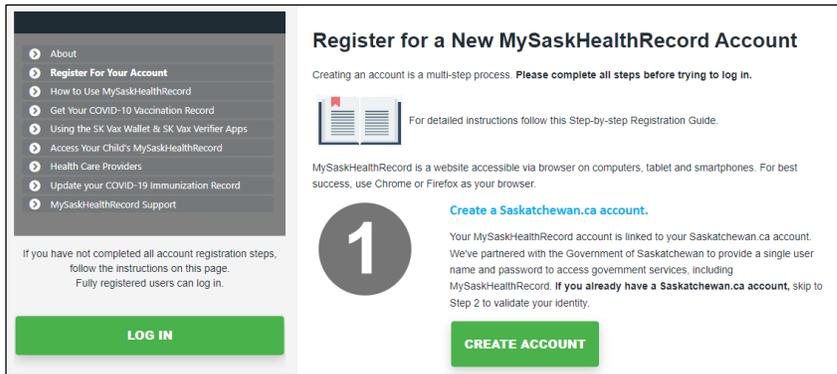


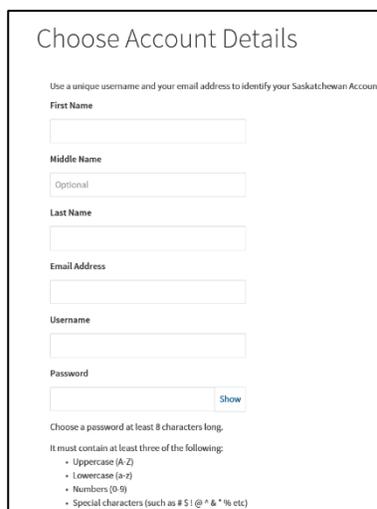
注册 MySaskHealthRecord 帐户时，建议最好使用台式或笔记本电脑。注册成功后，计算机和移动设备（如智能手机及平板电脑）皆可用于登录。

1. 进入 [MySaskHealthRecord](#)，点击“Create Account”创建 Saskatchewan.ca 帐户。

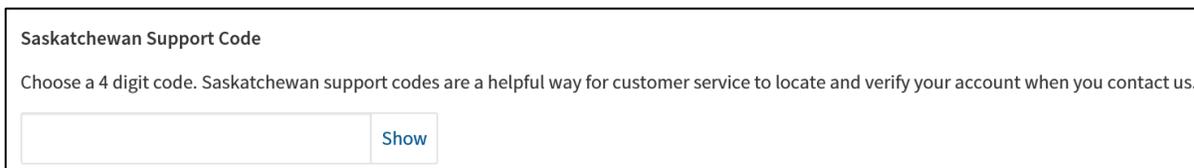
**注意：**如果您已经建立 Saskatchewan.ca 帐户，请直接跳转至步骤 8。



2. 填写下列信息：名字，姓氏，电子邮箱，用户名，密码。



3. 选择一个四位数的“Saskatchewan Support Code”（萨省服务支持码）。此码在您向萨省政府的客服电话寻求帮助时，有助于确认您的 Saskatchewan.ca 帐户。



4. 点击“我接受并确认”方框，接受萨省政府的“使用条款”，之后勾选“I'm not a robot”通过验证，点击“Continue”按钮。

Terms of Use

I hereby accept and acknowledge:

- The Saskatchewan Terms of Use and Privacy Policy
- I am providing my personal information to the Government of Saskatchewan's Ministry of Central Services ("Central Services") to create a Saskatchewan Account
- I consent to Central Services releasing this personal information to other Government of Saskatchewan entities/agencies if I request to use services offered by those entities/agencies.
- This consent remains valid unless I revoke it through written instruction to [onlineservices@gov.sk.ca](mailto:onlineservices@gov.sk.ca).
  - If I revoke my consent, I understand that I may not be able to access my Saskatchewan Account and the connected online services until I provide the required consent.
  - I authorize the Ministry of Central Services to notify other Government of Saskatchewan Ministries/Agencies of such revocation.
- It is my responsibility to keep my Saskatchewan Account up to date with my latest and most relevant profile information (e.g. name, address, phone number, email).
- If I am using a Saskatchewan Account assigned to me by an account administrator in the case of a business profile, different or additional terms may apply and the account administrator may access, modify or limit my ability to access that business profile.
- In connection with my use of the Saskatchewan Account, the Government of Saskatchewan may send me messages and other information from time to time. I may opt out of some of these communications.

