IVIOSCIIKEI	y source	
Transmission Eve	nts	LHN -> INVEST	IGATION-> EXPOSURE SUMMARY ->	TRANSMISSIO	ON EVENT SUI	MMARY -> QUICK ENTRY
Transmission Event ID	Exposure Name	Setting type		Date/Tim		# of contacts
		☐ Health care setting	☐ Food service establishment			
		☐ Household	\square Private Function (Food prep)			
		☐ Health care setting	☐ Food service establishment			
		☐ Household	\square Private Function (Food prep)			
		☐ Health care setting	☐ Food service establishment			
		☐ Household	☐ Private Function (Food prep)			
		☐ Health care setting	☐ Food service establishment			
		☐ Household	☐ Private Function (Food prep)			
	Crypto Contacts – Inv ID#	☐ Multiple Settings		YYYY / M to YYYY / M		
				, , , ,	,	
() TOTAL NUMBER		SURE SUMMARY -> TRAN	ISMISSION EVENT SUMMARY -> TE	HYPERLINK ->	UNKNOWN/A	NONYMOUS CONTACT:
	cts: (total number of					
Initial Report completed by:					Date initial i	report completed:

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In the 12 days prior to onset, did you eat...

Any raw vegetables (e.g. broccoli, parsley, carrots, green onion)?

Probably

No

Don't know

None of the Above

If yes, specify details (E.g., where consumed, type, brand, location)

Yes

Probably

No

No

On't know

Yes

Probably

Yes

Probably

On't know

On't know

On't know

On't know



	○ None of the Above	
If yes, specify details (E.g., where consumed, type, brand, location)		
Any lettuce or salad?	YesProbablyNoDon't knowNone of the Above	
If yes, specify details (E.g., where consumed, type, brand, location)	None of the Above	
Any unpasteurized apple juice/cider?	YesProbablyNoDon't knowNone of the Above	
If yes, specify details (E.g., where consumed, type, brand, location)		
Any unpasteurized milk?	YesProbablyNoDon't knowNone of the Above	
If yes, specify details (E.g., where consumed, type, brand, location)		
Social Functions		<mark>≪Show/Hide</mark>
In the 12 days prior to onset, did you attend any social functions (e.g. parties, weddings, showers, potlucks, community events)?	YesNoDon't knowNot asked	
Click the Add button to add social event/function details		



Add		
Restaurants		<u> </u>
	○Yes	
In the 12 days prior to onset, did you attend any restaurants	○ No	
(including take-out, cafeteria, bakery, deli, kiosk)?	O Don't know	
	○ Not asked	
Click the Add button to add restaurant details		
Add		
Grocery Stores		<u> </u>
	○Yes	
In the past 12 days prior to onset, did you visit grocery stores	○No	
for foods consumed during the incubation period?	O Don't know	
	○ Not asked	
Click the Add button to add grocery store details		
Add		
Loyalty card/store issued card (for outbreak investigation only)		≲ Show/H
This section is only for use in some specific outbreak		
situations, with client consent. It is not a routine question		
for sporadic cases.		
	○Yes	
Has the client given consent (written or verbal)?	○No	
	O Not applicable	
Loyalty card details (names and numbers)		
Interviewer Details and Notes		<u> </u>
Interviewer Name		

Á	PANORAMA			
	Interview date	9/26/2018		
	Any special notes regarding this interview			

Orbeon Forms Orbeon Forms 4.9.0.201505052329 CE

Cyclosporiasis

Date Reviewed: June, 2012 Section: 3-90 Page 1 of 6

Notification Timeline:

From Lab/Practitioner to Public Health: Within 48 hours.
From Public Health to Ministry of Health: Within 2 weeks.
Public Health Follow-up Timeline: Initiate within 24-48 hours.

Information

Case Definition (Public Health Agency of Canada, May 2008)

Confirmed Case	Laboratory confirmation of infection in a person with or without clinical illness:* • demonstration of <i>Cyclospora cayetanensis</i> oocysts in stool,
Probable Case ¹	duodenal/jejunal aspirate or small bowel biopsy. Clinical illness* in a person with evidence of:
Trobable Cuse	an epidemiologic link to a confirmed case either by consumption of the same food or exposure to food known to be handled by a confirmed case OR
	• a history of travel to a cyclospora-endemic area who is epidemiologically linked to a confirmed case.

^{*}Clinical illness is characterized by watery diarrhea, loss of appetite, weight loss, abdominal bloating and cramping, increased flatus, nausea, fatigue and low-grade fever. Vomiting may also be noted. Relapses and asymptomatic infections can occur. Some evidence suggests that symptoms may be more severe and long-lasting in immunocompromised individuals.

Causative Agent

Cyclospora cayetanensis is a sporulating coccidian protozoan infecting the upper small intestine (Heymann, 2008). Cyclospora is resistant to chlorination.

Symptoms (American Academy of Pediatrics, 2009)

- Watery diarrhea is the most common symptom.
- Nausea, anorexia, abdominal cramps or bloating, prolonged fatigue and substantial weight loss can also occur. Approximately 50% if individuals will have low grade fever.
- Diarrhea can alternate with constipation.



¹ Probable case definitions are provided as guidelines to assist with case finding and public health management, and are not for national notification purposes.

Cyclosporiasis

Date Reviewed: June, 2012 Section: 3-90 Page 2 of 6

- Infection is usually self-limited, but diarrhea and systemic symptoms can vary in intensity for weeks to months.
- Relapse and persistence of symptoms is common in untreated people, even in immunocompetent persons.
- In the immunocompromised, diarrhea can last for months in some patients.
- Some infected persons are asymptomatic.

Incubation Period

Range of 2-14 days, usually 1 week (American Academy of Pediatrics, 2009).

Reservoir/Source

- Humans are the only known hosts (American Academy of Pediatrics, 2009).
- Infected persons excrete the occyst stage of *Cyclospora* in their feces.
- Outbreaks have occurred from ingestion of contaminated imported raspberries, basil and lettuce.
- Cyclosporiasis is most common in tropical and subtropical countries and is endemic in many developing countries (Heymann, 2008).

Mode of Transmission

- Transmission usually occurs through the ingestion of contaminated food (usually fresh produce like fruits and vegetables) or water, or swimming in contaminated water.
- Person-to-person and animal-to-person transmissions have not been documented.
- *Cyclospora* oocysts in freshly excreted stool are not infectious. They require days to weeks outside the host to sporulate and become infectious. Indirect transmission can occur if an infected person contaminated the environment and oocysts have sufficient time, under appropriate conditions, to become infectious (American Academy of Pediatrics, 2009).

Period of Communicability

The disappearance of symptoms and oocysts usually occurs simultaneously. The mean duration of organism shedding is 23 days (Alberta Health and Wellness, 2008).



Cyclosporiasis

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Specimen Collection and Transport

Cyclospora oocysts may be shed intermittently and at low levels, even by persons with profuse diarrhea. A single negative stool specimen does not exclude the diagnosis; several specimens that are processed and examined with sensitive methods may be required.

Submit stool in container with SAF preservative. Fill specimen to the line of the container, do not over or under fill. Mix stool well with preservative using spoon provided before sending.

Refer to the Saskatchewan Disease Control Laboratory Compendium of Tests for details at http://sdcl-testviewer.ehealthsask.ca.

Methods of Control/Role of Investigator

Prevention and Education

Refer to the <u>Enteric Introduction and General Considerations</u> section of the manual that highlights topics for client education that should be considered as well as provides information on high-risk groups and activities.

- Educate about personal hygiene, especially the sanitary disposal of feces and careful hand washing after defecation.
- Educate food handlers about proper food handling, preparation, and hygiene.
- Avoid food or water that may be contaminated with sewage.
- Encourage thorough washing of fresh produce prior to consumption, although this is not always effective.
- Travellers should be advised regarding water treatment techniques refer to Saskatchewan International Travel Manual.

Management

I. Case

History

• Obtain food history, especially recent consumption of fresh produce – e.g., raspberries, basil or lettuce (Heymann, 2008).



Cyclosporiasis

Date Reviewed: June, 2012 Section: 3-90 Page 4 of 6

- Determine history of recent travel in areas with poor sanitation including improper water treatment and sewage disposal.
- Determine history of recent immigration.

Immunization

None.

Treatment/Supportive Therapy

Treatment choices are governed by the most recent guidelines. The public health practitioner should direct any questions regarding the current treatment protocols to the physician or Medical Health Officer (MHO). See Appendix H - Sources for Clinical Treatment Guidelines.

Supportive measures include management of fluid and electrolyte balance, and rest. In patients who are not treated, illness can be protracted, with remitting and relapsing symptoms (Heymann, 2008).

Exclusion (work, school, daycare, and other public environments) Symptomatic and asymptomatic individuals are generally not excluded from work or daycare.

Referrals

None.

II. Contacts/Contact Investigation

Contact Definition

Contacts include:

• individuals exposed to the same source (if it is identified).

Testing

None.

Prophylaxis/Immunization

None.

Cyclosporiasis

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Exclusion

None.

III. Environment

Child Care Centre Control Measures

Strict enforcement of infection control measures. Refer to Saskatchewan Ministry of Health Infection Control Manual for Child Care Facilities available at http://www.saskatchewan.ca/live/births-deaths-marriages-and-divorces/starting-a-family/early-learning-and-child-care/child-care.

Health Facilities Control Measures

Refer to your Health Authority Infection Control Manual. In addition to standard precautions, contact precautions are recommended for diapered or incontinent children.



Cyclosporiasis

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References

Alberta Health and Wellness. (2011). *Alberta public health notifiable disease management guidelines: Cyclosporiasis*. Retrieved June, 2012 from http://www.health.alberta.ca/professionals/notifiable-diseases-guide.html.

American Academy of Pediatrics. (2009). *Red book: 2009 Report of the Committee on Infectious Diseases* (28th ed.). Elk Grove Village, IL: Author.

Centers for Disease Control and Prevention. (2010). *Cyclospora infection - CDC fact sheet*. Retrieved June, 2012, from http://www.cdc.gov/parasites/cyclosporiasis/index.html.

Centers for Disease Control and Prevention. (2010). *Information for health care providers - CDC fact sheet*. Retrieved June, 2012 from http://www.cdc.gov/parasites/cyclosporiasis/health-professionals/index.html.

Centers for Disease Control and Prevention. (2012). Cyclosporiasis. In *CDC International information for international travel 2012: The yellow book (Chap. 3).*Retrieved June, 2012 from http://wwwnc.cdc.gov/travel/yellowbook/2012/chapter-3-infectious-diseases-related-to-travel/cyclosporiasis.htm.

Heymann, D. L. (Ed.). (2008). *Control of communicable diseases manual* (19th ed.). Washington, DC: American Public Health Association.

Public Health Agency of Canada. (2008). Case definitions for communicable diseases under national surveillance. *Canada Communicable Disease Report (CCDR)*, 35S2, November 2009. Retrieved June, 2012 from http://www.phac-aspc.gc.ca/publicat/ccdr-rmtc/09vol35/35s2/Cyclospor-eng.php.





Cyclosporiasis Data Collection Worksheet

PANORAMA

Please complete all sections.

Panorama QA complete:	□Yes	□No

Initials:

Panorama Client ID: ______Panorama Investigation ID: _____

A) CLIENT INFORMATION			LHN -> SUBJ	ECT -> CLIE	NT DETAILS ->	PERSONAL INFORMATION
Last Name:		First Name: and Middle Name:		Alternate	Name (Goes b	y):
DOB: YYYY / MM / DD Phone #: Primary Home: Mobile contact: Workplace:	Age:	Health Card Province: Health Card Number (PHN):		Preferred Communication Method: (specify - i.e. home phone, text): Email Address: □ Work □ Personal		· · · /
Place of Employment/School:		Gender:	□ Female		Other	□ Unknown
Alternate Contact: Relationship: Alt. Contact phone:		Address Type: No fixed Postal Address Primary Home Temporary Legal Land Description Mailing (Postal address): Street Address or FN Community (Primary Home): Address at time of infection if not the same:				
B) INVESTIGATION INFORMATION		LHN-> SUBJECT SUN	/IMARY-> ENTE	RIC ENCOL	JNTER GROUP	->CREATE INVESTIGATION
Disease Summary Classification:	Date	Classification: CONTACT	Date		LAB TEST INF	
□ Confirmed	YYYY / MM / DD	□ Contact	YYYY / MM	/ DD	YYYY / MM	/ DD
☐ Does Not Meet Case Definition	YYYY / MM / DD	□ Not a Contact	YYYY / MM	/ DD	Specimen typ	e:
☐ Person Under Investigation☐ Probable	YYYY / MM / DD YYYY / MM / DD	☐ Person Under Investigation	YYYY / MM / DD		☐ Biopsy☐ Intestinal Fluid☐ Stool	
Disposition: FOLLOW UP: ☐ In progress ☐ Incomplete - Declined ☐ Incomplete - Lost contact ☐ Incomplete - Unable to locate REPORTING NOTIFICATION Name of Attending Physician or Nu	<u> </u>	Complete Not required Referred – Out of province (specify where) Location: Pate Paceived (Public Health): YVVV / MM / DD				
Physician/Nurse Phone number:		Date Received (Public Health): YYYY / MM / DD				
Type of Reporting Source: ☐ Hea	alth Care Facility 🔲 L	ab Report	oner □Phy	rsician	□ Other	

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Cyclosporiasis Data Collection Worksheet

Please complete all sections

 Panorama Client ID:
Panorama Investigation ID:

S) SIGNS & SYMPTOMS LHN-> INVESTIGATION->SIGNS & SYMPTO					GNS & SYMPTOMS
Description	Yes	Date of	Description	Yes	Date of
	Date of onset	recovery		Date of onset	recovery
Abdominal - bloating or distension		YYYY / MMM / DD	Fever - low grade		YYYY / MMM / DD
Cardiac - endocarditis		YYYY / MMM / DD	Flatulence		YYYY / MMM / DD

Asymptomatic YYYY / MMM / DD Loss of appetite (anorexia) Constipation YYYY / MMM / DD Nausea Diarrhea YYYY / MMM / DD Pain - abdominal Diarrhea - watery Vomiting Lethargy (fatigue, drowsiness, weakness, YYYY / MMM / DD Weight loss YYYY / MMM / DD

Other Signs & Symptoms if applicable

D) INCUBATION AND COMMUNICABILITY	NICABILITY	INCUBATION AND	D١
-----------------------------------	------------	----------------	----

LHN-> INVESTIGATION->INCUBATION & COMMUNICABILITY

Incubation for Case(period for acquisition): Earliest Possible Exposure Date: YYYY / MM / DD Latest Possible Exposure Date: YYYY / MM / DD

YYYY / MMM / DD

Exposure Calculation details:

Fever

E	RISK FACTORS	N-No,	NA-Not asked,	U-Unknown
---	--------------	-------	---------------	-----------

E) RISK FACTORS N—No, NA–Not asked, U–Unknown				LHN-> SUBJECT->RISK FACTORS
DESCRIPTION	Yes Start date	N, NA, U	Add'l Info	
Contact - At risk population (international travellers or immigrants)	YYYY / MM/DD			
Contact - Persons with diarrhea/vomiting	YYYY / MM/DD			
Contact to a known case (add'l info)				
Immunocompromised - Related to underlying disease or treatment				
Special Population - From or residence in an endemic country (add'l info)				
Travel - Outside of within Canada (Add'l Info)	YYYY / MM/DD AE			
Travel - Outside of Saskatchewan, but within Canada (add'l info)	YYYY / MM/DD AE			
Water – Bottled water (specify)				
Water - Private well or system (Add'l Info)				
Water - Public water system (Add'l Info)				
Water - Untreated water (Add'l Info)				
Water (Recreational) - Pond, stream, lake, river, ocean (Add'l Info)	YYYY / MM/DD			
Water (Recreational) - Private (swimming pool/whirl pool) (Add'l Info)	YYYY / MM/DD			
Water (Recreational) - Public (swimming pool/paddling pool/whirl pool) (Add'l Info)	YYYY / MM/DD			

F) TREATMENT	LHN-> INVESTIGATION-> MEDICATIONS->MEDICATIONS SUMMARY		
Medication (Panorama = Other Meds) :			
Prescribed by:	Started on: YYYY / MMM / DD		

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Cyclosporiasis Data Collection Worksheet

Please complete **all** sections

 Panorama Client ID:
Panorama Investigation ID:

G) INTERVENTION		LHN	I-> INVESTIGATION->TREATMENT & INTERVE	NTIONS->INTERVENTION SUMI	MARY
Intervention Type ar	nd Sub Type:				
Assessment:	Investigator name	YYYY / MM / DD	Immunization: Investigator name ☐ Eligible immunizations recommended	YYYY / MM / DD	
Communication: Other communication (See Investigator Notes) Investigator name			Public Health Order: ☐ Order (specify)	YYYY / MM / DD	
Letter (See Docum Investigator name General: Investigato		YYYY / MM / DD	Investigator name Referral:		
☐ Disease-Info/Prev		YYYY/ MM / DD acts YYYY/ MM / DD	Canadian food inspection agency Investigator name	YYYY / MM / DD	
— Disease-IIIIO/FIEV	-cont/Assess a for cont.	acts TTTT/ MIMI/ DD	☐ Primary care provider Investigator name ☐ Consultation with MHO Investigator name	YYYY/ MM / DD YYYY / MM / DD	
Education/counselling: ☐ Prevention/Control measures ☐ Disease information provided Investigator name Prevention/Control measures YYYY / MM Investigator name			Testing: Investigator name ☐ Stool testing recommended (e.g. contact ☐ Laboratory testing recommended (contact)	(e.g. contacts) YYYY / MM / DD	
Exclusion: Investiga	tor name		Other Investigation Findings:		
□ Daycare YYYY	/ MM / DD	, ,	☐ Investigator Notes ☐ Document Management Notes		
Date	Intervention subtype	Comments		Next follow-up Initials Date	
YYYY / MM / DD				YYYY / MM / DD	
YYYY / MM / DD				YYYY / MM / DD	
YYYY / MM / DD				YYYY / MM / DD	
YYYY / MM / DD				YYYY / MM / DD	-
YYYY / MM / DD				YYYY / MM / DD	
YYYY / MM / DD				YYYY / MM / DD	
H) OUTCOMES				LHN-> INVESTIGATION-> OUT	COMES
☐ Recovered ☐ Fatal	d/recovering YYYY / M YYYY / M YYYY / M atal was selected)	IM / DD	, , , , , , , , , , , , , , , , , , ,	talization YYYY / MM / DD YYYY / MM / DD	
Acquisition Event Acquisition Event			LHN-> INVESTIGATION-> EXPOSURE SUI	VIMARY-> ACQUISITION QUICK	ENTRY
Exposure Name:					
•		Acquisition End: YYYY / MM	/ DD		
Setting Type					
□ Travel	☐ Exposure or consun	nption of potentially contaminate	ed food or water	y source	
Initial Report completed by:				Date initial report completed	:

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Notification Timeline:

From Lab/Practitioner to Public Health: Immediate.

From Public Health to Ministry of Health: Within 3 days (or immediate if an outbreak is suspected or anticipated).

Public Health Follow-up Timeline: Immediate.

Public Health Purpose for Notification of verotoxigenic *E. Coli* (adapted from Massachusetts, 2018)

- To identify whether the case may be a source of infection for other persons (e.g., a diapered child, daycare attendee, or food handler), and if so, to prevent further transmission.
- To identify transmission sources of public health concern (e.g., a restaurant or a commercially distributed food product), and to stop transmission from such sources.
- To monitor the effectiveness of prevention and control measures;
- To make timely and evidence informed actions on outbreaks; and
- To inform the public and medical community about verotoxigenic E. Coli.

Surveillance Case Definition¹ (Public Health Agency of Canada, May 2008)

Laboratory confirmation of infection with or without clinical illness:	
 isolation of verotoxin producing E. coli from an appropriate clinical specimen (e.g., feces, urine, blood) OR 	
detection of verotoxin antigen or nucleic acid.	
Clinical illness ¹ in a person who is epidemiologically linked to a	
confirmed case, which would include persons with haemolytic uremic syndrome (HUS).	

¹Clinical illness is characterized by diarrhea (often bloody) and abdominal cramps; fever is often absent. Illness may be complicated by haemolytic uremic syndrome (HUS), thrombocytopenic purpura (TTP) or pulmonary edema. Asymptomatic infections may also occur and the microorganism may cause extra-intestinal infections.

¹ Surveillance case definitions ensure uniform reporting to allow comparability of surveillance data. The definition is not intended to be used for clinical or laboratory diagnosis or management of cases.



Epidemiology and Occurrence

UNDER CONSTRUCTION

Additional Background Information Causative Agent

- Verotoxigenic E. coli is also referred to as verotoxin-producing E. coli, enterohemorrhagic E. coli (EHEC), Shiga toxin-producing E. coli (STEC) and verocytotoxin-producing E. coli.
- The main enterohemorrhagic (EHEC) serotype is *Escherichia coli* O157:H7; this serotype is thought to cause over 90% of cases of diarrhea-associated haemolytic uremic syndrome (HUS) in North America. The other most common serogroups in the US, serotypes such as O26, O111, O103, O45, and O121, have been implicated (Heymann, 2015).
- The infective dose is very low. It may be similar to *Shigella* spp. (as few as 10 organisms by ingestion).

Symptoms

- The illness is characterized by severe cramping, abdominal pain and diarrhea which is initially watery becoming grossly bloody. Occasionally vomiting occurs. Fever is either low-grade or absent.
- The illness is usually self-limited lasting for an average of eight days. Some individuals exhibit watery diarrhea only.
- Some, particularly the very young have developed hemolytic uremic syndrome (HUS), characterized by renal failure, hemolytic anemia and thrombocytopenia. From 8% to 15% of children with *E. coli* O157 exhibit diarrhea and a much smaller proportion of adults develop HUS. HUS develops during the 2 weeks after onset of diarrhea. Fifty per cent of patients require dialysis, and 3% to 5% die.
- Children with diarrhea-associated HUS should be observed for diabetes mellitus during their acute illness, and consideration should be given to long-term screening of survivors for diabetes.

Incubation Period

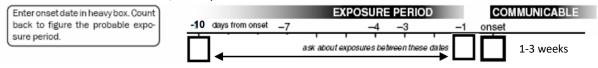
Typically ranges from 2 to 10 days with a median of 3-4 days (Heymann, 2015).



Period of Communicability

The duration of the excretion of the pathogen is typically a week or less in adults and three weeks in one third of children. Prolonged carriage is uncommon (Heymann, 2015).

Figure 1. Calculating Incubation and Communicability (adapted from British Columbia Center for Disease Control, 2018)



Mode of Transmission

- Through ingestion of contaminated foods, most often inadequately cooked beef (especially ground beef) and also raw (unpasteurized) milk.
- Person-to-person from symptomatic people or carriers.
- Through ingestion of other contaminated foods such as melons, lettuce, fresh spinach, coleslaw, apple cider, alfalfa sprouts, dry-cured salami, game meat, and cheese curds.
- Water-borne transmission has been demonstrated by consuming contaminated drinking water and swimming in contaminated recreational water.
- Petting zoos can be a source of transmission.

Reservoir/Source

- Cattle are the main reservoir of EHEC. Other ruminants including sheep, pigs, goats and deer may also carry the organism. These bacteria can survive for several months in manure and water trough sediments.
- Humans may also serve as a reservoir for person-to-person transmission.
- Undercooked or raw hamburger has been implicated in many documented outbreaks and sporadic cases.
- Contaminated fruits and vegetables (e.g., unpasteurized apple cider, melons, lettuce, and fresh spinach).
- Raw milk has been identified as a vehicle of transmission.

Risk Groups

Individuals most vulnerable to the disease include (Heymann, 2015):

- Children between the ages of 1-4 have the greatest risk of developing HUS;
- Older adults are at greatest risk of death.



Those at highest risk of transmitting the infection to others include (Heymann, 2015):

- food handlers;
- health care, child care and other staff involved in personal care;
- children below the age of five years in childcare.

Specimen Collection and Transportation

Stool specimens should be taken early in the course of the illness, when the causative agent is likely to be found in largest numbers. Freshly passed stool is better than rectal swabs, since there is less chance for improper collection, and mucus and blood stained portions can be selected for culture. Use the Cary-Blair transport media. Submit three or four spoonfuls (using the built-in spoon) of liquid stool and mix thoroughly with the semi-solid Cary-Blair transport media. The final mixture should not fill the Cary-Blair container to more than three-quarters full.

Refer to the Roy Romanow Provincial Laboratory Compendium of Tests for details at https://rrpl-testviewer.ehealthsask.ca/.

Public Health Investigation

I. Case

Refer to <u>Attachment – Verotoxigenic E. Coli Infection Data Collection Worksheet</u> to assist in follow-up.

History

- Onset of illness to determine incubation period and period of communicability which helps to identify the possible source and contacts to be followed.
- In the 10 days prior to onset of illness:
 - o Identify history of travel (during the incubation period).
 - o Exposure to someone else with similar symptoms.
 - Identify potentially contaminated swimming pools and other recreational waters or contaminated drinking water sources.
 - Exposure to farm animals (cattle and other ruminants including sheep, goats and deer) and pets including reptiles and amphibians or pet foods and treats, a petting zoo.
 - Obtain a detailed food history (taking into consideration the incubation period) focusing on foods such as ground beef, unpasteurized cow's milk, grocery produce including melons, lettuce, fresh spinach, coleslaw, apple cider, alfalfa sprouts.
 - Identify others who may have been exposed to the same source.



- Assess for safe food handling procedures (e.g. possible cross-contamination such as cutting boards).
- Determine history of daycare or hospital exposure.
- Determine history of high-risk sexual practices, particularly activities that result in contact with feces.
- Identify others who may have been exposed to the same source.
- Assess for history of similar symptoms in visitors or other members of the household.
- Occupational considerations exist for food handlers, health care and childcare workers.

Public Health Interventions

Assessment

 Assess for <u>contacts</u> paying particular attention individuals that have had exposure to the same source or are a risk for further transmission.

Communication

- Letters can be used to inform contacts of the exposure, symptom monitoring and when to seek medical attention (see Sample letter)
- Letters can also be used when exclusion from school or work settings are required as a public health intervention.

Education

 All cases should be provided information on prevention and control measures including safe food handling and handwashing.

Exclusion

- Food handlers, health care workers, childcare or other staff involved with personal care: Exclude until diarrhea has resolved and two consecutive negative stool cultures are obtained at least 24 hours apart and at least 48 hours after discontinuation of antibiotics (if treatment was provided) (Heymann, 2015).
- Older children and adults unable to maintain adequate standards of personal hygiene (i.e., mentally or physically handicapped): Exclude until 2 negative stool specimens have been obtained. If individual is living in an institution, follow contact precautions until 2 negative stool cultures have been obtained.
- Individuals should be excluded from using recreational water (e.g., swimming pools, whirlpools, etc.) until 2 weeks after symptoms resolve.
- Diarrhea is considered resolved when stools have been normal for that individual for 48 hours.



Public Health Order

• If a food handler, the case should be excluded from work and a Public Health Order issued if necessary.

Referral

- When a food that is commercially available is implicated and is from a federally inspected plant, the Ministry of Health would alert the CFIA. Likewise, when an agricultural source has been identified, the Ministry of Health would alert the Ministry of Agriculture.
- Refer to public health inspection if source cannot be identified and transmission continues.

Testing

• Two consecutive negative stool cultures are required before exclusion requirements can be removed for food handlers, health care and childcare workers or other staff involved with personal care. The specimens must be taken at least 48 hours after antibiotics have stopped and at least 24 hours apart.

Treatment/Supportive Therapy

Treatment for clinical management is at the discretion of the primary care provider. The following serves as a reference for the public health investigator:

- Fluid replacement is the cornerstone of treatment for shiga toxin-producing E. coli (STEC) diarrhea.
- Reasonable concern exists that some antimicrobial agents increase the risk of HUS, although proof is lacking. Most experts would not use an antimicrobial agent to treat persons with E. coli O157:H7.

II. Contacts/Contact Investigation

Contact Definition

Contacts include:

- persons living in the household;
- children and childcare workers in a daycare/dayhome;
- individuals exposed to the same source (if it is identified).

Public Health Interventions

Assessment

Assess for symptoms.



Communication

Follow-up individual contacts in high risk settings and occupations.

Education

• All contacts should be provided information on prevention and control measures including safe food handling and handwashing.

Environmental Health

• If a common exposure is identified through the case and contact investigations, environmental health assessments may be required.

Exclusion

Contacts who are from risk groups:

- If symptomatic: Exclude from patient care, daycare, and food handling until a minimum of two successive negative stool samples are cultured for confirmation. If positive, handle as a case; if negative, allow back to work or daycare when diarrhea has resolved.
 - All symptomatic contacts should avoid handing food to be consumed by others and avoid caring for children in their home until two successive negative stool samples are cultured for confirmation (Heymann, 2015)
- If asymptomatic: Asymptomatic contacts who are from a risk group should be asked to submit one to two stool specimens. If positive, handle as cases. If a contact refuses to submit stool specimen, exclusion may be warranted. This must be evaluated case by case.

Referral

 Depending on the suspected source, investigation/management may involve local Medical Health Officer, Ministry of Health, Public Health Agency of Canada, Ministry of Agriculture, and/or Canadian Food Inspection Agency.

Symptom monitoring

• Contacts should be asked to monitor symptoms during the incubation period and be advised on testing and exclusion if symptoms develop.

Testing

- Symptomatic contacts should be assessed by a physician.
- Submit stool specimens on symptomatic contacts based on risk groups:
 - o food handler;
 - o health care, childcare or other staff involved with personal care;
 - children below the age of five years in childcare.



• Two consecutive negative stool cultures are required before exclusion requirements can be removed. The specimens must be taken at least 48 hours after antibiotics have stopped and at least 24 hours apart.

III. Environment

Child Care Centre/Schools Control Measures

- Strict enforcement of infection control measures. Refer to Saskatchewan Ministry of Health Infection Control Manual for Child Care Facilities.²
- For an isolated case, no action is recommended for other children or employees in a daycare. If there are epidemiologically linked cases of *E. coli* in children or employees, stool cultures may be done on all staff and attendees in order to identify positive individuals. Handwashing practices should be thoroughly reviewed. Additional prevention measures should be reviewed and reinforced with staff.

Health Facilities Control Measures

- Strict enforcement of infection control measures. Refer to your Health Authority Infection Control Manual.
- Contact precautions for hospitalized patients.
- For residents of an institution with a case of *E. coli*, institute contact precautions for that case. No action is recommended for other residents. If there are epidemiologically linked cases of *E. coli* in the institution's residents or employees, employees with direct contact and food handlers should be screened for *E. coli*. If cases continue, investigate as an outbreak.

IV. Epidemic Measures

When cases occur among a group of individuals that are known to each other, searching for possible exposures such as travel, or a history of food handling errors, use of unsafe raw ingredients, inadequate cooking, time-temperature abuses and cross-contamination may be the likely source.

 $^{^2\} http://publications.gov.sk.ca/documents/11/96181-infection-control-manual-child-care-centres.pdf$



When two or more cases are linked through genetic identification (such as PFGE or whole genome sequencing), but have not named each other as contacts, the risk of a common source is heightened. In such cases, further investigation is warranted into what and where the potential sources are. Environmental, food sampling and inspection of implicated public facilities (recreational water, restaurants, etc) may be warranted.

When laboratories identify interprovincial or international linkages, the Outbreak Incident Command Center may be activated to coordinate investigation. The Canadian Food Inspection Agency would become involved with the goal to identify the implicated source and implement appropriate interventions such as product recalls to reduce further spread.

- Report at once to the chief medical health officer any group of persons with acute bloody diarrhea, HUS, or thrombotic thrombocytopenic purpura, even in the absence of specific identification of the causal agent.
- Search intensively for the specific vehicle (food, water, animal contact, etc.) by which
 the infection was transmitted; evaluate potential for ongoing person-to-person
 transmission; and use the results of epidemiological investigations to guide specific
 control measures.
- Collaborate with relevant regulatory agencies (such as Canadian Food Inspection Agency) to trace the source of suspected food and recall any implicated product; in large common-source foodborne outbreaks, prompt recall may prevent many cases.
- If a waterborne outbreak is suspected, issue a boil water order and chlorinate suspected water supplies adequately under competent supervision, or do not use them.
- If a swimming-associated outbreak is suspected, close the public pool(s) until chlorinated or shown to be free of fecal contamination. For public beaches, close and collect bacteriological samples. Reopen if samples meet the Canadian Recreational Water Quality Guidelines.
- If a milk-borne outbreak is suspected, pasteurize or boil the milk.
- Education of the public of the importance of handwashing after defecation; provide equipment for proper handwashing with soap and individual paper towers in public venues.



2018 09 01

Prevention Measures

Refer to the Enteric Introduction and General Considerations section of the manual that highlights topics for client education that should be considered as well as provides information on high-risk groups and activities.

Education

- Educate the public and anyone at risk about proper hand washing after defecation and ensure soap and individual paper towels are available.
- Educate about disinfecting diaper changing areas after use by child with diarrhea.
- Advise people to avoid food preparation when experiencing diarrhea.
- Advise case to avoid using public swimming pools and other recreational waters for 2 weeks after symptoms resolve (American Academy of Pediatrics, 2015).
- Hands should be thoroughly washed after handling raw meat, especially hamburger and all surfaces and utensils should be thoroughly cleaned and sanitized (one ounce of bleach per gallon of water) after contact with raw meat to prevent cross contamination.
- Wash fruits and vegetables carefully, particularly if eaten raw. They should preferably be peeled.
- Cook beef adequately, especially ground beef, to an internal temperature of 71 C
 (160 F). Cooking until all pink colour is gone is not as reliable as using a meat
 thermometer.
- Protect, purify and chlorinate public water supplies; chlorinate swimming pools.
 When the safety of drinking water is in doubt, boil it.
- Strengthen control measures for exhibits which allow direct animal contact in public settings, such as fairs, farm tours, and petting zoos, and educate populations at risk about the risks associated with attending such events.
- Ensure adequate hygiene in childcare centres, and encourage frequent handwashing, with soap (Heymann, 2015).



