Eligibility

To sign up for MySaskHealthRecord, you must:

- Be a Saskatchewan resident 18 years of age or older; AND
- Have a valid Saskatchewan health card; AND
- Have a Saskatchewan Government
 Insurance (SGI) driver's licence OR SGI
 photo identification card.

Registration

To register for a MySaskHealthRecord account, go to *eHealthSask.ca*.



If you have any questions or need assistance, please call 1-844-767-8259 or use the online help tools.



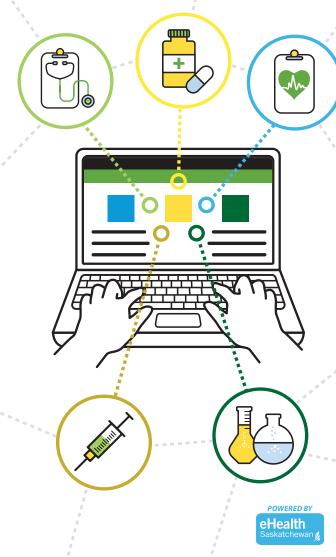


For more information on MySaskHealthRecord and how to sign up, visit eHealthSask.ca.



Saskatchewan

MySaskHealthRecord



Take Your Health In Your Hands Anywhere, anytime!



Sign up for MySaskHealthRecord to access your personal health information online anywhere, anytime with internet access.

MySaskHealthRecord is a secure website that will provide you with quick and easy access to your personal health information.

- o Laboratory Test Results
- o Medical Imaging Reports
- o Clinical Visit History, such as hospital visits

You can also add your own personal information to:

- o Track and generate reports
- o Set medication and appointment reminders
- o Upload information from health devices

Benefits

Having access to your personal health information may help you to be more:

- **Proactive** in managing chronic conditions and your overall health
- Informed to make better decisions about your health and care
- **Engaged** with health care providers
- o Prepared with travelling

Your Information is Safe & Private

All personal health information in MySaskHealthRecord is stored securely for your use. You will be able to access your account through a highly secure, personalized login.

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eHealth Saskatchewan has taken all necessary steps to ensure the protection of your information, including the use of firewall technology and the implementation of internal security policies and procedures.

GOVERNMENT OF SASKATCHEWAN