I'm not a robot

Back Continue

5. 当您看到屏幕上显示“Check Your Email”时，请登录您创建 Saskatchewan.ca 帐户时使用的电子邮箱。

## Check Your Email

We've sent you an email to verify your Saskatchewan Account.

Click the link in the email and sign in to activate your Saskatchewan Account.

If you don't see the email, check your junk or spam folders.

[Return to Saskatchewan Account login.](#)

**注意：**激活您帐户的邮件或许需要长达 10 分钟才能送至您的电子邮箱。若您的收件箱中未收到激活邮件，请检查您的垃圾文件夹。若未收到该邮件，请尝试重新注册，并确保您的电子邮箱地址正确无误。您也可以通过 [Saskatchewan.ca/contact-us](https://www.saskatchewan.ca/contact-us) 网页请求再次发送激活邮件。在在线表格中（举例如下），主题栏中请填写“Missing Activation Link”（未收到激活链接），请求再次发送激活邮件至您注册时所使用的电子邮箱。

Email Us Phone Us

Use the form below to ask a question, report a problem or suggest an improvement for our website.

We aim to respond to inquiries within 5 business days. Our business hours are Monday to Friday, 8 a.m. to 5 p.m. CST.

Full Name

Email

Topic

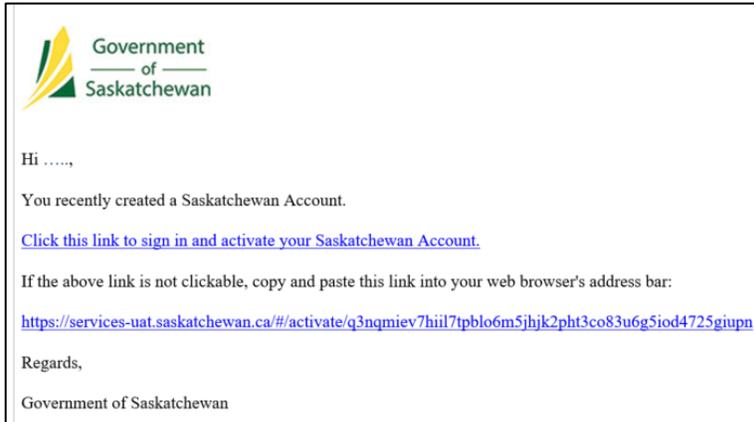
Select a topic

This helps us direct your message to the most appropriate person.

Subject of your message

Briefly describe the reason for your message

- 打开来自 [no-reply@saskatchewan.ca](mailto:no-reply@saskatchewan.ca)、主题为“Activate Your Saskatchewan Account”（激活您的萨斯喀彻温帐户）的电子邮件，点击“Click this link to sign in and activate your Saskatchewan Account”。