Revisions

Date	Change
September 2018	 Clarified the purpose for notification of cases to public health Incorporated an Epidemiology and Occurrence section to the chapter as a placeholder. Incorporated standardized Verotoxigenic <i>E. Coli</i> Data Collection Worksheet. Added graphic to help calculate incubation and communicability. Rearranged and updated the style into the new format of the Manual. References reaffirmed or updated as necessary.



References

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- Massachusetts Department of Public Health (2016). Bureau of Infectious Disease and Laboratory Sciences Retrieved September, 2018 from https://www.mass.gov/doc/shiga-toxin-producing-escherichia-coli-2018/download
- Public Health Agency of Canada. (2008). Case definitions for communicable diseases under national surveillance. *Canada Communicable Disease Report (CCDR), 35S2,* November 2009. Retrieved September, 2018 from http://www.phac-aspc.gc.ca/publicat/ccdr-rmtc/09vol35/35s2/Verotox-eng.php.







Please complete all sections.

Panorama QA complete: ☐Yes Initials:	□No	Please complete all sectio	ns.	Pa		estigation ID:
A) CLIENT INFORMATION			LHN -> SUBJ	ECT -> CLIEN	T DETAILS -	> PERSONAL INFORMATION
Last Name:		First Name: and Middle Name:		Alternate N	lame (Goes	by):
DOB: YYYY / MM / DD Phone #: Primary Home:	Age:	Health Card Province: Health Card Number (PHN): 		home phon	Preferred Communication Method: (spec home phone, text): Email Address: □ Work □ Personal	
Place of Employment/School:		Gender: □ Male	□ Female	□0	ther	□ Unknown
Alternate Contact: Relationship: Alt. Contact phone:		Address Type: No fixed Postal Address Mailing (Postal address): Street Address or FN Communi Address at time of infection if r	ity (Primary Hon	·	orary □ L	egal Land Description
B) INVESTIGATION INFORMATION		LHN-> SUBJECT SU	MMARY-> ENTI	ERIC ENCOUN	ITER GROU	P ->CREATE INVESTIGATION
Disease Summary Classification:	Date	Classification: CONTACT	Date		LAB TEST INFORMATION: Date specimen collected:	
□ Confirmed	YYYY / MM / DD	□Contact	YYYY / MM	/ DD	YYYY / MM / DD	
□ Does Not Meet Case	YYYY / MM / DD	□ Not a Contact	YYYY / MM / DD		Specimen t	
☐ Person Under Investigation	YYYY / MM / DD	☐ Person Under Investigation	YYYY / MM / DD		□ Bloc	od
□ Probable	YYYY / MM / DD				□ Stoc	
Disposition: FOLLOW UP: ☐ In progress ☐ Incomplete - Declined ☐ Incomplete - Lost contact ☐ Incomplete - Unable to locate REPORTING NOTIFICATION Name of Attending Physician or Nu Physician/Nurse Phone number:	YYYY / MM / DD	☐ Complete ☐ Not required ☐ Referred – Or (specify where) ☐ Location: ☐ Date Receive		YYYY / M YYYY / MI YYYY / MI	M / DD M / DD	
rnysidan/ivurse Prione number:		рате кесеіче	u (Public Health	ıy. YYYY /	IVIIVI / DD	
Type of Reporting Source: ☐ Hea	lth Care Facility □ [ab Report	ioner □Phy	ysician 🗆	Other	

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Please complete **all** sections

Panorama Client ID:	
Panorama Investigation ID:	

\sim	SIGNS	Q.	CVM	DTC	NAC
~,	310113	α	31141	FIC	IVIS

LHN-> INVESTIGATION->SIGNS & SYMPTOMS

Description	Yes	Date of	Description	Yes	Date of recovery
•	Date of onset	recovery	_	Date of onset	
Abdominal - cramping	YYYY / MM / DD	YYYY / MM / DD	Hemolytic uremic syndrome (HUS)	YYYY / MM / DD	YYYY / MM / DD
Asymptomatic	YYYY / MM / DD	YYYY / MM / DD	Pain - abdominal	YYYY / MM / DD	YYYY / MM / DD
Dehydration	YYYY / MM / DD	YYYY / MM / DD	Stool - bloody	YYYY / MM / DD	YYYY / MM / DD
Diarrhea - bloody	YYYY / MM / DD	YYYY / MM / DD	Thrombotic thrombocytopenic purpura (TTP)	YYYY / MM / DD	YYYY / MM / DD
Diarrhea - watery	YYYY / MM / DD	YYYY / MM / DD	Vomiting	YYYY / MM / DD	YYYY / MM / DD
Fever	YYYY / MM / DD	YYYY / MM / DD		YYYY / MM / DD	YYYY / MM / DD

Enter onset date in heavy box. Count
back to figure the probable expo-
sure period.

		EXPO:	SURE	PERIOD		CO	MMUNICABLE
-10 days from onset	-7		-4	-3	-1	onset	
		ask about exposu	ires bet	ween these d	ates		1-4 weeks; sometimes more

D١	INCURATION	AND COMMUNICABILITY	τv
וט	INCODATION	AND COMMONICABILI	ır

I HN-> INVESTIGATION->INCURATION & COMMUNICABILITY

D) INCOBATION AND COMMUNICABILITY	LHN-> INVESTIGATION->INCUBATION & COMMUNICABILITY
Incubation for Case (period for acquisition): Earliest Possible Exposure Date: YYYY / MM / DD	Latest Possible Exposure Date: YYYY / MM / DD
Exposure Calculation details:	
Communicability for Case (period for transmission):	
Earliest Possible Communicability Date: YYYY / MM / DD	Latest Possible Communicability Date: YYYY / MM / DD
Communicability Calculation Details:	

E) RISK FACTORS N—No, NA–Not asked, U–Unknown

LHN-> SUBJECT->RISK FACTORS

DESCRIPTION	Yes	N, NA, U	Start date	Add'l Info
Animal Exposure - Farms (Add'l Info)			YYYY / MM/DD	
Animal Exposure - Other (Add'l Info)			YYYY / MM/DD	
Animal Exposure - Pet treats and raw food (Add'l Info)_			YYYY / MM/DD	
Animal Exposure - Pets (including reptiles) (Add'l Info)			YYYY / MM/DD	
Animal Exposure - Petting zoos/zoos/special events/other (Add'l Info)			YYYY / MM/DD	
Contact – Persons with diarrhea/vomiting			YYYY / MM/DD	
Contact to a known case (Add'l Info)			YYYY / MM/DD	
Immunocompromised - Related to underlying disease or treatment			YYYY / MM/DD	
Occupation - Child Care Worker	TE		YYYY / MM/DD	
Occupation - Food Handler	TE		YYYY / MM/DD	
Occupation - Health Care Worker - IOM Risk Factor	TE		YYYY / MM/DD	
Other risk factor (Add'l Info)			YYYY / MM/DD	
Special Population - Attends childcare	TE		YYYY / MM/DD	
Special Population - Attends school	TE		YYYY / MM/DD	
Travel - Outside of Canada (Add'l Info)	AE		YYYY / MM/DD	
Travel - Outside of Saskatchewan, but within Canada (Add'l Info)	AE		YYYY / MM/DD	

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Please complete **all** sections

Panorama Client ID:	
Panorama Investigation ID:	

YYYY / MM / DD

YYYY / MM / DD

DESCRIPTION		Yes	N, NA, U	Start d	late		Add'l Info	
Water - Bottled wat	er (Add'l Info)		, .	YYYY / MI	M/DD			
Water - Private well	or system (Add'l Info)			YYYY / MI	M/DD			
Water - Public water	system (Add'l Info)			YYYY / MI	M/DD			
Water - Untreated w	rater (Add'l Info)			YYYY / MI	M/DD			
Water (Recreational) - Pond, stream, lake	,		YYYY / MI	M/DD			
river, ocean (Add'l In	fo)							
-) - Private (swimming			YYYY / MI	M/DD			
pool/whirl pool) Water (Recreational)	\ Dublic			YYYY / MI	M/DD			
(swimming/paddling				1111/ 1011	IVI/DD			
G) TREATMENT Medication (Antibion (Panorama = Other)	tics are contraindicate						-> MEDICATIONS->MEDICAT	
						red on: YYYY / MM / DD		
interventions	and Cook Towns			LH	IN-> INVE	STIGATION->TREATMENT &	INTERVENTIONS->INTERVEN	ITION SUMMARY
Intervention Type a	na Sub-Type:				Ι			
☐ Assessed for cont Investigator name	acts	`	YYYY/ MM	/DD		ak Declared YYYY / MM / gator name	DD	
Communication: Other communication: Investigator name Letter (See Docur Investigator name	ation (See Investigato ment Management)		YYYY / MI		□ Oth	Health Order: er (specify) gator name	YYYY/ MI	M/DD
General: Investigator	or name				Other I	nvestigation Findings:		
☐ Disease-Info/Prev		,	YYYY/ MM	/ DD		stigator Notes		
•	v-Cont/Assess'd for Co		YYYY/ MM		□ Doc	ument Management		
Education/counselli Prevention/Contr Disease informati	ol measures		YYYY/ MM YYYY/ MM		☐ Can	II: Investigator name adian food inspection agency arry care provider	YYYY/ MI YYYY/ MI	
□ Daycare YYY □ School YYYY	estigator name Y/ MM/DD Y/ MM/DD	□ Preschoo		MM/DD MM/DD	Testing ☐ Stoo	: Investigator name I testing recommended (e.g.	for follow-up) YYYY/ MI	M/DD
Immunization: ☐ Eligible Immuniza Investigator name	ation recommended	,	YYYY/ MM	/DD				
Date	Intervention subtype	Comment	s				Next follow-up Date	Initials
YYYY / MM / DD							YYYY / MM / DD	
YYYY / MM / DD							YYYY / MM / DD	
YYYY / MM / DD							YYYY / MM / DD	
YYYY / MM / DD							YYYY / MM / DD	
YYYY / MM / DD		i					YYYY / MM / DD	1

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YYYY / MM / DD

YYYY / MM / DD

Please complete **all** sections

						vestigation ID:
OUTCOMES					LHN-> IN	NVESTIGATION-> OUTCOM
Not yet recover Recovered Fatal		MM / DD	/ventilation	YYYY / MM / DD YYYY / MM / DD YYYY / MM / DD		YYYY / MM / DD YYYY / MM / DD
ause of Death: (if	Fatal was selected)		-			
EXPOSURES Acquisition Eve			LHN->	NVESTIGATION-> E)	(POSURE SUMMARY->	- ACQUISITION QUICK ENT
•						
cquisition Start	YYYY / MM / DD	to Acquisition End: YYYY /	MM / DD			
etting Type Travel	☐ Exposure or con	sumption of potentially contan	ninated food or w	ater	☐ Most lik	ely source
Transmission Ev						t SUMMARY -> QUICK ENT
ransmission event ID	Exposure Name	Setting type	HIGATION-> LAF	SORE SOMMARY	Date/Time	# of contacts
		☐ Food service establi	shment 🗆 Hea	th Care setting		
		☐ Public facilities	□ Hou	sehold Exposure		
		☐ Food service establi	shment 🗆 Hea	th Care setting		
		☐ Public facilities	□ Hou	sehold Exposure		
		☐ Food service establi	shment 🗆 Hea	th Care setting		
		☐ Public facilities	□ Hou	sehold Exposure		
		☐ Food service establi	shment	th Care setting		
		☐ Public facilities	□ Ног	sehold Exposure		
		D# ☐ Multiple Settings			YYYY / MM / DD	
	VTEC Contacts – Inv I	D# □ Wuitiple Settings				
	VTEC Contacts – Inv I	D# Dividitiple settings			to YYYY / MM / DD	

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VTEC Routine Questionnaire - August 2018 Record type: Record ID: Record Name: In this form the answers (Yes, Probably, No, and Don't know) are from the perspective of the person being interviewed. "Probably" can be used if the client thinks he/she may have eaten this food or usually eats this food, but is unsure if it was eaten during the period in question. **Diet and Allergies** Show/Hide Yes \bigcirc No Are you a vegetarian? O Don't know O Not asked Yes ○ No Do you have any food Allergies / avoidances / special diet? ODon't know O Not asked If yes, specify details **Food Exposures** <u>
Show/Hide</u> In the 10 days prior to onset, did you eat... ○ Yes OProbably Any beef (not including deli meat)? ○ No O Don't know O None of the above ○ Yes OProbably if yes, raw beef? \bigcirc No O Don't know O None of the above If yes, specify details (E.g., where consumed, type, brand, location)



	○Yes	_
	○ Probably	
Any whole cut beef (e.g. steak, roast)	○ No	
	O Don't know	
	○ None of the above	
		7
If yes, specify details (E.g., steak, roast, other, purchase		
location)		
		_
	○ Yes	
	○ Probably	
Any stewing beef?	○ No	
	O Don't know	
	○ None of the above	
If we are sife data its /F a subary consumed time		
If yes, specify details (E.g., where consumed, type, brand, location)		
	○Yes	
	○ Probably	
Any ground beef?	○No	
	○ Don't know	
	○ None of the above	
	○Yes	
	○ Probably	
if yes, any any home-made hamburgers?	○No	
	○ Don't know	
	○ None of the above	
		7
If yes, specify details (E.g., where consumed, type, brand, location)		
Statio, location)		
	○Yes	
Any stars hought frames beef a - 40 - 20	○ Probably	
Any store-bought frozen beef patties?	○No	



		ODon't know
		○ None of the above
	If yes, specify details (E.g., where consumed, type, brand, location)	
		○Yes
		○ Probably
	Any other (e.g. store-bought fresh)?	○No
		○ Don't know
		O None of the above
	If yes, specify details (E.g., where consumed, type, brand, location)	
		○ Yes
		○ Probably
	Any other ground beef?	○No
		○ Don't know
		O None of the above
	If yes, specify details (E.g., where consumed, type, brand, location)	
		○ Yes
		○ Probably
	Any ground beef consumed raw or undercooked?	○No
		○ Don't know
		O None of the above
	If yes, specify details (E.g., where consumed, type, brand, location)	
		○ Yes
		○ Probably
λny	pork (not including deli-meat or bacon)?	○No
		○ Don't know
		○ None of the above



If yes, specify type (e.g. ham), purchase location.		
Any prepared products containing pork (e.g. spring rolls, dumplings)?	○ Yes○ Probably○ No○ Don't know○ None of the above	
If yes, specify type (e.g. spring rolls), location purchased		
Any deli-meat?	YesProbablyNoDon't knowNone of the above	
If yes, specify details (E.g., where consumed, type, brand, location)		
Any sausage?	Yes○ Probably○ No○ Don't know○ None of the above	
Meat type (select all that apply):	☐ Beef ☐ Chicken ☐ Pork ☐ Turkey ☐ Other	
Preparation type (select all that apply):	☐ Ready to eat ☐ Fermented ☐ Raw	
Location purchased:		



Any game or country meat (e.g. venison, bison)?	YesProbablyNoDon't knowNone of the above	
If yes, specify details (E.g., where consumed, type, brand, location)		
Any sprouts including any sprouts on a sandwich or salad?	YesProbablyNoDon't knowNone of the above	
If yes, specify details (E.g., where consumed, type, brand, location)		
Any lettuce?	YesProbablyNoDon't knowNone of the above	
If yes, specify types (select all that apply)	☐ Iceberg ☐ Romaine ☐ Mesclun	
If yes, specify details (E.g., where consumed, type, brand, location)		
Any pre-packaged greens?	○ Yes○ Probably○ No○ Don't know○ None of the above	
If yes, specify details (E.g., where consumed, type, brand, location)		



	○Yes
	○ Probably
Any spinach?	○ No
	Opon't know
	○ None of the above
If yes, specify details (E.g., where consumed, type,	
brand, location)	
	○ Yes
	○ Probably
Any fresh herbs?	○ No
	O Don't know
	○ None of the above
If yes, specify details (E.g., where consumed, type,	
brand, location)	
	○ Yes
	○ Probably
Any fresh parsley?	○ No
	O Don't know
	○ None of the above
W	
If yes, specify details (E.g., where consumed, type, brand, location)	
	○Yes
	○ Probably
Any other fresh herbs (e.g. oregano, dill, mint,	○ No
rosemary,chives, or thyme)?	○ Don't know
	○ None of the above
If yes, specify details (E.g., where consumed, type,	
brand, location)	
	○Yes
Any melons (e.g. cantaloupe)?	○ Probably
,sono (e.g. canaloupo):	○ No



	O Don't know	
	○ None of the above	
If yes, specify details (E.g., where consumed, type,		
brand, location)		
	○Yes	
	○ Probably	
Any berries?	○No	
	ODon't know	
	○ None of the above	
	Strawberries	
	Raspberries	
if yes, specify types (select all that apply)	☐ Blueberries	
	Blackberries	
	_ Blackberries	
If you appoint dataile (E.g., where consumed type		
If yes, specify details (E.g., where consumed, type, brand, location)		
,		
	○Yes	
	○ Probably	
Any unpasteurized fruit juice (e.g. unpasteurized apple cidar)?	○ No	
	O Don't know	
	○ None of the above	
	O	
If yes, specify details (E.g., where consumed, type,		
brand, location)		
	○Yes	
	○ Probably	
Any nuts (on their own, in a granola bar, as a garnish, or as	○ No	
part of a dish)?	O Don't know	
	○ None of the above	
If yes, specify type (e.g. almonds) purchase location		
	○Yes	
	○ Probably	



	○ No	
Any unpasteurized (raw) dairy milk (excluding cheese)?	○ Don't know	
	○ None of the above	
If yes, specify details (E.g., where consumed, type, brand, location)		
	○ Yes	
Any chaosa made with unpactourized (row) milk?	○ Probably○ No	
Any cheese made with unpasteurized (raw) milk?	○ Don't know	
	○ None of the above	
If yes, specify details (E.g., where consumed, type, brand, location)		
	○Yes	1
	○ Probably	
Any raw flour used in the household?	○ No	
	ODon't know	
	○ None of the above	
If yes, specify details (E.g., where consumed, type, brand, location)		
	○Yes	1
	○ Probably	
Did you eat, taste, or lick any uncooked or unbaked dough o		
batter (e.g. cookie dough, cake or muffin batter)?	○ Don't know	
	○ None of the above	
If yes, specify details (E.g., where consumed, type,		
, , , , , , , , , , , , , , , , , , , ,		
brand, location)		
brand, location)		
brand, location) Food Handling	○Yes	



	○ Probably	
Any raw pork?	○ No	
7 iii juu poik.	O Don't kinow	
	None of the above	
If yes, specify details (E.g., where consumed, type,		
brand, location)		
Social Functions		☆Show/Hide
	○Yes	
In the 10 days prior to onset, did you attend any social functions (e.g. parties, weddings, showers, potlucks,	○ No	
community events)?	O Don't know	
	○ Not asked	
Click the Add button to add social event/function details		
Add		
Restaurants		<u> </u>
	○Yes	
In the 10 days prior to onset, did you attend any restaurants	○ No	
(including take-out, cafeteria, bakery, deli, kiosk)?	O Don't know	
	○ Not asked	
Click the Add button to add restaurant details		
Add		
Grocery Stores	∪Yes	<u> </u>



In the past 10 days prior to onset, did you visit grocery stores for foods consumed during the incubation period?	○ No ○ Don't know ○ Not asked	
Click the Add button to add grocery store details		
Add		
Loyalty card/store issued card (for outbreak investigation only)		<u> </u>
This section is only for use in some specific outbreak situations, with client consent. It is not a routine question for sporadic cases.		
Has the client given consent (written or verbal)?	○ Yes ○ No	
	○ Not applicable	
Loyalty card details (names and numbers)		
Interviewer Details and Notes		<u> </u>
Interviewer Name		
Interview date	9/12/2018	
Any special notes regarding this interview		

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Giardiasis

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Notification Timeline:

From Lab/Practitioner to Public Health: Immediate.

From Public Health to Ministry of Health: Routine, within 2 weeks.

Public Health Follow-up Timeline: Initiate within 72 hours.

Information

Case Definition (Public Health Agency of Canada, 2008)

0 6 10	
Confirmed Case	Laboratory confirmation of infection with or without symptoms
	from stool, duodenal fluid or small bowel biopsy specimen:
	demonstration of Giardia lamblia
	OR
	• demonstration of <i>Giardia lamblia</i> antigen.
Probable Case	Clinical illness ¹ in a person who is epidemiologically linked to a
	confirmed case.
¹ Clinical illness is	characterized by diarrhea, abdominal cramps, bloating, weight loss,
0 .1	. •

fatigue or malabsorption.

Causative Agent

- Giardia lamblia (G. intestinalis, G. Duodenalis) A flagellate protozoan (Heymann, 2015).
- Ingestion of one or more cysts may cause disease (U.S. Food and Drug Administration, 2012).

Symptoms

Heymann (2015) indicates that infection can be:

- asymptomatic;
- acute, self-limited diarrhea;
- a chronic condition consisting of diarrhea, steatorrhea, abdominal cramps, bloating, loose and pale greasy stools, fatigue, malabsorption of fats and weight

Periods of diarrhea may alternate with constipation until treatment or resolution of symptoms.

Complications

Reactive arthritis may occur.



Giardiasis

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In severe giardiasis, duodenal and jejunal mucosal cells may be damaged (Heymann, 2015)

Incubation Period

Usually 3-25 days, may be longer. Median 7-10 days (Heymann, 2015).

Reservoir/Source

Humans. Wild and domestic animals (e.g. beavers, cats, dogs, and cattle) (Heymann, 2015).

Mode of Transmission (Heymann, 2015)

Transmission occurs by:

- the fecal-oral route, especially in day cares and institutions;
- ingesting water from unfiltered sources¹ or shallow wells;
- ingesting water from local streams, lakes and recreational pools contaminated by human or animal feces;
- anal sex.

Period of Communicability

During the entire course of infection which can last up to several months (Heymann, 2015). Long term shedding of cysts can occur with asymptomatic carriers.

Specimen Collection and Transport

Stool or small bowel specimens placed in a lab container with SAF preservative. Questionable results from stool specimens can be confirmed by examining duodenal fluid or mucosa for trophozoites.

Refer to the Saskatchewan Disease Control Laboratory Compendium of Tests for details at http://sdcl-testviewer.ehealthsask.ca.

¹Concentrations of chlorine used in routine water treatment do not kill *Giardia* cysts, especially when the water is cold.



Giardiasis

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Methods of Control/Role of Investigator

Prevention and Education

Refer to the <u>Enteric Introduction and General Considerations</u> section of the manual that highlights topics for client education that should be considered as well as provides information on high-risk groups and activities.

- Provide prevention information and education to case or caregiver, daycare or institution workers about personal hygiene.
- Educate about disinfecting diaper changing areas after use by child with diarrhea.
- Provide standard letters to schools, daycares, hockey teams, etc.
- Educate food handlers about proper food and equipment handling and hygiene, especially about the avoidance of cross-contamination of food products, and emphasize thorough hand washing.
- Advise to avoid swallowing water from ponds, lakes, or untreated pools.
- Educate about the risk of sexual practices that permit fecal-oral contact.
- Avoid drinking untreated and inadequately filtered surface water (e.g. camping, traveling or wells).

Management

I. Case

History

Investigate exposure to:

- bodies of water (natural and recreational);
- unfiltered, untreated drinking water.

Determine:

- water source and sewage disposal if not on a municipal system;
- history of high-risk sexual practices, especially involving contact with feces;
- history of exposure in daycare or institutional settings.

Education

• Advise case to avoid food preparation until diarrhea has resolved (when stools have been normal for that individual for 48 hours).



Giardiasis

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• Advise case to avoid using public swimming pools and other recreational waters for 2 weeks after symptoms resolve (American Academy of Pediatrics, 2012).

Immunization

Not applicable.

Treatment/Supportive Therapy

Treatment choices are governed by the most recent guidelines. The public health practitioner should direct any questions regarding the current treatment protocols to the physician/nurse practitioner or, in their absence to the Medical Health Officer. See Appendix H - Sources for Clinical Treatment Guidelines.

Symptomatic cases should be treated. Asymptomatic carriers generally do not need treatment.

Exclusion

- Food handlers, health care, childcare or other staff involved with personal care, children below the age of 5 years in childcare, individuals unable to maintain adequate standards of personal hygiene (e.g., mentally or physically challenged): Exclude until diarrhea has resolved.
- People with diarrhea should not use recreational water for 2 weeks after symptoms resolve. (American Academy of Pediatrics, 2012)
- Diarrhea is considered to be resolved when stools have been normal for that individual for 48 hours.
- Asymptomatic persons: exclusion is not warranted for asymptomatic persons.

Referrals

Refer to public health inspection if source cannot be identified and transmission continues or advice regarding drinking water treatment is required.

II. Contacts/Contact Investigation

Contact Definition

Contacts include:

- persons living in the same household;
- children and childcare workers in a daycare/dayhome;
- sexual contacts.



Giardiasis

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Testing

All symptomatic household contacts should be referred to their physician for appropriate follow-up.

Prophylaxis/Immunization

Not applicable.

Exclusion

Exclude symptomatic contacts as cases until diagnosis has been ruled out. Asymptomatic contacts, in general, are not excluded (American Academy of Pediatrics, 2012).

III. Environment

Child Care Centres/Institutional Control Measures

- Contact precautions for symptomatic institutionalized individuals (Heymann, 2015).
- Clustered cases in child care and institutional settings require epidemiological investigation to determine source of infection and mode of transmission.

Epidemic Measures

Institute an epidemiological investigation to determine source of infection and mode of transmission for cases clustered by location or institution. A common vehicle should be sought and appropriate measures should be taken to control the situation.



Giardiasis

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References

American Academy of Pediatrics. (2012). *Red Book: 2012 Report of the Committee on Infectious Diseases* (29th ed.). Elk Grove Village, IL: Author.

Heymann, D. L., (Ed.). (2015). *Control of Communicable Diseases Manual* (20th ed.). Washington, DC: American Public Health Association.

Public Health Agency of Canada. (2008). Case definitions for communicable diseases under national surveillance. *Canada Communicable Disease Report (CCDR)*, 35S2, November 2009. Retrieved April, 2015 from http://www.phac-aspc.gc.ca/publicat/ccdr-rmtc/09vol35/35s2/Giardi-eng.php.

United States Food and Drug Administration. (2012). *Bad bug book: Foodborne pathogenic microorganisms and natural toxins handbook: Giardia lamblia*. Retrieved April, 2015 from http://www.fda.gov/downloads/Food/FoodSafety/FoodborneIllness/FoodborneIllness/FoodbornePathogensNaturalToxins/BadBugBook/UCM297627.pdf.





Please complete all sections.

Panorama QA complete: ☐ Yes Initials:	□No	·			F	Panorama Client ID:Panorama Investigation ID:
A) CLIENT INFORMATION				SUBJE	CT -> CLIEN	T DETAILS -> PERSONAL INFORMATION
Last Name:		First Name: a	and Middle Name:		Alternate	Name (Goes by):
DOB: YYYY / MM / DD Phone #: Primary Home:	Age:		Province: Number (PHN):	-	i.e. home	Communication Method: (specify - phone, text): dress: Work Personal
Place of Employment/School:		Gender:	[]] Male	□ Female		Other 🗖 Unknown
Alternate Contact: Relationship: Alt. Contact phone:		Mailing (Post	☐ Postal Address	ry (Primary Hon		porary □ Legal Land Description
B) INVESTIGATION INFORMATION	I	LH	N-> SUBJECT SUM	MARY-> ENTER	RIC ENCOUN	ITER GROUP ->CREATE INVESTIGATION
Disease Summary Classification: CASE	Date	Classification CONTACT	n:	Date	,	LAB TEST INFORMATION: Date specimen collected:
□ Confirmed	YYYY / MM / DD	□ Contact		YYYY / MM	/ DD	YYYY / MM / DD
☐ Does Not Meet Case Definition	YYYY / MM / DD	□ Not a Cont	tact	YYYY / MM	/ DD	Specimen type: ☐ Fluid
☐ Person Under Investigation	YYYY / MM / DD	□ Person Un	der Investigation	YYYY / MM	/ DD	□ Plaid □ Biopsy
□ Probable	YYYY / MM / DD					□ Stool
Disposition: FOLLOW UP: ☐ In progress ☐ Incomplete - Declined ☐ Incomplete - Lost contact ☐ Incomplete - Unable to locate	YYYY YYYY	/ MMM / DD / MMM / DD / MMM / DD / MMM / DD	☐ Complete☐ Not required☐ Referred — C	Out of province		YYYY / MMM / DD YYYY / MMM / DD YYYY / MMM / DD YYYY / MMM / DD
REPORTING NOTIFICATION Name of Attending Physician or No.	urse:		Location:			
Provider's Phone number:			Date Received (P	ublic Health):	YYYY / M	IMM / DD
Type of Reporting Source: ☐ Hea	alth Care Facility 🔲 I	Lab Report	□ Nurse Practition	oner □Phy	rsician	□ Other
C) DISEASE EVENT HISTORY			LHN->INVESTION	GATION->DISEA	ASE SUMMA	RY (UPDATE)->DISEASE EVENT HISTORY
Staging: ☐ Acute	☐ Chronic	□ Carrie	r			

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Please complete all sections

LHN-> INVESTIGATION->SIGNS & SYMPTOMS

D) SIGNS & SYMPTOMS

Factor

Occupation – Personal Care Worker
Other risk factor (Add'l Info)

Special Population - Attends childcare

-	es / Oate of onset	Date o		Description	Yes Date of onset	Date of recovery
Asymptomatic		1 / YYYY	MMM / DD	Lethargy (fatigue, drowsiness, weakness, etc)		YYYY / MMM / DD
Abdominal - bloating or distension		YYYY / I	MMM / DD	Pain - abdominal		YYYY / MMM / DD
Abdominal - cramping		1 \ YYYY	MMM / DD	Stool - steatorrhea (pale and greasy)		YYYY / MMM / DD
Constipation		YYYY / I	MMM / DD	Weight loss		YYYY / MMM / DD
Diarrhea		YYYY / I	MMM / DD			YYYY / MMM / DD
Other Signs & Symptoms if applicable						
Exposure Period Enter onset date in heavy box. Count back to figure the probable exposure period. days from onset days from onset calendar date		25	- F	POSURE PERIOD -10 -4 onset	variable—weeks – – treatment. Infect symptoms are m	ele period is quite to months without ed persons without ore likely to be nose who are sick.
E) INCUBATION AND COMMUNICABILITY Incubation for Case (period for acquisition): Earliest Possible Exposure Date: YYYY / MI				LHN-> INVESTIGATION Latest Possible Exposure Dates	ATION->INCUBATION	
Exposure Calculation details: Communicability for Case (period for transmeraliest Possible Communicability Date: Communicability Calculation Details:		/ DD		Latest Possible Communica	bility Date: YYYY	/ MM / DD
F) RISK FACTORS N—No, NA–Not aske	ed, U–Unknov	wn			LHN-> SI	JBJECT->RISK FACTO
RISK FACTORS N—No, NA-Not asked	ed, U–Unknov Yes	wn N, NA, U	Start da	te	LHN-> SU	JBJECT->RISK FACTO
,		N, NA,	Start da			JBJECT->RISK FACTO
DESCRIPTION	Yes	N, NA,		/DD		JBJECT->RISK FACTO
DESCRIPTION Animal Exposure - Other (Add'l Info) Animal Exposure - Pets (including reptiles) (Additional Exposure - Pets (including r	Yes	N, NA,	YYYY / MM	/DD //DD		JBJECT->RISK FACTO
DESCRIPTION Animal Exposure - Other (Add'l Info) Animal Exposure - Pets (including reptiles) (All Info)	Yes Add'l	N, NA,	YYYY / MM,	/DD //DD		JBJECT->RISK FACTO
DESCRIPTION Animal Exposure - Other (Add'l Info) Animal Exposure - Pets (including reptiles) (animal Exposure - Rodents/rodent excreta Animal Exposure - Wild animals (other than rodents) (Add'l Info)	Yes Add'l	N, NA,	YYYY / MM,	/DD //DD		JBJECT->RISK FACTO
DESCRIPTION Animal Exposure - Other (Add'I Info) Animal Exposure - Pets (including reptiles) (Animal Exposure - Rodents/rodent excreta Animal Exposure - Wild animals (other than rodents) (Add'I Info) Behaviour - Camping/hiking	Yes Add'l	N, NA,	YYYY / MM,	/DD //DD		JBJECT->RISK FACTO
DESCRIPTION Animal Exposure - Other (Add'I Info) Animal Exposure - Pets (including reptiles) (Alifo) Animal Exposure - Rodents/rodent excreta Animal Exposure - Wild animals (other than rodents) (Add'I Info) Behaviour - Camping/hiking Contact - Daycare	Yes Add'l	N, NA,	YYYY / MM,	/DD //DD //DD		JBJECT->RISK FACTO
DESCRIPTION Animal Exposure - Other (Add'I Info) Animal Exposure - Pets (including reptiles) (Animal Exposure - Rodents/rodent excreta Animal Exposure - Wild animals (other than rodents) (Add'I Info) Behaviour - Camping/hiking Contact - Daycare Contact - Persons with diarrhea/vomiting	Yes Add'l	N, NA,	YYYY / MM, YYYY / MM, YYYY / MM,	/DD //DD //DD //DD //DD //DD //DD //DD		JBJECT->RISK FACTO
DESCRIPTION Animal Exposure - Other (Add'l Info) Animal Exposure - Pets (including reptiles) (alinfo) Animal Exposure - Rodents/rodent excreta Animal Exposure - Wild animals (other than	Yes Add'l	N, NA,	YYYY / MM, YYYY / MM, YYYY / MM,	/DD //DD //DD //DD //DD //DD //DD //DD		JBJECT->RISK FACTO
DESCRIPTION Animal Exposure - Other (Add'l Info) Animal Exposure - Pets (including reptiles) (All Info) Animal Exposure - Rodents/rodent excreta Animal Exposure - Wild animals (other than rodents) (Add'l Info) Behaviour - Camping/hiking Contact - Daycare Contact - Persons with diarrhea/vomiting Contact to a known case (Add'l Info)	Yes Add'I	N, NA,	YYYY / MM, YYYY / MM, YYYY / MM,	/DD //DD //DD //DD //DD //DD //DD //DD		JBJECT->RISK FACTO
DESCRIPTION Animal Exposure - Other (Add'I Info) Animal Exposure - Pets (including reptiles) (Alifo) Animal Exposure - Rodents/rodent excreta Animal Exposure - Wild animals (other than rodents) (Add'I Info) Behaviour - Camping/hiking Contact - Daycare Contact - Persons with diarrhea/vomiting Contact to a known case (Add'I Info) Exposure - Diaper changing Immunocompromised - Related to underlying	Yes Add'I	N, NA,	YYYY / MM, YYYY / MM, YYYY / MM, YYYY / MM,	/DD //DD //DD //DD //DD		JBJECT->RISK FACTO
DESCRIPTION Animal Exposure - Other (Add'I Info) Animal Exposure - Pets (including reptiles) (Animal Exposure - Rodents/rodent excreta Animal Exposure - Wild animals (other than rodents) (Add'I Info) Behaviour - Camping/hiking Contact - Daycare Contact - Persons with diarrhea/vomiting Contact to a known case (Add'I Info) Exposure - Diaper changing Immunocompromised - Related to underlying disease or treatment	Yes Add'I	N, NA,	YYYY / MM,	/DD /DD /DD /DD /DD		JBJECT->RISK FACTO

