



Diabetes self-reporting

Return this completed form to our office by fax, email or mail; your local SGI issuing office can help you if needed.

Medical Review Unit
5104 Donnelly Cres., Regina, SK S4X 4C9
Phone: 1-800-667-8015 ext. 6176
Local phone number: 306-775-6176
Toll free fax: 1-866-274-4417 or: 306-347-2577
Email: mruinquiries@sgi.sk.ca

This form has been completed by the customer: Yes No

1. Customer information			
First name		Middle initial	Last name
Birthdate (MM/DD/YYYY)	Gender <input type="checkbox"/> Female <input type="checkbox"/> Male <input type="checkbox"/> Prefer not to answer	Home phone	Cellphone
Address		City/town	Province
Postal code	Driver's licence number	Your class of licence	What class of licence do you want

2. Medical information	
Type of diabetes <input type="checkbox"/> Type 1 <input type="checkbox"/> Type 2 <input type="checkbox"/> Other: _____	Date/year of diagnosis
How do you treat your diabetes? List your medications.	
<input type="checkbox"/> Diabetic pills: _____	
<input type="checkbox"/> Non-insulin injection: _____	
<input type="checkbox"/> Insulin: _____	
<input type="checkbox"/> Lifestyle (diet, exercise, etc.): _____	
Do you have diabetes-related complications?	
<input type="checkbox"/> Kidney problems <input type="checkbox"/> Nerve damage <input type="checkbox"/> Eye problems <input type="checkbox"/> Foot problems <input type="checkbox"/> Hypoglycemia	
<input type="checkbox"/> Amputation: type & when _____	
<input type="checkbox"/> Heart problems <input type="checkbox"/> Previous heart attack, when _____ <input type="checkbox"/> Previous stroke, when _____	
Have you reported your diabetes to SGI before?	
<input type="checkbox"/> Yes <input type="checkbox"/> No If yes, has there been a change with your diabetes, medications or complications since you reported to SGI, please explain:	
Do you have other medical conditions and/or other treatments?	
<input type="checkbox"/> Yes <input type="checkbox"/> No If yes, explain:	
Name of your primary care provider (family physician/nurse practitioner):	
For the purpose of determining my eligibility to obtain or continue holding a driver's licence, I authorize any physician to release to Saskatchewan Government Insurance all medical information concerning the above noted health condition, including all reports, memoranda, clinical notes, test results, correspondence and any documentary information relative to my care and treatment.	
This authorization shall be in effect for a period of one year from the date of execution and a photocopy of this document shall be treated as an original. I declare that all information is true and correct, and I understand a false declaration could result in loss of insurance coverage.	
NOTE: You may be required to provide medical reports.	
Customer signature	Customer email address
	Date form completed

Diabetes and Driving Privileges

Did you know?

- Drivers must report any medical condition or health changes which may affect their driving in order to obtain and maintain a Saskatchewan driver's licence.
- Persons with diabetes using insulin, sulfonylurea pills (gliclazide, glyburide, glimepiride) and who have any related diabetic complications must report this to SGI's Medical Review Unit to obtain and maintain a Saskatchewan licence; all drivers are responsible to report any medical condition or health changes which may affect driving.
- If you're involved in a motor vehicle collision caused by an unreported medical condition or health change, your licence and vehicle insurance could be compromised, which means it may not be valid and you would not have coverage.

When to report

- When you renew your driver's licence answer YES to the question "Do you have any medical conditions that may affect your driving?".
- When there are any additional health changes/conditions that your practitioner indicates you should report.
- When you are first diagnosed with diabetes, when you have changes with your medication, when insulin has been added to your treatment, if you develop diabetes-related complications, and if your health care provider tells you that you must self-report.

Your medical condition must be reported in writing

Complete a Supplementary Medical Application form obtained from:

- Your local SGI motor licence issuer
- Online at www.sgi.sk.ca
- Medical Review Unit mruinquiries@sgi.sk.ca
- Call 1-800-667-8015 ext. 6176 to request a form
- Your diabetes primary care provider/primary care physician

The Canadian Medical Association guideline – diabetes and immediate contraindications to driving

In severe cases, many endocrine and metabolic diseases, treated or untreated, may impair judgment, motor skills or level of consciousness. In addition, metabolic or electrolyte abnormalities may occur. If these factors are present or are likely to occur, then the patient should be advised not to drive until the medical condition is stabilized.

In an individual with diabetes who is using insulin or insulin secretagogues, the occurrence of symptoms of hypoglycemia severe enough to cause lack of judgment or loss of consciousness, or to require the intervention of a third party, is an immediate contraindication to driving.

For information about diabetes and driving in Canada

- "Diabetes and Driving":
https://www.diabetes.ca/health-care-providers/clinical-practice-guidelines/chapter-21#panel-tab_FullText
- "Drive Safe with Diabetes" quick reference guide:
<https://www.diabetes.ca/DiabetesCanadaWebsite/media/Managing-My-Diabetes/Tools%20and%20Resources/drive-safe-with-diabetes.pdf?ext=.pdf>

What happens after you self-report

- You may be asked to have your health care practitioner complete a medical form, paid for by SGI, and you will be sent a letter with the next steps (only a portion of vision forms are paid by SGI).
- Driving decisions are made using medical guidelines from the Canadian Medical Association and the Canadian Council of Motor Transportation Administrators.

Your responsibility to remain medically fit and safe to drive

Follow practitioner and diabetes educator recommendations about diabetes, medication management, glycemic control, blood sugar testing and recognizing/treating low blood sugars. Follow all other care recommendations discussed with you by the health professionals helping you to manage your medical conditions.