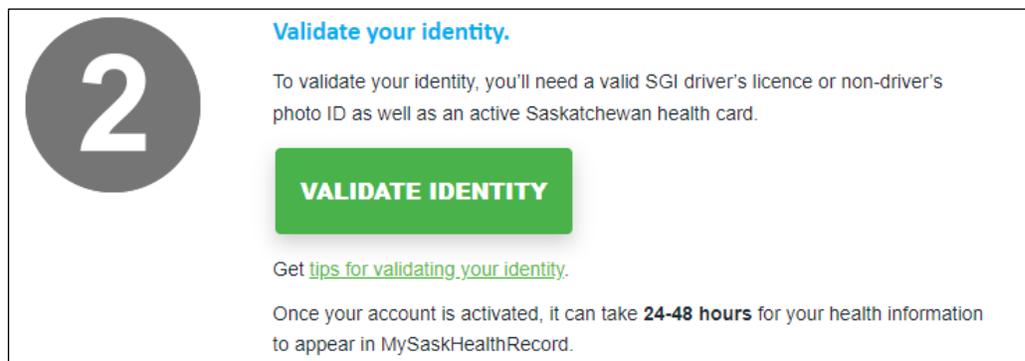


- 在点击链接激活您的帐户之后，您将看到信息“Your account has been successfully activated”（您的帐户已成功激活）。

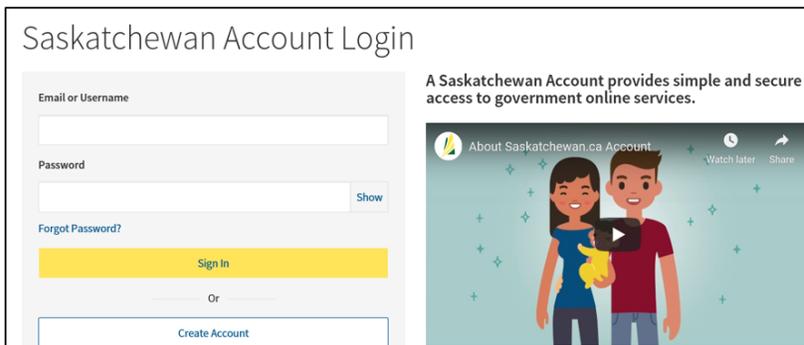


注意：收到此信息后，请关闭 Saskatchewan.ca 网页（此时**请勿**登录您的 Saskatchewan.ca 帐户）。

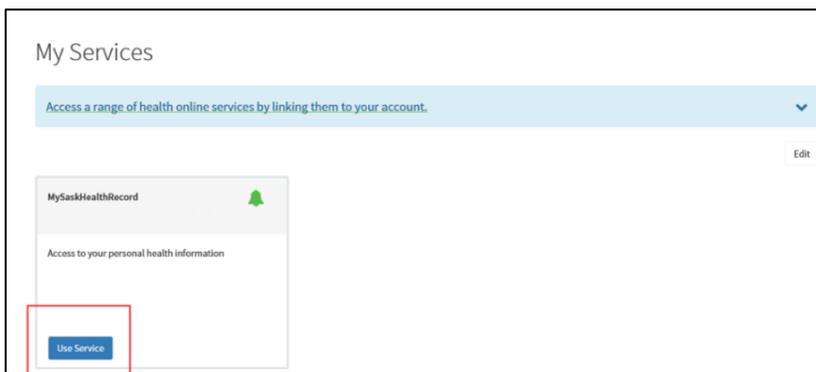
- 访问 [eHealthSask.ca](http://eHealthSask.ca)，选择 MySaskHealthRecord 主菜单 ([eHealthSask.ca/MySaskHealthRecord](http://eHealthSask.ca/MySaskHealthRecord))。点击步骤 2 中的“Validate Identity”按钮，继续 MySaskHealthRecord 的注册。



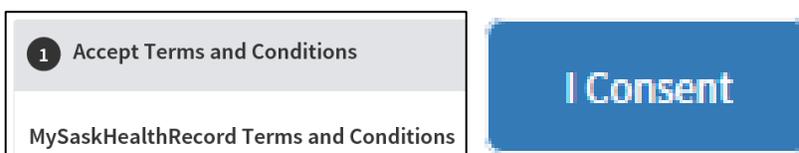
9. 使用您的 Saskatchewan.ca 用户名及密码，登录您的帐户。



10. 在 “My Services” 页面上，选择 MySaskHealthRecord 框中的 “Use Service” 。



11. 将页面下拉至 MySaskHealthRecord 条款和条件内容的底部，选择 “I consent” (我同意)。



12. 检查 MySaskHealthRecord 的 “Prerequisites (必备条件)” 清单，之后点击 “Next” 。

13. 完成下列信息：姓氏、名字、客户号码及验证码，以验证您附照片的 SGI 证件（即驾照）的详细信息。

勾选 “Consent to Disclose” 框，点击 “Next” 。您填写的姓氏必须与您附照片的 SGI 证件以及萨省健康卡上的一致；填写的全名必须与您 SGI 证件上的全名一致，全名中可能包括中间名首字母或中间名。