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YYYY / MM/DD YYYY / MM/DD

TE

Please complete **all** sections

DESCRIPTION	Yes	N, NA, U	Start da	ite	Add'l Info	
Special Population - Attends school	TE		YYYY / MIV	1/DD		
Travel - Outside of Canada (Add'l Info)	AE		YYYY / MM	1/DD		
Travel - Outside of Saskatchewan, but within Canada (Add'l Info)	AE		YYYY / MM	1/DD		
Water – Bottled water (Add'l Info)			YYYY / MM	1/DD		
Water - Private well or system (Add'l Info)			YYYY / MIV	1/DD		
Water - Public water system (Add'l Info)			YYYY / MIV	1/DD		
Water - Untreated water (Add'l Info)			YYYY / MM	1/DD		
Water (Recreational) - Pond, stream, lake, river, ocean (Add'l Info)			YYYY / MM	1/DD		
Water (Recreational) - Private (swimming pool/whirl pool) (Add'l Info)			YYYY / MM			
Water (Recreational) - Public (swimming/paddling pool/whirl pool) (Add'l Info)			YYYY / MM	1/DD		_
G) USER DEFINED FORM (SEE ATTACHED) H) COMPLICATIONS Description	Yes	of onset	3HGAHG.	N-> INVESTIGATION DETAILS -> LINKS A Description		GATION->COMPLICATIONS
Arthritis - reactive (Reiter's syndrome)	YY	YY / MMN	// DD	Malabsorption of fats	, A	YYY / MMM / DD
Medication (Antibiotics are contraindicated – refer				Started on: YYYY / MM / DD		
) INTERVENTIONS Intervention Type and Sub Type:			LHN->	INVESTIGATION->TREATMENT & INT	ERVENTIONS->	>INTERVENTION SUMMARY
Assessment: Assessed for contacts Investigator name	Y	YYY/ MM/DI	D I	Public Health Order: ☐ Other (specify) Investigator name		YYYY/ MM/DD
Communication: Other communication (See Investigator Notes) Investigator name Letter (See Document Management) Investigator name		YYY / MM	/ DD	Other Investigation Findings: ☐ Investigator Notes ☐ Document Management		
General: Investigator name □ Disease-Info/Prev-Control □ Disease-Info/Prev-Cont/Assess'd for Contacts		YYY/ MM / [YYY/ MM / [DD I	Referral: Investigator name ☐ Canadian food inspection agency ☐ Primary care provider		YYYY/ MM/DD YYYY/ MM/DD
Education/counselling: Investigator name Prevention/Control measures Disease information provided	Y	YYY/ MM/DI YYY/ MM/DI	D	Testing: Investigator name ☐ Stool testing recommended (e.g. fo	r follow-up)	YYYY/ MM/DD
□ School YYYY/ MM/DD □ Wo	eschool ork	YYYY/ MN YYYY/ MN				
Immunization: ☐ Eligible Immunization recommended Investigator name	Y	YYY/ MM/D	D			

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Please complete **all** sections

YYYY / MM / DD	Intervention subtype	Comments	Next follow-up D	ate Initials
			YYYY / MM / DE	D
YYY / MM / DD			YYYY / MM / DI	D
YYYY / MM / DD			YYYY / MM / DI	D
YYYY / MM / DD			YYYY / MM / DI	D
YYYY / MM / DD			YYYY / MM / DI	D
YYYY / MM / DD			YYYY / MM / DI	D
YYYY / MM / DD			YYYY / MM / DI	D
OUTCOMES			LHN-> INVESTI	GATION-> OUTCOI
□ Recovered □ Fatal	ed/recovering YYYY / MM YYYY / MM YYYY / MM	/ DD Intubation /ventilation YYYY / DD OtherYYYY /	MM / DD □ Unknown YYYY	
EXPOSURES Acquisition Ever		LHN-> INVESTIGA	ATION-> EXPOSURE SUMMARY-> ACQU	JISITION QUICK EN
•				
Transmission Ev	ents	otion of potentially contaminated food or water LHN -> INVESTIGATION-> EXPOSURE SUM		ource
Tuanamiasian	Exposure Name	Catting tune	Data /Time	
	•	Setting type	Date/Time	# of contacts
	•	Setting type Health Care setting	Date/Time	
	<u> </u>		Date/Time	
	•	☐ Health Care setting	Date/Time	
	·	☐ Health Care setting ☐ Household Exposure	Date/Time	1
	·	☐ Health Care setting ☐ Household Exposure ☐ Health Care setting	Date/Time	1
		☐ Health Care setting ☐ Household Exposure ☐ Health Care setting ☐ Household Exposure	Date/Time	1
		☐ Health Care setting ☐ Household Exposure ☐ Health Care setting ☐ Household Exposure ☐ Health Care setting	Date/Time	1
	•	☐ Health Care setting ☐ Household Exposure ☐ Health Care setting ☐ Household Exposure ☐ Health Care setting ☐ Household Exposure	Date/Time	1
	Giardia Contacts – Inv ID#	☐ Health Care setting ☐ Household Exposure ☐ Health Care setting ☐ Household Exposure ☐ Health Care setting ☐ Household Exposure ☐ Health Care setting ☐ Health Care setting	YYYY / MM / DD to	1
Event ID	Giardia Contacts – Inv ID#	☐ Health Care setting ☐ Household Exposure	YYYY / MM / DD	1
Event ID 1) TOTAL NUMBER	Giardia Contacts – Inv ID#	☐ Health Care setting ☐ Household Exposure	YYYY / MM / DD to YYYY / MM / DD	# of contacts
Event ID	Giardia Contacts – Inv ID#	☐ Health Care setting ☐ Household Exposure ☐ Multiple Settings	YYYY / MM / DD to YYYY / MM / DD	# of contacts

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Giardiasis Routine Questionnaire - August 2018 Record type: Record ID: Record Name: In this form the answers (Yes, Probably, No, and Don't know) are from the perspective of the person being interviewed. "Probably" can be used if the client thinks he/she may have eaten this food or usually eats this food, but is unsure if it was eaten during the period in question. **Diet and Allergies** Show/Hide Yes ○ No Are you a vegetarian? O Don't know O Not asked O Yes ○ No Do you have any food Allergies / avoidances / special diet? ODon't know O Not asked If yes, specify details **Food Exposures** Show/Hide In the perios 3-25 days prior to onset, did you eat... Yes Probably Any raw vegetables (e.g. spinach, green leaf lettuce, romaine ○ No lettuce, green onion, broccoli, carrots)? O Don't know O None of the Above If yes, specify details (E.g., where consumed, type, brand, location) Yes Probably ○ No Any raw fruits (e.g. strawberries, tomatoes)? O Don't know



	○ None of the Above	
If yes, specify details (E.g., where consumed, type, brand, location)		
Any fresh herbs (e.g. fresh basil, fresh parsley)?	YesProbablyNoDon't knowNone of the Above	
If yes, specify details (E.g., where consumed, type, brand, location)		
Any ready to eat, pre-washed packaged salad (e.g. pre-washed leafy greens in bags or packages; lettuce or leafy greens salad kits with topping and dressing; ready-to-eat salads sold at the grocery store deli counter or fast food restaurant)?	YesProbablyNoDon't knowNone of the Above	
If yes, specify details (E.g., where consumed, type, brand, location)		
Social Functions		☆ Show/Hide
In the 3-25 days prior to onset, did you attend any social functions (e.g. parties, weddings, showers, potlucks, community events)?	YesNoDon't knowNot asked	
Click the Add button to add social event/function details Add		
Restaurants		≈ Show/Hide
In the 3-25 days prior to onset, did you attend any restaurants (including take-out, cafeteria, bakery, deli, kiosk)?	YesNoDon't knowNot asked	



Click the Add button to add restaurant details		
Add		
Grocery Stores		<u> </u>
	○Yes	
In the past 3 - 25 days prior to onset, did you visit grocery	○ No	
stores for foods consumed during the incubation period?	ODon't know	
	○ Not asked	
Click the Add button to add grocery store details		
Add		
Loyalty card/store issued card (for outbreak		
investigation only)		<u> </u>
This section is only for use in some specific outbreak		
situations, with client consent. It is not a routine question	1	
for sporadic cases.		
	○Yes	
Has the client given consent (written or verbal)?	○ No	
	O Not applicable	
Loyalty card details (names and numbers)		
Loyalty card details (names and numbers)		
Interviewer Details and Notes		<u> </u>
Interviewer Name		
interviewer Name		
listanciano data	9/26/2018	
Interview date	0,20,20.10	
Any special notes regarding this interview		

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Notification Timeline:

From Lab/Practitioner to Public Health: Immediate.

From Public Health to Ministry of Health: Within 2 weeks.

Immediate if an outbreak is anticipated.

Public Health Follow-up Timeline: Immediate.

Public Health Purpose for Notification of Hepatitis A

- To provide an early detection system of outbreaks;
- To implement prevention and control measures including contact tracing and post-exposure Immunoprophylaxis
- To make timely and evidence informed actions on outbreaks;
- To monitor the effectiveness of prevention and control measures;
- To track epidemiology trends of hepatitis A in Saskatchewan including risk populations and distribution;
- To identify locations where increased transmission of hepatitis A may be occurring in order to inform other interventions; and
- To inform the public and medical community about hepatitis A.

Surveillance Case Definition¹ (Public Health Agency of Canada, May 2008)

Confirmed Case	 detection of immunoglobulin M (IgM) antibody to hepatitis A virus (anti-HAV) in the absence of recent hepatitis A vaccination; AND acute clinical illness* OR an epidemiological link to a person with laboratory-confirmed
	hepatitis A infection.
Probable Case	Acute clinical illness* in a person without laboratory confirmation
	of infection who is epidemiologically linked to a confirmed case.
*Acute clinical illne	ess is characterized by discrete onset of symptoms including fever,
1	nausea, and abdominal pain followed by jaundice or elevated
i aminotransferase	levels with a few days

¹ Surveillance case definitions ensure uniform reporting to allow comparability of surveillance data. The definition is not intended to be used for clinical or laboratory diagnosis or management of cases.



Epidemiology and Occurrence

- Geographically, endemic rates of hepatitis A virus (HAV) have varying levels that can be deemed high, intermediate, or low.
- Higher endemic rates tend to be found in areas where basic sanitation and hygiene is poor; epidemics in these areas are rare due to acquired immunity in adults.
- A large outbreak of hepatitis A was detected in 1996 that lasted for about two years before declining due to implementation of mass immunization, public education and routine Hepatitis A immunization program in northern communities in 1997².
- The Saskatchewan rate has been lower or comparable to Canada rate since 1999.
- The average incidence rate of hepatitis A in Saskatchewan was 0.7 case per 100,000 population (2013-2017) and the majority of cases are related to travel to endemic countries;
- Over the past 15 years, an average number of hepatitis A cases was higher in February and March; this corresponds with peak travel times to tropical countries; and.
- Males and females were affected almost equally, and most cases were reported in children between 5 and 14 years of age during the same period of time.

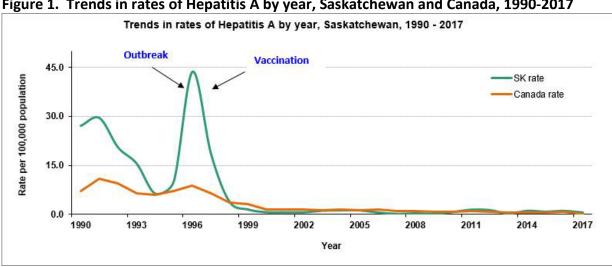


Figure 1. Trends in rates of Hepatitis A by year, Saskatchewan and Canada, 1990-2017

² Routine Hepatitis A immunization was introduced for children 1-15 years living in northern health regions or reserves in Saskatchewan (excluding Creighton, Air Ronge, La Ronge) in 1997



Section: 3-120 - Hepatitis A

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Additional Background Information

Causative Agent

Hepatitis A virus (HAV), a non-enveloped, positive stranded RNA virus of the Picornoviridae family. HAV is comparatively heat stable, retains infectivity in feces for up to 2 weeks, resistant to a pH of 3, and remains viable for years at -20°C. It is completely inactivated by formalin or by heating to 100°C for 5 minutes. HAV shows some resistance to inactivation by hypochlorite and can withstand 60°C for 1 hour (Margolis, 1992).

Reservoir/Source

• Main reservoir is humans, and rarely chimpanzees and other primates. Virus is shed in feces of infected humans for up to 2 weeks.

Symptoms

- Although the disease is self-limited, clinical manifestation and expression of illness is age-dependent:
 - <u>Children under 6 years</u> are generally asymptomatic or exhibit mild, nonspecific symptoms including nausea, vomiting, malaise, diarrhea, fever, and dark urine.
 - Adolescents and adults infected with HAV tend to develop more classic symptoms of malaise, nausea, vomiting, and loss of appetite, with 50% to 90% having either dark urine, jaundice or both.
- Recovery from illness often takes 4-6 weeks but may take months. Prolonged, relapsing hepatitis lasting for up to a year occurs in 15% of cases, but chronic infection is not known to occur.
- Twenty-five percent of adult cases require hospitalization. Fulminant hepatitis (i.e. an acute liver failure) disease with liver necrosis is rare and tends to occur when a pre-existing chronic liver disease is present.
- IgM antibodies against HAV found in serum of recently or acutely ill individuals will establish the diagnosis. Antibodies will appear 5-10 days after exposure and can be detected 1 week prior to symptoms and 3-6 months after infection.

Incubation Period

Average 28 to 30 days (range 15 to 50 days) (Heymann, 2015).



Period of Communicability

- Persons with HAV are most infectious during the 1-2 weeks before onset of jaundice.
 Risk of transmission diminished and is minimal by one week after onset of jaundice (American Academy of Pediatrics, 2015).
- Hepatitis A virus can be detected in stool of infants and children for longer periods (up to 6 months), (Heymann, 2015).

Mode of Transmission

- Person-to-person via fecal-oral route including food and water contaminated by infected food handlers or by sewage.
- Outbreaks have been associated with raw or undercooked shellfish; contaminated produce; and ready-to-eat foods prepared by infected food handlers.
- Transmission via household and sexual contact (particularly in heterosexual relationships, unless sexual contact involves anus/oral route) is rare.
- Outbreaks have also been associated with injecting and non-injecting drug use (American Academy of Pediatrics, 2015).

Risk Factors

Risk factors are associated with individual susceptibility and settings or exposures that create opportunities for acquisition or transmission to others. Groups at increased risk of *acquiring* hepatitis A as identified by the American Academy of Pediatrics (2015) and Heymann (2015) include:

- close personal contact (household or sexual) with an person infected with HAV;
- international travellers (particularly to developing countries);
- close contacts of newly arriving international adoptees;
- daycare employees or attendees;
- men who have sex with men;
- oral/anal sex; and
- users of injection and non-injection drugs.

Those at increased risk for transmitting infection include:

- food handlers;
- health care/day care workers;
- childcare workers;
- staff involved with personal care;
- children below the age of 5 years in childcare; and



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• individuals who are unable to maintain standards of personal hygiene (e.g., mentally or physically challenged).

Specimen Collection and Transport

- Test: hepatitis A Virus IgM antibody (HAV IgM).
- Specimen: 2mL serum.

Refer to the Roy Romanow Provincial Laboratory Compendium of Tests for details at https://rrpl-testviewer.ehealthsask.ca/.

Public Health Investigation

I. Case

Refer to <u>Attachment – Hepatitis A Data Collection Worksheet</u> to assist.

History

- Key elements to inquire about include:
 - Onset of illness to determine incubation period and period of communicability which helps to identify the possible source and contacts to be followed.
 - Hepatitis A immunization history including number of doses and date(s) administered
- Determine if there is an opportunity for exposure through:
 - Travel, particularly to areas where HAV is endemic (provincially, nationally or internationally);
 - Consumption of water from inadequately treated water supplies;
 - Consumption of contaminated foods (obtain food history);
 - If children in the household attend a childcare facility since asymptomatic children may be the source of illness (Heymann, 2015; American Academy of Pediatrics, 2015).
- Identify household and other potential close contacts. See Contact Definition.
- Identify opportunities for transmission events and contacts exposed during the infectious period:
 - If case employed as a food handler determine if they prepared or shared food with others 2 weeks prior to becoming symptomatic. Obtain locations, dates, and times of food preparation details.



Public Health Interventions

Assessment

 Assess for contacts paying particular attention to those who may receive postexposure vaccination to prevent illness.

Communication

 Letters or public communication may be required in the case of food handlers that serve in a public setting.

Education

- All cases should be provided disease information including period of communicability and information on prevention and control measures.
 - the importance of hand washing should be stressed;
 - the case must not prepare food for others during the period of communicability;
 - the case may be excluded from work see <u>Exclusion</u>;
 - the case should be informed of safer sex practices.

Environmental Health

In the case of an ill food handler, a restaurant inspection may be warranted to review safe food handling requirements. If water is the suspected source, inspection of a private water supply may also be required.

Exclusion

- Exclude food handlers, health care, childcare or other staff involved with personal care, children below the age of 5 years in childcare and individuals who are unable to maintain standards of personal hygiene (e.g. mentally or physically challenged) as follows:
 - if jaundiced, until 1 week after the onset of jaundice;
 - if symptomatic but not jaundiced, for 2 weeks after onset of illness;
 - if asymptomatic with a positive IgM, until 1 week after the IgM test was drawn.

Immunization

 Immunization of cases is not required as HAV infection induces life-long protection against re-infection (Alberta Health and Wellness, August 2011).

Public Health Order

 If a food handler, the case should be excluded from work and order used if necessary.



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Referral

• When cases are linked to an outbreak or a food item is highly suspected, consultation with the Medical Health Officer and potentially Canadian Food Inspection Agency may be warranted.

II. Contacts/Contact Investigation

Use the Contact Investigation Worksheet to support investigation.

Table 2. Defini	tions of Contacts
Contact	Individuals who have been in contact with the case during their period of communicability as follows: • persons living in the same household as the case; • sexual contacts of the case including men who have sex with men (MSM); • persons who have shared drugs with the case; • persons who have spent 24 hours or more in the same household as the case; • persons who have spent less than 24 hours but consumed food in the house of the case; • persons who have eaten food prepared by the case during the period of communicability; • persons who have attended events where food was shared with the case (e.g., potluck); • others who may have had contact with the feces of the case (e.g., diapered children, incontinent persons) where good standards of hygiene have not been met or proper personal
Susceptible	protective equipment (PPE) was not used. Individuals who have not had:
Contact	 history of confirmed hepatitis A disease; complete immunization series of hepatitis A vaccine; one dose of hepatitis A vaccine in the 6-11 months prior to the date of exposure; history of immune globulin (Ig) within the last 3-5 months prior to the date of exposure. Length of protection varies with the dose received (0.02 ml/kg is effective for approximately 3 months; 0.06 ml/kg is effective for approximately 3-5 months).



Public Health Interventions

Testing

- Testing for IgM and total antibodies should be conducted as soon as possible on all contacts that are symptomatic. **NOTE**: the requisition must indicate contact and symptomatic. Follow all individuals with confirmed disease as a case.
- Serology for hepatitis A immunity prior to immunoprophylaxis can be considered for contacts in the following categories if time permits (Alberta Health and Wellness, 2011):
 - persons born prior to 1945;
 - persons from endemic country;
 - individuals who are hepatitis B and/or C positive.

Immunoprophylaxis

- All HAV vaccines have shown high levels of immunogenicity and at least 90% to 97% efficacy in preventing clinical illness when given as pre-exposure and approximately 80% efficacy when given as post-exposure (Public Health Agency of Canada, 2016).
- Provide immunoprophylaxis with *hepatitis A vaccine*³ to all susceptible contacts if the most recent exposure was within the past two weeks.
- In addition, if the case is a food handler:
 - offer hepatitis A vaccine to other food handlers in the establishment (American Academy of Pediatrics, 2015);
 - patrons of the establishment should *not routinely* be offered hepatitis A vaccine **unless**:
 - the worker directly handled food during the period of communicability AND if prophylaxis can be provided within 2 weeks of exposure.

*Immune globulin*⁴ (Ig) should be provided to susceptible contacts as follows:

 Infants under six months of age because they are too young to receive hepatitis A vaccine;

⁴ For post-exposure prophylaxis, dosage for Ig is 0.1 mL/kg (Product Monograph, 2018). Please refer to the product monograph or the Canadian Immunization Guide to verify the appropriate dose for Hepatitis A exposures. A link to the most current monograph can be found in the Saskatchewan Immunization Manual – Chapter 10.



³ One dose of hepatitis A vaccine is provided free of charge to individuals who were exposed to HAV. The second dose of the vaccine series will be provided free of charge to individuals who are eligible for publicly funded hepatitis A vaccine. Individuals who are not considered high risk can purchase the second dose from their health care provider in order to induce long-term immunity.

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- Individuals with contraindications to hepatitis A vaccine; and
- Immunocompromised individuals (to provide immediate passive protection until they actively respond to vaccination).
- Within 14 days of exposure to individuals with chronic liver disease, in addition to HA vaccine.

Ig may be *considered* as a supplement to HA vaccine for susceptible household or close contacts who are 60 years of age and older, provided it is given within 14 days of the last exposure.

Exclusion

Symptomatic contacts that are food handlers, health care, childcare, or other staff involved with personal care, children below the age of 5 years in childcare and individuals who are unable to maintain standards of personal hygiene (e.g., mentally or physically challenged) should be excluded as and treated as a case. Have IgM blood work done to confirm the diagnosis.

III. Environment

Child Care Centre Control Measures

- Advise parents of childcare attendees of the illness and instruct them to inform public health if any family members develop symptoms. A standard letter can support this education.
- A Public Health Inspector should inspect the facility to ensure adequate infection control measures are implemented. Refer to the Saskatchewan Ministry of Health Infection Control Manual for Child Care Facilities.⁵
- As illness can go undetected in many children, children in these settings should avoid contact with individuals who have not yet been exposed for six weeks.
- Hepatitis A vaccine should be provided to susceptible staff and attendees in childcare facilities if (American Academy of Pediatrics, 2015):
 - one or more cases of hepatitis A occur in staff or attendees OR
 - cases occur in two or more households of centre attendees.
 - **NOTE**: if there are no diapered children in the facility, only the children in the classroom of the index care require immunoprophylaxis. If there are two or more households affected, the household members of childcare attendees who are diapered should also be provided hepatitis A vaccine.

⁵ http://publications.gov.sk.ca/documents/11/96181-infection-control-manual-child-care-centres.pdf



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 cases should be excluded as per <u>Exclusion</u> or until the immunoprophylaxis program has been completed.

Food Services Establishments

• If the case is a food handler, discuss with the Medical Health Officer to determine if post-exposure prophylaxis should be offered to staff and patrons.

Institutional Control Measures

School/Office: contacts in elementary and secondary schools as well as workplace settings do not require post-exposure prophylaxis, unless an outbreak is suspected.

Residential Facilities

Immunuprophylaxis is not routinely recommended. Individuals in these institutions should be managed based on their direct contact with the case.

IV. Epidemic Measures

- Determine mode of transmission, identify exposed populations, and eliminate common sources of exposure.
- Outbreak Control: HAV vaccine should be considered as an important control
 measure in a coordinated public health response to hepatitis A outbreaks in the
 community and in institutions.

Prevention Measures

Refer to the <u>Enteric Introduction and General Considerations</u> section of the manual that highlights topics for client education that should be considered as well as provides information on high-risk groups and activities.

Immunization

 Offer immunizations to eligible individuals as per the Saskatchewan Immunization Manual Chapter 5 – Immunization Schedules⁶ and Chapter 7 – Immunization of Special Populations⁷;

⁷ http://www.ehealthsask.ca/services/manuals/Documents/sim-chapter7



⁶ http://www.ehealthsask.ca/services/manuals/Documents/sim-chapter5.

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 Considering the majority of cases in Saskatchewan are travel related, referral of individuals to an appropriate travel health consultant is advisable as part of planning for international trips.

Education

- Education should be provided regarding safe food handling and the importance of hand washing.
- Public education regarding personal hygiene practices including handwashing and sanitary disposal of feces.
- Education of food handlers.
- Safer sex practices.
- Counselling of susceptible individuals traveling to intermediate or high endemic areas regarding safeguarding themselves from infection.

Environmental Health Measures

- Sanitary disposal of sewage.
- Proper water treatment and protected water distribution systems.



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Revisions

Date	Change
February 17, 2022	Updated the Immune globulin dosage from 0.02 ml/kg to 0.1 ml/kg based on Gamma Stan product monograph and Canadian Immunization Guide.
September 2018	 Updated to align with Panorama configuration. Clarified the purpose for notification of cases to public health. Incorporated an Epidemiology and Occurrence section to the chapter. Rearranged and updated the style into the new format of the Manual.
Nov 2017	 References reaffirmed or updated as necessary. Updated recommendation on use of Ig to include use among susceptible contacts with chronic liver disease in alignment with April 2016 NACI Statement.
Sept 2017	Updated recommendations on use of Ig based on April 2016 NACI Statement. Updated into new format of manual and reviewed/updated references.



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Please complete all sections.

Panorama QA complete:	□No			Pane	Panorama Client ID: prama Investigation ID:	_
A) CLIENT INFORMATION			LHN -> SUBJE	CT -> CLIENT	DETAILS -> PERSONAL INFORMA	TION
Last Name:		First Name: and Middle Name	:	Alternate	Name (Goes by):	
DOB: YYYY / MM / DD Age: Phone #: Primary Home: Mobile contact: Workplace:		Health Card Province: Health Card Number (PHN):	_	i.e. home	Communication Method: (specify phone, text): ress: □Work □Personal	
Place of Employment/School:		Gender: □ Male	□ Female		Other 🗆 Unknown	
Alternate Contact:		Address Type: ☐ No fixed ☐ Postal Address Mailing (Postal address):	☐ Primary Hor	me □Temp	orary Degal Land Description	
Relationship:		Street Address or FN Commun	nity (Primary Hon	ne):		
Alt. Contact phone:		Address at time of infection if	not the same:			
B) INVESTIGATION INFORMATION		LHN-> SUBJECT SUMMAR	Y-> ZOONOTIC 8	VECTORBO	RNE GROUP->CREATE INVESTIGA	TION
Disease Summary Classification:	Date	Classification: CONTACT	Date		LAB TEST INFORMATION: Date specimen collected:	
□ Confirmed	YYYY / MM / DD	□ Contact	YYYY / MM	/ DD	YYYY / MM / DD	
□ Does Not Meet Case	YYYY / MM / DD	□ Not a Contact	YYYY / MM	/ DD	Specimen type:	
☐ Person Under Investigation	YYYY / MM / DD	☐ Person Under Investigation	YYYY / MM	/ DD	□ Blood □ Stool	
□ Probable	YYYY / MM / DD					
Disposition: FOLLOW UP: ☐ In progress ☐ Incomplete - Declined ☐ Incomplete — Lost contact ☐ Incomplete — Unable to locate	YYYY / MM / DD YYYY / MM / DD YYYY / MM / DD YYYY / MM / DD	☐ Complete☐ Not required☐ Referred — C(specify where)	Out of province	YYYY / N YYYY / N	MM / DD	
REPORTING NOTIFICATION Name of Attending Physician or Nu	ırse:	Location:				
Physician/Nurse Phone number:		Date Receive	ed (Public Health	n): YYYY /	MM / DD	
Type of Reporting Source: ☐ Hea	alth Care Facility □ L	ab Report □ Nurse Practi	itioner □Phy	rsician [□ Other	

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Please complete all sections

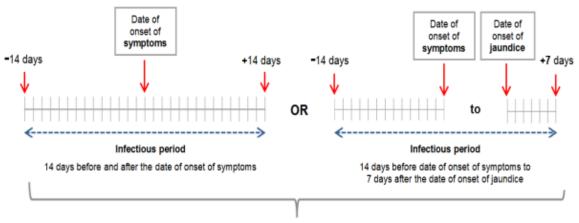
Panorama Client ID:	
Panorama Investigation ID:	

C) SIGNS & SYMPTOMS (Bold supports confirmed case definition)

LHN-> INVESTIGATION->SIGNS & SYMPTOMS

Description	No	Yes – Date of onset	Description	No	Yes - Date of onset
Asymptomatic		YYYY / MM / DD	Loss of appetite (anorexia)		YYYY / MM / DD
Fever		YYYY / MM / DD	Malaise		YYYY / MM / DD
Jaundice		YYYY / MM / DD	Nausea		YYYY / MM / DD
Lab - liver enzymes - elevated		YYYY / MM / DD	Pain – abdominal		YYYY / MM / DD
Other signs and symptoms if applicable			Urine - dark		YYYY / MM / DD

Figure 6-1. Determining period of infectivity



Whichever is longer determines period of infectivity

D) INCUBATION AND COMMUNICABILITY

LHN-> INVESTIGATION->INCUBATION & COMMUNICABILITY

Latest Possible Communicability Date:

Incubation for Case (period for acquisition):		
Earliest Possible Exposure Date: YYYY / MM / DD	Latest Possible Exposure Date:	YYYY / MM / DD
Exposure Calculation details:		

Communicability for Case (period for transmission):

Communicability Calculation Details:

Earliest Possible Communicability Date:

E) RISK FACTORS (during risk period) (continued on next page)

LHN-> SUBJECT->RISK FACTORS

YYYY / MM / DD

DESCRIPTION	YES	N – No NA – not asked U - Unknown	DESCRIPTION	YES	N – No NA – not asked U - Unknown
Contact - At risk population (international travellers or immigrants)	YYYY / MM / DD		Special Population - Attends childcare	TE	
Contact - Persons with similar symptoms	YYYY / MM / DD		Special Population - From or residence in an endemic country (Add'l Info)	YYYY / MM / DD	
Contact to a known case (Add'l Info)	YYYY / MM / DD		Travel - Outside of Canada (Add'l Info)	YYYY / MM / DD AE	
Immunocompromised - Related to underlying disease or treatment			Travel - Outside of Saskatchewan, but within Canada (Add'l Info)	YYYY / MM / DD AE	
Occupation - Child Care Worker	TE		Water - Bottled water (Add'l Info)		
Occupation - Food Handler	TE		Water - Private well or system (Add'l Info)		

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Please complete all sections

Panorama Client ID:	
Panorama Investigation ID:	