**注意：**请确保您附照片的 SGI 证件为最新签发，并确保输入的名字及验证码与卡上的完全一致。

验证码必须是十位数字；若您的验证码只有九位，请在前面加上一个 0。

14. 检查 MySaskHealthRecord 的 “Prerequisites (必备条件)” 清单，之后点击 “Next” 。

The screenshot shows a web form titled "2 Prerequisites". At the top, there is a green checkmark and the text "Accept Terms and Conditions". Below this, the "2 Prerequisites" section is highlighted. The text reads: "Thank you, we have all the details we need. Please click 'Next' to continue." There are three rows of information, each with a label on the left and a status on the right: "Has verified identity using SGI details" with a green checkmark and "Saskatchewan Government Insurance"; "Has verified identity using SK health card details" with a green checkmark; and "Has created MySaskHealthRecord account" with a green checkmark. At the bottom of this section are "Back" and "Next" buttons. Below the prerequisites section is a "3 Notification Settings" section. At the very bottom, there is a "Unlink Service" link and a note: "Unlink Service" removes the service from your account. This will not delete your MySaskHealthRecord data.

15. 确认您的健康卡信息之后，点击 “Next” 。确保输入的是您的全名，请勿用名字首字母或缩写，请勿在健康卡号或邮政编码中添加空格。

**注意：**您的信息将与您的萨省健康卡的详细信息进行比对验证。若您健康卡的信息被要求修改，请访问 [eHealthSask.ca/residents/health-cards](https://www.ehealthsask.ca/residents/health-cards)，您健康卡信息的任何更新都需要 24 小时方能生效，

所以在继续您的注册之前，请等待至少 24 小时。

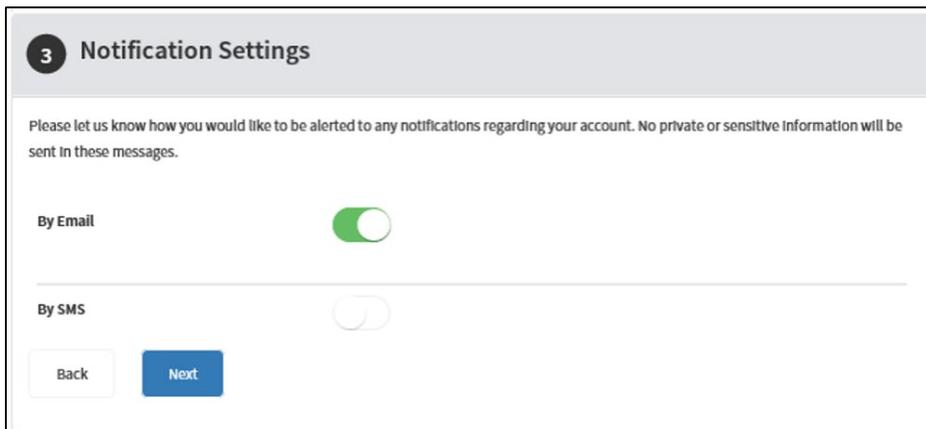
The screenshot shows the "2 Prerequisites" section of the registration process. It includes the following text: "The following information must match the information associated with your Saskatchewan health card." and "Please note that longer names may be shortened to fit on Saskatchewan health cards. For example, the name MaryAnne Poppins may display on the health card as 'MaryAn Poppin', but 'MaryAnne Poppins' should be used to complete the fields below." Below this is a link: "If you need to update your Saskatchewan health card information, you can visit [https://www.ehealthsask.ca/residents/health-cards/Pages/Update-or-Replace-a-Health-Card.aspx](\"https://www.ehealthsask.ca/residents/health-cards/Pages/Update-or-Replace-a-Health-Card.aspx\") Please allow at least 24 hours for any updates or changes to take effect." The form fields are: "First Name" (text input), "Middle Name" (text input with "Optional" label), "Last Name" (text input), "Date of Birth (yyyy-mm-dd)" (text input), "Health Card Number" (text input), "Phone Number" (text input with "Optional" label), "Mailing Address" (text input), "City / Town / RM" (text input), "Postal Code / ZIP Code" (text input), and "Province" (dropdown menu). At the bottom are "Back" and "Next" buttons.

16. 检查 MySaskHealthRecord 的 “Prerequisites (必备条件)” 清单，之后点击 “Next” 。

17. 您的健康卡详细信息被确认后，“帐户活动”信息将会显示。阅读后请点击 “Next” 。

18. 当所有的必备条件完成后，您将收到确认信息。点击 “Next” 。

19. 在 “Notification Settings”（通知设定）页面上点击 “Next” 。



**3 Notification Settings**

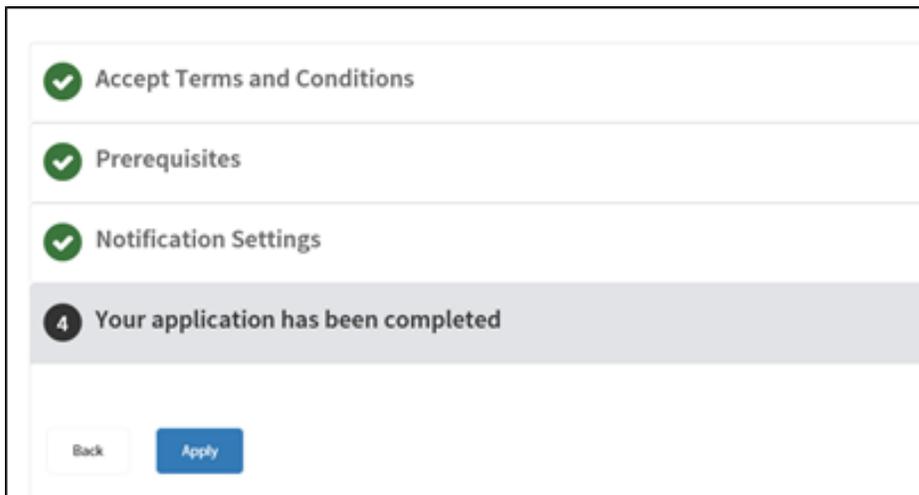
Please let us know how you would like to be alerted to any notifications regarding your account. No private or sensitive information will be sent in these messages.