	YES	N – No NA – not asked U - Unknown	DESCRIPTION	YES	N – No NA – not asked U - Unknown
Occupation - Health Care Worker IoM Risk Factor	TE		Water - Public water system (Add'l Info)		
Occupation - Personal Care Worker	TE		Water - Untreated water		
Sexual Behaviour - MSM	YYYY / MM / DD		Water (Recreational) - Pond, stream, lake, river, ocean		
Sexual Behaviour - Oral-anal	YYYY / MM / DD		Water (Recreational) – Private (swimming pool/whirlpool	TE	
Sexual Behaviour - Sex with a person from endemic Country (Add'l Info)	YYYY / MM / DD		Water (Recreational) - Public (swimming/paddling pool/whirl pool)	TE	
COMPLICATIONS Description	Yes Date o	of onset	Description	Yes Date of onset	ON->COMPLICATION
Hepatitis - fulminant	Y	YYY / MM / DD	Other complications	YYYY /	MM / DD
Interpretation Date: YYYY , Interpretation of Disease Immunity:	/ MM / DD ☐ IOM - Fully im	nmunized (for age)	,	nized	
Interpretation Date: YYYY , Interpretation of Disease Immunity: □ IOM – Unimmunized	/ MM / DD □ IOM - Fully im □ IOM - Unclean		□ IOM - Partially immur tory Valid doses received : _	nized	
Interpretation Date: YYYY , Interpretation of Disease Immunity: IOM – Unimmunized	/ MM / DD □ IOM - Fully im □ IOM - Unclean	nmunized (for age) r immunization his station of history by	□ IOM - Partially immur tory Valid doses received : _	nized Doses neede	ed:
Interpretation Date: YYYY , Interpretation of Disease Immunity: □ IOM – Unimmunized Reason: INTERVENTIONS Intervention Type and Sub Type:	/ MM / DD □ IOM - Fully im □ IOM - Unclean	nmunized (for age) r immunization his station of history by	☐ IOM - Partially immur tory Valid doses received: y investigator N-> INVESTIGATION->TREATMENT & INTER	nized Doses neede	ed:
Interpretation Date: YYYY , Interpretation of Disease Immunity: □ IOM - Unimmunized Reason: INTERVENTIONS	/ MM / DD □ IOM - Fully im □ IOM - Unclean □ IOM - Interpre	nmunized (for age) r immunization his station of history by	□ IOM - Partially immur tory Valid doses received: y investigator N-> INVESTIGATION->TREATMENT & INTER Exclusion: Investigator name □ Daycare YYYY / MM / DD □	Doses neede	ed:
Interpretation Date: YYYY / Interpretation of Disease Immunity: IOM – Unimmunized Reason: INTERVENTIONS Intervention Type and Sub Type: Assessment: Assessed for contacts Investigator name Communication: Other communication (See Investigation Name) Letter (See Document Management)	/ MM / DD □ IOM - Fully im □ IOM - Unclear □ IOM - Interpre	nmunized (for age) r immunization his station of history by LH	IOM - Partially immur tory Valid doses received: y investigator N-> INVESTIGATION->TREATMENT & INTER Exclusion: Investigator name Daycare YYYY / MM / DD D School YYYY / MM / DD	Doses neede	ed:
Interpretation Date: YYYY , Interpretation of Disease Immunity: □ IOM – Unimmunized Reason:) INTERVENTIONS Intervention Type and Sub Type: Assessment: □ Assessed for contacts Investigator name Communication: □ Other communication (See Investigation name)	/ MM / DD □ IOM - Fully im □ IOM - Unclear □ IOM - Interpre	nmunized (for age) r immunization his station of history by LH YY / MM / DD	IOM - Partially immur tory Valid doses received: y investigator N-> INVESTIGATION->TREATMENT & INTER Exclusion: Investigator name Daycare YYYY / MM / DD D School YYYY / MM / DD D Public Health Order: YYYY / Other (specify)	Doses neede	ed:
Interpretation of Disease Immunity: □ IOM – Unimmunized Reason:) INTERVENTIONS Intervention Type and Sub Type: Assessment: □ Assessed for contacts Investigator name Communication: □ Other communication (See Investigator name) □ Letter (See Document Management Investigator name)	/ MM / DD IOM - Fully im IOM - Unclear IOM - Interpre	nmunized (for age) r immunization his station of history by LH YY / MM / DD	IOM - Partially immur tory	Doses neede	ed:
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 $\hfill\Box$ Eligible Immunization recommended

 \square Disease-specific immunization given

☐ Immunization nurse notified

 \square Disease-specific immunization recommended

YYYY / MM / DD

Initials

Next follow-up Date

 $\hfill\square$ Water system inspection

☐ Document Management

Comments

 $\hfill\square$ Restaurant Inspection

Other Investigation Findings:

Intervention

subtype

Investigator name

Date

 \square Investigator notes

YYYY / MM / DD YYYY / MM / DD YYYY / MM / DD

Please complete **all** sections

Panorama Client ID:	
Panorama Investigation ID:	

J) OUTCOMES			L	HN-> INVESTIGATION-> OUTCOMES
□ Not yet recoverd □ Recovered □ Fatal	ed/recovering YYYY / MM YYYY / MM , YYYY / MM ,	/ DD	□ Unkno	alization YYYY / MM / DD wn YYYY / MM / DD
Cause of Death: (if	Fatal was selected)			
K) EXPOSURES Acquisition Even Acquisition Event ID		LHN-> INVESTIGATION-> E)	(POSURE SUM	MARY-> ACQUISITION QUICK ENTRY
Acquisition Start Y	YYY / MM / DD to Acq	uisition End: YYYY / MM / DD		
□ Travel	☐ Exposure or consumpt	ion of potentially contaminated food or water		Most likely source
Transmission	Events	LHN -> INVESTIGATION-> EXPOSURE SUMMARY ->	FRANSMISSION	N EVENT SUMMARY -> QUICK ENTRY
Transmission Event ID	Exposure Name	Setting type (Consider the following settings for TE; if >1 select "multiple settings" in Panorama) Congregate/Communal Living settings Household Private Function (Food prep) Sexual Exposure Travel Congregate/Communal Living settings Household Private Function (Food prep) Sexual Exposure Private Function (Food prep) Sexual Exposure Health care setting Private Function (Food prep) Sexual Exposure Private Function (Food prep) Food service establishment Health care setting Private Function (Food prep) Food service establishment Private Function (Food prep) Sexual Exposure Private Function (Food prep) Sexual Exposure	Date/Time	e # of contacts
		□ Travel		
	Hep A Contacts – Invest ID	☐ Multiple Settings	to YYYY / M	M / DD M / DD
L) Total number of		JRE SUMMARY -> TRANSMISSION EVENT SUMMARY -> TE H	YPERLINK -> IJ	NKNOWN/ANONYMOUS CONTACTS
Anonymous conta		f individuals [including groups that 1:1 follow-up is not requi		·
Initial Report completed by:				Date initial report completed:

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Hepatitis A Routine Questionnaire - August 2018

Loading...

▣

Record type: Investigation
Record ID: 134

Record Name: UDF Investigation

If the case traveled outside of Canada during the entire incubation period (15-50 days before the onset of the first symptom) do not fill out this section. If the case traveled outside of Canada for part of the incubation period, fill out the section below for only that part of the incubation period in which he/she was in Canada

Food Exposures	
During the incubation period 15-50 days prior to onset,	
did you eat	
	○Yes
	○ Probably
Any strawberries?	○ No
	O Don't know
	O None of the Above
If yes, specify details (E.g., where consumed, type,	
brand, location)	
	○ Yes
	○ Probably
Any blueberries?	○ No
	O Don't know
	○ None of the Above
If yes, specify details (E.g., where consumed, type, brand, location)	
brand, location)	
	○Yes
	○ Probably
Any raspberries?	○ No
	O Don't know
	O None of the Above
If yes, specify details (E.g., where consumed, type,	
brand, location)	
	○Yes
	○ Probably
Any blackberries?	○ No
	○ Don't know
	O None of the Above
If yes specify details (F.g., where consumed time	
If yes, specify details (E.g., where consumed, type, brand, location)	



	○ Yes	
	○ Probably	
Any other raw fruits (e.g. pineapple chunk etc.)?	○ No	
	O Don't know	
	O None of the Above	
		1
If yes, specify details (E.g., where consumed, type,		
brand, location)		
	○ Yes	
	○ Probably	
y ready to eat, pre-washed packaged salad?	○ No	
	O Don't know	
	O None of the Above	
]
If yes, specify details (E.g., where consumed, type,		
brand, location)		
	○ Yes	
A	○ Probably	
Any lettuce on a sandwich, burger, or taco from a restaurant or a fast food establishment?	○ No	
	O Don't know	
	O None of the Above	
If yes, specify details (E.g., where consumed, type,		
brand, location)		
	○ Yes	
	○ Probably	
Any raw vegetables (e.g., green onions)?	○ No	
	O Don't know	
	O None of the Above	
If yes, specify details (E.g., where consumed, type,		
brand, location)		
	0.4	1
	O Yes	
	O Probably	
Any raw/undercooked shellfish?	O No	
	O Don't know	
	○ None of the Above	
If yes, specify details (E.g., where consumed, type, brand, location)		
Statia, location)		
		-
Restaurants		\$Show/Hig



· · · · · · · · · · · · · · · · · · ·					
onset of the first symptom, did you attend any restaurants (including take-out, cafeteria, bakery, deli, kiosk).					
During the incubation period 15-50 days prior to onset, did you attend any restaurants (including take-out, cafeteria, bakery, deli, kiosk)?	○ Yes○ No○ Don't know○ Not asked				
Click the Add button to add restaurant details					
Loyalty card/store issued card (for outbreak investigation only)					<u> </u>
This section is only for use in some specific outbreak situations, with client consent. It is not a routine question for sporadic cases.					
Has the client given consent (written or verbal)?	○ Yes○ No○ Not applicable				
Loyalty card details (names and numbers)					
Interviewer Details and Notes			7		<u> Show/Hid</u>
Interviewer Name					
Interview date	8/22/2018				
Any special notes regarding this interview					
		Save as D	#	Submit	Clear

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Notification Timeline:

From Lab/Practitioner to Public Health: Within 48 hours.
From Public Health to Ministry of Health: Within 2 weeks.
Public Health Follow-up Timeline: Initiate within 72 hours.

Public Health Purpose for Notification of Listeriosis (adapted from British Columbia Centre for Disease Control, 2017)

- To provide an early detection system of outbreaks;
- To identify potential sources of high-risk exposures in order to prevent or control the risk of disease transmission;
- To make timely and evidence informed actions on outbreaks;
- To monitor the effectiveness of prevention and control measures;
- To track epidemiology trends of listeriosis in Saskatchewan including risk populations and distribution;
- To inform the public and medical community about listeriosis.

Surveillance Case Definition¹ (Saskatchewan-specific case definition, adapted from Public Health Agency of Canada, 2008)

Confirmed Case

Laboratory confirmation of infection with symptoms:^a

- isolation of Listeria monocytogenes from a normally sterile site (e.g., blood, cerebrospinal fluid, joint, pleural or pericardial fluid)
 OR
- in the setting of miscarriage or stillbirth, isolation of L. monocytogenes from placental or fetal tissue (including amniotic fluid and meconium).

OR

The biological mother^b (symptomatic or asymptomatic), of a laboratory-confirmed neonatal case is considered an epidemiologically linked case^c.

^cIn this case, create IOM record for mother and baby separately.

¹ Surveillance case definitions ensure uniform reporting to allow comparability of surveillance data. The definition is not intended to be used for clinical or laboratory diagnosis or management of cases.



^aInvasive clinical illness is characterized by meningitis or bacteremia.

^bInfection during pregnancy may result in fetal loss through miscarriage, stillbirth, neonatal meningitis or bacteremia.

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Epidemiology and Occurrence

UNDER DEVELOPMENT

Additional Background Information

Causative Agent (Heymann, 2015)

Listeria monocytogenes is a Gram-positive rod-shaped bacterium; human infections are usually caused by serotypes 1/2a, 1/2b, 1/2c, and 4b.

Reservoir/Source (Heymann, 2015)

- The organism mainly occurs in soil, forage, water, mud, livestock food, and silage.
- Other reservoirs include infected domestic and wild mammals, fowl, and people.
- Listeria can multiply in refrigerated foods that are contaminated.

Symptoms

Usually a mild febrile illness, but can cause meningoencephalitis and/or septicaemia in newborns and adults.

- Pregnant women: may be asymptomatic or may be mild and nonspecific: fever, headache, myalgia or gastrointestinal symptoms, and back pain. Infection may cause preterm delivery and fetal infection (American Academy of Pediatrics, 2015; Heymann, 2015).
- **Neonates:** may be stillborn or born with septicemia, or may develop meningitis in the neonatal period even though the mother may be asymptomatic at delivery. Neonatal illnesses have early-onset and late-onset syndromes similar to those of group B streptococcal infections (American Academy of Pediatrics, 2015).
 - Early-onset disease prematurity, pneumonia and septicemia are common.
 The case fatality rate ranges between 14% to 56% and is closer to 50% when onset occurs in the first 4 days (American Academy of Pediatrics, 2015; Heymann, 2015)
 - Late-onset infections occur between 8-30 days following delivery and usually result in meningitis with fatality rates of approximately 25% (American Academy of Pediatrics, 2015).
- **Elderly, immunocompromised persons**: frequently present with sepsis, meningitis, or meningoencephalitis. The onset of meningoencephalitis can be sudden with fever, intense headache, nausea, vomiting and signs of meningeal irritation. Delirium and coma may appear early; occasionally there is collapse and shock.



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Endocarditic, glaucomatous lesions in the liver and other organs, localized internal or external abscesses, and pustule or papular cutaneous lesions may occur (Heymann, 2015).

• Other healthy individuals: may exhibit only an acute, mild, febrile illness. May present as febrile gastroenteritis.

Incubation Period

Variable, ranges from 3 to 70 days, with the median (middle) incubation period estimated to be 3 weeks; data from outbreaks suggests the median may be longer in pregnant women (Heymann, 2015)

Period of Communicability

- Mothers of infected newborns can shed the infectious agent in vaginal discharges and urine for 7 to 10 days.
- Infected individuals can shed the organisms in their stools for several months.

Mode of Transmission

- A substantial proportion of sporadic infections results from foodborne transmission such as ingestion of raw or contaminated milk, soft cheeses, vegetables, and readyto-eat meats such as hot dogs, pate, and deli meats.
- In-utero or perinatal transmission can occur. There are rare reports of nursery outbreaks attributed to contaminated equipment or materials.
- Papular lesions on hands and arms may result from direct contact with infectious material such as aborted animal fetuses.
- Person-to-person transmission rarely occurs.

Risk Groups/Risk Factors

Those at highest risk include (Heymann, 2015):

- neonates;
- the elderly: case-fatality rate higher among patients ≥ 50 years old;
- immunocompromised individuals such as those with HIV, organ transplants, on corticosteroids, or having a malignancy;
- alcoholics;
- pregnant women;
- cirrhotic adults;
- diabetic adults;
- those with conditions such as renal disease and heart disease.



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Specimen Collection and Transport

Selection of specimens is dependent on clinical signs and symptoms and may include the following: Cerebrospinal fluid, blood for culture.

Amniotic fluid, placenta, meconium, lochia, gastric washings, and other sites of infection may be collected if listeria stillbirth is suspected.

Refer to the Roy Romanow Provincial Laboratory (RRPL) Compendium of Tests for details at https://rrpl-testviewer.ehealthsask.ca/.

Strain characteristics must be documented in the provincial surveillance system in a timely manner as this allows for provincial monitoring of clusters.

Public Health Investigation

I. Case

The Public Health Agency of Canada (PHAC) established the Enhanced National Listeriosis Surveillance Program in 2010 as part of the National Enteric Surveillance Program (NESP). Because of the relative infrequent number of cases and long incubation periods, identifying outbreaks can be difficult. It is therefore important that prompt and thorough investigation of all cases be completed. Saskatchewan has adjusted the national surveillance form into the standard data collection worksheet and user defined form.

History

- Key elements to inquire about include:
 - Onset of illness to determine incubation period and presentation.
 - Complete the Attachment Listeriosis Data Collection Worksheet and User Defined Form.

Public Health Interventions

Assessment

Assess for other individuals that may have been exposed to the same source.

Communication

 Letters or public communication may be required in the case of food handlers that serve in a public setting.



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Education

• All cases should be provided disease information and safe food handling.

Environmental Health

In the case of an ill food handler, a restaurant inspection may be warranted to review safe food handling requirements.

Exclusion

Not applicable.

Immunization

Not applicable.

Public Health Order

Not applicable for isolated cases.

Referra

Depending on the suspected source, investigation/management may involve local Medical Health Officer, Ministry of Health, Public Health Agency of Canada, Ministry of Agriculture, and/or Canadian Food Inspection Agency.

Treatment/Supportive Therapy

Treatment for clinical management is under the direction of the primary care provider. Appropriate antibiotic treatment of cases is recommended.

II. Contacts/Contact Investigation

Contact Definition

Contacts would include others who may have been exposed to the same source.

Public Health Interventions

Testing

Testing may be considered for symptomatic contacts in the risk groups.

Prophylaxis

Not applicable.

Exclusion

Not applicable.



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III. Environment

Child Care Centre/Schools Control Measures

For infection control measures refer to Saskatchewan Ministry of Health Infection Control Manual for Child Care Facilities.²

Health Facilities Control Measures

- For infection control measures refer to your Health Authority Infection Control Manual.
- Contact precautions for hospitalized patients.

IV. Epidemic Measures

When laboratories identify interprovincial or international linkages, the Outbreak Incident Command Center may be activated to coordinate investigation. The Canadian Food Inspection Agency would become involved with the goal to identify the implicated source and implement appropriate interventions such as product recalls reduce further spread.

Communication

- Communication with other stakeholders is important during outbreaks.
- Public communication may be required in partnership with other stakeholders such as Canadian Food Inspection Agency and Public Health Agency of Canada.

Environmental Health

Depending on the suspected source coordination among inspectors from Health,
 Canadian Food Inspection Agency and the Ministry of Agriculture may be necessary.

Public Health Order

• In the case of a provincially regulated food production or food processing facility a public health order may be considered, if necessary, to control a health hazard.

Prevention Measures

Refer to the Enteric Introduction and General Considerations section of the manual that highlights topics for client education that should be considered as well as provides information on high-risk groups and activities. Heymann (2015) and the American Academy of Pediatrics (2015) identify the following as general guidelines in preventing listeriosis:

 $^{^2\} http://publications.gov.sk.ca/documents/11/96181-infection-control-manual-child-care-centres.pdf$



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- Thoroughly wash raw vegetables and fruit before eating.
- Wash, rinse, and sanitize knives and cutting boards after handling and preparing uncooked foods.
- Thoroughly cook raw food from animal sources (e.g., ground beef, pork, and poultry).
- Avoid consumption of unpasteurized milk or foods made from raw milk.
- Wash hands thoroughly using soap and water after handling uncooked or highrisk food items.
- Educate veterinarians and farmers to take proper precautions in handling aborted fetuses, and sick or dead animals.
- Avoid the use of untreated manure on vegetable crops.
- Pregnant women and immunocompromised individuals should (American Academy of Pediatrics, 2015):
 - avoid soft cheeses;
 - avoid raw or unpasteurized milk, including goat's milk, or milk products or foods that contain unpasteurized milk or milk products;
 - cook leftover foods to an internal temperature of 74°C or ready-to-eat foods (e.g., hot dogs) to an internal temperature of 71°C before eating.

Refer to the following website for additional information on Listeria and Food Safety: https://www.canada.ca/en/public-health/services/diseases/listeriosis.html.

Environmental Health Measures

Inspection of food facilities to assess safe food handling practices.



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Revisions

Date	Change
September 2018	Incorporated public health purpose for notification.
	Aligned with Panorama and incorporated standard data
	collection worksheet and user defined form; removed link to
	Enhanced National Listeriosis Questionnaire.
	Specified public health measures for epidemic measures.
May 2017	Updated Case definition to include biological mothers of
	neonates a confirmed case.
	Incorporated reference to the Enhanced National Listeriosis
	Surveillance Program and the Enhanced National Listeriosis
	Questionnaire.
	Updated references and applied new formatting template.



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American Academy of Pediatrics. (2015). *Red book: 2012 Report of the Committee on Infectious Diseases* (30th ed.). Elk Grove Village, IL: Author.

British Columbia Centre for Disease Control (2017). Objectives of surveillance. BCCDC. Retrieved August, 2018 from http://www.bccdc.ca/Communicable-Disease-Control-Manual/Documents/Objectives%20of%20Surveillance.pdf

Heymann, D. L. (Ed.). (2015). *Control of communicable diseases manual* (20th ed.). Washington, DC: American Public Health Association.

Public Health Agency of Canada. (2008). Case definitions for communicable diseases under national surveillance. *Canada Communicable Disease Report (CCDR), 35S2,* November 2009. Retrieved August, 2018 from http://www.phac-aspc.gc.ca/publicat/ccdr-rmtc/09vol35/35s2/Listeri-eng.php.





Place of Employment/School:

C) DISEASE EVENT HISTORY

Site Description:

Alternate Contact: _



☐ Unknown

Saskatchewan Listeriosis, invasive Data Collection Worksheet Panorama Client ID: ___ □No Panorama QA complete: ☐Yes Please complete all sections. Initials: Panorama Investigation ID: LHN -> SUBJECT -> CLIENT DETAILS -> PERSONAL INFORMATION A) CLIENT INFORMATION Last Name: First Name: and Middle Name: Alternate Name (Goes by): Age: ____ DOB: YYYY / MM / DD Health Card Province: ___ Preferred Communication Method: (specify i.e. home phone, text): Health Card Number (PHN): Phone #: Primary Home: Email Address: ☐ Work ☐ Personal ☐ Mobile contact: ☐ Workplace:

☐ Female

□ No fixed □ Postal Address □ Primary Home □ Temporary □ Legal Land Description

Other

LHN-> INVESTIGATION->DISEASE SUMMARY (UPDATE)->DISEASE EVENT HISTORY

□ Other

 \square Unknown

Gender: ☐ Male

Address Type:

Relationship:	Mailing (Postal address):					
Alt. Contact phone:	Street Address or FN Community (Primary Home):					
		Address at tin	ne of infectio	n if not same:		
3) INVESTIGATION INFORMATION	N		LH	IN -> SUBJECT SUMMARY	/->ENTERIC GROUP->CREATE INVESTIGATION	
Disease Summary Classification: CASE:	Date			Date	LAB TEST INFORMATION: Date specimen collected:	
□ Confirmed	YYYY / MMM / DD	□ Does Not M	eet Case	YYYY / MMM / DD	YYYY / MMM / DD Specimen Type	
☐ Person Under Investigation	YYYY / MMM / DD				Specimen Type	
Disposition: FOLLOW UP: ☐ In progress ☐ Incomplete - Declined ☐ Incomplete - Lost contact	YYYY YYYY	/ MMM / DD / MMM / DD / MMM / DD		quired ed – Out of province	YYYY / MMM / DD YYYY / MMM / DD YYYY / MMM / DD	
☐ Incomplete – Unable to locate	YYYY	/ MMM / DD	, ,	y where)		
REPORTING NOTIFICATION Name of Attending Physician or N	lurse:		Location:			
Provider's Phone number:			Date Receiv	red (Public Health): YYYY	/ / MMM / DD	
Type of Reporting Source: ☐ He	ealth Care Facility	Lab Report	□ Nurse P	ractitioner	n	

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 $\square \; \mathsf{Sepsis}$

 $\square \ \mathsf{Meningitis}$

 \square Congenital Listeriosis

Listeriosis, invasive Data Collection Worksheet

Please complete **all** sections

Panorama Client ID:	
Panorama Investigation ID:	

D) SIGNS & SYMPTOMS (Bold text = part of case definition) LHN-> INVESTIGATION-> SIGNS & SYM					
Description	No	Yes – Date of onset	Description	No	Yes - Date of onset
Abortion - spontaneous (miscarriage)		YYYY / MMM / DD	Meningoencephalitis		YYYY / MMM / DD
Birth of infected infant		YYYY / MMM / DD	Myalgia (muscle pain)		YYYY / MMM / DD
Chills		YYYY / MMM / DD	Neurologic - delerium		YYYY / MMM / DD
Fetal death - stillbirth		YYYY / MMM / DD	Pain - back		YYYY / MMM / DD
Fever		YYYY / MMM / DD	Pneumonia		YYYY / MMM / DD
Gastrointestinal symptoms		YYYY / MMM / DD	Premature delivery (mother)		YYYY / MMM / DD
Headache		YYYY / MMM / DD	Premature labour (may not mean premature delivery)		YYYY / MMM / DD
Meningeal irritation (severe unrelating headaches, irritability, nausea and vomiting, fever and chills and generalized muscle aches and pains)		YYYY / MMM / DD	Prematurity (infant)		YYYY / MMM / DD
Meningitis		YYYY / MMM / DD	Sepsis (e.g. bactremia, septicemia, etc.)		YYYY / MMM / DD

E) INCUBATION	LHN-> INVESTIGATION->INCUBATION & COMMUNICABILITY
Incubation for Case (period for acquisition):	
Earliest Possible Exposure Date: YYYY / MMM / DD	Latest Possible Exposure Date: YYYY / MMM / DD
Exposure Calculation details:	
Exposure curculation actumen	

F)	RISK FACTORS	(provide a res	ponse for ALI	Risk Factors
----	--------------	----------------	---------------	--------------

LHN-> SUBJECT->RISK FACTORS

F) RISK FACTORS (provide a response for	RISK FACTORS (provide a response for ALL Risk Factors)				
DESCRIPTION	Yes	N, NA, U	Add'l Info		
Chronic Medical Condition Cardiac Disease					
Chronic Medical Condition Liver disease					
Chronic Medical Condition Lung disease					
Chronic Medical Condition Malignancies/Cancer					
Chronic Medical Condition Other (Add'l Info)					
Chronic Medical Condition Renal disease					
Immunocompromised due to underlying disease or treatment (Add'l Info)					
Special Population Infant born to an infected mother					
Special Population Pregnancy					
Travel – Outside of Canada (Add'l Info)	YYYY / MM/DD				
Travel –Outside of Saskatchewan, but within Canada (Add'l Info)	YYYY / MM/DD				

G)	USER	DEFINED	FORM	(SEE	ATTACHED)	١
----	------	---------	------	------	-----------	---

LHN-> INVESTIGATION-> INVESTIGATION DETAILS -> LINKS AND ATTACHMENTS -> LISTERIOSIS FORM

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Listeriosis, invasive Data Collection Worksheet

Please complete all sections

Panorama Client ID:	
Panorama Investigation ID:	

H) COMPLICATIONS			LI	HN-> INVESTIGATION->	COMPLICATION
Description		Yes Date of onset	Description	Yes Date of onset	
Abscesses		YYYY / MMM / DD	Coma	YYYY / MMI	M / DD
Cardiac - endocardit	is	YYYY / MMM / DD	Granulomatosis infantisepticum	YYYY / MMI	M / DD
Other complications					
) TREATMENT			LHN-> INVESTIGATION-> M	TEDICATIONS->MEDICAT	IONS SUMMAF
Medication (Panora	ma = Other Meds) : _				
Prescribed by:			Started on: YYYY / MMM / DD		
) INTERVENTIONS		IHN	-> INVESTIGATION->TREATMENT & INTE	RVENTIONS->INTERVEN	TION SUMMAR
Intervention Type a	nd Sub Type:	LIIIV	THE STIGATION FIRE ATTRICT OF THE	VERTIONS / INTERVER	TION SOMMA
Assessment:	Investigator name		Environmental Health: YYYY / MM /	DD	
☐ Assessed for con	_	YYYY / MM / DD		Restaurant inspection	
Communication:			Other Investigation Findings:		
	ation (See Investigato	r Notes) YYYY / MM / DD	□ Investigator Notes	VVVV / I	MM / DD
Investigator name			Document Management Notes		MM / DD
☐ Letter (See Docur Investigator name	ment Management)	YYYY / MM / DD			
General: Investigato	or name				
☐ Disease-Info/Prev		YYYY/ MM / DD	Referral:	2000/ /	444 / 55
☐ Disease-Info/Prev	v-Cont/Assess'd for Co	entacts YYYY/ MM / DD	☐ Canadian food inspection agency☐ Consultation with MHO☐ Physician☐	YYYY / I	MM / DD MM / DD MM / DD
Education/counselli	ing:				
Prevention/Contr		YYYY / MM / DD			
☐ Disease informati Investigator name	ion provided	YYYY / MM / DD			
Date	Intervention subtype	Comments		Next follow-up Date	Initials
YYYY / MM / DD				YYYY / MM / DD	
YYYY / MM / DD				YYYY / MM / DD	
YYYY / MM / DD				YYYY / MM / DD	
YYYY / MM / DD				YYYY / MM / DD	
YYYY / MM / DD				YYYY / MM / DD	
() OUTCOMES		'		LHN-> INVESTIGATIO	ON-> OUTCOM!
☐ Not yet recovered ☐ Recovered ☐ Fatal		MM / DD	tilation YYYY / MM / DD 🗖 Ur	ospitalization YYYY / M nknown YYYY / M	
Cause of Death: (if Fa	atal was selected)				
Initial Report				Date initial report	completed:
completed by:				YYYY / MMM / D	•

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Please specify details (E.g., where consumed, type,

brand, location)

teriosis Routine Questionnaire - August 2018		
		≡
Record type: Record ID: Record Name:		
	w) are from the perspective of the person being interviewed. "Probably" of the third food, but is unsure if it was eaten during the period in question.	an be used if the
Diet and Allergies		<u>ģShow/Hide</u>
Are you a vegetarian?	YesNoDon't knowNot asked	
Do you have any food Allergies / avoidances / special diet?	YesNoDon't knowNot asked	
If yes, specify details		
Food Exposures		<u>ģShow/Hide</u>
In the 4 weeks prior to onset, did you eat		
Any turkey deli meat?	YesProbablyNoDon't knowNone of the Above	
Was it prepackaged or sliced at the deli counter?	□ Prepackaged□ Sliced at the deli counter	



	Yes
	Probably
Any chicken deli meat?	No
	Don't know
	None of the Above
	Prepackaged
Was it prepackaged or sliced at the deli counter?	Sliced at the deli counter
Please specify details (E.g., where consumed, type, brand, location)	
statio, tocation,	//
	Yes
	Probably
Any beef deli meat?	No
	Don't know
	None of the Above
	Prepackaged
Was it prepackaged or sliced at the deli counter?	Sliced at the deli counter
Please specify details (E.g., where consumed, type, brand, location)	
Stand, recausity	
	Yes
	Probably
Any ham deli meat?	No
	Don't know
	None of the Above
	Prepackaged
Was it prepackaged or sliced at the deli counter?	Sliced at the deli counter
Please specify details (E.g., where consumed, type, brand, location)	
orana, rocation)	



	Yes
	Probably
Any bologna deli meat?	No
	Don't know
	None of the Above
	Prepackaged
Was it prepackaged or sliced at the deli counter?	Sliced at the deli counter
Please specify details (E.g., where consumed, type,	
brand, location)	//
	Yes
	Probably
Any pastrami deli meat?	○ No
	Don't know
	None of the Above
	Prepackaged
Was it prepackaged or sliced at the deli counter?	Sliced at the deli counter
Please specify details (E.g., where consumed, type,	
brand, location)	//
	Yes
	Probably
Any Salami deli meat?	○ No
	Don't know
	None of the Above
	Prepackaged
Was it prepackaged or sliced at the deli counter?	Sliced at the deli counter
Please specify details (E.g., where consumed, type,	
brand, location)	



	0	Yes
any Pepperoni?	0	Probably
		No
	0	Don't know
		None of the Above
		Prepackaged
Was it prepackaged or sliced at the deli counter?		Sliced at the deli counter
Please specify details (E.g., where consumed, type,		
brand, location)		
		Yes
		Probably
Other deli meat (e.g. corned beef, kielbasa, prosciutto,	0	No
mortadella)?	0	Don't know
	0	None of the Above
		Prepackaged
Was it prepackaged or sliced at the deli counter?		Sliced at the deli counter
		Chood at the don sounter
Please specify details (E.g., where consumed, type,		
brand, location)		
	0	Yes
Any prepackaged sandwiches/wraps (purchased from vending		Probably
machine, cafeteria, gas station, grocery store etc.)?	0	No Don't know
	-	None of the above
		None of the above
Please specify details (E.g., where consumed, type,		
brand, location)		
		//
		yes
		Probably
Any pate/meat spread?	0	No Don't know
		Don't know
		None of the above



Please specify details (E.g., where consumed, type, brand, location)	
Any hot dogs?	YesProbablyNoDon't knowNone of the above
If yes, heated before eating?	YesNoDon't know
Please specify details (E.g., where consumed, type, brand, location)	
Any cured or dried meats (e.g. Jerky or Pepperettes)?	YesProbablyNoDon't knowNone of the above
If yes, was it prepackaged or unpackaged at the deli counter?	PrepackagedUnpackaged at the deli counter
Please specify details (E.g., where consumed, type, brand, location)	
Any chicken eaten cold (e.g. ready to eat chicken pieces or strips, left over cooked chicken, cold chicken in salads)?	YesProbablyNoDon't knowNone of the above
if yes, was it purchased cooked, ready to eat or cooked at home and later ate cold?	Purchased cooked, ready to eatCooked at home and later ate cold
Please specify details (E.g., where consumed, type, brand, location)	



	Yes
	Probably
Any ham eaten cold?	No
	Don't know
	None of the above
if yes, was it purchased cooked, ready to eat or cooked	Purchased cooked, ready to eat
at home and later ate cold?	Cooked at home and later ate cold
Please specify details (E.g., where consumed, type, brand, location)	
	Yes
	Probably
Any turkey eaten cold?	No
	Don't know
	None of the above
if yes, was it purchased cooked, ready to eat or cooked	Purchased cooked, ready to eat
at home and later ate cold?	Cooked at home and later ate cold
Please specify details (E.g., where consumed, type, brand, location)	
	Yes
A	Probably
Any sausage eaten cold (e.g. ham sausage, breakfast sausage, frankfurters, cured sausages, left overs)?	○ No
	On't know
	None of the above
if yes, was it purchased cooked, ready to eat or cooked	Purchased cooked, ready to eat
at home and later ate cold?	Cooked at home and later ate cold
Please specify details (E.g., where consumed, type, brand, location)	



	yes
	Probably
Any ground beef?	No
	Don't know
	None of the above
Please specify details (E.g., where consumed, type,	
brand, location)	
	Yes
	Probably
Any Brie?	No
	Don't know
	None of the above
Please specify details (E.g., where consumed, type,	
brand, location)	
	Yes
Any Camembert?	Probably
	No
	Don't know
	None of the above
Please specify details (E.g., where consumed, type,	
brand, location)	
	Yes
	Probably
Any Blue cheese (e.g. Roquefort, Gorgonzola, Stilton etc.)?	No
, any side disease (e.g. respectively congenizora, cuitoff etc.):	Don't know
	None of the above
Please specify details (E.g., where consumed, type,	
brand, location)	