By Email

By SMS

Back Next

20. 至此您的 MySaskHealthRecord 申请完成。点击 “Apply” 。



Accept Terms and Conditions

Prerequisites

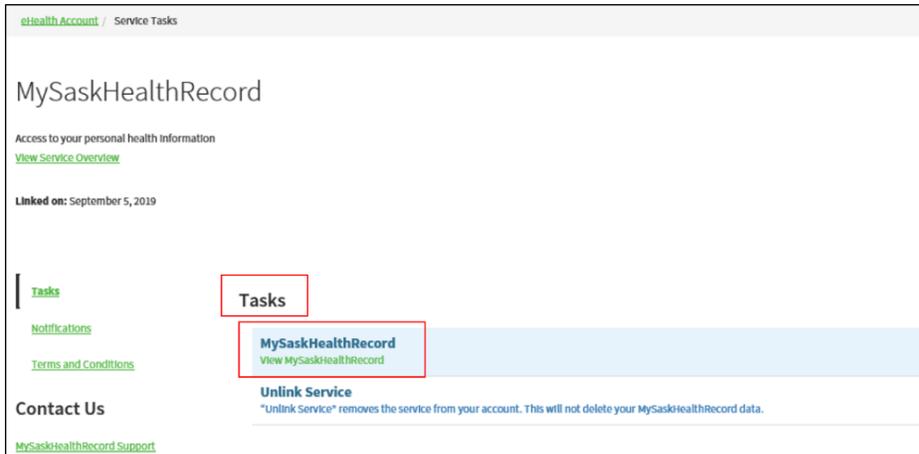
Notification Settings

**4 Your application has been completed**

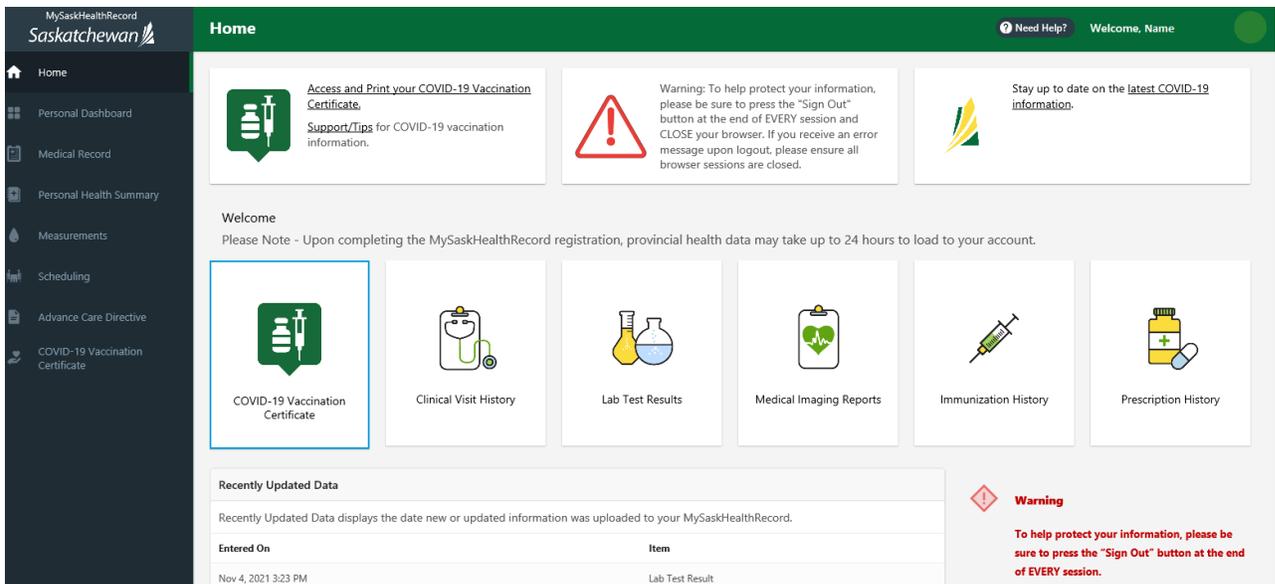
Back Apply

21. 选择 “Tasks” 下面的 “View MySaskHealthRecord” 。