	0	Yes
	0	Probably
Any Feta?		No
	0	Don't know
	0	None of the above
Please specify details (E.g., where consumed, type,		
brand, location)		
Any Goat cheese?	0	Yes
	0	Probably
	0	No
		Don't know
		None of the above
Please specify details (E.g., where consumed, type,		
brand, location)		
	0	Yes
	0	Probably
Any Mexican - or Latin-style cheese (e.g. queso fresco, queso blanco)?	0	No
		Don't know
		None of the above
Please specify details (E.g., where consumed, type,		
brand, location)		
		Yes
		Probably
Any other soft/semi soft cheese (e.g. havarti, bocconcini, goat		
cheese)?	0	Don't know
		None of the above
Please specify details (E.g., where consumed, type,		
brand, location)		



	Yes
Any other cheese, all types (e.g. cottage cheese, ricotta gouda, cheese sold as a block)?	Probably
	No
godda, cheese sold as a blocky:	Don't know
	None of the above
Please specify details (E.g., where consumed, type,	
brand, location)	
	Yes
Any unpasteurized cheese?	Probably
	No
	Don't know
	None of the above
Please specify details (E.g., where consumed, type,	
brand, location)	
Any unpasteurized(raw) milk?	O Yes
	Probably
	O No
	Don't know
	None of the above
Please specify details (E.g., where consumed, type,	
brand, location)	
	O Yes
	Probably
Any pasteurized milk (e.g. whole, skim, 1%,2%, flavoured)?	No
	Don't know
	None of the above
Please specify details (E.g., where consumed, type,	
brand, location)	



	0	Yes
	0	Probably
frozen dairy bars and sandwiches and other novelties)?	0	No
	0	Don't know
	0	None of the above
		V
	0	Yes
		Probably
If yes, was it soft serve from a machine?		No
		Don't know
	\cup	None of the above
Please specify details (E.g., where consumed, type, brand, location)		
brand, location)		
	0	Yes
	0	Probably
Any other dairy (e.g. butter, yogurt, sour cream, whipped	0	No
cream)?	0	Don't know
	0	None of the above
Please specify details (E.g., where consumed, type,		
brand, location)		
		/
	0	Yes
	0	Probably
Any raw fish (e.g. sushi, sashimi)?	0	No
	0	Don't know
	0	None of the above
Please specify details (E.g., where consumed, type,		
brand, location)		
		/
		Yes
	0	Probably
Any smoked or cured fish (not from a can e.g. smoked salmon or lox)?	0	No
OI 10A):	0	Don't know
	0	None of the above



Please specify details (E.g., where consumed, type, brand, location)		
Any pre-cooked shrimp or prawns eaten cold (e.g. shrimp ring, shrimp cocktail, in a salad, leftovers eaten cold)?	00000	Yes Probably No Don't know None of the above
Please specify details (E.g., where consumed, type, brand, location)		
Any pre-cooked crab eaten cold (including imitation crab meat)?	00000	Yes Probably No Don't know None of the above
Please specify details (E.g., where consumed, type, brand, location)		
Any other ready to eat shellfish eaten cold (e.g. mussels, oysters, clams)?	00000	Yes Probably No Don't know None of the above
Please specify details (E.g., where consumed, type, brand, location)		1.
Any prepared green salad (e.g. garden, Greek, Caesar purchased in a store, restaurant or cafeteria)?	00000	Yes Probably No Don't know None of the above
Please specify details (E.g., where consumed, type, brand, location)		



		0	Yes
Any potato salad?		0	Probably
			No
		0	Don't know
			None of the above
			Home made
	if yes, was it homemade or purchased?		Purchased
	Please specify details (E.g., where consumed, type,		
	brand, location)		
			Yes
			Probably
Δην	pasta salad?	0	No
7 1119	pasta salaa.	0	Don't know
		0	None of the above
		_	Hama mada
	if yes, was it homemade or purchased?		Home made Purchased
			ruicilaseu
	Please specify details (E.g., where consumed, type,		
	brand, location)		
			//
		0	Yes
		_	Probably
Any	bean salad?	0	No
		0	Don't know
			None of the above
			Home made
if yes, was it homemade or purchased?			Purchased
	Please specify details (E.g., where consumed, type,		
	brand, location)		



	Yes
	Probably
Any cole slaw?	No
	Don't know
	None of the above
	□ Home made
if yes, was it homemade or purchased?	Home madePurchased
	Pulchaseu
Disease energify details /F a subare consumed tyre	
Please specify details (E.g., where consumed, type, brand, location)	
,	
	Yes
	Probably
Any hummus?	○ No
	Don't know
	None of the above
	Home made
if yes, was it homemade or purchased?	Purchased
	r aranassa
Please specify details (E.g., where consumed, type,	
brand, location)	
	/
	Yes
	Probably
Any other salads/dips (e.g. chicken salad, egg salad, tuna salad, seafood salad, tabouli)? ?	No
calad, osarosa salad, tabbany.	Don't know
	None of the above
	Home made
if yes, was it homemade or purchased?	Purchased
Please specify details (E.g., where consumed, type,	
brand, location)	

Vegetables (Not Cooked)



		Yes
	0	Probably
Any alfalfa sprouts?		No
	0	Don't know
	0	None of the above
Please specify details (E.g., where consumed, type, brand, location)		
Statis, location,		
	0	Yes
	0	Probably
Any bean sprouts?		No
	0	Don't know
		None of the above
Please specify details (E.g., where consumed, type, brand, location)		
Statia, Issaatsii)		/
	0	Yes
	0	Probably
ettuce and/or salad purchased pre-packaged in a bag or ic container?		No
product sorteans.		Don't know
		None of the above
Please specify details (E.g., where consumed, type, brand, location)		
brand, location)		/
		Yes
	0	Probably
Any whole lettuce?	0	No
		Don't know
		None of the above
Please specify details (E.g., where consumed, type,		
brand, location)		



	Yes
	Probably
Any spinach, purchased loose or in bag or plastic container?	No
	Don't know
	None of the above
Please specify details (E.g., where consumed, type,	
brand, location)	//
	O Yes
	Probably
Any mushrooms?	○ No
	Don't know
	None of the above
Please specify details (E.g., where consumed, type,	
brand, location)	
	Yes
	Probably
Any fresh herbs?	No
7 will incommend to	Don't know
	None of the above
Please specify details (E.g., where consumed, type,	
brand, location)	
	Yes
Any packaged pre-cut vegetables (e.g. in a platter or tray,	Probably
diced onions, celery etc.)?	NoDon't know
	None of the above
	- Notice of the above
Please specify details (E.g., where consumed, type,	
brand, location)	



	Yes
	Probably
Any honeydew melons?	No
	Don't know
	None of the above
	Whole, cut at home
If yes, was it whole, cut at home or pre-cut?	Pre-cut
Please specify details (E.g., where consumed, type,	
brand, location)	
	O Yes
	Probably
Any cantaloupe?	No
y any cantalogy of	Don't know
	None of the above
	Mhala aut at hama
If yes, was it whole, cut at home or pre-cut?	☐ Whole, cut at home☐ Pre-cut
	F16-6ut
Please specify details (E.g., where consumed, type,	
brand, location)	
	Yes
	Probably
Any watermelon?	○ No
	Don't know
	None of the above
	Whole, cut at home
If yes, was it whole, cut at home or pre-cut?	Pre-cut
Please specify details (E.g., where consumed, type,	
brand, location)	



	☐ Yes	
	Probably	
Any packaged pre-cut fruit (e.g. in a platter or tray, applce slices, fruit salad etc.)?	No	
silces, fruit salau etc.)?	Don't know	
	None of the above	
Please specify details (E.g., where consumed, type,		
brand, location)		
	O Yes	
	Probably	
Any unpasteurized fruit/vegetable juice?	O No	
	Don't know	
	None of the above	
Please specify details (E.g., where consumed, type,		
brand, location)		
Social Functions		Show/Uido
Social Functions	<u> </u>	Show/Hide
In the 4 weeks prior to enset did you attend any social	O Yes	
In the 4 weeks prior to onset, did you attend any social functions (e.g. parties, weddings, showers, potlucks,	○ No	
community events)?	O Don't know	
	Not asked	
Click the Add button to add social event/function details	•	
Add		
Restaurants	*	Show/Hide
	Yes	
In the 4 weeks prior to onset, did you attend any restaurants	■ No	
(including take-out, cafeteria, bakery, deli, kiosk)?	Don't know	
	Not asked	
Click the Add button to add restaurant details		
Add		
II / WW		



Grocery Stores		<u> </u>
In the past 4 weeks prior to onset, did you visit grocery stores for foods consumed during the incubation period?	YesNoDon't knowNot asked	
Click the Add button to add grocery store details		
Grocery store name		
Location		
Foods purchased		
Brands/other details		
Delete		
Add		
Loyalty card/store issued card (for outbreak investigation only)		<u> Show/Hide</u>
This section is only for use in some specific outbreak situations, with client consent. It is not a routine question for sporadic cases.		
Has the client given consent (written or verbal)?	YesNoNot applicable	
Loyalty card details (names and numbers)		



Interviewer Details and Notes		<u> </u>
Interviewer Name		
Interview date	8/23/2018	
Any special notes regarding this interview		

Orbeon Forms Orbeon Forms 4.9.0.201505052329 CE

Notification Timeline:

From Lab/Practitioner to Public Health: Within 48 hours.

From Public Health to Saskatchewan Ministry of Health: Within 2 weeks (or

immediate if an outbreak is suspected or anticipated).

Public Health Follow-up Timeline: Within 24-48 hours.

Public Health Purpose for Notification of Salmonellosis (adapted from Massachusetts, 2016)

- To identify whether the case may be a source of infection for other persons (e.g., a diapered child, daycare attendee, or food handler), and if so, to prevent further transmission.
- To identify transmission sources of public health concern (e.g., a restaurant or a commercially distributed food product), and to stop transmission from such sources.
- To monitor the effectiveness of prevention and control measures;
- To make timely and evidence informed actions on outbreaks; and
- To inform the public and medical community about salmonellosis.

Surveillance Case Definition¹ (Public Health Agency of Canada, May 2008)

training case Deminion (rabine reality of canada, may 2000)				
Confirmed Case	Laboratory confirmation of infection with or without clinical			
	illness:			
	• isolation of Salmonella sp. (excluding Salmonella typhi or			
	paratyphi) from an appropriate clinical specimen (e.g.,			
	sterile site, deep tissue wounds, stool, vomit or urine).			
Probable Case	Clinical illness* in a person who is epidemiologically linked to a			
	confirmed case.			
*Clinical illusors is characterized by bonderby disputes, abdustingly naive process force and constitutes				

^{*}Clinical illness is characterized by headache, diarrhea, abdominal pain, nausea, fever and sometimes vomiting. Asymptomatic infections may occur, and the organism may cause extra-intestinal infections.

¹ Surveillance case definitions ensure uniform reporting to allow comparability of surveillance data. The definition is not intended to be used for clinical or laboratory diagnosis or management of cases.



Epidemiology and Occurrence

UNDER CONSTRUCTION

Additional Background Information Causative Agent

- Salmonella organisms are gram-negative bacilli that belong to the Enterobacteriaceae family.
- The genus Salmonella has three recognized species: S. enterica, S. bongori, and S. subterranean with six main subspecies: enterica (I), salamae (II), arizonae (IIIa), diarizonae (IIIb), houtenae (IV), and indica (VI) (US Food and Drug Administration, 2012).
- There are over 2500 serotypes identified. Typhimurium and Enteritidis are the most commonly identified serotypes in Canada. A small number of serotypes account for the majority of confirmed cases in Saskatchewan.
- The infective dose of *S. enterica*, especially for children, is not necessarily high. The probability model suggests that a 10-20% probability for infection with a dose of 100 organisms, and a 60-80% probability for infection at 1,000,000 organisms (Heymann, 2015).

Reservoir/Source

The principal reservoirs include poultry (including chicks and other baby poultry), swine, cattle, reptiles (e.g., iguanas, turtles, and snakes), dogs, cats, hamsters, hedgehogs, frogs, and salamanders (Heymann, 2015).

Symptoms

- Generally, causes an inflammation of the small intestine.
- Severity of symptoms may vary; depends upon age and health of host, ingested dose and serotype of organism.
- Sudden onset of headache, abdominal pain, diarrhea, fever, nausea and sometimes vomiting.
- Acute symptoms may last for 1-2 days or may be prolonged, depending on host factors, and ingested dose and strain characteristics of organism. Generally, symptoms will resolve within 4-7 days.
- Dehydration and electrolyte imbalances which may lead to death in the very young, the elderly and immunocompromised individuals.



- Bacteremia (presence of viable bacteria in the circulating blood) and septecemia (bacteria in the blood that often occurs with severe infections) may occur.
- Septecemia in people with sickle-cell disease increases the risk of focal systemic infections, e.g., osteomyelitis.

Complications

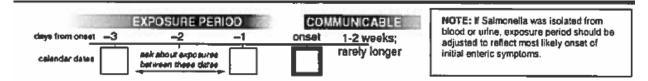
- Occasionally, the organism may localize in any tissue of the body, produce abscesses, and cause septic arthritis, cholecystitis, endocarditis, meningitis, pericarditis, pneumonia, pyoderma, or pyelonephritis (Heymann, 2008).
- Reactive arthritis (an autoimmune response) may follow 3-4 weeks after onset of acute symptoms (U.S. Food and Drug Administration, 2012).

Incubation Period

Usually 12-36 hours, but ranges from 6-72 hours. Longer incubation periods of up to 16 days have been documented, and may not be uncommon following low dose ingestion (Heymann, 2015).

Period of Communicability

- Throughout the course of infection; extremely variable, usually several days to several weeks.
- Asymptomatic carrier state may continue for months, especially in infants.
- Depending on the serotypes, approximately 1% of infected adults and 5% of children under 5 may excrete the organism for 1 year (Heymann, 2015).



Mode of Transmission

- Ingestion of organisms in improperly cooked food (including undercooked eggs/egg products), unpasteurized milk or contaminated drinking water.
- Contact with infected pets and/or their environment as well as contaminated pet treats.
- Person-to-person via fecal-oral transmission is possible, especially when diarrhea is present (Heymann, 2015).



Risk Groups/Risk Factors

Individuals most vulnerable to the disease include (Heymann, 2015):

- achlorhydria (low stomach acid);
- current medication (e.g. antacid treatment, broad-spectrum antibiotics)
- gastrointestinal surgery;
- neoplastic disease;
- malnutrition;
- sickle-cell disease;
- individuals with weakened immune systems due to age (e.g., very young, elderly), medical conditions (e.g., HIV) or medications (e.g., chemotherapy or immunosuppressive treatment) (U.S. Food and Drug Administration, 2012).

Specimen Collection and Transport

- Stool specimen in Cary-Blair transport medium.
- Blood culture if symptoms of septicaemia present.

Refer to the Roy Romanow Provincial Laboratory Compendium of Tests for details at https://rrpl-testviewer.ehealthsask.ca/.

Public Health Investigation

I. Case

Refer to <u>Attachment – Salmonellosis Data Collection Worksheet</u> to assist in follow-up.

History

- Onset of illness to determine incubation period and period of communicability which helps to identify the possible source and contacts to be followed.
- In the three days prior to onset of illness:
 - ➤ Identify history of travel (during the incubation period), especially to areas with inadequate sanitation, water and sewage treatment.
 - Exposure to someone else with similar symptoms.
 - Exposure to farm animals and pets including reptiles and amphibians or pet foods and treats, a petting zoo. Consider pets with diarrhea as a possible source of *Salmonella*. Pets may also have fecal matter on their hair, fur, feathers, or skin that is transferred to hands when they are touched.



- Obtain a detailed food history including recent ingestion of potentially contaminated food such as raw or undercooked eggs, unpasteurized milk, grocery produce including tomatoes, melons, apple cider, alfalfa sprouts, peanut butter or unpasteurized milk (complete the User Defined Form).
- Assess for safe food handling procedures (e.g. possible cross-contamination such as cutting boards).
- Determine history of daycare or hospital exposure.
- Identify potentially contaminated drinking and recreational water sources.
- ➤ Determine history of high-risk sexual practices, particularly activities that result in contact with feces.
- Identify others who may have been exposed to the same source.
- Assess for history of similar symptoms in visitors or other members of the household.
- Occupational considerations exist for food handlers, health care and childcare workers.

Public Health Interventions

Assessment

 Assess for <u>contacts</u> paying particular attention individuals that have had exposure to the same source or are a risk for further transmission.

Communication

- Letters can be used to inform contacts of the exposure, symptom monitoring and when to seek medical attention (see Sample letter)
- Letters can also be used when exclusion from school or work settings are required as a public health intervention.

Education

 All cases should be provided information on prevention and control measures including safe food handling and handwashing.

Environmental Health

• In the case of an ill food handler, a restaurant inspection may be warranted to review safe food handling requirements.

Exclusion

 Food handlers, health care workers, childcare or other staff involved with personal care: Exclude until diarrhea has resolved and two consecutive negative stool cultures are obtained at least 24 hours apart and at least 48 hours after discontinuation of antibiotics (if treatment was provided) (Heymann, 2015).



- Children below the age of five years in childcare, and older children and adults unable to maintain adequate standards of personal hygiene (i.e., mentally or physically handicapped): Exclude until diarrhea has resolved. If the individual is living in an institution, follow contact precautions until diarrhea has resolved.
- Diarrhea is considered resolved when stools have been normal for that individual for 48 hours.
- Exclusion may be warranted where transmission from the infected individual to another person is demonstrated or considered very likely in an occupational setting. This may be evaluated on a case-by-case basis by the MHO.

Public Health Order

• If a food handler, the case should be excluded from work and order used if necessary.

Referral

 When a food that is commercially available is implicated and is from a federally inspected planta referral to the Canadian Food Inspection Agency is warranted. Likewise, when an agricultural source has been identified, a referral to the Ministry of Agriculture may be warranted.

Testing

 Two consecutive negative stool cultures are required before exclusion requirements can be removed for food handlers, health care and childcare workers or other staff involved with personal care. The specimens must be taken at least 48 hours after antibiotics have stopped and at least 24 hours apart.



Treatment/Supportive Therapy

Treatment for clinical management is at the discretion of the primary care provider. The following serves as a reference for the public health investigator:

- Supportive therapy includes oral rehydration solution to replace fluids and electrolytes.
- Antibiotics are not usually recommended, as they may not eliminate the carrier state and may lead to prolonged excretion, resistant strains or more severe infections.
- Individuals that should receive antibiotics include infants less than 2 months, the elderly, the debilitated, those with sickle-cell disease, persons infected with HIV and/or persons with continued/high fever or manifestations of extra-intestinal infections (Heymann, 2015).
- Antibiotic treatment, when indicated should be based on antimicrobial susceptibility testing.

II. Contacts/Contact Investigation

Contact Definition

Contacts include:

- persons living in the same household;
- children and childcare workers in a daycare/day home;
- persons who have eaten food prepared by the case during the period of communicability;
- persons who have attended events where food was shared with the case (e.g., potluck);
- individuals exposed to the same source (if it is identified).

Public Health Interventions

Assessment

Assess for symptoms.

Communication

• Individual follow-up of contacts in in larger daycares, classrooms, schools, teams, workplaces, etc., is generally <u>not recommended</u>. These individuals should be informed by letter from public health, advising them to see their physician if they develop symptoms.



Education

• All contacts should be provided information on prevention and control measures including safe food handling and handwashing.

Environmental Health

• If a common exposure is identified through the case and contact investigations, environmental health assessments may be required.

Exclusion

Contacts who are symptomatic should be managed as cases.

Referral

 Depending on the suspected source, investigation/management may involve local Medical Health Officer, Ministry of Health, Public Health Agency of Canada, Ministry of Agriculture, and/or Canadian Food Inspection Agency.

Symptom monitoring

 Contacts should be asked to monitor symptoms during the incubation period and be advised on testing and exclusion if symptoms develop.

Testing

- Symptomatic contacts should be assessed by a physician.
- Follow-up testing is required for food handlers, food handlers, health care workers, childcare or other staff involved with personal care (Heymann, 2015):
 - > Two consecutive negative stool cultures are required before exclusion requirements can be removed. The specimens must be taken at least 48 hours after antibiotics have stopped and at least 24 hours apart.

III. Environment

Child Care Centres Control Measures

- For infection control measures refer to the Saskatchewan Ministry of Health Infection Control Manual for Child Care Facilities.²
- For one case: No action is recommended for other children or employees in a day care setting.
- For two cases or more: If there are epidemiologically linked cases in attendees or employees, diapered attendees and food handlers should be assessed for illness. Testing is not required. Educate parents and staff about salmonellosis and proper handwashing. Instruct parents and staff to watch for symptoms of diarrhea. Symptomatic individuals should be excluded as cases.

² http://publications.gov.sk.ca/documents/11/96181-infection-control-manual-child-care-centres.pdf



Institutional Control Measures

- For infection control measures refer to your Health Authority Infection Control Manual
- Contact precautions for hospitalized patients and residents of an institution. No
 action is recommended for other residents. If there are epidemiologically linked
 cases of salmonellosis in the institution's residents or employees then employees
 and food handlers should be screened for salmonellosis. Investigate as an
 outbreak in consultation with the MHO.

IV. Epidemic Measures

When cases occur among a group of individuals that are known to each other, searching for possible exposures such as travel, or a history of food handling errors, use of unsafe raw ingredients, inadequate cooking, time-temperature abuses and cross-contamination may be the likely source.

When two or more cases are linked through genetic identification (such as PFGE or whole genome sequencing), but have not named each other as contacts, the risk of a common source is heightened. In such cases, further investigation is warranted into what and where their food sources are. Food sampling and inspection of implicated restaurants may be warranted.

When laboratories identify interprovincial or international linkages, the Outbreak Incident Command Center may be activated to coordinate investigation. The Canadian Food Inspection Agency would become involved with the goal to identify the implicated source and implement appropriate interventions such as product recalls to reduce further spread.

Prevention Measures

Refer to the <u>Enteric Introduction and General Considerations</u> section of the manual that highlights topics for client education that should be considered as well as provides information on high-risk groups and activities.



Education

- Provide prevention information and education to case or caregiver, daycare or institution workers about personal hygiene.
- Educate food handlers about proper food and equipment handling and hygiene, especially in avoiding cross-contamination of food products, and emphasize thorough hand washing.
- Educate eating establishment owners regarding safe food handling and management and cleaning of equipment and to monitor practice within their establishments frequently.
- Avoid using dirty or cracked eggs, thoroughly cook all food derived from animal sources, particularly poultry and eggs.
- Advise individuals to avoid food preparation and care of hospitalized patients, the elderly and children when ill with diarrhea.
- Educate about the risk of sexual practices that permit fecal-oral contact.
- Ensure water supplies are treated properly.
- Wash hands thoroughly after handling animals and pet foods and after cleaning animal enclosures.



Revisions

Date	Change
September 2018	Clarified the purpose for notification of cases to public health
	Incorporated an Epidemiology and Occurrence section to the
	chapter.
	Incorporated standardized Salmonellosis Data Collection
	Worksheet.
	Added graphic to help calculate incubation and communicability.
	Rearranged and updated the style into the new format of the
	Manual.
	Updated exclusion and follow-up testing for cases and contacts to
	align with current recommendations outlined in Heymann (2015)
	References reaffirmed or updated as necessary.



References

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- U.S. Food and Drug Administration. (2012). Bad bug book: Foodborne pathogenic microorganisms and natural toxins handbook: Salmonella species. Retrieved August, 2018 from http://www.fda.gov/downloads/Food/FoodSafety/FoodbornellIness/FoodbornellInessFoodbornePathogensNaturalToxins/BadBugBook/UCM297627.pdf.







Panorama QA complete: ☐ Yes Initials:	□No	Please complete all sections.	Panorama Client ID: Panorama Investigation ID:				
A) CLIENT INFORMATION			LHN -> SUBJE	CT -> CLIENT	DETAILS -> PEF	RSONAL INFORMATION	
Last Name:		First Name: and Middle Name:		Alternate I	Name (Goes by)	:	
DOB: YYYY / MM / DD	Age:	Health Card Province: Health Card Number (PHN):	_	Preferred Communication Method: (specify - i.e. home phone, text):			
Phone #: Primary Home: Mobile contact: Workplace:				Email Addı	ress: 🗆 Work	□Personal	
Place of Employment/School:		Gender: Male	□ Female		Other	□ Unknown	
Alternate Contact:		Address Type: □ No fixed □ Postal Address □ Primary Home □ Temporary □ Legal Land Description Mailing (Postal address): Street Address or FN Community (Primary Home):					
		Address at time of infection if n	not the same:				
B) INVESTIGATION INFORMATION		LHN-> SUBJECT SUMIV	/IARY-> ENTERIC	:-> ENCOUN	ITER GROUP->C	REATE INVESTIGATION	
Disease Summary Classification: CASE	Date	Classification: CONTACT	Date		LAB TEST INFORMATION: Date specimen collected:		
□ Confirmed	YYYY / MM / DD	□Contact	YYYY / MM / DD		YYYY / MM /	DD	
□ Does Not Meet Case	YYYY / MM / DD	☐ Not a Contact	YYYY / MM	/ DD	Specimen type		
☐ Person Under Investigation	YYYY / MM / DD	☐ Person Under Investigation	Investigation YYYY / MM		□ Blood □ Urine		
□ Probable	YYYY / MM / DD				□ Stool		
Disposition: FOLLOW UP: In progress Incomplete - Declined	YYYY / MM / DD YYYY / MM / DD	☐ Complete ☐ Not required		YYYY / N			
☐ Incomplete - Declined ☐ Incomplete - Lost contact ☐ Incomplete - Unable to locate	YYYY / MM / DD YYYY / MM / DD YYYY / MM / DD	□ Roft required □ Referred – Ou (specify where)					
REPORTING NOTIFICATION Name of Attending Physician or Nu	rse:	Location:					
Physician/Nurse Phone number:		Date Received (Public Health): YYYY / MM / DD					
Type of Reporting Source: ☐ Hea	lth Care Facility □L	ab Report	ioner □Phy	sician [Other		

November 22, 2019 Page 1 of 4

Please complete all sections.

Panorama Client ID:	
Panorama Investigation ID:	

Description	Yes Date of onset	Date of recovery	Description	Yes Date of onset	Date of recovery
Abdominal – cramping	YYYY / MM / DD	YYYY / MM / DD	Headache	YYYY / MM / DD	YYYY / MM
Asymptomatic	YYYY / MM / DD	YYYY / MM / DD	Myalgia (muscle pain)	YYYY / MM / DD	YYYY / MM
Dehydration	YYYY / MM / DD	YYYY / MM / DD	Nausea	YYYY / MM / DD	YYYY / MM
Diarrhea	YYYY / MM / DD	YYYY / MM / DD	Pain – abdominal	YYYY / MM / DD	YYYY / MM
Diarrhea – bloody	YYYY / MM / DD	YYYY / MM / DD	Sepsis (e.g. bacteremia, septicemia, etc.)	YYYY / MM / DD	YYYY / MM
Fever	YYYY / MM / DD	YYYY / MM / DD	Vomiting	YYYY / MM / DD	YYYY / MM DD
Other Signs & Symptoms if a	pplicable				
Exposure period:	_				
days from ones1 -	EXPOSURE P 3 –2 selt about expc su between these cli	<u>-1</u>	onset 1-2 weeks; blood adjust	: If Salmonella was i or urine, exposure p ed to reflect most like enteric symptoms.	eriod should

Incubation for Case (period for acquisition):	
Earliest Possible Exposure Date: YYYY / MM / DD	Latest Possible Exposure Date: YYYY / MM / DD
Exposure Calculation details:	
Communicability for Case (period for transmission):	
Earliest Possible Communicability Date: YYYY / MM / DD	Latest Possible Communicability Date: YYYY / MM / DD
Communicability Calculation Details:	
communicating calculation betans.	
F) RISK FACTORS N—No NA-Not asked II-Unknown	I HN-> SUBJECT->RISK EACTOR

E) RISK FACTORS N—No, NA–Not asked, U	J–Unkn	own			LHN-> SUBJECT->RISK FACTORS
DESCRIPTION	Yes	N, NA, U	Start date	Add'l Info	
Animal Exposure- Pet treats and raw food (Add'l Info)			YYYY / MM/DD		
Animal Exposure - Pets (including reptiles) (Add'l Info)_			YYYY / MM/DD		
Animal Exposure - Rodents/rodent excreta			YYYY / MM/DD		
Animal Exposure - Wild animals (other than rodents) (Add'l Info)_			YYYY / MM/DD		
Animal Exposure - Other Animal Exposure (Add'l Info)_			YYYY / MM/DD		
Chronic Medical Condition - Other (Add'l Info)_			YYYY / MM/DD		
Contact - Persons with diarrhea/vomiting			YYYY / MM/DD		
Contact to a known case (Add'l Info)			YYYY / MM/DD		
Immunocompromised - Related to underlying disease or treatment			YYYY / MM/DD		
Occupation - Child Care Worker	TE		YYYY / MM/DD		
Occupation - Food Handler	TE		YYYY / MM/DD		
Occupation – Health Care Worker IOM Risk Factor			YYYY / MM/DD		
Occupation - Personal Care Worker	TE		YYYY / MM/DD		
Travel - Outside of Canada (Add'l Info)	AE		YYYY / MM/DD		

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Please complete all sections.