**注意：**省级数据需要最多 24 小时才能获得。

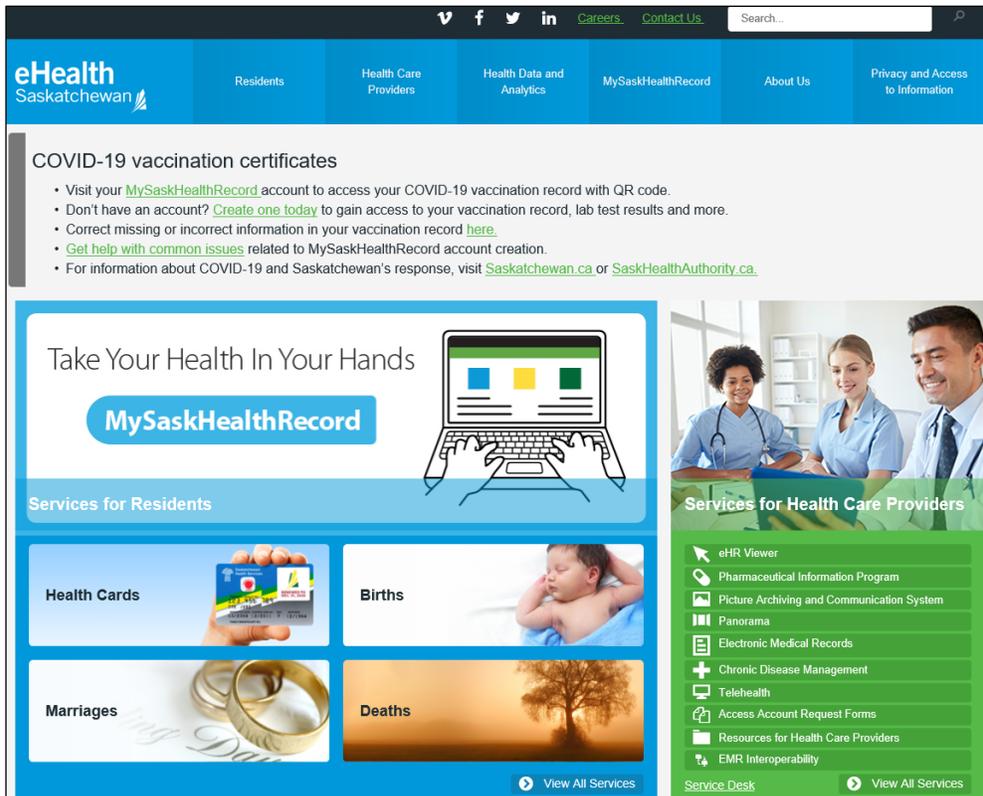


22. 现在您可以进入 MySaskHealthRecord 来浏览您的个人健康信息。

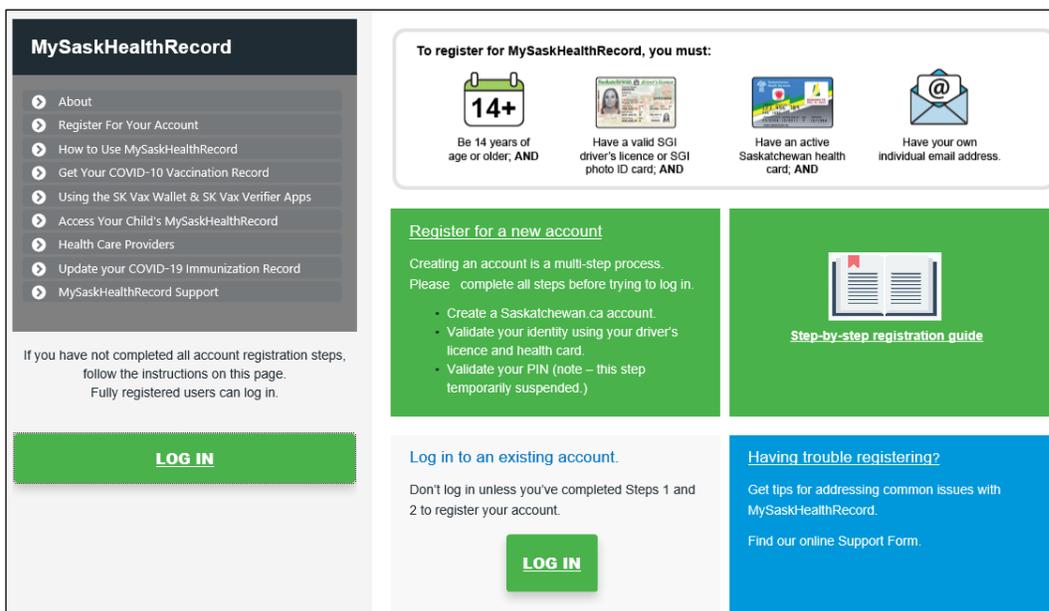


## 登录 MySaskHealthRecord

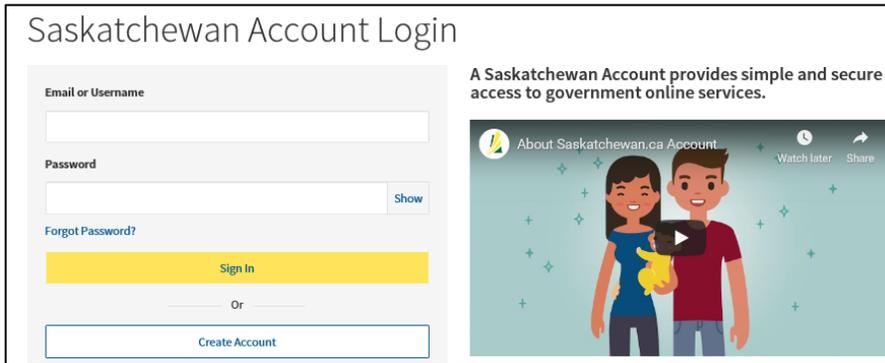
1. 访问 [eHealthSask.ca](http://eHealthSask.ca), 点击 MySaskHealthRecord 选项 ([eHealthSask.ca/MySaskHealthRecord](http://eHealthSask.ca/MySaskHealthRecord))。



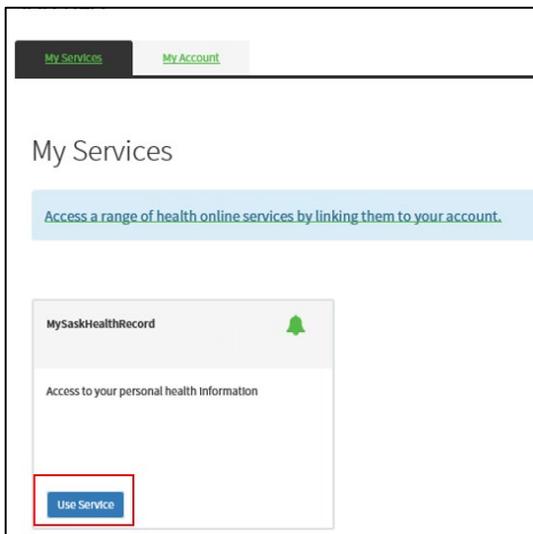
2. 点击 “Log In” 按钮, 登录您的 MySaskHealthRecord 帐户。



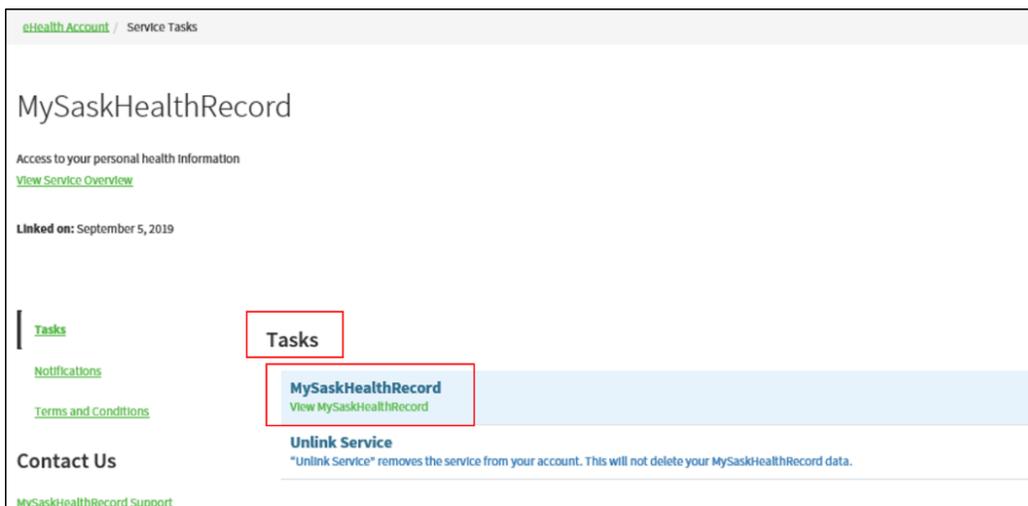
3. 用您的 Saskatchewan.ca 用户名和密码登录。



4. 在 “My Services” 页面上，选择 MySaskHealthRecord 框中的 “Use Service” 。



5. 选择 “Tasks” 下面的 “View MySaskHealthRecord” 。



## 6. 现在您可以进入 MySaskHealthRecord 浏览您的个人健康信息。

**Home**

Access and Print your COVID-19 Vaccination Certificate.  
Frequently Asked Questions for COVID-19 vaccination records.

Warning: To help protect your information, please be sure to press the "Sign Out" button at the end of EVERY session and CLOSE your browser. If you receive an error message upon logout, please ensure all browser sessions are closed.

Stay up to date on the latest COVID-19 information.

**Welcome**  
MySaskHealthRecord gives you instant access to your medical information and personal health records. To help you get started, try selecting some of the icons displayed below to view or enter your data.

- COVID-19 Vaccination Certificate
- Clinical Visit History
- Lab Test Results
- Medical Imaging Reports
- Immunization History
- Prescription History

**Recently Updated Data**  
Recently Updated Data displays the date new or updated information was uploaded to your MySaskHealthRecord.

Entered On	Item

**Warning**  
To help protect your information, please be sure to press the "Sign Out" button at the end of EVERY session.  
The health information on the MySaskHealthRecord site is for your information only, and should not be interpreted as a medical advice or used for self-diagnosis. The information you enter in the MySaskHealthRecord will not be viewed by your healthcare professional. In case of emergency, please contact your healthcare professional or dial 9-1-1.