Panorama Client ID:	
Panorama Investigation ID:	

DESCRIPTION		Yes	N, NA, U	Start date	Add'IInto
Travel - Outside of Canada (Add'l Info)	Saskatchewan, but withi	n AE		YYYY / MM/DD	
Water - Bottled wat	er (Add'l Info)			YYYY / MM/DD	
Water – Public water	er system (Add'l Info)			YYYY / MM/DD	
Water - Private well	or system (Add'l Info)			YYYY / MM/DD	
Water - Untreated v	water (Add'l Info)_			YYYY / MM/DD	
Water (Recreationa river, ocean	l) – Pond, stream, lake,			YYYY / MM/DD	
Water (Recreational pool/whirl pool)	II) – Private (swimming			YYYY / MM/DD	
Water (Recreational (swimming/paddling				YYYY / MM/DD	
F) USER DEFINED FO	ORM		LHN-> IN	VESTIGATION-	-> INVESTIGATION DETAILS -> LINKS AND ATTACHMENTS -> SALMONELLA FORM
G) TREATMENT	one - Other Medal				LHN-> INVESTIGATION-> MEDICATIONS->MEDICATIONS SUMMAR
•	ıma = Other Meds) :				Started on: YYYY / MM / DD
H) INTERVENTION Intervention Type a	and Sub Type:			LHN->	> INVESTIGATION->TREATMENT & INTERVENTIONS->INTERVENTION SUMMAR
Assessment:	Investigator name				Exclusion: Investigator name
☐ Assessed for con	tacts		YYYY / N	/IM / DD	□ Daycare YYYY / MM / DD □ Preschool YYYY / MM / DD □ School YYYY / MM / DD □ Work YYYY / MM / DD
Investigator name	ation (See Investigator N		YYYY / N		Outbreak Declared YYYY / MM / DD Investigator name
General: Investigate ☐ Disease-Info/Pre			YYYY/ MN	-	Public Health Order: ☐ Order (specify) YYYY / MM / DD Investigator name
Education/counsell Prevention/Cont Disease informat Investigator name	rol measures		YYYY / N YYYY / N		Referral: ☐ Canadian food inspection agency Investigator name YYYY / MM / DD
Environmental Heal	Ith: YYYY / MM / DD				Testing: Investigator name ☐ Stool testing recommended (e.g. for follow-up)
Immunization:	Investigator name				Other Investigation Findings:
☐ Eligible immuniza	ations recommended		YYYY / N	MM / DD	□ Investigator Notes
					Document Management Notes
Date	Intervention	Commer	nts		Next follow-up Initials Date
YYYY / MM / DD	subtype				YYYY / MM / DD
YYYY / MM / DD		-			YYYY / MM / DD
YYYY / MM / DD					YYYY / MM / DD
YYYY / MM / DD					YYYY / MM / DD
YYYY / MM / DD					YYYY / MM / DD

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	Please complete all sections.			Panorama Client ID: Panorama Investigation ID:		
OUTCOMES				LHN-> INV	/ESTIGATION-> OUTCOM	
□ Not yet recover □ Recovered □ Fatal	red/recovering YYYY / MM YYYY / MM YYYY / MM Y	/ DD	ical care YYYY / MM / DD tion YYYY / MM / DD YYYY / MM / DD	•	YYYY / MM / DD YYYY / MM / DD	
Cause of Death: (if	Fatal was selected)					
EXPOSURES Acquisition Event Acquisition Event ID	:		LHN-> INVESTIGATION-> EXI	POSURE SUMMARY-> #	ACQUISITION QUICK ENTI	
Exposure Name: _						
-		equisition End: YYYY / MM /	DD			
Location Name: Setting Type						
□ Travel	☐ Exposure or consumpt	ion of potentially contaminated fo	ood or water	☐ Most like	ely source	
RANSMISSION Eve	ents	LHN -> INVESTIGATION-	> EXPOSURE SUMMARY -> TI	RANSMISSION EVENT S	SUMMARY -> QUICK ENT	
Transmission	ents Exposure Name	LHN -> INVESTIGATION-:	> EXPOSURE SUMMARY -> TI	RANSMISSION EVENT S	# of contacts	
					1	
Transmission		Setting type			1	
Transmission		Setting type □ Food service establishment	☐ Health Care setting		1	
Transmission		Setting type □ Food service establishment □ Public facilities	☐ Health Care setting ☐ Household Exposure		1	
Transmission		Setting type □ Food service establishment □ Public facilities □ Food service establishment	☐ Health Care setting ☐ Household Exposure ☐ Health Care setting		1	
Transmission		Setting type □ Food service establishment □ Public facilities □ Food service establishment □ Public facilities	☐ Health Care setting ☐ Household Exposure ☐ Health Care setting ☐ Household Exposure		1	
Transmission		Setting type □ Food service establishment □ Public facilities □ Food service establishment □ Public facilities □ Food service establishment	☐ Health Care setting ☐ Household Exposure ☐ Health Care setting ☐ Household Exposure ☐ Health Care setting		ı	
Transmission		Setting type □ Food service establishment □ Public facilities □ Food service establishment □ Public facilities □ Food service establishment □ Public facilities	☐ Health Care setting ☐ Household Exposure ☐ Health Care setting ☐ Household Exposure ☐ Health Care setting ☐ Household Exposure		1	
Transmission		Setting type □ Food service establishment □ Public facilities	☐ Health Care setting ☐ Household Exposure		1	

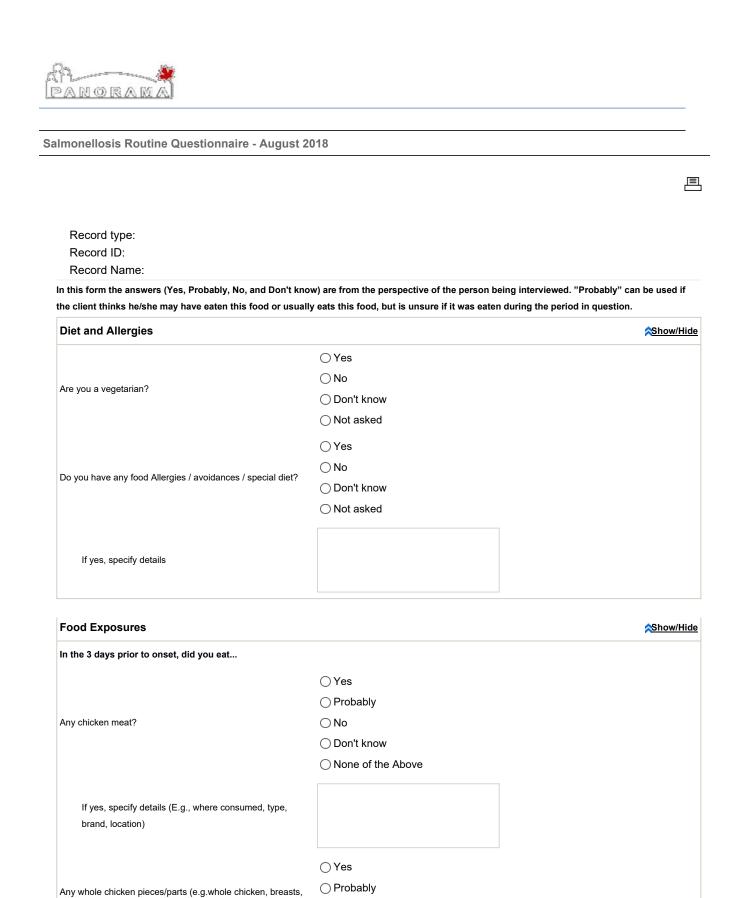
Initial Report completed: completed by:

Date initial report completed: YYYY / MM / DD

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wings, thighs, in soups or as part of a dish, not including deli-

meal)?



https://efd-services.ehealthsask.ca/UDF_Form_Rendering_Webapp/xforms-jsp/previewUd... 9/11/2018

 \bigcirc No

O Don't know



	○ None of the Above
If yes, specify details (E.g., where consumed, type, brand, location)	
Any breaded chicken (e.g. chicken nuggets, strips or burgers)?	YesProbablyNoDon't knowNone of the Above
If yes, specify details (E.g., where consumed, type, brand, location)	
Any other chicken or poultry meat (e.g. deli meat, ground chicken, turkey, quail, etc.)?	YesProbablyNoDon't knowNone of the Above
If yes, specify details (E.g., where consumed, type, brand, location)	
Any eggs?	YesProbablyNoDon't knowNone of the Above
Were the eggs raw, soft or undercooked?	YesProbablyNoDon't knowNone of the Above
If yes, specify details (E.g., where consumed, type, brand, location)	
	○ Yes ○ Probably
Any foods or beverages that contain raw, soft, undercooked	



eggs (raw cookie dough, desserts, drinks, dressings, stir fry, hot pot)? If yes, specify details (E.g., where consumed, type, brand, location)	○ No ○ Don't know ○ None of the Above	
Any pork, including sausage?	YesProbablyNoDon't knowNone of the Above	
If yes, specify details (E.g., where consumed, type, brand, location)		
Any beef, including hamburger patties, other ground beef (meatballs, chili, spaghetti sauce), steak, roast, donair?	YesProbablyNoDon't knowNone of the Above	
If yes, specify details (E.g., where consumed, type, brand, location)		
Any seafood, including fish or shellfish (cooked / raw / smoked)?	YesProbablyNoDon't knowNone of the Above	
If yes, specify details (E.g., where consumed, type, brand, location)		
Any sprouts (e.g. bean or alfalfa or any other kind), including sprouts on a sandwich or salads?	YesProbablyNoDon't knowNone of the Above	



If yes, specify details (E.g., where consumed, type, brand, location)	
	○Yes
	○ Probably
Any lettuce or leafy greens (including pre-packaged greens)?	○ No
	O Don't know
	O None of the Above
If yes, specify details (E.g., where consumed, type, brand, location)	
	○Yes
	○ Probably
Any cucumbers?	○ No
	O Don't know
	○ None of the Above
If yes, specify details (E.g., where consumed, type, brand, location)	
	○Yes
	○ Probably
Any tomatoes?	○ No
	O Don't know
	O None of the Above
If yes, specify details (E.g., where consumed, type, brand, location)	
	○Yes
	○ Probably
Any cantaloupe?	○ No
	O Don't know
	○ None of the Above
If yes, specify details (E.g., where consumed, type, brand, location)	



	○Yes	
	○ Probably	
Any papaya?	○No	
	○ Don't know	
	○ None of the Above	
If yes, specify details (E.g., where consumed, type, brand, location)		
	○Yes	
	○ Probably	
Any fresh herbs (e.g. cilantro, parsley, basil)?	○ No	
	○ Don't know	
	○ None of the Above	
If yes, specify details (E.g., where consumed, type, brand, location)		
	○Yes	
	○ Probably	
Any nuts, (either on their own, in granola bar, as a garnish or	○ No	
as part of a dish)?	○ Don't know	
	○ None of the Above	
If yes, specify details (E.g., where consumed, type,		
brand, location)		
brand, location)	○Yes	
brand, location)		
	YesProbablyNo	
	○ Probably○ No	
	○ Probably	
	○ Probably○ No○ Don't know	
Any peanut butter or other nut butter or spread? If yes, specify details (E.g., where consumed, type,	○ Probably○ No○ Don't know	
Any peanut butter or other nut butter or spread? If yes, specify details (E.g., where consumed, type,	○ Probably○ No○ Don't know○ None of the Above	



	ODon't know
	○ None of the Above
If yes, specify details (E.g., where consumed, type,	
brand, location)	
	○Yes
Any tahini, halva, or other products made from sesame	○ Probably
seeds?	○ No
	ODon't know
	O None of the Above
If yes, specify details (E.g., where consumed, type,	
brand, location)	
	OVer
	○ Yes
	○ Probably
Any cheese made with unpasteurized (raw) milk?	○ No
	O Don't know
	O None of the Above
If yes, specify details (E.g., where consumed, type,	
brand, location)	
In the 3 days prior to onset, did you handle or prepare	
	○Yes
	○ Probably
Any eggs or foods containing raw eggs?	○ No
	ODon't know
	○ None of the Above
If yes, specify details (E.g., where consumed, type,	
brand, location)	
	○Yes
	○ Probably
Did you handle or prepare any raw chicken?	○ No
	○ Don't know
	○ None of the Above
	-



If yes, specify details (E.g., where consumed, type, brand, location)		
Social Functions		☆Show/H
	○Yes	
n the 3 days prior to onset, did you attend any social	○ No	
unctions (e.g. parties, weddings, showers, potlucks, ommunity events)?	Opon't know	
onmany orono).	○ Not asked	
Click the Add button to add social event/function details		
Add		
, 100		
Restaurants		<u> </u>
	○Yes	
the 3 days prior to onset, did you attend any restaurants	○ No	
ncluding take-out, cafeteria, bakery, deli, kiosk)?	O Don't know	
	○ Not asked	
Click the Add button to add restaurant details		
Add		
Grocery Stores		<u> </u>
	○Yes	
n the past 3 days prior to onset, did you visit grocery stores	○ No	
or foods consumed during the incubation period?	O Don't know	
	○ Not asked	
Click the Add button to add grocery store details		
Add		
oyalty card/store issued card (for outbreak		≪Show/l
his section is only for use in some specific outbreak ituations, with client consent. It is not a routine question		



Has the client given consent (written or verbal)?	○ Yes○ No○ Not applicable	
Loyalty card details (names and numbers)		
Interviewer Details and Notes		<u> </u>
Interviewer Name		
Interview date	9/11/2018	
Any special notes regarding this interview		

Orbeon Forms Orbeon Forms 4.9.0.201505052329 CE

Notification Timeline:

From Lab/Practitioner to Public Health: Immediately.
From Public Health to Ministry of Health: Within 72 hours.
Public Health Follow-up Timeline: Initiate within 24-48 hours.

Public Health Purpose for Notification of Shigellosis (adapted from Massachusetts Department of Health, 2018)

- To identify whether the case may be a source of infection for other persons (e.g., a diapered child, daycare attendee, or food handler), and if so, to prevent further transmission.
- To identify transmission sources of public health concern (e.g., a restaurant or a commercially distributed food product), and to stop transmission from such sources.
- To monitor the effectiveness of prevention and control measures;
- To make timely and evidence informed actions on outbreaks; and
- To inform the public and medical community about shigellosis.

Information

Case Definition (Public Health Agency of Canada, May 2008)

Confirmed Case	Laboratory confirmation of infection with or without clinical illness: • isolation of <i>Shigella sp.</i> from an appropriate clinical specimen (e.g., sterile site, deep tissue wounds, stool, vomit or urine)		
Probable Case	Clinical illness ¹ in a person who is epidemiologically linked to a		
	confirmed case		
¹ Clinical illness is characterized by diarrhea, fever, nausea, vomiting cramps and tenesmus.			
Asymptomatic infections may occur.			

Epidemiology and Occurrence

UNDER CONSTRUCTION



Additional Background Information

Causative Agent

Shigella species are aerobic, gram negative bacilli. There are 4 species or serogroups: S. dysenteriae (Group A), S. flexneri (Group B), S. boydii (Group C), and S. sonnei (Group D). The infectious dose for humans; can be as low as10 to 100 bacteria.

Reservoir/Source

Humans are the only significant reservoir.

Symptoms

- An acute bacterial disease involving the large and distal small intestine, characterized by diarrhea which may contain blood and mucus or be watery, accompanied by fever, nausea, vomiting, cramps, tenesmus and sometimes toxemia.
- Convulsions may be an important complication in young children.
- Bacteremia is uncommon.
- Mild and asymptomatic infections occur.
- Illness is usually self-limited, lasting an average of 4 to 7 days.
 - S. dysenteriae: is often associated with serious disease and severe complications, including toxic megacolon and the haemolytic-uremic syndrome; case-fatality rates have been as high as 20% among hospitalized cases, even in recent years.
 - o *S. sonnei*: often results in a short clinical course and an almost negligible casefatality rate, except in immune-compromised hosts.
 - S. flexneri: Certain strains can often cause a reactive arthropathy (Reiter's syndrome) in persons who are genetically predisposed, although Reiter's syndrome can occur with any Shigella strain. Post-infectious arthritis can last for months or years, and can lead to chronic arthritis.
 - S. boydii: The clinical presentation ranges from watery, loose stools to severe symptoms such as fever, abdominal pain, tenesmus, and bloody diarrhea.
 However, symptoms generally often self-limited watery diarrhea.

Incubation Period

Usually 1 to 3 days, but may range from 12 to 96 hours; up to 1 week for *S. dysenteriae* type 1.



Period of Communicability

- During acute infection and until the infectious agent is no longer present in feces, usually for 4 weeks after illness.
- Asymptomatic carriers may transmit infection; very rarely, the carrier state may persist for months or longer.
- The duration of carriage may be reduced with the use of an appropriate antibiotic.

Enter onset date in heavy box. Count back to figure the	EXPOSURE P days from onset -4	EXPOSURE PERIOD COMMUNICABLE onset		Note: Exposure period for S.
probable exposure period.	calendar dates ask about exposus between these di		1-4 weeks	dysenteriae is up to one week.

Mode of Transmission

Person-to-person, fecal-oral transmission:

- direct transmission is common in children and individuals who do not thoroughly clean their hands, including under their fingernails following defecation;
- indirect transmission is usually via ingestion of contaminated food or water.

Less commonly inanimate objects and houseflies act as vectors.

Risk Factors/Risk Groups

The elderly, the debilitated and the malnourished of all ages are particularly susceptible to severe disease and death.

Specimen Collection and Transport

Shigella remains viable outside the human body for only a short period of time hence, specimens must be processed rapidly after collection, preferable within 24 hours.

Stool specimens should be taken early in the course of the illness, when the causative agent is likely to be found in largest numbers. Freshly passed stool is better than rectal swabs, since there is less chance for improper collection, and mucus and blood stained portions can be selected for culture. Use the Cary-Blair transport media. Submit three or four spoonfuls (using the built-in spoon) of liquid stool and mix thoroughly with the semi-solid Cary-Blair transport media. The final mixture should not fill the Cary-Blair container to more than three-quarters full.

Refer to the Roy Romanow Provincial Laboratory Compendium of Tests for details at https://rrpl-testviewer.ehealthsask.ca/.



Public Health Investigation

I. Case

Refer to <u>Attachment – Shigellosis Data Collection Worksheet</u> to assist in investigation.

History

- Onset of illness to determine incubation period and period of communicability which helps to identify the possible source and contacts to be followed.
 - o Identify history of travel (during the incubation period), especially to areas with inadequate sanitation, water and sewage treatment.
 - Exposure to someone else with similar symptoms.
 - Obtain a detailed food history (complete the <u>User Defined Form</u>).
 - Assess for safe food handling procedures (e.g. possible cross-contamination such as cutting boards).
 - Determine history of daycare or hospital exposure.
 - o Identify potentially contaminated drinking and recreational water sources.
 - Determine history of high-risk sexual practices, particularly activities that result in contact with feces.
- Identify others who may have been exposed to the same source.
- Assess for history of similar symptoms in visitors or other members of the household.
- Occupational considerations exist for food handlers, health care and childcare workers.
- Determine history of high-risk sexual practices, especially contact with feces.

Public Health Interventions

Assessment

 Assess for <u>contacts</u> paying particular attention individuals that have had exposure to the same source or are a risk for further transmission.

Communication

- Letters can be used to inform contacts of the exposure, symptom monitoring and when to seek medical attention (see Sample letter)
- Letters can also be used when exclusion from school or work settings are required as a public health intervention.



Education

 All cases should be provided information on prevention and control measures including safe food handling and hygiene, avoiding cross-contamination of food products and control of flies to decrease contamination of food, handwashing and risk of sexual practices that permit fecal-oral contact.

Exclusion

- Food handlers, health care workers, childcare or other staff involved with
 personal care, children below the age of five years in childcare, and older
 children and adults unable to maintain adequate standards of personal hygiene
 (i.e., mentally or physically handicapped): exclude until diarrhea has resolved
 and two consecutive negative stool cultures are obtained at least 24 hours apart
 and at least 48 hours after discontinuation of antibiotics.
- Use of recreational water (e.g., swimming pools, whirlpools, etc.): exclude until 2 weeks after symptoms resolve (American Academy of Pediatrics, 2015).

Public Health Order

• When the case poses an ongoing risk to the public, a public health order may be issued via a letter to the case.

Referral

- When a food that is commercially available is implicated, a referral to Canadian Food Inspection Agency may be warranted. Likewise, when an agricultural source has been identified, a referral to the Ministry of Agriculture may be warranted. These situations should be discussed with the MHO.
- Refer to public health inspection if source cannot be identified and transmission continues.

Testing

• Two consecutive negative stool cultures are required before exclusion requirements can be removed. The specimens must be taken at least 48 hours after antibiotics have stopped and at least 24 hours apart.



Treatment/Supportive Therapy

Treatment for clinical management is at the discretion of the primary care provider. The following serves as a reference for the public health investigator:

- Fluid and electrolyte replacement is important when diarrhea is watery or there are signs of dehydration.
- Antibiotic treatment, depending on the severity of the illness may be recommended.
- Multidrug resistance is common; therefore the choice of antibiotic will depend
 on the susceptibility of the isolated strain or on local antimicrobial susceptibility
 patterns. Use of antibiotics will shorten the duration and severity of illness and
 the duration of fecal excretion.

II. Contacts/Contact Investigation

Contact Definition

Contacts include:

- persons living in the household;
- children and childcare workers in a daycare/dayhome;
- healthcare workers who have provided care for a case.

Public Health Interventions

Assessment

Assess for symptoms.

Communication

• Individual follow-up of contacts in in larger daycares, classrooms, schools, teams, workplaces, etc., is generally <u>not recommended</u>. These individuals should be informed by letter from public health, advising them to see their physician if they develop symptoms. These persons, if they become symptomatic, should not be

Education

 All contacts should be provided information on prevention and control measures including safe food handling and handwashing.

Environmental Health

• If a common exposure is identified through the case and contact investigations, environmental health assessments may be required.



Exclusion and Testing

<u>Symptomatic contacts</u> that fall into one of the following categories should be excluded until diarrhea has resolved and two consecutive negative stool cultures are obtained at least 24 hours apart:

- food handlers;
- health care, childcare or other staff involved with personal care who are symptomatic;
- children below the age of five years in childcare who are symptomatic;
- older children and adults unable to maintain adequate standards of personal hygiene (i.e., mentally or physically handicapped);
- contact precautions should be followed for individuals who live in an institution until two negative stool cultures have been obtained.

Symptomatic individuals should not use recreational water (e.g., swimming pools, whirlpools, etc.) until 2 weeks after symptoms resolve.

Asymptomatic contacts

Shigella sonnei – asymptomatic contacts (including high risk contacts) do not need to be excluded or tested. Rationale – treatment is not routinely recommended and return to work or daycare would be based on negative stool specimens which are an unreliable method for determining clearance of the bacteria (National Disease Surveillance Center, 2004, PHLS Advisory Committee on Gastrointestinal Infections, 2004, BC Centre for Disease Control, 2011, American Academy of Pediatrics, 2012)

- S. flexneri, S. dysenteriae and S. boydii high risk asymptomatic contacts may be excluded and tested with the MHO's discretion based on an assessment of:
 - the risk of complications of the disease for the populations the individual interacts with (e.g., child care attendee, child care worker, health care worker, food handler in a long term care facility, food handler in a public restaurant, etc.)

If results return positive, treatment should be provided and the contact should be excluded until treatment is completed and other case exclusion criteria are met.



Referral

 Depending on the suspected source, investigation/management may involve local Medical Health Officer, Ministry of Health, Public Health Agency of Canada, Ministry of Agriculture, and/or Canadian Food Inspection Agency.

Symptom monitoring

 Contacts should be asked to monitor symptoms during the incubation period and be advised on testing and exclusion if symptoms develop.

III. Environment

Child Care Centre/Schools Control Measures

Strict enforcement of infection control measure. Refer to Saskatchewan Ministry of Health Infection Control Manual for Child Care Facilities.¹

Health Facilities Control Measures

- Strict enforcement of infection control measures. Refer to your Health Authority Infection Control Manual.
- Contact precautions should be used while case is symptomatic.
- For hospitalized patients, contact precautions in the handling of feces, contaminated clothing and bed linen.

IV. Epidemic Measures

- Report at once to the Chief Medical Health Officer any group of cases of acute diarrheal disorder, even in the absence of specific identification of the causal agent using the Outbreak Notification Report and Summary Form.
- Investigate water, food, and milk supplies, and use general sanitation measures.
- Prophylactic administration of antibiotics is not recommended.
- Publicize the importance of handwashing after defecation; provide soap and individual paper towels in public venues if otherwise not available.

Prevention Measures

Refer to the <u>Enteric Introduction and General Considerations</u> section of the manual that highlights topics for client education that should be considered as well as provides information on high-risk groups and activities.

 $^{^{1}\ \}text{http://publications.gov.sk.ca/documents/11/96181-infection-control-manual-child-care-centres.pdf}.$



Education

- Educate the public about the importance of personal hygiene including handwashing, safe food handling and safe drinking water.
- Educate about control of flies to decrease contamination of food.
- Encourage breastfeeding of infants and young children as breastmilk is protective.
- Educate parents about the importance of keeping children with diarrheal illness home from daycares.
- Educate about safe recreational water sources and the importance of avoiding swallowing water from ponds, lakes, or untreated pools.
- Educate about safe sexual practices and those that permit fecal-oral contact.



Revisions

Date	Change
September 2018	 Clarified the purpose for notification of cases to public health Incorporated an Epidemiology and Occurrence placeholder into the chapter. Incorporated standardized Shigellosis Data Collection Worksheet and User Defined Form. Rearranged and updated the style into the new format of the Manual.

References

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- Public Health Agency of Canada. (2008). Case definitions for communicable diseases under national surveillance. *Canada Communicable Disease Report (CCDR), 35S2,* November 2009. Retrieved August, 2018 from http://www.phac-aspc.gc.ca/publicat/ccdr-rmtc/09vol35/35s2/Shigell-eng.php.





Shigellosis Data Collection Worksheet



Please complete all sections.

Panorama QA complete: ☐Yes Initials:	□No	·		Pa	Panorama Client ID:norama Investigation ID:
A) CLIENT INFORMATION			LHN -> SUBJE	CT -> CLIEN	T DETAILS -> PERSONAL INFORMATION
Last Name:		First Name: and Middle Name:		Alternate	Name (Goes by):
DOB: YYYY / MM / DD Phone #: □ Primary Home:	Age:	Health Card Province: Health Card Number (PHN):	_	i.e. home	Communication Method: (specify - phone, text):
☐ Mobile contact: ☐ Workplace:				Email Add	dress: □Work □Personal
Place of Employment/School:		Gender: □ Male	□ Female		Other 🗖 Unknown
Alternate Contact:		Address Type: ☐ No fixed ☐ Postal Address Mailing (Postal address):	☐ Primary Hon	ne □Temp	porary Legal Land Description
Alt. Contact phone:		Street Address or FN Communi	ity (Primary Hon	ne):	
		Address at time of infection if r	not the same:		
B) INVESTIGATION INFORMATION		LHN-> SUBJECT SUN	/IMARY-> ENTER	RIC ENCOUN	NTER GROUP ->CREATE INVESTIGATION
Disease Summary Classification:	Date	Classification: CONTACT	Date		LAB TEST INFORMATION: Date specimen collected:
□ Confirmed	YYYY / MM / DD	□ Contact	YYYY / MM	/ DD	YYYY / MM / DD
☐ Does Not Meet Case Definition	YYYY / MM / DD	□ Not a Contact	YYYY / MM	/ DD	Specimen type:
☐ Person Under Investigation	YYYY / MM / DD	arphi Person Under Investigation	YYYY / MM	/ DD	□ Blood □ Urine
□ Probable	YYYY / MM / DD				□ Stool
Disposition: FOLLOW UP:		_			
☐ In progress ☐ Incomplete - Declined	YYYY / MM / DD YYYY / MM / DD	☐ Complete ☐ Not required			MM / DD MM / DD
☐ Incomplete – Lost contact	YYYY / MM / DD	☐ Referred – O			MM / DD
☐ Incomplete – Unable to locate	YYYY / MM / DD	(specify where)			
REPORTING NOTIFICATION		Location:			
Name of Attending Physician or Nu	ırse:				
Physician/Nurse Phone number:		Date Receive	d (Public Health): YYYY ,	/ MM / DD
Type of Reporting Source: ☐ Hea	alth Care Facility	ab Report Nurse Practit	ioner □Phy	rsician	□ Other
C) DISEASE EVENT HISTORY		INVESTIG	ATION->DISEAS	SE SUMMAI	RY (UPDATE)->DISEASE EVENT HISTORY
Staging: ☐ Acute	☐ Carrier				

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Shigellosis Data Collection Worksheet

Please complete all sections

Panorama Client ID:
Panorama Investigation ID:

Description	Yes	Date of	Description	Yes	Date of
•	Date of onset	recovery		Date of onset	recovery
Abdominal – cramping	YYYY / MM / DD	YYYY / MM / DD	Hemolytic uremic syndrome (HUS)	YYYY / MM / DD	YYYY / MM / DE
Asymptomatic	YYYY / MM / DD	YYYY / MM / DD	Nausea	YYYY / MM / DD	YYYY / MM / DE
Dehydration	YYYY / MM / DD	YYYY / MM / DD	Pain - abdominal	YYYY / MM / DD	YYYY / MM / DE
Diarrhea	YYYY / MM / DD	YYYY / MM / DD	Seizures	YYYY / MM / DD	YYYY / MM / DE
Diarrhea – bloody	YYYY / MM / DD	YYYY / MM / DD	Sepsis (e.g. bactremia, septicemia, etc.)	YYYY / MM / DD	YYYY / MM / DE
Diarrhea – mucousy	YYYY / MM / DD	YYYY / MM / DD	Tenesmus	YYYY / MM / DD	YYYY / MM / DE
Diarrhea – watery	YYYY / MM / DD	YYYY / MM / DD	Vomiting	YYYY / MM / DD	YYYY / MM / DE
Fever Other Signs & Symptoms if appli	YYYY / MM / DD	YYYY / MM / DD			
Enter onset date in heavy box. Count back to figure the probable exposure period.	days from onset -4	POSURE PERIOD 1 k about exposures three dates	COMMUNICABLE onset 1-4 weeks; rarely longer	Note: Exposure p	to one week.
Enter onset date in heavy box. Count back to figure the probable exposure period. INCUBATION AND COMMUN	days from onset -4 calendar dates	POSURE PERIOD -1 k about exposures	onset 1-4 weeks; rarely longer	dysenteriae is up	to one week.
Other Signs & Symptoms if appli	days from onset -4 calendar dates bei	POSURE PERIOD -1 k about exposures	onset 1-4 weeks; rarely longer	dysenteriae is up	to one week.

Communicability Calculation Details:

F) RISK FACTORS N—No, NA–Not asked, U–Unknown LHN-> SUBJECT->RISK FACTORS Add'l Info N, NA **DESCRIPTION** Start date Contact - Daycare YYYY / MM/DD Contact - Persons with diarrhea/vomiting YYYY / MM/DD Contact to a known case (Add'l Info) YYYY / MM/DD TE YYYY / MM/DD Immunocompromised - Related to disease or treatment Occupation - Child care worker ΤE YYYY / MM/DD Occupation - Food handler TE YYYY / MM/DD Occupation – Health Care Worker – IOM Risk Factor TE YYYY / MM/DD Travel - Outside of Canada (Add'l Info) ΑE YYYY / MM/DD Travel - Outside of Saskatchewan, but within ΑE YYYY / MM/DD Canada (Add'l Info) YYYY / MM/DD Water - Bottled water Water - Private well or system (Add'l Info) YYYY / MM/DD Water - Public water system (Add'l Info) YYYY / MM/DD Water - Untreated water (Add'l Info) YYYY / MM/DD Water (Recreational) - Pond, stream, lake, river, YYYY / MM/DD Water (Recreational) - Private (swimming YYYY / MM/DD pool/whirl pool) Water (Recreational) - Public (swimming/paddling YYYY / MM/DD pool/whirl pool) Other risk factor (Add'l Info) YYYY / MM/DD

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Shigellosis Data Collection Worksheet

Please complete **all** sections

Panorama Client ID:	
Panorama Investigation ID:	

YYYY / MM / DD

				Tanorama mvestigation i	J
G) USER DEFINED FO	DRM (SEE ATTACHED)	LHN-> INVESTIGAT	TION-> INVESTIGATION DETAILS -> LINKS A	ND ATTACHMENTS -> SHI	GELLOSIS FORM
H) TREATMENT			LHN-> INVESTIGATION-> I	MEDICATIONS->MEDICATI	ONS SUMMAR
	ome - Other Medal				
iviedication (Panora	ıma = Other Meds) : _				
Prescribed by:			Started on: YYYY / MM / DD		
) INTERVENTIONS			INVESTIGATION->TREATMENT & INT	ERVENTIONS->INTERVENT	TION SUMMARY
Intervention Type a Assessment:	ind Sub-Type:		1		
☐ Assessed for con Investigator name	tacts	YYYY/ MM/DD	Outbreak Declared YYYY / MM / I Investigator name	DD	
Communication:			Public Health Order:		
☐ Other communic Investigator name	ation (See Investigato	r Notes) YYYY / MM / DD	☐ Other (specify) Investigator name	YYYY/ MI	M/DD
	ment Management)	YYYY / MM / DD	investigator name		
Investigator name	0.5.00.00		Other Investigation Findings		
General: Investigat ☐ Disease-Info/Pre		YYYY/ MM / DD	Other Investigation Findings: Investigator Notes		
•	v-Cont/Assess'd for Co		☐ Document Management		
— Bisease imoyi re	v conq/133c33 u for co	Titly willy 55			
Education/counsell	ing: Investiga	ator name	Referral: Investigator name		
☐ Prevention/Cont		YYYY/ MM/DD	☐ Canadian food inspection agency	YYYY/ MI	
☐ Disease informat	ion provided	YYYY/ MM/DD	☐ Primary care provider	YYYY/ MI	M/DD
Exclusion: Inve	estigator name		Testing: Investigator name		
	/Y/ MM/DD Y/ MM/DD	☐ Preschool YYYY/ MM/DD☐ Work YYYY/ MM/DD	☐ Stool testing recommended (e.g. fo	r follow-up) YYYY/ MI	M/DD
Immunization:					
☐ Eligible Immuniza	ation recommended	YYYY/ MM/DD			
_	1	.		1	
Date	Intervention subtype	Comments		Next follow-up Date	Initials
YYYY / MM / DD				YYYY / MM / DD	
YYYY / MM / DD				YYYY / MM / DD	
YYYY / MM / DD				YYYY / MM / DD	
YYYY / MM / DD				YYYY / MM / DD	
YYYY / MM / DD				YYYY / MM / DD	
YYYY / MM / DD				YYYY / MM / DD	
YYYY / MM / DD				YYYY / MM / DD	
YYYY / MM / DD				YYYY / MM / DD	
YYYY / MM / DD				YYYY / MM / DD	
YYYY / MM / DD				YYYY / MM / DD	
YYYY / MM / DD				YYYY / MM / DD	

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YYYY / MM / DD

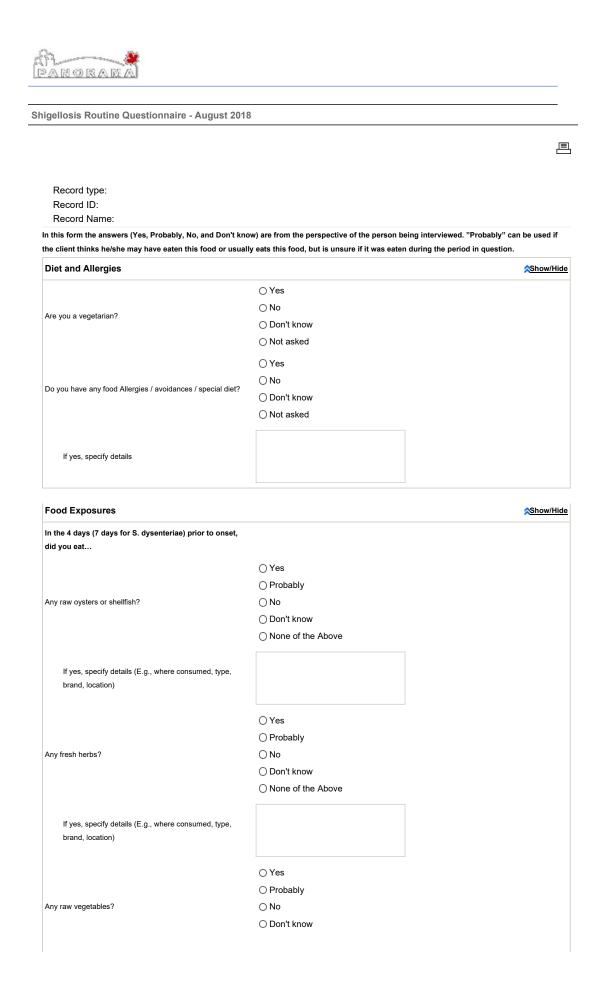
		Please co	omplete all sections			estigation ID:
) OUTCOMES					LHN-> IN	VESTIGATION-> OUTCOM
☐ Not yet recovered☐ Fatal	ed/recovering YYYY / MM , YYYY / MM , YYYY / MM ,	/ DD	/ventilation YY	YY / MM / DD		YYYY / MM / DD YYYY / MM / DD
Cause of Death: (if	Fatal was selected)		-			
() EXPOSURES Acquisition Event Acquisition Event ID	: <u> </u>			STIGATION-> EXP	OSURE SUMMARY->	ACQUISITION QUICK ENT
Exposure Name: _						
Acquisition Start	YYYY / MM / DD to Acc	guisition End: YYYY /	MANA / DD			
Location Name:						
Location Name: Setting Type					□ Most lik	selv source
Location Name:					□ Most lik	sely source
Location Name: Setting Type ☐ Travel	☐ Exposure or consumption	on of potentially contami	inated food or water	SUMMARY .> TR		·
Location Name: Setting Type	☐ Exposure or consumption	on of potentially contami	inated food or water			sely source SUMMARY -> QUICK ENT # of contacts
Location Name: Setting Type ☐ Travel Transmission Ever Transmission	☐ Exposure or consumption	on of potentially contami	inated food or water		RANSMISSION EVENT	SUMMARY -> QUICK ENT
Location Name: Setting Type Travel Transmission Ever Transmission	☐ Exposure or consumption	on of potentially contami LHN -> INVESTIG Setting type	inated food or water GATION-> ESPOSURE	ablishment	RANSMISSION EVENT	SUMMARY -> QUICK ENT
Location Name: Setting Type ☐ Travel ransmission Ever	☐ Exposure or consumption	LHN -> INVESTICE Setting type Health care setting	inated food or water GATION-> ESPOSURE ☐ Food service est	ablishment (FOOD PREP)	RANSMISSION EVENT	SUMMARY -> QUICK ENT
Location Name: Setting Type ☐ Travel ransmission Ever	☐ Exposure or consumption	LHN -> INVESTIGE Setting type Health care setting Household	GATION-> ESPOSURE Food service est	ablishment (FOOD PREP) ablishment	RANSMISSION EVENT	SUMMARY -> QUICK ENT
Location Name: Setting Type ☐ Travel Transmission Ever Transmission	☐ Exposure or consumption	LHN -> INVESTIGE Setting type Health care setting Household Health care setting	GATION-> ESPOSURE Food service est Private Function Food service est	ablishment (FOOD PREP) ablishment (FOOD PREP)	RANSMISSION EVENT	SUMMARY -> QUICK ENT
Location Name: Setting Type Travel Transmission Ever Transmission	☐ Exposure or consumption	LHN -> INVESTIC Setting type Health care setting Household Household Household	GATION-> ESPOSURE Food service est Private Function Private Function	ablishment (FOOD PREP) ablishment (FOOD PREP) ablishment	RANSMISSION EVENT	SUMMARY -> QUICK ENT
Location Name: Setting Type Travel Transmission Ever Transmission	☐ Exposure or consumption	LHN -> INVESTIGE Setting type Health care setting Household Health care setting Household Health care setting	GATION-> ESPOSURE Food service est Private Function Food service est Private Function Food service est	ablishment (FOOD PREP) ablishment (FOOD PREP) ablishment (FOOD PREP)	RANSMISSION EVENT	SUMMARY -> QUICK ENT
Location Name: Setting Type ☐ Travel Transmission Ever Transmission	☐ Exposure or consumption	LHN -> INVESTION Setting type Health care setting Household Health care setting Household Health care setting Household Household Household	GATION-> ESPOSURE Food service est Private Function Private Function Prood service est Private Function Prood service est	ablishment (FOOD PREP) ablishment (FOOD PREP) ablishment (FOOD PREP) ablishment	RANSMISSION EVENT	SUMMARY -> QUICK ENT
Location Name: Setting Type ☐ Travel Transmission Ever Transmission	☐ Exposure or consumption	LHN -> INVESTIGE Setting type Health care setting Household Health care setting Household Health care setting Household Health care setting Household Health care setting	GATION-> ESPOSURE Food service est Private Function Food service est Private Function Private Function Food service est Private Function Food service est	ablishment (FOOD PREP) ablishment (FOOD PREP) ablishment (FOOD PREP) ablishment (FOOD PREP)	RANSMISSION EVENT	SUMMARY -> QUICK ENT
Location Name: Setting Type ☐ Travel Transmission Ever Transmission	☐ Exposure or consumption	LHN -> INVESTIGE Setting type Health care setting Household Household	GATION-> ESPOSURE Food service est Private Function Food service est Private Function Private Function Food service est Private Function Food service est	ablishment (FOOD PREP) ablishment (FOOD PREP) ablishment (FOOD PREP) ablishment (FOOD PREP)	Date/Time	SUMMARY -> QUICK ENT

L) TOTAL NUMBE	R OF CONTACTS
LH	N -> INVESTIGATION-> EXPOSURE SUMMARY -> TRANSMISSION EVENT SUMMARY -> TE HYPERLINK -> UNKNOWN/ANONYMOUS CONTACTS
Anonymous conta	acts: (total number of individuals exposed)

Initial Report	Date initial report completed:
completed by:	YYYY / MM / DD

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Loading...





	O None of the Above	
If yes, specify details (E.g., where consumed, type, brand, location)		
	○ Yes ○ Probably	
Any lettuce or salad?	○ No ○ Don't know	
If yes, specify details (E.g., where consumed, type,	None of the Above	
brand, location)	○ Yes	
Unpasteurized soft cheese?	○ Probably○ No○ Don't know	
	O None of the Above	
If yes, specify details (E.g., where consumed, type, brand, location)		
4 Day Food History		<u> </u>
Please try to remember what you have eaten in the 4-day period before you started feeling sick. We will start with the day (or day before) you got sick and work backwards. (If a meal was eaten out, specify where they ate and what was eaten)		
Please ask about: prepared in-home or eaten out; if in- home - variety/brand, how prepared, where bought/eaten, routine meals		
Day 1		
Day 1 date?	9/25/2018	
Breakfast		
Home or out?	Out	
Details		
Lunch		
home or out?	○ Home ○ Out	



_		
	Dinner	
	home or out?	OHome
	nome of out:	○ Out
	Details	
	Dota.ic	
	Snacks	
		OHome
	home or out?	○ Out
	Dataille	
	Details	
Day	2	
	0.11.0	9/25/2018
Day	2 date?	3/23/2010
	Breakfast	
		O Hama
	home or out?	○ Home ○ Out
		Out
	Details	
	Lunch	
		0.11
	home or out?	O Home
		○ Out
	Details	
	Pinner	
	Dinner	
	home or out?	OHome
	2. 540.	○ Out
	Details	
	Snacks	
		OHome
	home or out?	Out
	Details	



Day 3	
Day 3 date?	9/25/2018
Breakfast	
home or out?	OHome
	Out
Details	
Lunch	
	OHome
home or out?	Out
Details	
Dinner	
Simo	Ollens
home or out?	○ Home ○ Out
	Out
Details	
Snacks	
home or out?	OHome
	Out
Details	
Day 4	
Day 4 date?	9/25/2018
Day 4 date?	
Breakfast	
home or out?	OHome
home or out?	○ Out
Details	
Lunch	
	○ Home
home or out?	Official



	Out	
Details		
Dinner		
	○ Home	
home or out?	Out	
Details		
Canadra		
Snacks	Ollows	
home or out?	○ Home○ Out	
	Out	
Details		
Stand		
Social Functions		<u> </u>
n the 4 days (7 days for S. dysenteriae) prior to onset, did	○ Yes	
ou attend any social functions (e.g. parties, weddings,	○ No	
chowers, potlucks, community events)?	O Don't know Not asked	
Click the Add button to add social event/function details		
Add		
Add		
		≈Show/Hi r
Add	○Yes	≈ Show/Hit
Add Restaurants In the 4 days (7 days for S. dysenteriae) prior to onset, did you attend any restaurants (including take-out, cafeteria,	○ Yes ○ No	≈Show/Hi r
Add Restaurants In the 4 days (7 days for S. dysenteriae) prior to onset, did	○Yes	≈ Show/Hit
Add Restaurants In the 4 days (7 days for S. dysenteriae) prior to onset, did you attend any restaurants (including take-out, cafeteria,	○ Yes ○ No ○ Don't know	<u> </u>
Add Restaurants In the 4 days (7 days for S. dysenteriae) prior to onset, did you attend any restaurants (including take-out, cafeteria, bakery, deli, kiosk)?	○ Yes ○ No ○ Don't know	≈Show/Hi t
Restaurants In the 4 days (7 days for S. dysenteriae) prior to onset, did rou attend any restaurants (including take-out, cafeteria, pakery, deli, klosk)? Click the Add button to add restaurant details	○ Yes ○ No ○ Don't know	≈ Show/Hit
Restaurants In the 4 days (7 days for S. dysenteriae) prior to onset, did rou attend any restaurants (including take-out, cafeteria, pakery, deli, klosk)? Click the Add button to add restaurant details	○ Yes ○ No ○ Don't know	≈ Show/His
Add Restaurants In the 4 days (7 days for S. dysenteriae) prior to onset, did rou attend any restaurants (including take-out, cafeteria, bakery, deli, kiosk)? Click the Add button to add restaurant details Add	○ Yes○ No○ Don't know○ Not asked	
Add Restaurants In the 4 days (7 days for S. dysenteriae) prior to onset, did rou attend any restaurants (including take-out, cafeteria, bakery, deli, kiosk)? Click the Add button to add restaurant details Add Grocery Stores In the past 4 days (7 days for S. dysenteriae) prior to onset,	○ Yes ○ No ○ Don't know	
Add Restaurants In the 4 days (7 days for S. dysenteriae) prior to onset, did rou attend any restaurants (including take-out, cafeteria, bakery, deli, kiosk)? Click the Add button to add restaurant details Add Grocery Stores	○ Yes ○ No ○ Don't know ○ Not asked	
Add Restaurants In the 4 days (7 days for S. dysenteriae) prior to onset, did rou attend any restaurants (including take-out, cafeteria, bakery, deli, kiosk)? Click the Add button to add restaurant details Add Grocery Stores In the past 4 days (7 days for S. dysenteriae) prior to onset, lid you visit grocery stores for foods consumed during the	○ Yes ○ No ○ Don't know ○ Not asked ○ Yes ○ No	
Add Restaurants In the 4 days (7 days for S. dysenteriae) prior to onset, did rou attend any restaurants (including take-out, cafeteria, bakery, deli, kiosk)? Click the Add button to add restaurant details Add Grocery Stores In the past 4 days (7 days for S. dysenteriae) prior to onset, lid you visit grocery stores for foods consumed during the	○ Yes ○ No ○ Don't know ○ Not asked ○ Yes ○ No ○ Don't know	



Loyalty card/store issued card (for outbreal investigation only)	k	<u> </u>
This section is only for use in some specific outbrea situations, with client consent. It is not a routine que for sporadic cases.		
	○Yes	
Has the client given consent (written or verbal)?	○ No	
	○ Not applicable	
Loyalty card details (names and numbers)		
Interviewer Details and Notes		<u> </u>
Interviewer Name		
Interview date	9/25/2018	
Any special notes regarding this interview		
7 thy special notes regulating this interview		

Orbeon Forms Orbeon Forms 4.9.0.201505052329 CE

Trichinosis

Date Reviewed: March, 2012 Section: 3-190 Page 1 of 6

Notification Timeline

From Lab/Practitioner to Public Health: Within 48 hours. From Public Health to Saskatchewan Health: Within 2 weeks. Public Health Follow-up Timeline: Initiate within 72 hrs.

Information

Case Definition (Alberta Health and Wellness, 2011)

Confirmed Case	Clinical illness ¹ with laboratory confirmation of infection:				
	• demonstration of <i>Trichinella</i> species larvae in tissue obtained				
	by muscle biopsy				
	OR				
	• positive serologic test for <i>Trichinella</i> sp.				
	OR				
	demonstration of larvae in epidemiologically implicated food				
	(meat).				
Probable Case	Clinical illness ¹ in a person who is epidemiologically linked to a				
	confirmed case.				

¹Symptoms depend on the stage of the lifecycle. Adult worms in the intestine cause diarrhea, abdominal cramps and vomiting, while systemic invasion by larvae result in fever, myalgia/myositis, periorbital edema and eosinophilia. Systemic symptoms are more common.

Causative Agent (Heymann, 2008)

- Infection caused by an intestinal nematode (roundworm), *Trichinella spiralis* whose larvae migrate from the small intestine and become encapsulated in skeletal muscle. There has been an outbreak in Saskatchewan due to the species *T. nativa* which is the causative organism in most of the arctic sources (such as bear, seal and walrus meat).
- Species for other specific geographic locations are *T. britovi* (Palaearctic), *T. nelsoni* (Africa) and *T. pseudospiralis* in other parts of the world.

Symptoms (Heymann, 2008)

• Depending on the number of larvae ingested, clinical spectrum of infection may range from asymptomatic to fulminant and fatal illness.



Trichinosis

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- Characteristic early signs include sudden muscle soreness and pain, fever, and
 edematous upper eyelids. These symptoms can be followed by periorbital edema
 which may be associated with subconjunctival, subungual and retinal
 haemorrhages, pain and photophobia. Ocular signs can be followed by thirst,
 profuse sweating, chills, weakness, prostration and rapidly escalating
 eosinophilia.
- Gastrointestinal symptoms, such as diarrhea may precede the ocular symptoms.
- Cardiac and neurological complications may appear and in the most severe cases, death due to myocardial failure.

Incubation Period

Systemic symptoms usually appear about 8 to 15 days after eating infected meat; may vary by as much as 5-45 days depending on number of larvae ingested (Heymann, 2008).

Reservoir/Source

Infected meat from swine, dogs, cats, horses. Wild animal sources include rats, moose, bear (black, brown, and polar), wild boar, fox, wolf, cougar and arctic marine mammals. Tropical animals such as lions, leopards, hyenas, jackals and crocodiles can also be sources of infected meat (Heymann, 2008).

Mode of Transmission

- Eating raw or insufficiently cooked meat from infected animals; the intestinal roundworm's larvae migrate from the small intestine and become encapsulated in skeletal muscle (Heymann, 2008).
- Not transmitted from person to person.

Period of Communicability

Animal hosts are infective for months. Larvae remain viable in meat unless it is cooked, irradiated or, for some species, frozen (Heymann, 2008).

Specimen Collection and Transport

Blood for serology. Skeletal muscle biopsy performed at least 10 days and preferably 4 to 5 weeks post infection frequently confirms diagnosis by showing uncalcified parasitic cysts.



Trichinosis

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Refer to the Saskatchewan Disease Control Laboratory Compendium of Tests for details at http://sdcl-testviewer.ehealthsask.ca.

Methods of Control/Role of Investigator

Prevention and Education

Refer to the Enteric Introduction and General Considerations section of the manual that highlights tops for client education that should be considered as well as provides information on high-risk groups and activities. Heymann (2008) identifies the following preventive measures:

- Educate the public regarding the need to thoroughly cook all pork products and meat from wild animals. All parts of the meat need to reach a temp of 71°C (160°F).
- Freezing infected meat, such as pieces of pork up to 15 cm (6 inches), at -15°C for 30 days or -25°C for 10 days will destroy the common types of cysts.
- Freezing wild game meats, unlike freezing pork products, even for long periods of time, may not effectively kill all worms. Arctic strains (*T. nativa* and possibly *T. britovi*) are unaffected by cold and need to be thoroughly cooked at more than 68°C (155°F) for a duration related to the thickness of the meat.
- Clean and sanitize meat grinders thoroughly if you prepare your own ground meats.
- Curing (salting), drying, smoking, or microwaving meat does not consistently kill infective worms.
- Feeding pigs or other wild animals uncooked meat/garbage perpetuates the cycle of infection.

Management

I. Case

History

- Determine history of ingestion of raw or undercooked meat, particularly pork or wild game.
- Dispose of any remaining suspected food.
- Determine where the infected food was purchased or obtained from.



Trichinosis

Date Reviewed: March, 2012 Section: 3-190 Page 4 of 6

Immunization

Not applicable.

Treatment/Supportive Therapy

Treatment choices are governed by the most recent guidelines. The public health practitioner should direct any questions regarding the current treatment protocols to the physician or Medical Health Officer (MHO). See Appendix H - Sources for Clinical Treatment Guidelines.

Treatment should begin as soon as possible with the decision to treat based upon symptoms, exposure to raw or undercooked meat, and laboratory test results.

Exclusion

Not required.

Referrals

None.

II. Contacts/Contact Investigation

Contact Definition

Individuals who consumed the infected meat.

Testing

As determined by the physician.

Prophylaxis

Persons known to have ingested the suspected contaminated meat should be referred to the physician for appropriate treatment.

Immunization

Not applicable.

Exclusion

Not required.



Trichinosis

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III. Environment

Child Care Centre Control Measures/Institutional Control Measures

Investigate possible sources of contaminated meats. Ministry of Health officials notify Canadian Food Inspection Agency when cases involve domestic pork.

Epidemic Measures

Large numbers of infected people requires epidemiological study to determine common food involved.



Trichinosis

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References

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- Heymann, D. L. (Ed.). (2008). *Control of communicable diseases manual* (19th ed.). Washington, DC: American Public Health Association.
- Mandell, G. L., Bennett, J. E., & Dolin, R. (2000). *Mandell, Douglas, and Bennett's principles and practice of infectious diseases* (5th ed.). Philadelphia, PA: Churchill Livingstone.
- Wilson, W. R., & Sande, M. A. (2001). *Current diagnosis and treatment in infectious diseases*. New York, NY: Lange Medical Books/McGraw-Hill.



Typhoid Fever

Date Reviewed: June, 2015 Section: 3-200
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Notification Timeline:

From Lab/Practitioner to Public Health: Immediate.

From Public Health to Ministry of Health: Within 2 weeks (or immediately if an outbreak is suspected).

Public Health Follow-up Timeline: Within 24-48 hours.

Information

Case Definition

Confirmed Case	Clinical illness ¹ with laboratory confirmation of infection:
(Public Health	• isolation of Salmonella enterica serovar Typhi from an
Agency of Canada,	appropriate clinical specimen.
2009)	-
Probable Case	Clinical illness ¹ in a person who is epidemiologically linked to a
	confirmed case.
Chronic Carrier	Individuals whose stool specimens continue to be positive for 12
(Health	months.
Protection	
Agency, 2012)	

¹Clinical illness is characterized by insidious onset of sustained fever, headache, malaise, anorexia, splenomegaly, constipation or diarrhea, and nonproductive cough. Relative bradycardia and rose spots (less than 25% of individuals) may be seen. Atypical presentations occur, and the severity of the illness varies. Chronic carrier state (< 5% of population) is usually linked to the biliary or urinary tract and should be distinguished from short-term fecal carriage.

Causative Agent

Salmonella enterica serovar Typhi (commonly known as S. typhi) is a rod-shaped, non-sporeforming, gram-negative bacteria. Phage typing can further identify types of S. typhi.

Symptoms

- S. typhi can cause a protracted bacteremic illness.
- Typically, the onset of illness is gradual, with manifestations such as sustained fever, and constitutional symptoms (i.e., marked headache, malaise, anorexia, and lethargy).
- Additional manifestations include abdominal pain and tenderness, hepatomegaly, splenomegaly, non-productive cough in the early stage of the illness, relative bradycardia, rose spots on the trunk, and change in mental status.



Typhoid Fever

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- Enteric fever can manifest as a mild, nondescript febrile illness in young children, in whom sustained or intermittent bacteremia can occur.
- Constipation is more common than diarrhea in adults (Heymann, 2015).
- Unapparent or mild illnesses occur, especially in endemic areas; 60%-90% of patients with typhoid fever do not receive medical attention or are treated as outpatients. Mild cases show no systemic involvement; the clinical picture is that of a gastroenteritis. Non-sweating fevers, mental dullness, slight deafness and parotitis may occur (Heymann, 2015).
- Peyer patches in the ileum can ulcerate, with intestinal hemorrhage or perforation (about 3% of cases), especially late in untreated cases. Severe forms with altered mental status have been associated with high case-fatality rates (Heymann, 2015).
- Depending on the antimicrobials used, 15%-20% of patients may experience relapses (generally milder than the initial clinical illness) (Heymann, 2015).
- The case-fatality rate of 10%-20% observed in the pre-antibiotic era can fall below 1% with prompt antimicrobial therapy.

Incubation Period

The incubation period depends on the inoculum size and on host factors; from 3 to 60 days, typically between 8 to 14 days (Heymann, 2015).

Reservoir/Source

S. typhi is found only in humans. Although uncommon in Canada¹, typhoid fever is endemic in many countries. A carrier state may follow acute illness, mild or even subclinical infections.

- In most parts of the world, short-term fecal carriers are more common than urinary carriers. Family contacts may be transient or permanent carriers.
- The chronic carrier state is most common (2%-5%) among persons infected during middle age, especially women; carriers frequently have biliary tract abnormalities including gallstones, with *S. typhi* located in the gallbladder. The chronic urinary carrier state may occur with schistosome infections or kidney stones (Heymann, 2015).

Mode of Transmission (Heymann, 2015)

 Ingestion of food and water contaminated by feces and urine of patients and carriers.



¹ Usually in returning international travellers.

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- Important vehicles in some countries include shellfish (particularly oysters) from sewage-contaminated waters, raw fruit and vegetables grown in soil fertilized with fecal material and contaminated milk/milk products (usually contaminated through hands of carriers), and untreated drinking water.
- Flies may contaminate foods in which the organism then multiplies to infective doses (although less than for paratyphoid bacteria).
- Epidemiological data suggest that waterborne transmission of *S. typhi* usually involves small inocula, however food-borne transmission is associated with large inocula and high attack rates over short periods.
- Sexual transmission of typhoid fever from an asymptomatic carrier has been documented.

Individuals and Occupations with High Risk of Transmission

- Food handlers whose work involves:
 - touching unwrapped food to be consumed raw or without further cooking;
 and/or
 - handling equipment or utensils that touch unwrapped food to be consumed raw or without further cooking.
- Healthcare, daycare or other staff who serve food to highly susceptible patients or persons, in whom an intestinal infection would have particularly serious consequences.
- Individuals involved in patient care or care of young children, elderly, or dependent persons.
- Children attending daycares (or similar facilities) who are diapered or unable to implement good standards of personal hygiene.
- Older children or adults who are unable to implement good standards of personal hygiene (e.g., mentally or physically challenged).

Period of Communicability

Typhoid is communicable as long as the bacilli appear in excreta, usually from the first week throughout convalescence; variable thereafter. About 10% of untreated typhoid fever patients will discharge bacilli for three months after onset of symptoms (Heymann, 2015). ²



² Treated and untreated cases can become chronic carriers.

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Specimen Collection and Transport

S. typhi can be isolated from the blood early in the disease, and from urine and feces after the first week. The sensitivity of blood culture may be less than 70%, particularly if antibiotics have been administered prior to collection of specimens (Farooqui et al, 1991; Gilman et al, 1975).

Bone marrow culture provides the best bacteriologic confirmation (90% to 95% recovery) even in persons who have already received antibiotics (Heymann, 2015). Culture of rose spots, if present, also has a higher diagnostic yield than blood culture (Gilman et al., 1975).

For stool samples, 2 gm (or 2 mL) of stool should be collected without contaminating with urine. It should immediately be added to Cary-Blair transport medium and mixed thoroughly.

Bloody and or/liquid stools collected within 48 hours of onset of symptoms have the highest yield of enteric pathogens (collection of stool beyond 6 days results in poor yields). One stool specimen for three consecutive days should be collected and submitted (Saskatchewan Disease Control Laboratory, 2009).

Serology is unreliable (Wain et al, 2015).

Refer to the Saskatchewan Disease Control Laboratory Compendium of Tests for details at http://sdcl-testviewer.ehealthsask.ca.

Methods of Control/Role of Investigator

Prevention and Education

Refer to the <u>Enteric Introduction and General Considerations</u> section of the manual that highlights topics for client education that should be considered as well as provides information on high-risk groups and activities.

Education

• Educate the public about the importance of personal hygiene including handwashing, safe food handling and safe drinking water.



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- Educate food handlers about the importance of hand washing, refrigeration, proper cooking practices, avoiding recontamination, maintaining a sanitary kitchen, and protecting prepared foods from contamination (including controlling contamination by flies).
- Safer sex practices.
- Educate about safe recreational water sources and the importance of not swallowing water from ponds, lakes, or untreated pools.
- Educate individuals about the importance of not going to work or sending children to daycare when they are experiencing diarrheal illness.
- Counselling of susceptible individuals traveling to intermediate or high endemic areas regarding safeguarding themselves from infection.

Immunization

- Travellers should see travel advice and vaccines from an appropriate travel health consultant.
- Typhoid immunization is recommended for laboratory personnel regularly working with *S. typhi* in clinical or research laboratories. Technicians working in routine microbiology laboratories do not need to be vaccinated.

Management

1. Case

History

Efforts should be made to identify the source by taking into consideration the reservoir, mode of transmission, incubation period, and the onset of illness. Assessment should include:

- history of travel to endemic countries³ or history of contact with individuals who have travelled to endemic countries or are infected with *S. typhi*;
- recent immigration from an endemic country;
- food history including consumption of shellfish;
- history of high risk sexual practices especially those involving contact with feces;
- history of residing in areas with poor sanitation including improper water treatment and sewage disposal;
- determine immunization history;

³ There is a higher risk of typhoid fever in countries or areas with low standards of hygiene and water supply facilities.



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• identify underlying medical conditions (i.e., decreased gastric acidity, HIV infection, organ transplantation, and lymphoproliferative disease).

Determine risk of transmission and exposure to others:

- determine if attendance at daycare/dayhome or other type of institutional contact;
- determine if case falls into category of <u>individuals and occupations with high risk</u> of transmission.

Identify household and other close contacts (e.g., travel companions). See <u>Contact</u> <u>Definition</u>.

Immunization

- Routine typhoid immunization is not recommended in Canada.
- Refer to the Canadian Immunization Guide for additional information about typhoid vaccines.⁴

Education

Cases should be informed about the modes of disease transmission and information must be shared as follows:

- the importance of hand washing should be stressed;
- the case <u>must not</u> prepare food for others during their period of communicability;
- the case may be excluded from work see Exclusion;
- safer sex practices.

Treatment/Supportive Therapy

- Treatment choices are governed by the most recent guidelines.
- Antibiotic resistance is increasing. Antibiotic treatment should be based on antimicrobial susceptibility testing.
- Management of chronic carriers should be discussed with an infectious disease specialist as required.
- The public health practitioner should direct any questions regarding the current treatment protocols to the physician/nurse practitioner or Medical Health Officer. See Appendix H Sources for Clinical Treatment Guidelines.
- Patients with concurrent schistosomiasis must also be treated with praziquantel to eliminate possible carriage of *S. typhi* bacilli by the schistosomes.



⁴ http://www.phac-aspc.gc.ca/publicat/cig-gci/p04-typh-eng.php.

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Exclusion⁵

Cases should be excluded until three consecutive negative stool specimens (obtained 24-48 hours apart) have been provided. The stool specimens should not be collected until:

- 24 hours after appropriate antibiotic therapy has been completed AND
- stools have returned to normal for the individual.

If one of the stool specimens is positive for *S. typhi*, the individual should be excluded from <u>high risk occupations</u> and be treated as a convalescent carrier (the same treatment as a case).

Following treatment of the convalescent carrier, monthly samples should be obtained. If any one of the monthly specimens are negative, two more negative specimens are required (obtained 24-48 hours apart) before the exclusion criteria is lifted.

The case will be considered a chronic carrier if samples continue to be positive for 12 months. Exclusion from high risk occupations is warranted. Redeployment from high risk activities/occupations should be considered.

Referrals

Refer to public health inspection if source cannot be identified and transmission continues.

Referral to an infectious disease specialist may be considered.

II. Contacts/Contact Investigation

Contact Definition

Contacts include:

- persons living in the household;
- individuals exposed to the same source (i.e., travel companions to the endemic area);
- sexual contacts;
- children and childcare workers in a daycare/dayhome;

⁵ The exclusion criteria for cases infected with typhoid and their contacts is inconsistent in the literature and in published guidelines. The approach incorporated in this manual takes into consideration practical aspects as well as the public health implications. References include Heymann (2015), British Columbia Center for Disease Control, Alberta Health, and Health Protection Agency.



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• healthcare workers who have provided personal care for a case.

Education

- Advise contacts of the importance of seeking medical care should symptoms develop.
- Advise contacts of prevention and control measures and the requirement to follow exclusion criteria as applicable.

Prophylaxis/Immunization

Selective immunization should be considered for people with ongoing household or intimate exposure to an *S. typhi* carrier (Canadian Immunization Guide, 2012).

Exclusion

- Symptomatic contacts should be managed and excluded as a case.
- <u>Asymptomatic contacts</u> involved in <u>high-risk occupations</u> and settings should submit a stool specimen and be excluded from these settings until results of stool specimen are available.
 - Those with positive stool specimens should be managed and excluded as a case.
 - Those with negative stool specimens require no further exclusion.

III. Environment

Child Care Centre Control Measures

- Strict enforcement of infection control measures. Refer to Saskatchewan Ministry of Health Infection Control Manual for Day Care Facilities. 6
- Interview the operator of the daycare and check attendance records to identify suspect cases that may have occurred during the previous month.
- If other confirmed or suspected cases have occurred, collect stool specimens from all staff members and children who are symptomatic or who have had diarrhea during the previous 2 weeks.
- If other possible cases are identified, facility to be inspected by public health inspector.
- Instruct the operator to notify public health immediately if new cases of diarrhea occur.

⁶ http://www.saskatchewan.ca/live/births-deaths-marriages-and-divorces/starting-a-family/early-learning-and-child-care/child-care.



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• Call or visit once each week for 2 weeks after onset of the last case to verify that surveillance and appropriate hygienic measures are being carried out.

Institutional Control Measures

- Consult with the infection control practitioner for the facility. Determine if there have been any unusual incidents of typhoid-compatible illness within the past month. If so, investigation for possible common-source outbreaks or any continuing sources of exposure.
- In addition to standard precautions, contact precautions are used with a case of *S. typhi*.

Epidemic Measures

- Promptly report any groups of cases of acute diarrheal disease to the local medical health officer, even in the absence of specific identification of the causal agent. Immediate reporting to the Ministry is required if a cluster or outbreak is suspected.
- Investigate water, food, and milk supplies.
- Use general sanitation measures.
- Prophylactic administration of antibiotics is not recommended.
- Typhoid vaccine is not recommended for the control or containment of outbreaks in Canada.
- Publicize the importance of handwashing after defecation.



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 $\square_{\, \text{No}}$



Typhoid/Paratyphoid Data Collection Worksheet

Please complete all sections.

Panorama QA complete: ☐ Yes Initials:	□No	·		Pa	Panorama Client ID:	
A) CLIENT INFORMATION			LHN -> SUBJE		IT DETAILS -> PERSONAL INFORMATION	
Last Name:		First Name: and Middle Name	:	Alternate	Name (Goes by):	
DOB: YYYY / MM / DD Phone #: Primary Home:	Age:	Health Card Province: Health Card Number (PHN):	_	Preferred Communication Method: (specify - i.e. home phone, text): Email Address: □ Work □ Personal		
Place of Employment/School:		Gender: □ Male	□ Female		Other	
Alternate Contact: Relationship: Alt. Contact phone:		Address Type: No fixed Postal Address Mailing (Postal address): Street Address or FN Commun Address at time of infection if	nity (Primary Hor		porary □ Legal Land Description	
B) INVESTIGATION INFORMATION		LHN-> SUBJECT SUMI	MARY-> ENTERIO	C-> ENCOU	NTER GROUP->CREATE INVESTIGATION	
Disease Summary Classification: CASE	Date	Classification: CONTACT	Date	?	LAB TEST INFORMATION: Date specimen collected:	
□ Confirmed	YYYY / MM / DD	□Contact	YYYY / MM	/ DD	YYYY / MM / DD	
□ Does Not Meet Case	YYYY / MM / DD	□ Not a Contact	YYYY / MM / DD		Specimen type:	
☐ Person Under Investigation	YYYY / MM / DD	arphi Person Under Investigation	YYYY / MM / DD		□ Blood □ Urine	
□ Probable	YYYY / MM / DD				□ Stool	
Disposition: FOLLOW UP: ☐ In progress ☐ Incomplete - Declined ☐ Incomplete — Lost contact ☐ Incomplete — Unable to locate REPORTING NOTIFICATION Name of Attending Physician or Nu	YYYY / MM / DD	☐ Complete ☐ Not required ☐ Referred — C (specify where) Location:	Out of province	1 / YYYY 1 / YYYY	MM / DD MM / DD MM / DD	
Physician/Nurse Phone number:		Date Receive	ed (Public Health	ı): YYYY ,	/ MM / DD	
Type of Reporting Source: ☐ Hea	alth Care Facility	Lab Report □ Nurse Practi	tioner □Phy	ysician	Other	

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Salmonellosis Data Collection Worksheet

Please complete all sections.

Panorama Client ID:	
Panorama Investigation ID:	

Site / Presentation: Enteric fever	□ Gastr	oenteritis 🗆	☐ Other	LHN-> INVESTIGATION->DISEASE SUIVIIVI	ARY (UPL	DATEJ->DISEASE EVENT HISTORY
Staging: ☐ Acute ☐ Carrier						
D) SIGNS & SYMPTOMS (Bold text = part o	f case d	efinition)		LHN-	> INVEST	IGATION-> SIGNS & SYMPTOMS
Description	No Y	es – Date of o	nset	Description	No	Yes - Date of onset
Dactylitis (swollen digit)	Ϋ́	YYY / MMM	/ DD	Loss of appetite (anorexia)		YYYY / MMM / DD
Dehydration	Ϋ́	YYY / MMM	/ DD	Malaise		YYYY / MMM / DD
Diarrhea	Ϋ́	YYY / MMM	/ DD	Neurologic - delerium		YYYY / MMM / DD
Fever	Ϋ́	YYY / MMM	/ DD	Pain - abdominal		YYYY / MMM / DD
Fever - insidious onset	Ϋ́	YYY / MMM	/ DD	Parotid gland - inflammation (parotitis)		YYYY / MMM / DD
Headache	Ϋ́	YYY / MMM	/ DD	Rash - rose spots on trunk		YYYY / MMM / DD
Hearing loss				Sepsis (e.g. bactremia, septicemia, etc.)		
Hepatomegaly	Ϋ́	YYY / MMM	/ DD	Splenomegaly		YYYY / MMM / DD
Lethargy (fatigue, drowsiness,	Ϋ́	YYY / MMM	/ DD			YYYY / MMM / DD
weakness, etc)						
Enter onset date in				.C. tunbi		
heavy box. Count			S. parat	∢S. typhi		Communicable until elimina- tion of excretion-usually one
backwards to figure probable exposure days from onset:	-21			-10 -3 - <u>1</u> onset		to several weeks. A minority
periods. Use grey boxes for S. typhi Calendar dates:						become carriers for months or years.
infections.						
E) INCUBATION AND COMMUNICABILITY				LHN-> INVESTIGAT	ON->INC	UBATION & COMMUNICABILITY
Incubation for Case (period for acquisition Earliest Possible Exposure Date: YYYY / N	•			Latest Possible Exposure Date	. VVVV	/ MM / DD
Earliest Possible Exposure Date. 1111 / 1V	IIVI / DI			Latest Possible Exposure Date	. 1111	/ IVIIVI / DD
Exposure Calculation details:						
		,				
Communicability for Case (period for trans Earliest Possible Communicability Date:): / MM / DD		Latest Possible Communicabil	ity Date:	YYYY / MM / DD
					•	
Communicability Calculation Details:						
F) RISK FACTORS N—No, NA–Not ask	ed, U-	Unknown				LHN-> SUBJECT->RISK FACTORS
DESCRIPTION	Yes	N, NA, U	tart date	Add'l Info		
Chronic Medical condition - Biliary tract disease			/YY / MM	/DD		
Chronic medical condition - Liver disease		YY	/YY / MM	/DD		
Chronic Medical Condition - Schistosomiasis		YY	YYY / MM	/DD		
Contact - At risk population (international		Y	/YY / MM	/DD		
travellers or immigrants)						
Contact - Carrier		Y	/YY / MM	/DD		
Contact - Persons with similar symptoms		YY	/YY / MM	/DD		
Contact to a known case (Add'l Info)		YY	/YY / MM	/DD		
Immunocompromised - Related to underlying disease or treatment (Add'l		YY	/YY / MM	/DD		
Occupation - Child Care Worker		YY	YYY / MM	/DD		

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Salmonellosis Data Collection Worksheet

Please complete all sections.

Panorama Client ID:	
Panorama Investigation ID:	

DESCRIPTION	Yes	N, NA, U	Start date	Add'l Info	
Occupation - Food Handler		<u> </u>	YYYY / MM/DD		
Occupation – Health Care Worker IOM Risk Factor			YYYY / MM/DD		
Travel - Outside of Canada (Add'l Info)			YYYY / MM/DD		
Travel - Outside of Saskatchewan, but within Canada (Add'l Info)			YYYY / MM/DD		
Water - Bottled water (Add'l Info)			YYYY / MM/DD		
Water – Public water system (Add'l Info)			YYYY / MM/DD		
Water - Private well or system (Add'l Info)			YYYY / MM/DD		
Water - Untreated water (Add'l Info)_			YYYY / MM/DD		
Water (Recreational) – Pond, stream, lake, river, ocean (Add'l Info)			YYYY / MM/DD		
Water (Recreational) – Private (swimming pool/whirl pool) (Add'l Info)			YYYY / MM/DD		
Water (Recreational) – Public (swimming/paddling pool/whirl pool) (Add'l Info)			YYYY / MM/DD		
G) USER DEFINED FORM (SEE ATTACHED)			LHN-> INVESTIGA	TION-> INVESTIGATION DETAILS -> LINKS	AND ATTACHMENTS -> TYPHOID FORM
H) COMPLICATIONS					IN . INVESTIGATION . COMPLICATIONS
H) COMPLICATIONS Description		Yes		Description	HN-> INVESTIGATION->COMPLICATIONS Yes
		Date of	onset		Date of onset
Biliary tract abnormalities		YYYY	/ MMM / DD	Kidney stones	YYYY / MMM / DD
Cardiac - endocarditis		YYYY	/ MMM / DD	Meningitis	YYYY / MMM / DD
Encephalitis		YYYY	/ MMM / DD	Pancreatitis	YYYY / MMM / DD
Gallstones		YYYY	/ MMM / DD	Perforation - intestinal	YYYY / MMM / DD
Hemorrhage - intestinal		YYYY	/ MMM / DD	Schistosome infections	YYYY / MMM / DD
Other complications					
I) TREATMENT				LHN-> INVESTIGATION-> M	EDICATIONS->MEDICATIONS SUMMARY
Medication (Panorama = Other Meds) :					
Prescribed by:				Started on: YYYY / MM / DD	
J) INTERVENTION			LHN-	> INVESTIGATION->TREATMENT & INTE	RVENTIONS->INTERVENTION SUMMARY
Intervention Type and Sub Type:					
Assessment: Investigator name				Exclusion: Investigator name	
☐ Assessed for contacts		YYYY	/ MM / DD	l _ '	Preschool YYYY / MM / DD Work YYYY / MM / DD
Communication:				Outbreak Declared YYYY / MM / D	D
☐ Other communication (See Investigator N Investigator name	otes)	YYYY	/ MM / DD	Investigator name	
Letter (See Document Management) Investigator name		YYYY	/ MM / DD		
General: Investigator name				Public Health Order:	
☐ Disease-Info/Prev-Control		YYYY/	MM / DD	Order (specify)	YYYY / MM / DD
☐ Disease-Info/Prev-Cont/Assess'd for Conta	acts	YYYY/	MM / DD	mivestigator name	
Education/counselling:				Referral:	
☐ Prevention/Control measures ☐ Disease information provided			/ MM / DD / MM / DD	☐ Canadian food inspection agency Investigator name	YYYY / MM / DD
Investigator name		1111	, IVIIVI / DD	investigator name	

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Salmonellosis Data Collection Worksheet

Please complete all sections.

Panorama Client ID:	
Panorama Investigation ID:	

Environmental Hea	lth: YYYY / MM / DD		Testing: Invest □ Stool testing recommend	0	VVVV / MM / DD
☐ Restaurant inspe Investigator name	ction		☐ Laboratory testing recom		YYYY / MM / DD
Immunization: ☐ Eligible immuniz	Investigator name ations recommended	YYYY / MM / DD	Other Investigation Finding Investigator Notes Document Management		
Date	Intervention subtype	Comments		Next follow- Date	-up Initials
YYYY / MM / DD	7.			YYYY / MM	/ DD
YYYY / MM / DD				YYYY / MM	/ DD
YYYY / MM / DD				YYYY / MM	/ DD
YYYY / MM / DD				YYYY / MM	/ DD
YYYY / MM / DD				YYYY / MM	/ DD
) OUTCOMES				LHN-> INVES	TIGATION-> OUTCOME
Cause of Death: (if I	Fatal was selected)				
	Fatal was selected)				
L) EXPOSURES Acquisition Event Acquisition Event ID:			LHN-> INVESTIGATION-> E	XPOSURE SUMMARY-> ACC	QUISITION QUICK ENTRY
Exposure Name:		·····			
-		o Acquisition End: YYYY / MM	/ DD		
Location Name: Setting Type					
☐ Travel	☐ Exposure or consu	umption of potentially contaminated	food or water	☐ Most likely	source
TRANSMISSION Eve	nts	LHN -> INVESTIGATION	I-> EXPOSURE SUMMARY ->	TRANSMISSION EVENT SUI	VIMARY -> QUICK ENTR
Transmission Event ID	Exposure Name	Setting type		Date/Time	# of contacts
		☐ Food service establishment	☐ Health Care setting		
		☐ Public facilities	☐ Household Exposure		
		☐ Food service establishment	☐ Health Care setting		
		☐ Public facilities	☐ Household Exposure		
		☐ Food service establishment	☐ Health Care setting		
		☐ Public facilities	☐ Household Exposure		
	Typhoid/paratyphoid	☐ Multiple Settings		YYYY / MM / DD	
	Contacts – Inv ID#	_		to YYYY / MM / DD	
M) TOTAL NUMBER		POSURE SUMMARY -> TRANSMISSIO	ON EVENT SUMMARY -> TF I	HYPERLINK -> UNKNOWN/A	NONYMOUS CONTACT
		per of individuals exposed)	014 E4 E141 00 01 11 11 11 11 11 11 11 11 11 11 11	THE ENERGY OF THE OWN AND THE	
Initial Report completed by:				Date initial	report completed:

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Typhoid Routine Questionnaire - August 2018 Record type: Record ID: Record Name: In this form the answers (Yes, Probably, No, and Don't know) are from the perspective of the person being interviewed. "Probably" can be used if the client thinks he/she may have eaten this food or usually eats this food, but is unsure if it was eaten during the period in question. For typhoid, if the case traveled outside of Canada during the entire incubation period (3-60 days before the onset of the first symptom) do not fill out this section. If the case traveled outside of Canada for part of the incubation period, fill out the section below for only that part of the incubation period in which he/she was in Canada. **Diet and Allergies** ○ Yes ○ No Are you a vegetarian? O Don't know Not asked Yes \bigcirc No Do you have any food Allergies / avoidances / special diet? O Don't know O Not asked If yes, specify details **Food Exposures** Show/Hide In the (Typhoid 3-21 days or Paratyphoid 10 days) prior to onset, did you eat... Yes O Probably Any raw/unpasteurized milk or milk products? ○ No O Don't know None of the Above If yes, specify details (E.g., where consumed, type, brand, location) () Yes



Any raw fruits (e.g. sugar cane juice, mamey (a south/central	○ Probably○ No	
American fruit) or other exotic product)?	ODon't know	
	○ None of the Above	
If yes, specify details (E.g., where consumed, type, brand, location)		
Any raw vegetables?	YesProbablyNoDon't know	
	○ None of the Above	
If yes, specify details (E.g., where consumed, type, brand, location)		
Any raw/undercooked shellfish (e.g. oysters)?	Yes○ Probably○ No○ Don't know○ None of the Above	
If yes, specify details (E.g., where consumed, type, brand, location)		
Any imported foods?	YesProbablyNoDon't knowNone of the Above	
If yes, specify details (E.g., where consumed, type, brand, location)		
Social Functions		☆Show/Hide
	○Yes	-
Typhoid, in the 3-21 days (10 days for Paratyphoid) prior to onset, did you attend any social functions (e.g. parties,	○ No	



weddings, showers, potlucks, community events)?	O Don't know	
	○ Not asked	
Click the Add button to add social event/function details		
Add		
Restaurants		<mark>≲Show/Hid</mark>
Turk sid in the 2.04 days (40 days for Doort wheid) with the	○Yes	
Typhoid, in the 3-21 days (10 days for Paratyphoid) prior to onset, did you attend any restaurants (including take-out,	○ No	
cafeteria, bakery, deli, kiosk)?	O Don't know	
	○ Not asked	
Click the Add button to add restaurant details		
Add		
Grocery Stores		<u> </u>
	○Yes	
Typhoid, in the past 3 - 21 days (10 days for Paratyphoid)	○ No	
prior to onset, did you visit grocery stores for foods consumed	O Don't know	
during the incubation period?	○ Not asked	
Click the Add button to add grocery store details		
Add		
Loyalty card/store issued card (for outbreak investigation only)		<u> </u>
This section is only for use in some specific outbreak		
situations, with client consent. It is not a routine question		
for sporadic cases.		
	○Yes	
Has the client given consent (written or verbal)?	○No	
	○ Not applicable	
Loyalty card details (names and numbers)		



Interviewer Details and Notes			<u> </u>
Interviewer Name			
Interview date	9/26/2018		
Any special notes regarding this interview			

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Notification Timeline:

From Lab/Practitioner to Public Health: Within 48 hours. From Public Health to Ministry of Health: Within 2 weeks. Public Health Follow-up Timeline: Initiate within 72 hours.

Information

Case Definition (American Academy of Pediatrics, 2009)

Confirmed Case of Yersinia enterocolitica	Clinical findings consistent with enterocolitis and isolation of <i>Yersinia enterocolitica</i> , usually from a
	stool culture but may be from throat swab, blood, peritoneal fluid, synovial fluid, bile, urine,
	cerebrospinal fluid, sputum, wounds, and/or mesenteric lymph nodes.

Note: Only *Y. enterocolitica* is a notifiable disease in Saskatchewan. Yersiniosis is not a nationally notifiable disease.

Confirmed Case of Yersinia psuedotuberculosis (not reportable in Saskatchewan)	Clinical findings consistent with pseudotuberculosis and isolation of <i>Yersinia pseudotuberculosis</i> from stool cultures and also from throat swabs, mesenteric lymph nodes, blood, and/or peritoneal fluid. <i>Y. pseudotuberculosis</i> causes an acute
	mesenteric lymphadenitis, clinically characterized by an appendicitis-like syndrome, sometimes with diarrhea.

Causative Agent

- *Yersinia enterocolitica* (*Y. enterocolitica*) or *Yersinia pseudotuberculosis* (*Y. pseudotuberculosis*); both are gram negative bacilli.
- *Y. enterocolitica* is not part of the normal human flora.
- *Y. enterocolitica* can multiply under refrigeration and micro-aerophilic conditions (requires oxygen but at a lower concentration than is present in the atmosphere).



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Symptoms

• *Y. enterocolitica* is most often linked with gasteroenterocolitis and can cause acute watery diarrhea, with leucocytes, blood and mucus in the stool, fever, headache, anorexia, and vomiting.

• *Y. pseudotuberculosis* presents with abdominal pain, adenitis, appendicitis, or terminal ileitis.

Incubation Period

Usually 3-7 days; generally under 10 days.

Reservoir/Source

- Animals. The pig is the main reservoir for *Y. enterocolitica*. *Y. pseudotuberculosis* is found in rodents and other small mammals.
- Outbreaks of *Y. enterocolitica* have been attributed to soybean cake (tofu), pork chitterlings (large intestines), contaminated milk, and bean sprouts.
- Strains of *Y. enterocolitica* can be found in meats (pork, beef, lamb, etc.), oysters, fish, and raw milk. The exact cause of the food contamination is unknown. However, the prevalence of this organism in the soil and water and in animals such as pigs, beavers, and squirrels, offers ample opportunities for it to enter our food supply.
- *Y. enterocolitica* is able to multiply under refrigeration and microaerophilic conditions.

Mode of Transmission

- Fecal-oral transmission through the consumption of contaminated food and water, or contact with infected persons or animals (Heymann, 2008).
- *Y. enterocolitica* infection is most often associated with ingestion of contaminated food (raw or inadequately cooked pork products, tofu, and unpasteurized milk) (American Academy of Pediatrics, 2009).
- Transmission by transfusion of stored blood from donors who were asymptomatic or had mild gastrointestinal illness (American Academy of Pediatrics, 2009).
- Person-to-person transmission is rare (American Academy of Pediatrics, 2009).
- Poor sanitation and improper food handling techniques by food handlers, including improper storage, cannot be overlooked as contributing to contamination and possible transmission.



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Risk Factors/Risk Groups

- Those most at risk for disease and possible complications are the very young, the debilitated, the elderly and immunocompromised individuals.
- People with excessive iron storage syndromes have a higher susceptibility to *Yersinia* bacteremia because the iron binding agents enhance the growth of the organism.

Period of Communicability

- There is fecal shedding at least as long as symptoms exist, usually for 2-3 weeks; if untreated shedding may persist for 2-3 months.
- Prolonged asymptomatic carriage has been reported in both children and adults.

Specimen Collection and Transport

Submit stools in Cary-Blair transport media. Submit three or four spoonfuls (using builtin spoon) of liquid stool and mix thoroughly with the semi-solid Cary-Blair transport media. The final mixture should not fill the Cary-Blair container any more than three-quarters full. Blood cultures should be submitted if patient is septic. Refer to the Saskatchewan Disease Control Laboratory Compendium of Tests for further details at http://sdcl-testviewer.ehealthsask.ca.

Methods of Control/Role of Investigator

Prevention and Education

Refer to the <u>Enteric Introduction and General Considerations</u> section of the manual that highlights topics for client education that should be considered as well as provides information on high-risk groups and activities.

- Provide public education about personal hygiene, especially the sanitary disposal
 of feces and careful hand washing after defecation, and before and after food
 handling, especially after handling pork or before eating food.
- Educate food handlers about proper food and equipment handling and hygiene, especially in avoiding cross-contamination from raw meat products and thorough hand washing.
- Educate about the risk of sexual practices that permit fecal-oral contact.
- Test private water supplies for presence of bacterial contamination, if suspected.



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• Educate the public on the dangers of consuming raw or undercooked meats, unpasteurized milk and contaminated water.

Management

I. Case

History

- Determine possible source of infection taking into consideration the incubation period, reservoir, and mode of transmission. Assessment may include:
 - determining ingestion of potentially contaminated food (especially pork) or water and the time of consumption;
 - determining contact with animals;
 - assessing for history of high risk sexual practices, especially contact with feces;
 - obtaining a food history;
 - identifying history of recent travel.
- Assess for history of residing in areas with poor sanitation including improper water treatment and sewage disposal and include recent immigration.
- Assess for history of similar symptoms in other members of the household.
- Obtain implicated food samples, if possible.
- Suspected contaminated food may be held to prevent consumption.
- Suspected contaminated food may be destroyed.

Immunization

Not applicable.

Treatment/Supportive Therapy

- Yersiniosis is often self-limited.
- Antibiotics may shorten the duration of symptoms and are especially important
 for septicaemia or other invasive disease. Treatment choices are governed by the
 most recent guidelines. The public health practitioner should direct any questions
 regarding the current treatment protocols to the physician or Medical Health
 Officer (MHO). See Appendix H Sources for Clinical Treatment Guidelines.
- Antibiotic resistance has been demonstrated.



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Exclusion

Exclusion should be considered for symptomatic persons who are:

- Food handlers, health care, childcare or other staff involved with personal care, children below the age of five years in childcare: Exclude until diarrhea has resolved.
- Older children and adults unable to maintain adequate standards of personal hygiene (i.e., mentally or physically handicapped): Exclude until diarrhea has resolved. If the individual is living in an institution, follow contact precautions until diarrhea has resolved.
- Diarrhea is considered to be resolved when stools have been normal for that individual for 48 hours.

Referrals

Refer to public health inspection if source cannot be identified and transmission continues, or if food source suspected.

II. Contacts/Contact Investigation

Contact Definition

Contacts include:

- persons living in the household;
- children and childcare workers in a day care/day home;
- individuals exposed to the same source (if it is identified).

Testing

Symptomatic contacts should be assessed by a physician.

Prophylaxis/Immunization

Not applicable.

Exclusion

- Symptomatic contacts, in high-risk environments, may be excluded until diarrhea has resolved.
- Asymptomatic contacts are not excluded from work or day care.



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III. Environment

Child Care Centre/Schools Control Measures

Refer to Saskatchewan Ministry of Health Infection Control Manual for Child Care Facilities.¹

Health Facilities Control Measures

Refer to your Health Authority Infection Control Manual. Contact precautions should be used in healthcare setting where children or adults have poor hygiene or incontinence which cannot be contained.

Epidemic Measures

- Any group of cases of acute gastroenteritis or cases suggestive of appendicitis
 must be reported at once to the MHO, even in the absence of specific causal
 identification.
- Investigate general sanitation and search for common-source vehicle; pay attention to consumption of (or possible cross-contamination with) raw or undercooked pork; look for evidence of close contacts with pet dogs, cats and other domestic animals.



¹ http://www.saskatchewan.ca/live/births-deaths-marriages-and-divorces/starting-a-family/early-learning-and-child-care/child-care.

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References

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American Academy of Pediatrics. (2009). *Red book: 2009 Report of the Committee on Infectious Diseases* (28th ed.). Elk Grove Village, IL: Author.

Heymann, D. L. (Ed.). (2008). *Control of communicable diseases manual* (19th ed.). Washington, DC: American Public Health Association.

Manitoba Health. (2012). *Communicable disease management protocols: Yersiniosis*. Retrieved March, 2012 from http://www.gov.mb.ca/health/publichealth/cdc/protocol/index.html.

United States Food and Drug Administration. (2009). Yersinia entercolitica. In Bad bug book: Foodborne pathogenic microorganisms and natural toxins handbook.
Retrieved March, 2012 from http://www.fda.gov/Food/FoodSafety/FoodborneIllness/FoodborneIllnessFoodborneP

 $\underline{http://www.fda.gov/Food/FoodSafety/FoodborneIllness/FoodborneIllnessFoodborneP} \ athogensNaturalToxins/BadBugBook/ucm070040.htm.$







Panorama Client ID: _____

Yersiniosis Data Collection Worksheet

Please complete all sections.

Panorama QA complete: ☐ Yes Initials:	□No				F	Panorama Investiga	tion ID:
A) CLIENT INFORMATION				LHN -> SUBJ	ECT -> CLIE	NT DETAILS -> PER	SONAL INFORMATION
Last Name:		First Name: and Mid	ddle Name:		Alternate	Name (Goes by):	
DOB: YYYY / MM / DD Phone #: Primary Home: Mobile contact: Workplace:	Age:	Health Card Province: Health Card Number (PHN):			Preferred Communication Method: (specify - i.e. home phone, text): Email Address: □ Work □ Personal		
Place of Employment/School:		Gender: \square Male]	□ Female		Other	□ Unknown
Alternate Contact: Relationship: Alt. Contact phone:	Address Type: No fixed Postal Address Primary Home Temporary Legal Land Description Mailing (Postal address): Street Address or FN Community (Primary Home): Address at time of infection if not the same:						
B) INVESTIGATION INFORMATION		LHN-> S	SUBJECT SUMI	VIARY-> ENTE	RIC ENCOL	JNTER GROUP ->C	REATE INVESTIGATION
Disease Summary Classification:	Date	Classification: CONTACT		Date	e	LAB TEST INFOR	
☐ Confirmed	YYYY / MM / DD	□Contact		YYYY / MM / DD		YYYY / MM / DD	
□ Does Not Meet Case □ Person Under Investigation	YYYY / MM / DD YYYY / MM / DD	□ Not a Contact □ Person Under Inv	restigation	YYYY / MN		Specimen type: ☐ Blood	□ Urine
Disposition: FOLLOW UP: ☐ In progress ☐ Incomplete - Declined ☐ Incomplete — Lost contact ☐ Incomplete — Unable to locate	YYYY / MM / DD YYYY / MM / DD YYYY / MM / DD YYYY / MM / DD	□ N □ R	omplete ot required eferred – Out o cify where)	of province	YYYY / I	MM / DD MM / DD MM / DD	□ Swab
REPORTING NOTIFICATION Name of Attending Physician or Nu	rse:	Lo	ocation:				
Physician/Nurse Phone number:		D	ate Received (Public Health): YYYY	/ MM / DD	
Type of Reporting Source: ☐ Hea	olth Care Facility □L	.ab Report □ N	urse Practition	er □Phy	sician	Other	

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Yersiniosis Data Collection Worksheet

Please complete all sections

Panorama Client ID:	
Panorama Investigation ID:	

C)	SIGNS	&	SYN	ΛPT	ON	1S
----	-------	---	-----	-----	----	----

LHN-> INVESTIGATION->SIGNS & SYMPTOMS

Description	Yes	Date of	Description	Yes	Date of recovery
	Date of onset	recovery		Date of onset	
Diarrhea		YYYY / MMM / DD	Loss of appetite (anorexia)		YYYY / MMM / DD
Diarrhea - bloody		YYYY / MMM / DD	Pain - abdominal		YYYY / MMM / DD
Diarrhea - watery			Stool - bloody		
Fever			Stool - mucousy		
Headache			Vomiting		

Exposure Period

Enter onset date in heavy box.
Count back to figure the probable exposure period.

			EXPOSURE	PERIOD		COM	MUNICABLE
days from onset	-10	-7		-3	-2	onset	
calendar dates		ask about exp	osures between ti	hese dates			2-12 weeks unless treated

D) INCUBATION AND COMMUNICABILITY

LHN-> INVESTIGATION->INCUBATION & COMMUNICABILITY

INCOBATION AND COMMONICABILITY	LINE- INVESTIGATION-SINCOBATION & COMMUNICABLITY
Incubation for Case (period for acquisition):	
Earliest Possible Exposure Date: YYYY / MM / DD	Latest Possible Exposure Date: YYYY / MM / DD
Exposure Calculation details:	
Communicability for Case (period for transmission):	
Earliest Possible Communicability Date: YYYY / MM / DD	Latest Possible Communicability Date: YYYY / MM / DD
Communicability Calculation Details:	

E) RISK FACTORS N-No, NA-Not asked, U-Unknown

LHN-> SUBJECT->RISK FACTORS

E) RISK FACTORS N—No, NA–Not asked,	O-Oliki	IOWII		LHN-> SUBJECT->RISK FACTURS
DESCRIPTION	Yes	N, NA, U	Start date	Add'l Info
Animal Exposure – Farms (Add'l Info)			YYYY / MM/DD	
Animal Exposure - Petting zoos/zoos/special events/other (Add'l Info)			YYYY / MM/DD	
Animal Exposure - Other (Add'l Info)			YYYY / MM/DD	
Animal Exposure - Pets (including reptiles) (Add'l Info)			YYYY / MM/DD	
Animal Exposure – Rodents/rodent excreta			YYYY / MM/DD	
Animal Exposure – Wild animals (other than rodents) (add'l info)			YYYY / MM/DD	
Contact – Persons with similar symptoms			YYYY / MM/DD	
Contact to a known case (Add'l Info)			YYYY / MM/DD	
Immunocompromised - Related to underlying disease or treatment			YYYY / MM/DD	
Medical Treatment - Blood, blood product or tissue recipient (add'l info)			YYYY / MM/DD	
Occupation - Child Care Worker	TE		YYYY / MM/DD	
Occupation - Food Handler	TE		YYYY / MM/DD	
Occupation - Health Care Worker - IOM Risk Factor	TE		YYYY / MM/DD	
Travel - Outside of Canada (Add'l Info)	AE		YYYY / MM/DD	
Travel - Outside of Saskatchewan, but within Canada (Add'l Info)	AE		YYYY / MM/DD	
Water – Bottled water (Add'l Info)			YYYY / MM/DD	
Water - Private well or system (Add'l Info)			YYYY / MM/DD	
water - I mate well of system (Aud I IIIIO)			TTT / WIIVI/DD	

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Yersiniosis Data Collection Worksheet

Please complete **all** sections

 Panorama Client ID:
Panorama Investigation ID:

	1	N T				restigation it	
DESCRIPTION	Yes	N, NA, U	Start da	te	Add'l Info		
Water - Public water system (Add'l Info)			YYYY / MM	/DD			
Water - Untreated water (Add'l Info)			YYYY / MM	/DD			
Water (Recreational) - Pond, stream, lake, river, ocean (Add'l Info)			YYYY / MM	/DD			
Water (Recreational) - Private (swimming pool/whirl pool) (add'l info)			YYYY / MM	/DD			
Water (Recreational) - Public (swimming/paddling pool/whirl pool) (add'l info)			YYYY / MM	/DD			
F) USER DEFINED FORM (SEE ATTACHED) G) TREATMENT		LHN-> II	NVESTIGATI	DN-> INVESTIGATION DETAILS ->	LINKS AND ATTACHI		
Medication (Antibiotics are contraindicated – (Panorama = Other Meds):		•	,				
Prescribed by:				Started on: YYYY / MM /	DD		
H) INTERVENTIONS			ILIN	-> INVESTIGATION->TREATMEN	T 2. INITEDVENITIONS	\INITED\/ENI	TION STIMMAD
Intervention Type and Sub Type:			LIII	-> INVESTIGATION->TREATIVIEN	T & INTERVENTIONS	>IINTLK V LIV	TION SOMMAN
Assessment:				Immunization:			
☐ Assessed for contacts Investigator name	Y	YYY/ MM/	/DD	☐ Eligible Immunization recommunication recom	mended	YYYY/ MIV	I/DD
Communication: ☐ Other communication (See Investigator Not Investigator name ☐ Letter (See Document Management)		YYY / MN		Public Health Order: ☐ Other (specify) Investigator name		YYYY/ MIV	I/DD
Investigator name							
General: Investigator name		00// 8 48 4	/ 00	Other Investigation Findings: Investigator Notes			
☐ Disease-Info/Prev-Control		YYY/ MM	-	□ Document Management			
☐ Disease-Info/Prev-Cont/Assess'd for Contac	cts Y	YYY/ MM	/ DD	— Document Management			
Education/counselling: Investigator of Prevention/Control measures ☐ Disease information provided	Y	YYY/ MM/ YYY/ MM/		Referral: Investigator name □ Canadian food inspection age □ Primary care provider	ency	YYYY/ MN YYYY/ MN	
	-	, ,				,	.,
	Preschool Work		MM/DD MM/DD	Testing: Investigator name ☐ Stool testing recommended (e.g. for follow-up)	YYYY/ MN	I/DD
	Comments	111171	VIIVI/ DD		Next follow-	up Date	Initials
					YYYY / MM	/ DD	1
YYYY / MM / DD							1
YYYY / MM / DD YYYY / MM / DD					YYYY / MM	/ DD	
					YYYY / MM		
YYYY / MM / DD						/ DD	
YYYY / MM / DD YYYYY / MM / DD					YYYY / MM	/ DD	
YYYY / MM / DD YYYY / MM / DD YYYY / MM / DD					YYYY / MM YYYY / MM	/ DD / DD / DD	

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Yersiniosis Data Collection Worksheet

Please complete **all** sections

					ma Client ID:estigation ID:
OUTCOMES				LHN-> IN\	/ESTIGATION-> OUTCOME
☐ Not yet recover ☐ Recovered ☐ Fatal	ed/recovering YYYY / MM YYYY / MM YYYY / MM	/ DD □ Intubation /ventilat	cal care YYYY / MM / DD ion YYYY / MM / DD	□ Unknown	YYYY / MM / DD YYYY / MM / DD
Cause of Death: (if	Fatal was selected)				
EXPOSURES Acquisition Eve			LHN-> INVESTIGATION-> E	XPOSURE SUMMARY->	ACQUISITION QUICK ENTR
Exposure Name:					
Acquisition Start	YYYY / MM / DD to Ac	equisition End: YYYY / MM /	DD		
Location Name:					
Setting Type	_			_	
□ Travel	☐ Exposure or consumpt	tion of potentially contaminated fo	ood or water	☐ Most like	y source
Transmission Ev	vents	LHN -> INVESTIGATION	-> EXPOSURE SUMMARY ->	TRANSMISSION EVENT	SUMMARY -> QUICK ENTR
	F N	Satting type		Date/Time	# of contacts
Transmission	Exposure Name	Setting type		Date/ Time	# Of Contacts
Transmission Event ID	Exposure Name			Date/Time	# Of Contacts
	Exposure Name	Food service establishment	☐ Health Care setting	Date/Time	# Of Contacts
	Exposure Name		☐ Health Care setting ☐ Household Exposure	Date/ Time	# Of Contacts
	Exposure Name	☐ Food service establishment	_	Date/ Time	# Of Contacts
	Exposure Name	☐ Food service establishment☐ Public facilities	☐ Household Exposure	Date/ Time	# Of Contacts
	Exposure Name	□ Food service establishment □ Public facilities □ Food service establishment	☐ Household Exposure ☐ Health Care setting	Date/ Time	# Of Contacts
	Exposure Name	☐ Food service establishment ☐ Public facilities ☐ Food service establishment ☐ Public facilities	☐ Household Exposure ☐ Health Care setting ☐ Household Exposure	Date/ Time	# Of Contacts
	Exposure Name	□ Food service establishment □ Public facilities □ Food service establishment □ Public facilities □ Food service establishment	☐ Household Exposure ☐ Health Care setting ☐ Household Exposure ☐ Health Care setting	Date/ Time	# Of Contacts
	Exposure Name	□ Food service establishment □ Public facilities □ Food service establishment □ Public facilities □ Food service establishment □ Public facilities	☐ Household Exposure ☐ Health Care setting ☐ Household Exposure ☐ Health Care setting ☐ Household Exposure	Date/ Time	# Of Contacts
	Yersiniosis Contacts – Inv	□ Food service establishment □ Public facilities	☐ Household Exposure ☐ Health Care setting ☐ Household Exposure ☐ Health Care setting ☐ Household Exposure ☐ Health Care setting ☐ Health Care setting	YYYY / MM / DD	# Of contacts

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Yersiniosis Routine Questionnaire - August 2018 Record type: Record ID: Record Name: In this form the answers (Yes, Probably, No, and Don't know) are from the perspective of the person being interviewed. "Probably" can be used if the client thinks he/she may have eaten this food or usually eats this food, but is unsure if it was eaten during the period in question. **Diet and Allergies** Show/Hide Yes \bigcirc No Are you a vegetarian? O Don't know O Not asked Yes ○ No Do you have any food Allergies / avoidances / special diet? ODon't know O Not asked If yes, specify details **Food Exposures** Show/Hide In the 10 days prior to onset, did you eat... Yes O Probably Any pork? \bigcirc No O Don't know O None of the Above If yes, specify details (E.g., where consumed, type, brand, location) Yes Probably \bigcirc No Any ham? O Don't know



If yes, specify details (E.g., where consumed, type,
brand, location)
○Yes
○ Probably
Any bacon?
○ Don't know
○ None of the Above
If yes, specify details (E.g., where consumed, type,
brand, location)
○Yes
○ Probably
Any pork rinds?
○ Don't know
○ None of the Above
If you specify details (F. g. where consumed type
If yes, specify details (E.g., where consumed, type, brand, location)
○ Yes
O Probably
Any raw, local direct-from-farm produce?
○ Don't know○ None of the Above
O Notice of the Above
If yes, specify details (E.g., where consumed, type,
brand, location)
○Yes
○ Probably
Any processed meats?
○ Don't know
○ None of the Above
If yes, specify details (E.g., where consumed, type,
brand, location)



☆Show/Hide
<u> </u>
<u> </u>



Click the Add button to add grocery store details		
Add		
Loyalty card/store issued card (for outbrea investigation only)	k	☆ Show/Hide
This section is only for use in some specific outbrea		
situations, with client consent. It is not a routine que for sporadic cases.	stion	
	○Yes	
Has the client given consent (written or verbal)?	○ No	
	○ Not applicable	
Loyalty card details (names and numbers)		
Loyalty card details (flames and flumbers)		
Interviewer Details and Notes		<u> </u>
Interviewer Name		
	0/00/0040	
Interview date	9/26/2018	
Any special notes regarding this interview		

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